



Hudson High School

Grades 6-12

Fall 2025 Student Survey



Summary

Topic Description	Results	Comparison
Emotion Regulation How well students regulate their emotions.	63%	60% Hudson City School District
Learning Strategies How well students deliberately use strategies to manage their own learning processes generally.	68%	70% Hudson City School District
Perseverance How well students are able to persevere through setbacks to achieve important goals.	70%	70% Hudson City School District
Social Awareness How well students consider the perspectives of others and empathize with them.	71%	70% Hudson City School District
Supportive Relationships How supported students feel through their relationships with friends, family, and adults at school.	91%	92% Hudson City School District
1,073 responses		



Emotion Regulation

Your average

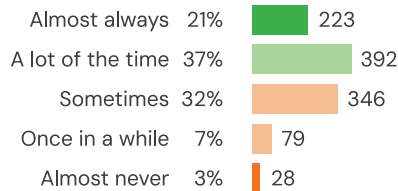
63%

1,073 responses

District average: **60%** Hudson City School District

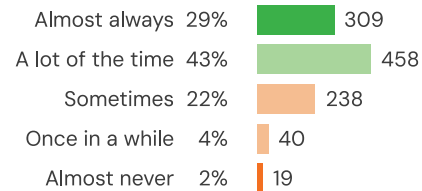
How did people respond?

Q.1: How often are you able to pull yourself out of a bad mood?



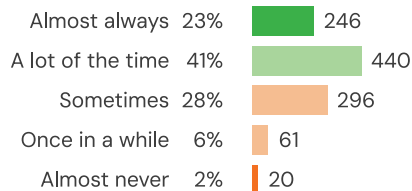
Favorable: **58%**

Q.2: How often are you able to control your emotions when you need to?



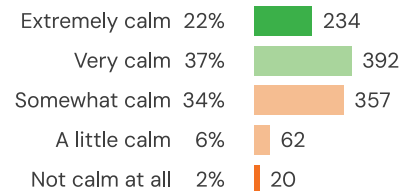
Favorable: **72%**

Q.3: When you get upset, how often can you get yourself to relax?



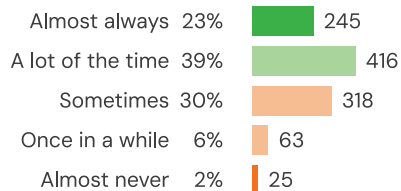
Favorable: **65%**

Q.4: When things go wrong for you, how calm are you able to stay?



Favorable: **59%**

Q.5: When you get upset, how often do you stop to think before you act?



Favorable: **62%**



Learning Strategies

Your average

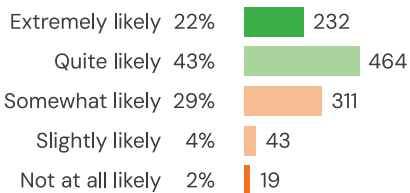
68%

1,073 responses

District average: **70%** Hudson City School District

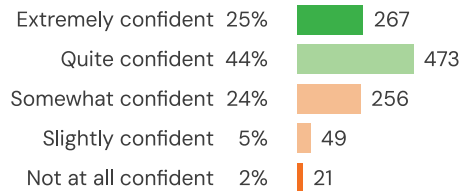
How did people respond?

Q.1: When you get stuck while learning something new, how likely are you to try a different strategy?



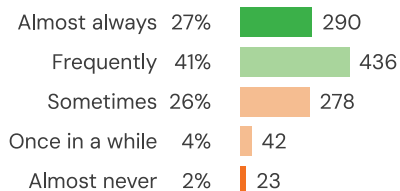
Favorable: **65%**

Q.2: How confident are you that you can choose an effective strategy to get your schoolwork done well?



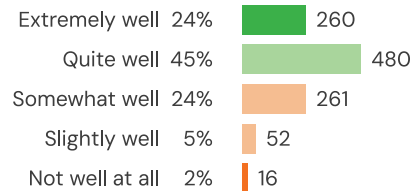
Favorable: **69%**

Q.3: Before you start on a challenging project, how often do you think about the best way to approach the project?



Favorable: **68%**

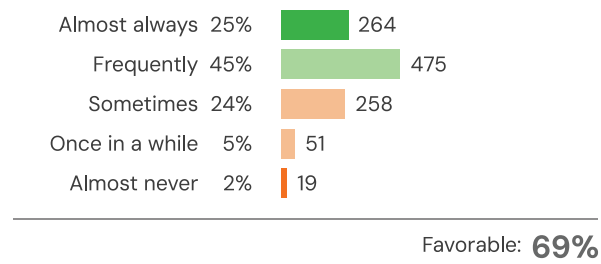
Q.4: Overall, how well do your learning strategies help you learn more effectively?



Favorable: **69%**



Q.5: How often do you use strategies to learn more effectively?





Perseverance

Your average

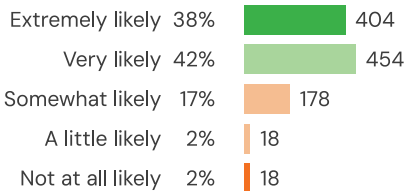
70%

1,073 responses

District average: **70%** Hudson City School District

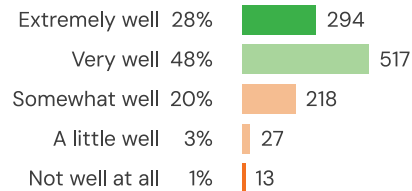
How did people respond?

Q.1: If you fail at something that is important to you, how likely are you to try again?



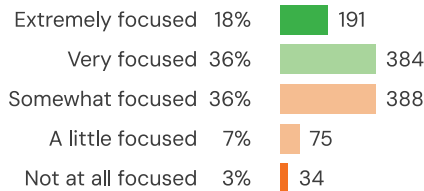
Favorable: **80%**

Q.2: How well can you keep working to reach your goals if problems come up?



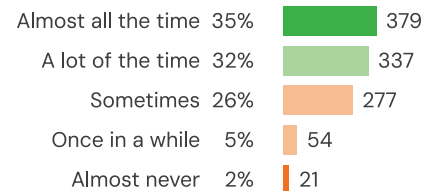
Favorable: **76%**

Q.3: When you are working on something that matters to you and there are distractions, how focused can you stay?



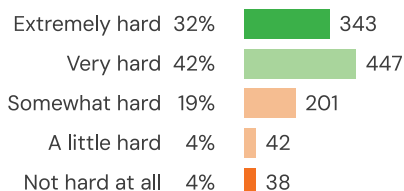
Favorable: **54%**

Q.4: How often do you get your work done, even when you don't feel like doing it?



Favorable: **67%**

Q.5: How hard do you work to keep your promises, even if they are hard to keep?



Favorable: **74%**



Social Awareness

Your average

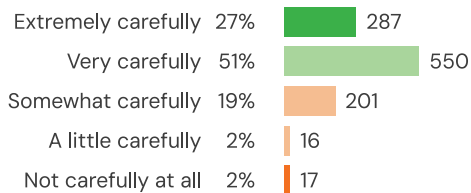
71%

1,073 responses

District average: **70%** Hudson City School District

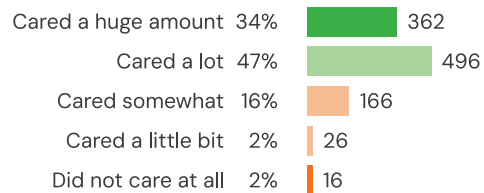
How did people respond?

Q.1: During the past two weeks, how carefully did you listen to other people's opinions?



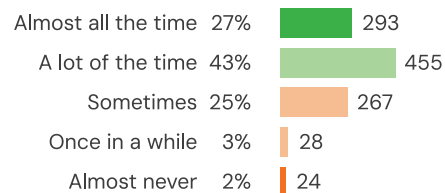
Favorable: **78%**

Q.2: During the past two weeks, how much did you care about other people's feelings?



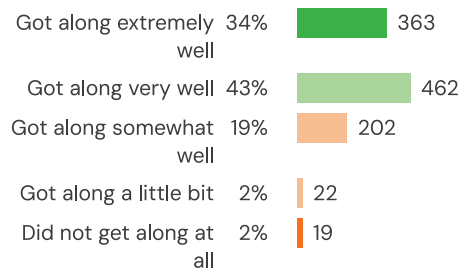
Favorable: **80%**

Q.3: During the past two weeks, how often did you compliment others' accomplishments?



Favorable: **70%**

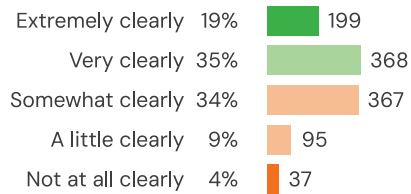
Q.4: During the past two weeks, how well did you get along with students who are different from you?



Favorable: **77%**

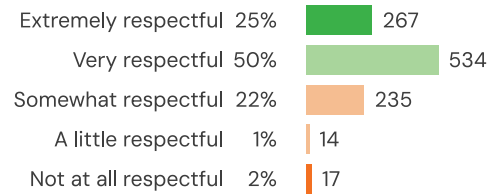


Q.5: During the past two weeks, how clearly were you able to describe your feelings?



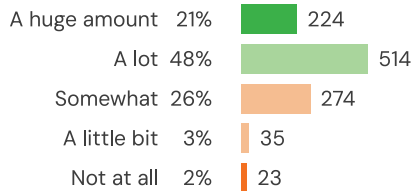
Favorable: **53%**

Q.6: During the past two weeks, when others did not agree with you, how respectful were you of their opinions?



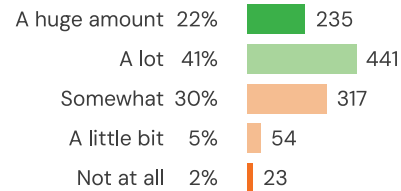
Favorable: **75%**

Q.7: During the past two weeks, how much were you able to stand up for yourself without putting others down?



Favorable: **69%**

Q.8: During the past two weeks, how much were you able to disagree with others without starting an argument?



Favorable: **63%**



Supportive Relationships

Your average

91%

1,073 responses

District average: **92%** Hudson City School District

How did people respond?

Q.1: Do you have a teacher or other adult from school who you can count on to help you, no matter what?

Yes 87%  927
No 13%  141

Favorable: **87%**

Q.2: Do you have a family member or other adult outside of school who you can count on to help you, no matter what?

Yes 96%  1020
No 4%  44

Favorable: **96%**

Q.3: Do you have a friend from school who you can count on to help you, no matter what?

Yes 92%  978
No 8%  84

Favorable: **92%**

Q.4: Do you have a teacher or other adult from school who you can be completely yourself around?

Yes 83%  886
No 17%  179

Favorable: **83%**

Q.5: Do you have a family member or other adult outside of school who you can be completely yourself around?

Yes 94%  997
No 6%  68

Favorable: **94%**

Q.6: Do you have a friend from school who you can be completely yourself around?

Yes 94%  1001
No 6%  66

Favorable: **94%**