

2025-2026
School Health Advisory Council (SHAC)
February 10, 2026

Welcome -Gina Peddy, Executive Director of Curriculum and Instruction, welcomed those in attendance. The starting time was 8:06 AM.

Attendees: Erin Peabody, Tabitha Thomann, Lindsey Kokenzie, Brian Nickel, Patti Parsons, Gina Peddy, Brandy Stuart, Eric Lannen and Andrew Yeager.

Nurses Updates by Brandy Stuart:

- www.stopthebleed.org
- CISD is currently offering this training to staff members, but she would like to offer it to students in grades 7-12 who would like to learn more about life saving techniques.
- Training will begin with students at CSHS who may participate in the training during lunch.
- CISD is fortunate in that we have Stop the Bleed kits in every classroom. Stickers showing the location of the kits will be coming soon.
- Unassigned Albuterol: CISD nurses will be asking the board to approve two sets of inhalers for each campus. While the legislature allows it, CISD wants to go 'above and beyond' to ensure the safety of everyone on the campus. If an inhaler is needed, then there will be access to an inhaler.
- Texas law requires students in public schools in grades 7-12 be provided instruction in 'hands on' CPR and the use of an automated external defibrillator (AED) prior to graduation.

Counseling Updates by Lindsey Kokenzie:

- Provided updates on the status of SB 3 (Alliance for Children) – all schools have completed the training.
- Provided updates on HB 3908 (Recovery Resource Council) – middle schools and high schools will receive this training in the Spring.
- Provided updates on HB 3 Mental Health First Aid -the high school and senior high teachers received this training last summer. Lindsey has worked with Region XI and teachers will now be able to receive this training as part of their compliance training bundle in the summer.
- Provided an update on Hope Squad for students in grades 7-12 – while the cost for the program increased, Lindsey talked to the company and the cost will remain the same for this upcoming year so we will continue with this program.
- The LEAD program hosted by the Southlake SRO's will continue for students in grades 4, 6, and 8.

Cell Phone Policy Update

- Brian Nickel, Assistant Superintendent of Student Services, stated that this law is being enforced on all campuses.

The meeting was adjourned at 8:59 AM.

Next meeting date: April 14, 2026