

District Wellness Meeting
September 26th, 2025
9 am in the Central Office Boardroom

Attendees: Trey Brown, Jeremy Brown, Ross Moore, Colton Trickey, Jenna Brush, Kristen Lucy, Elen Smith, Justin Carpenter, Steven Barnett, Michael Brown, Melissa Edwards, Dawn Mersinger, Erica Jewell

1. Welcome - K.Lucy 9:01 am
2. Triennial Assessment/Wellness Committee Checklist Wellness Policy - K. Lucy
 - a. Triennial Assessment to be completed by the end of this school year
 - i. Copy of checklist and current wellness policy and provided to members present
3. Sharing of goals from building plans - Building Chairs
 - a. deferred
4. Review menus - E. Smith
 - a. LHS
 - i. Student representatives request more chicken biscuits for breakfast and Cane's chicken strips for lunch.
 - ii. Mrs. Brush reports confusion regarding what is being served; students crowding around window, and snack line opening after lunch lines have closed. Suggests menu board like was done in the past.
 - iii. Mrs. Elen advised snack line can not open until lunch line closes.
 - iv. Mr. Moore suggests set days for certain foods (LES - Thursday is Pizza day, LPS - Friday is Fun Lunch)
 - v. Mr. Jeremy Brown suggests menu board as EAST project.
5. Nurse updates -
 - a. LPS
 - i. Working with Dr. Cleveland to assist in completing student hearing and vision screenings.
 - ii. Working on details on American Heart Challenge for students
 - iii. Staff Flu shots October 9th at 10 am by Lyons Drug
 - iv. Student Flu Shots October 16th, 2025 from 2-4 pm at LPS Gym
 - b. LES
 - i. Working on completing vision and hearing screenings
 - ii. UAMS Vision Bus coming November 17th, 2025 for students that can not afford to go to the eye doctor for an exam/prescription.
 - iii. Lonoke Lions Club has an application for eye glasses coverage for students that can not afford glasses.
 - iv. Staff Flu Shots October 6th, 2025 at 10 am by Lyons Drug
 - v. Student Flu Shots October 16th, 2025 from 2-4 pm at LPS Gym
 - vi. Monthly Health Newsletter for students and staff
 - vii. New student/staff clinic open as of September 1st at LES
 - c. LMS

- i. Student flu shots October 21st, 2025
 - d. LHS
 - i. Blood Drive for students and community
 - ii. Student flu shots October 21st, 2025
- 6. Counselor updates -
 - a. Capturing Kids Hearts (Morning Slides, small groups, advisory)
 - b. Pumpkin Run - 57 high school volunteers
 - c. Student of the month at each campus
 - d. Mrs. Brush hopes to start a "New year, new me" program every Friday beginning in January at high school
 - e. Mrs. Jewel reports working on getting school websites updated to reflect current/correct staff and community information to be available.
 - f. LPS/LES doing backpack buddies
- 7. Next meeting - December 5th at 9 am
- 8. Meeting adjourned at 9:19 am