Mental Health & Wellness Resources



AHS Resources

During School Hours, Excluding Breaks
(M-F, 8:00 AM - 3:30 PM)
507-460-1812

AHS Counselors:
Sarah Schmit
Stephanie Emanuel
Cassidy Hartmann
Farin Delaney

Counseling Registrar:
Krista Bonzer

AOA/ALC School Counselor:
Sheridan Stenbeck

School Social Worker:
Julie Hale - 507-460-1810

BARR Coordinator:
Angie Taylor

Success Coaches:
Jesus Alvarez (Spanish)
Santino Deng (Dinka/Arabic)
Isaac Oboya (Anyuak/Swahili)
Ymay Ya (Karen)

Local Resources

Nexus - Gerard Outpatient Care
www.nexusfamilyhealing.org
507-434-4366

Althing Clinic
507-396-8284
888-432-7247

Independent Management Services
507-437-6389

Call 911 if you or someone you know is in immediate danger of harming themselves or someone else.

Crisis Numbers

SPERO
844-274-7472

Crime Victims' Resource Center
507-437-6680

988 SUICIDE & CRISIS LIFELINE
24/7 CALL, TEXT, CHAT

AUSTIN PUBLIC SCHOOLS
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