

2026 FMS

TRACK & FIELD

**MANDATORY PRACTICES:
STARTING MARCH 30TH
3:15 – 5:15
MONDAY –FRIDAY**

**MANDATORY
PARENT MEETING
3/10 @ 5:30 IN THE
CAFETERIA**

PRE-SEASON CONDITIONING

NON-MANDATORY

FEB. 17, 19, 20: 3:15 – 4:30

FEB. 24, 26, 27: 3:15 – 4:30

MAR. 3, 4, 5: 3:15 – 4:30

MAR. 10, 11, 12: 3:15 – 4:30

Mar. 23, 24, 25, 26: 9-11am

FOR MORE INFORMATION

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