

# Parent Empowerment Program



# About the Parent Empowerment Program

- Free program for PreK, TK and K students and their families
- Replication of Vanderbilt/Tennessee Regional Intervention Program
- ABA foundations - fits in well with strategies already at FDR
- Parent led - fosters parent engagement, collaboration, and common behavior strategies at home and school
- Individualized practice for students (multiple transitions, activities, and small group environment)

## **Program Schedule:**

**9:45 AM-11:45AM Tuesdays/Thursdays**  
**2:00-4:00PM Mondays/Wednesdays**

# Staff



**Cassidy McCoy**

School Psychologist on Special  
Assignment

**Nadia Briones**

Behavioral Intervention Technician

**Elizabeth Ruiz**

Registered Behavior Technician (RBT)

# Referral Process

- Tiered Systems of Support (tier 1 and 2)
- Teacher consultation (Refer for SST or observe)
- SST Meetings

**WATCH US  
GROW**



**PARENT EMPOWERMENT  
PROGRAM**

# PEP Phases

1. Phase One - Active Treatment
  - a. Student in small groups working on goals
  - b. Guardian learning strategies and getting feedback
2. Phase Two - Payback
  - a. Peer Model
  - b. Parent leading PEP or volunteering

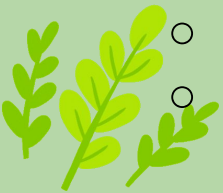
# Collaboration

- Push in support for TK/K classes, recess, and PE
- Observations of PEP students
- Observations of students on teacher's radars
- Behavior consultation
- 1-on-1 teacher meetings

# The Current Program



- **6 families in Active Treatment** (3 in morning program, 3 in afternoon program)
  - 3 Kindergarteners, 1 TK, 2 Preschool
- **Total number of...**
  - Student Referrals: 23
  - SST Meetings Held: 13
  - Students referred with IEPs: 5
  - Students on hold for further observation and Tier 1 or 2 strategies: 8
  - Students on waitlist for an open spot: 1
- **Out of the families and students referred to PEP...**
  - 1 family declined
  - 3 families interested but schedule was not the right fit
  - 3 started but did not continue in the program



# Highlights From the Families

- “The program is beneficial and full of positive energy. I have truly seen a noticeable improvement in my daughter’s behavior at home.” (Guardian of TK student)
- “We have noticed at home now he plays nicely more and follows directions” (Guardian of K student)
- “I love how the teachers are helping him so much and being so nice” (Guardian of K student)



# Program Highlights From the Families



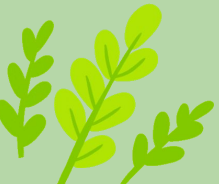
- “I am so ready to see progress and I already do” (Guardian of K student)
- “Everything is going smoothly and my daughter has started responding to commands more quickly. I feel like it’s good training.” (Guardian of TK student)
- “The videos are great and make me feel like I am not the only one struggling with my child’s behavior” (Guardian of PreK student)



# Video Taken During PEP Program

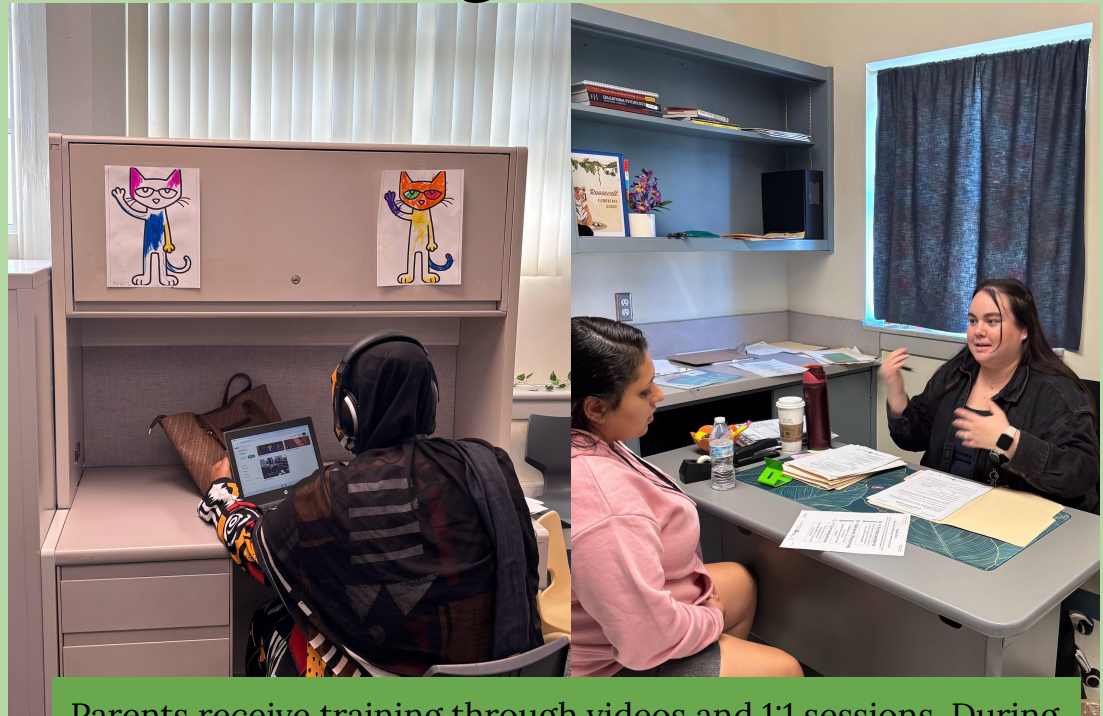
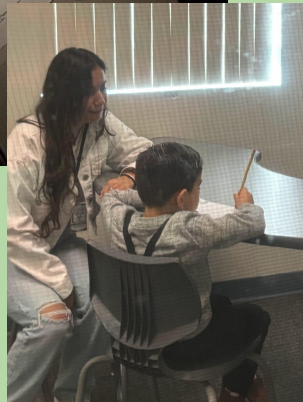


- ✓ Data Collection
- ✓ Scheduling
- ✓ Transition Warning
- ✓ Ignoring Inappropriate Behavior
- ✓ Planning to meet a parent

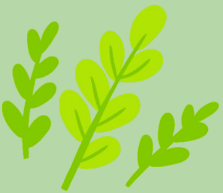


Parent Behavior Skills Training (BST) room observation and data collection.

# Parent Training and Case Management



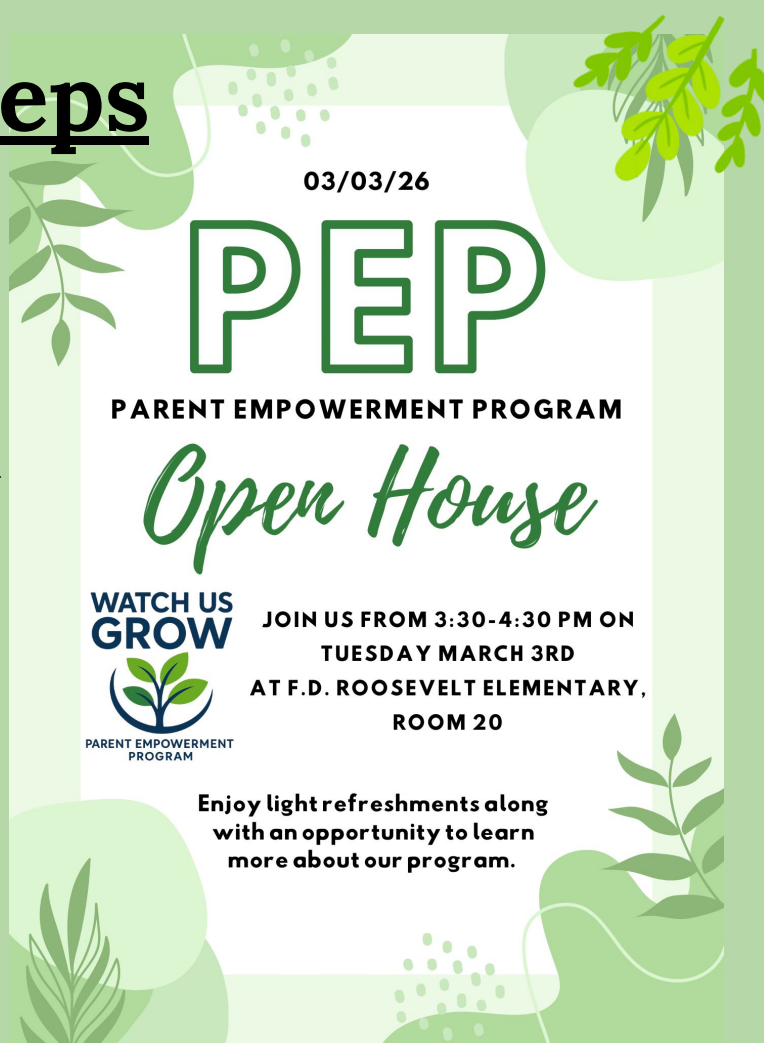
Parents receive training through videos and 1:1 sessions. During case management they practice implementing and applying the strategies they learn to their child at PEP and at home.





# PEP Next Steps

- Building out our waitlist
- Starting new families as current families advance
- Teacher Collaboration Activities
  - Teacher Guided Observation of Program (02/24)
  - Teacher Consultation/Make & Take Release Day (02/27)
- PEP Open House (Tuesday 03/03 from 3:30-4:30)
  - open to all site administrators, district staff members, cabinet members, and board members

A flyer for the PEP Open House event. The flyer has a green and white color scheme with decorative leaf and branch graphics. At the top right, the date "03/03/26" is displayed. The word "PEP" is written in large, bold, green-outlined letters. Below it, "PARENT EMPOWERMENT PROGRAM" is written in a smaller, black, sans-serif font. The words "Open House" are written in a large, green, cursive font. To the left of the event details is the "WATCH US GROW" logo, which features a stylized green plant with three leaves inside a blue circle, with the text "WATCH US GROW" above it and "PARENT EMPOWERMENT PROGRAM" below it. To the right of the logo, the event details are listed: "JOIN US FROM 3:30-4:30 PM ON TUESDAY MARCH 3RD AT F.D. ROOSEVELT ELEMENTARY, ROOM 20". At the bottom right, there is a line of text: "Enjoy light refreshments along with an opportunity to learn more about our program." The flyer is decorated with various green leaf and branch illustrations around the edges.

03/03/26

# PEP

PARENT EMPOWERMENT PROGRAM

## Open House

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