NOSH
NAPA'S OPERATIVE for SCHOOL food HEALTH

Breakfast in the Classroom 2024-2025

Frequently Asked Questions

- **What do I do if we're not getting enough food sent to our class?**
  - Please communicate with your Cafe Associate at your school to let them know how many more breakfast items you will need (our staff knows that this number will depend on the popularity of the menu item). It's best not to lean on getting extra breakfasts from your neighboring classroom because NOSH staff is not informed of the situation and can't make the necessary changes.
- **Do all students have to take a breakfast?**
  - No, they do not. Breakfast is optional.
- **How important is it for us to accurately check off how many students take a breakfast on the dry-erase meal tally sheet?**
  - This documentation is crucial for the food service department and could be considered one of the most important steps. It helps ensure that your classroom receives the right number of meals each day. Additionally, NOSH must have this documentation in order to receive proper funding and ensure that we have enough money to adequately feed our students.
- **What should our class do with the excess food?**
  - Unopened and/or uneaten food should be sent back to the cafeteria.
  - Partially eaten or opened packages of food must be discarded into the appropriate waste containers.
  - Opened milk cartons with leftover milk should be poured into the milk disposal jugs, tightly-sealed, and returned to the cafeteria.
  - Note: Any unopened milk or dairy products that come back to the cafeteria will be disposed of due to food safety regulations.
- **Why are the breakfast meals being individually bagged?**
  - This is to simplify the distribution of meals to students and to prevent incomplete or non-reimbursable meals from being given to students. NOSH receives funding based on complete/reimbursable meal distribution and we will get fined if non-reimbursable meals are being distributed to students. A reimbursable meal includes the entree *and* the fruit. Milk is optional.



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- What is NOSH doing to reduce plastic bag usage?
  - NOSH is aware of the concerns regarding plastic bag waste. We launched a pilot program at a school site last year which utilized reusable bags and it was successful. We are currently preparing to launch this program at a few more school sites, and our goal is to get all schools involved once we have enough supplies to make this happen. Please be patient with us during this process.
- Why are there loose packets of cranberries or extra fruit items in our blue bag each day?
  - It is a requirement for NOSH staff to include this extra fruit inside your blue bag. Since the required amount of fruit for school breakfast is 1 cup, and average portions of fruit are often only 1/2 cup portions, the extra fruit in the blue bag allows us to meet the "Offer vs Serve" requirement for 1 cup of fruit. Students do not have to take this extra fruit; it is optional.
- The training video showed tabletop sorting containers (different than the waste bins that custodians provide) for use in the classroom. How can I get those for my classroom?
  - Please reach out to your Cafe Associate at your school site or email Breakfast@nvusd.org to request supplies
- I have questions about the nutritional content of the menu items. Where can I go for more info?
  - We've been working on a helpful link to store all of our educational materials regarding Breakfast in the Classroom nutrition. You can view these helpful handouts here. Any other questions, you can reach out to Breakfast@nvusd.org
- I have additional questions not listed here. Who can I ask?
  - Please reach out to Breakfast@nvusd.org if you have any further questions or concerns.

Thank you for your partnership!

