



FEBRUARY 20, 2026

THE FRIDAY FLYER

Weekly Newsletter of Freeman High School

509-291-3721

PRINCIPAL'S MESSAGE

Hello Scottie Parents/Guardians/Families!

It is a very busy, positive week for students at FHS. Congratulations to the Freeman Wrestling team! Last weekend, thirteen wrestlers qualified for the State Wrestling Tournament in Tacoma where they are competing this weekend. The male wrestling team won the League Title this year as well as the District Championship, and our female wrestling team member earned the title of District Champion - we wish them all the best at State – Go Scotties! Congratulations also to Kassie Broers – she earned a 3rd place recognition for her watercolor painting in this year's NWESD Regional Art Competition – way to go Kassie! Good luck to our League Champion Knowledge Bowl team as they compete today for a state berth! Regardless of the time of year, it is sometimes easy to overlook just how successful FHS student are in a wide-variety of competitions – I am very proud of the way our students compete and perform, and I'm even more proud of the way that they go about doing it: with class and determination.

Go Dawgs!

Jeff Smith, Principal

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Freeman School District does not discriminate in any programs or activities on the basis of race, ethnicity, creed, religion, color, national origin, honorably discharged veteran or military status, sexual orientation, gender expression, gender identity, homelessness, immigration or citizenship status, the presence of any sensory, mental or physical disability, neurodivergence, or the use of a trained dog guide or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, rrussell@freemansd.org, 509- 291-3695, 15001 S Jackson Rd. Rockford, WA 99030



PLEASE PAY ALL STUDENT FEES/FINES

Please log in to our online payment system to check if your student has any unpaid fines/fees [here](#). Fines and fees are not visible in Skyward Family Access only our online payment platform. If you have any questions, please email khayek@freemansd.org.

No School - Friday, March 6, 2026

Due to severe weather conditions, the Governor declared a state of emergency, which resulted in school closures on December 17, 2025. The Washington Office of Superintendent of Public Instruction (OSPI) has approved the Freeman School District's Emergency Waiver Request for that day. As a result, **there will be NO SCHOOL on Friday, March 6, 2026**. Thank you for your continued partnership and understanding. Please contact your school office if you have questions.

SPRING SPORTS BEGIN IN ONE WEEK

- Practices will begin on **March 2nd**. Please go in to [Final Forms](#) and double check that you have selected the Spring Sport which your student plans to play (only select 1 Spring Sport). This is how we know how many athletes to expect and this is the main form of coach/parent communication before the season begins. In order for students to participate in practice on day one, they must have a current sports physical on file (they are valid for 2 years) and all forms in Final Forms must be completed and signed by both parents and student.
- We will hold a mandatory Spring Sport Parent Meeting on Tuesday, **March 3rd**, at 5:30pm in the FHS main gym. Please plan to attend.
- Spring Sport team photos will be held on Wednesday, **March 11th**, immediately after school. Stay tuned for more details on how to order photos.



FEBRUARY 20TH

AM Activity Bell Schedule

FEBRUARY 27TH

AM Activity Bell Schedule

MARCH 2ND

Spring Sports Begin

MARCH 3RD

Spring Sport Parent Mtg. -
5:30pm

MARCH 6TH

NO SCHOOL - Snow Make Up
Day

MARCH 9TH

NO SCHOOL - Teacher PD Day

MARCH 11TH

Spring Sport Team Photos 3pm

MARCH 13TH

AM Activity Bell Schedule

MARCH 14TH

Athletics Auction & Dinner
Fundraiser



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COLLEGE CAREER

readiness

Mrs. Frazier’s culinary students invited the kindergarten classes to join them for a festive cookie-decorating experience. It was so much fun to see all the “future Freeman Cooking class students” getting creative!



Great news! The Washington State Opportunity Scholarship (WSOS) is now open for applications for the 2026-27 cycle in Washington State. This scholarship helps students pursuing high-demand careers in STEM, health care and trades with financial support and career resources. **The application deadline is February 26, 2026** - don't miss your chance to apply. [APPLY HERE](#)

IMPORTANT COLLEGE & CAREER READINESS DATES:

- March 12: North Palouse Industry Fair at Liberty High School (11th and 12th)
- March 20: Paul Mitchell Tour (9th - 12th)
- March 24: College Planning Day at EWU (12th)
- March 30: WSU visit during lunch (12th)
- April 16: SAT School Day (11th)
- April 23: Spring ASVAB (10th-12th)



Upcoming Sports



2/20 - Districts at West Valley
Girls vs. Colfax 5:30pm
Boys vs. Liberty 7:00 pm

2/21 - Districts at West Valley



2/20 & 2/21 - @ State in Tacoma



ATHLETICS AUCTION & Dinner Fundraiser

hosted by the Freeman Foundation

March 14th | 5:30pm
Coeur d'Alene Casino & Resort

TICKETS ON SALE NOW

\$60/PERSON
\$450/TABLE OF 8

Purchase a table & sit with friends for RESERVED SEATING. Individual tickets and couples will be OPEN SEATING.

Join us for a fun evening featuring a social hour, silent & live auction and dinner to raise funds for officials fees, sports travel, equipment & more.

How to get involved...

- ✓ Purchase tickets and attend - must be purchased ahead of time
- ✓ Donate & help procure items by February 15th
- ✓ Extend the fun and stay the night with our discounted room block - online at [CDA Casino Booking ID BKG481 Password 83454132](#)

If you have questions, would like to donate or volunteer please email khayek@freemansd.org

AUCTION

WISH

LIST

We are currently looking for donations for the auction. Below are some ideas. To donate, please submit this [online form](#).

Sports Links:



[Pay Fines/Fees](#)



TICKETS & PASSES
Sports & Concert Tickets, Box Seats, VIP Treatments, Theater Tickets



CRAFTED ITEMS
Handmade items, woodworking, metal works, custom gifts



VACATIONS & EXCURSIONS
Condos, Timeshare, VRBO, Golf weekends, wine tastings, active adventures, airline tickets, etc.



GIFT CARDS
Gift cards to just about anywhere - restaurants, stores, salons, spas, movie theaters, etc.



HOSTED PARTIES
Theme parties thrown by one or more families such as progressive dinners, holiday parties, children's parties, etc.



UNIQUE & RARE ITEMS
Collectibles, sports memorabilia, sports equipment, collectibles

Questions? Please email khayek@freemansd.org



Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

BELL SCHEDULES

 Every Friday

Regular Schedule		
1	8:15 -- 9:02	47 min
2	9:06 -- 9:53	47 min
SCOTTIE BREAK	9:53 -- 10:01	8 min
3	10:04 -- 10:51	47 min
4	10:55 -- 11:42	47 min
5	11:46 -- 12:33	47 min
LUNCH	12:33 -- 1:03	30 min
6	1:07 -- 1:54	47 min
7	1:58 -- 2:45	47 min

AM Activity Schedule		
1	8:15 -- 8:57	42 min
2	9:01 -- 9:43	42 min
SCOTTIE BREAK	9:43 -- 9:51	8 min
3	9:55 -- 10:37	42 min
4	10:41 -- 11:23	42 min
5	11:27 -- 12:09	42 min
ACTIVITY	12:13-12:43	30 min
LUNCH	12:43-1:13	30 min
6	1:17 -- 1:59	42 min
7	2:03 -- 2:45	42 min

Late Start Schedule		
1	10:15 -- 10:46	31 min
2	10:50 -- 11:21	31 min
3	11:25 -- 11:56	31 min
4	12:00 -- 12:31	31 min
LUNCH	12:31 -- 1:01	31 min
5	1:05 -1:36	30 min
6	1:40 -- 2:11	31 min
7	2:15 -- 2:45	30 min

ATTENDANCE LINE

Please email fhsoffice@freemansd.org or call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day. If we do not receive an email, note, or a call your student's absence will remain unexcused.

BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply [here](#).

SCOTTIE BREAK We offer Scottie Break at the High School. A light snack will be available for students to purchase from 9:53am - 10:01am. Cost: \$2.50

LUNCH - served at the High School in the MPR. Cost: \$3.90. Click image for menus.



ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.

Student HIGHLIGHTS

Wrestling headed to State - Congratulations & Good Luck



FHS PRESENTS

CLASS OF 2030 INFORMATION NIGHT



WHAT TO
EXPECT FOR
THE NEXT
4 YEARS



Graduation Requirements
Course Offerings
Registration
and more!

JOIN US
MONDAY
MARCH 2ND
6:00 PM

Join us in the FHS MPR

This is a great time to come
and learn more about FHS
and life in the high school.