














Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal?
 Market Street Deli! Made to order Sandwiches and Wraps, Turkey and Cheese, Ham and Cheese, Italian, American, Tuna Salad, Chicken Salad, Egg Salad with a Variety of Cheeses and Breads. *Made to Order Salad Bar Thursdays*					<p>Students must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p>Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free white, fat-free chocolate.</p> <p>Daily Alternates Hamburger/Cheeseburger on a Bun Chicken Patty on a Bun Specialty Grill Item Chef Fresh Sandwiches and Salads Cheese or Pepperoni Pizza Specialty Pizza</p> <p>PB&J </p> <p>*NEW* Poblanos Mex American Bar Daily Poblanos serves up an extensive selection of made-to-order burritos, tacos, quesadillas, and more. Feast on nachos with guacamole or fresh salsa, tortilla soup, authentic Mexican rice, taco salad, sizzling fajitas, and More. Daily Made to order Station Now at Bravo </p> <p>Wednesday- Homemade Soup in a Bread bowl at Deli.</p> <p>(VG) Vegan (V) Vegetarian (WG) Whole Grain</p>
<p>2</p> 	<p>3</p> <p>French Toast Sticks with Sausage Links</p> <p>FEATURED VEGGIES Tater Tots Green Pepper Strips</p>	<p>4</p> <p>Southwest Chicken Mash Bowl Cornbread Loaf</p> <p>FEATURED VEGGIES Ranch Mashed Potatoes Mexicali Corn</p>	<p>5</p> <p>Pasta Bar Choice of Noodle Choice of Sauce Garlic Bread</p> <p>FEATURED VEGGIES Steamed Broccoli & Peas Tomato Mozzarella Salad</p>	<p>6</p> <p>Chicken Cheesesteak Buffalo Chicken Cheesesteak</p> <p>FEATURED VEGGIES Seasoned Potato Wedges Macaroni Salad</p>	
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<p>9</p> <p>BBQ Chicken Mashed Potatoes with Gravy Cornbread</p> <p>FEATURED VEGGIES BBQ Baked Beans Potato Salad</p>	<p>10</p> <p>General Tso's chicken over Vegetable Fried Rice Vegetable Stir Fry (V)</p> <p>FEATURED VEGGIES Steamed Broccoli Lo Mein Salad</p>	<p>11</p> <p>Nashville Hot Chicken and Waffles</p> <p>FEATURED VEGGIES Sweet Potato Tots Coleslaw</p>	<p>12</p> <p>Buffalo Chicken or Seasoned Steak over French Fries</p> <p>FEATURED VEGGIES Mixed Vegetables Tossed Salad</p>	<p>13</p> <p>Cheese Filled Breadsticks with Tomato Soup</p> <p>FEATURED VEGGIES Steamed Green Beans Tomato Mozzarella Salad</p>	
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<p>16</p> <p>Sweet and Sour Chicken over Brown Rice Veggie Stir Fry (V)</p> <p>FEATURED VEGGIES Steamed Broccoli Roasted Zucchini and Squash</p>	<p>17(St Patrick's Day)</p> <p>Baked Potato Bar Baked Potato topped with Smokey Beef Chili or Taco Chicken, Fresh Toppings</p> <p>FEATURED VEGGIES BBQ Baked Beans Coleslaw</p>	<p>18</p> <p>Popcorn Chicken Mashed Potato Bowl with Roll</p> <p>FEATURED VEGGIES Steamed Corn & Peas Broccoli Salad</p>	<p>19</p> <p>Build-Your-Own Breakfast Sandwich Customizable for (V)</p> <p>FEATURED VEGGIES Tri Hash Brown Green Pepper Strips</p>	<p>20</p> 	
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<p>23</p> <p>Cheeseburger Tater Tot Bowl Customizable for (V)</p> <p>FEATURED VEGGIES Buttered Corn Pasta Salad</p>	<p>24</p> <p>Pepper Steak Bowl with Lo Mein Noodles Steamed Broccoli</p> <p>FEATURED VEGGIES Mixed Vegetables Lo Mein Salad</p>	<p>25</p> <p>Chicken Nuggets Dinner Roll</p> <p>FEATURED VEGGIES Seasoned Peas & Carrots Cherry Tomatoes</p>	<p>26</p> <p>Mozzarella Sticks with Marinara Sauce</p> <p>FEATURED VEGGIES Seasoned Potato Wedges Caesar Salad</p>	<p>27</p> <p>Loaded Pierogies Customizable for (V)</p> <p>FEATURED VEGGIES Mixed Vegetables Chickpea Salad</p>	
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<p>30</p> <p>Dip & Dust Wings with Garlic Knot Plant-Based Nuggets with Dinner Roll (V)</p> <p>FEATURED VEGGIES BBQ Baked Beans Steamed Mixed Veggies</p>	<p>31</p> <p>Orange Chicken with Scallions over Fried Rice</p> <p>FEATURED VEGGIES Sesame Green Beans Garden Salad</p>				
<p>Contact Cathy Muto, General Manager 610-782-1890 Mutoc@whitehallcoplay.org</p>			<p>Meal Prices Student Lunch \$0.00 Reduced Lunch \$0.00</p>		
					
					

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

