







Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal? Students must choose at least 3 of the 4 components available for the school breakfast price. - Choice of Whole Grain - Choice of Protein - Choice of Fruit or Vegetable - Choice of Milk A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable breakfast. Whole Grain Cereals <i>(served with graham crackers)</i> Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free white, fat-free chocolate. Daily Breakfast Offerings Assorted WG Cereal Bars Assorted WG Muffins WG Banana Bread WG Blueberry Bread WG Donuts Assorted Yogurt with a Bagel Breakfast Sandwiches (WG) Whole Grain (V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i> (VG) Vegan <i>These items do not contain any animal products</i>
2	3	4	5	6	
	Breakfast Pizza Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	Egg, Sausage & Cheese Maple Flatbread Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	WG Pancakes with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	WG Belgian Waffle Sticks with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	
9 Scrambled Eggs, Bacon and Hash Browns Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	10 Breakfast Pizza Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	11 Cheese Omelet, Sausage Links and Hash Browns Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	12 French Toast Sticks with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	13 Strawberries and Cream Overnight Oats Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	
16 Scrambled Eggs, Sausage Links and Hash Browns Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	17 Breakfast Pizza Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	18 Egg, Sausage & Cheese Maple Flatbread Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	19 WG Pancakes with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	20 	
23 Scrambled Eggs, Bacon and Tater Tots Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	24 Breakfast Pizza Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	25 Cheese Omelet, Sausage Links and Hash Browns Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	26 French Toast Sticks with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	27 Breakfast Banana Split Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	
30 Scrambled Eggs, Bacon and Hash Browns Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	31 Breakfast Pizza Assorted Cereals Pop-tarts Assorted Juice Fruit of choice				
Contact Cathy Muto, General Manager 610-782-1890 Mutoc@whitehallcoplay.org		Meal Prices Student Breakfast \$0.00 Reduced Breakfast \$0.00			

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

