



School Health Advisory Council (SHAC)
Tuesday, November 18, 2025
10:00 am

A meeting of the Roma ISD School Health Advisory Council (SHAC) will be held on **Tuesday, November 18, 2025**, beginning at 10:00 AM in the

Manuel Guerra Building, Roma ISD Administration
608 North Garcia Street
Roma, TX 78584

The subjects to be discussed or considered, or upon which any formal action may be taken, are as listed below. Items do not have to be taken in the order as shown on the meeting notice.

Agenda

- I. Welcome
- II. Roll Call
- III. Pledge of Allegiance
- IV. Discussion and Approval of Physical Activity and Fitness Planning Subcommittee
- V. Mental Health (Holiday Season) – Mrs. Gabriela Rosa
- VI. Wellness Plan – Mr. Juan Jesus Treviño
- VII. Cardiovascular Fitness – Mr. Max Habecker
- VIII. Questions
- IX. Date and time of next meeting
- X. Adjournment