



# Alabama State Department of Education Child Nutrition Program



## Local Wellness Policy: Triennial Assessment Report

This tool is intended to be a guide based on current regulations. It is the responsibility of the LEA to stay abreast of any updates and changes to the regulations and to implement any changes in local policies.

### Background Information

To be compliant with the USDA final rule, at least once every three years, the district will assess the Local Wellness Policy. However, Local Education Agencies (LEAs) may assess their policy more frequently if they wish.

### Purpose

The district should designate a representative to lead the wellness policy assessment. This representative must publicly invite members from the community, schools, and the district to participate. Members of the district wellness committee who are completing the assessment of the Local Wellness Policy may use this template. Section 3 of this template should be copied and completed for each school.

This template contains the three required components of the triennial assessment:

1. the extent to which the wellness policy compares to model wellness policies
2. progress made in attaining the goals of the wellness policy
3. the extent to which schools under the jurisdiction of the districts are complying with the district Wellness Policy

### Results

A copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. (i.e., district website, local newspaper, etc.). The triennial assessment summary and the assessment details (e.g., WellSAT 3.0 report) must be shared.

### Recordkeeping for the Child Nutrition Program Administrative Review:

- a copy of the most recent triennial assessment, along with supporting documentation
- a copy of the current and previous board approval of the policy
- documentation demonstrating the policy has been made available to the public
- documentation of efforts to review and update the policy, including who was involved and how the district made stakeholders aware of their ability to participate (i.e., meeting agendas and sign-in sheets)

# Local Wellness Policy: Triennial Assessment Summary

## General Information

LEA: Calhoun County School District

Month and year of current assessment: January 2026

Date of last Local Wellness Policy revision: May 18, 2023

Website address and/or information on how the public can access a copy of the Local Wellness Policy and Triennial Assessment: <https://www.calhouncountyschools.com/departments/child-nutrition/wellness-policy>

## Wellness Committee Information

How often does your district wellness committee meet? Every three years

### District Wellness Coordinator

Name	School	Job Title	Email Address
Morgan Cox Jennings	District Office	CNP Director	mjennings@ccboe.us

### Designated Wellness Assessment Leader (can be the District Wellness Coordinator)

Name	School	Job Title	Email Address
Morgan Cox Jennings	District Office	CNP Director	mjennings@ccboe.us

### District Wellness Committee Members

Name	School	Job Title	Email Address
Frances Barker	AES	CNP Manager	fbarker.ae@ccboe.us
Kassandra Taylor	AMS	CNP Manager	ktaylor.am@ccboe.us
Tracey Gaddy	AHS	CNP Manager	tgaddy.ah@ccboe.us
Kiem Coppock	OES	CNP Manager	kcoppock.oe@ccboe.us
Alvin Johnson	OHS	CNP Manager	ajohnson.oh@ccboe.us
Misty Humphrey	PVE	CNP Manager	chumphre.pe@ccboe.us
Heather Williams	PVH	CNP Manager	hwilliam.we@ccboe.us
DeLana Lewis	SES	CNP Manager	dlewis.se@ccboe.us
Keisha Martin	SHS	CNP Manager	kmartin.sh@ccboe.us
Brandi Henderson	WES	CNP Manager	bhenderson.we@ccboe.us

\*See page 13 for space to add Wellness Committee members.



## Section 1. Comparison to Model School Wellness Policies

Complete a Triennial Assessment Tool ([WellSAT3.0 assessment tool](#), or other customized assessment tool) and keep a copy of the results on file for at least three full school years plus the current year. It will be reviewed during the next administrative review of your Child Nutrition program.

Indicate which model wellness policy language was used for comparison:

- Alliance for a Healthier Generation Model Policy
- WellSAT 3.0 example policy language (Print the WellSat report and include with your assessment)
- Other (please specify): \_\_\_\_\_

Describe how your wellness policy compares to the model wellness policy. (May use a bullet format to list comparisons)

Compared to the model wellness policy, the Calhoun County School District scored a 100 in total comprehensiveness and a 96 in total strength.

Goals and standards that were met included the following:

- Nutrition Education
- Standards for USDA School Meals
- Nutrition Standards for Competitive and Other Foods and Beverages
- Physical Education and Physical Activity
- Implementation, Evaluation, and Communication

## Section 2. Progress towards Goals

**\*NOTE: Required components are listed in blue.**

Nutrition standards for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Describe progress and next steps:
<p><b>To be compliant with the USDA final rule and ALSDE:</b></p> <ul style="list-style-type: none"> <li>• All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <a href="#">USDA regulations for the National School Lunch and School Breakfast programs</a></li> <li>• All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <a href="#">Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</a></li> <li>• Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.</li> </ul> <p>If applicable, list additional school goals below:</p>	<ul style="list-style-type: none"> <li>• Continue plan towards goals and compliance as directed by our wellness policy.</li> <li>• Keep smart snacks policy and guidelines readily available to all school staff.</li> <li>• Provide yearly smart snack review with all school administrators.</li> </ul>

Access to free potable water on campus	Describe progress and next steps:
<p><b>To be compliant with the USDA final rule:</b> Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.</p> <p>List how access to potable water is made available in schools.</p> <ul style="list-style-type: none"> <li>• Potable water is made available to all students by means of a safe, clean water dispenser with cups if needed.</li> </ul>	<p>Continue to provide cold, fresh water at no charge to all students during meal times.</p>

## Section 2. Progress towards Goals continued

**\*NOTE: Required components are listed in blue.**

Guidelines for other foods and beverages available on the school campus, but not sold	Describe progress and next steps:
<p><b>To be compliant with ALSDE:</b>            All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <a href="#">Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</a></p> <p><b>If applicable, list additional school goals below:</b></p>	<ul style="list-style-type: none"> <li>• Continue with plans and goals per our wellness policy.</li> <li>• Continue to follow the smart snacks policy and guidelines as directed by the USDA.</li> </ul>

Marketing and advertising of only foods and beverages that meet Smart Snacks	Describe progress and next steps:
<p><b>To be compliant with the USDA final rule:</b>            Our school only markets or advertises foods and beverages that meet the <a href="#">USDA Smart Snacks in School</a> nutrition standards on the school campus, during the school day.</p> <p><b>If applicable, list additional school goals below:</b></p>	<ul style="list-style-type: none"> <li>• Continue with plans and goals per our wellness policy.</li> <li>• Continue to follow the smart snack policy and guidelines as directed by the USDA.</li> </ul>

## Section 2. Progress towards Goals continued

\*NOTE: Required components are listed in blue.

Physical Activity Goal(s)	Describe progress and next steps:
<p><b><u>To be compliant with the USDA final rule:</u></b> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p> <p><b>List physical activity opportunities that are offered at schools:</b></p> <ul style="list-style-type: none"> <li>• P.E. classes offered to all students.</li> <li>• Opportunity to participate in community league and after-school sports and activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Continue to follow our goals and plans as outlined in our wellness policy.</li> </ul>

Nutrition Promotion and Education Goal(s)	Describe progress and next steps:
<p><b><u>To be compliant with the USDA final rule:</u></b> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p> <p><b>List how nutrition promotion and nutrition education are provided in schools:</b></p> <ul style="list-style-type: none"> <li>• Classroom activities and lessons</li> <li>• Compliant nutrition promotion and advertising as outlined per the Smart Snacks guidelines.</li> <li>• Health promoting fundraisers like 5K run/walks, jump rope-a-thons, fruit sales, etc.</li> <li>• Monthly health and wellness calendars provided to staff.</li> <li>• District will employ a licensed and registered dietitian as the CNP Director.</li> </ul>	<ul style="list-style-type: none"> <li>• Continue to follow our goals and plans as outlined in our wellness policy.</li> </ul>

## Section 2. Progress towards Goals continued

**\*NOTE: Required components are listed in blue.**

Other school-based activities to promote student wellness goal(s)	Describe progress and next steps:
<p><b>To be compliant with the USDA final rule:</b> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p> <p><b>List other school-based activities that are offered by the district:</b></p> <ul style="list-style-type: none"> <li>• Menu Development activities/competitions</li> <li>• taste-testing new menu items</li> <li>• School gardens</li> <li>• Wellness committee for the district</li> </ul>	<ul style="list-style-type: none"> <li>• Continue to follow our goals and plans as outlined in our wellness policy.</li> </ul>

### CHECKLIST:

Triennial Assessment was made public:

Date: 02/20/2026

Updated Wellness Policy received Board approval: (if applicable)

Date: 02/19/2026

Wellness Policy was made public:

Date: 02/20/2026

### SIGNATURES:

 MORGAN COX JENNINGS, MDA, RD, LD  
District Wellness Assessment Leader

PRINT NAME: Morgan Cox Jennings MDA, RD, LD  
DATE: 01/14/2026

 MORGAN COX JENNINGS, MDA, RD, LD  
District Wellness Coordinator

PRINT NAME: Morgan Cox Jennings, MDA, RD, LD  
DATE: 01/14/2026

  
Superintendent

PRINT NAME: Tony Wilks  
DATE: 1-14-2026