

MARCH 2026

BLUE MOUNTAIN UNION SCHOOL

All Student Meals are Free
 Adult Breakfast: \$ 4.00
 Adult Lunch: \$5.50

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	Fresh Baked Pizza 4 Pepperoni or Cheese Sweet Potato Fries Caesar Salad Fresh Fruit & Salad Bar	Chicken Broccoli Alfredo Or Broccoli Alfredo 5 Garlic Toast Fresh Fruit & Salad Bar	100% Beef Burger or Impossible Burger 6 Roasted Zucchini Fresh Fruit & Salad Bar
Mac and Cheese 9 Peas Garlic Bread Fresh Fruit & Salad Bar	Walking Beef or Bean Tacos 10 Corn, Rice Guacamole Salsa, Sour Cream Fresh Fruit & Salad Bar	Fresh Baked Pizza 11 Pepperoni or Cheese Sweet Potato Fries Caesar Salad Fresh Fruit & Salad Bar	Shepherd's Pie 12 Beef, Corn, Mashed Potato Dinner Roll Fresh Fruit & Salad Bar	Crispy Chicken Sandwich On a Bun 13 Oven Baked Fries Fresh Fruit & Salad Bar
Generals Chicken w/ Broccoli Fried Rice Spring Rolls 16 Fresh Fruit & Salad Bar	Chicken, Steak or Bean Burrito Bowl 17 Rice, Beans Corn, Fresh Pico de Gallo Salsa, Sour Cream, Fresh Guac Fresh Fruit & Salad Bar	Fresh Baked Pizza 18 Pepperoni or Cheese Sweet Potato Fries Caesar Salad Fresh Fruit & Salad Bar	Pasta with Meat Sauce or Marinara 19 Roasted Green Beans Dinner Roll Fresh Fruit & Salad Bar	Ham & Cheese Croissant 20 Broccoli Cheddar Soup Tater Tots Fresh Fruit & Salad Bar
BMU Bowls 23 Crispy Chicken Mashed Potato, Corn, Gravy Fresh Fruit & Salad Bar	Chicken & Cheese Quesadilla 24 Rice, Beans Corn, Fresh Pico de Gallo Salsa, Sour Cream, Fresh Guac Fresh Fruit & Salad Bar	Early Release Day Fresh Baked Pizza 25 Pepperoni or Cheese Sweet Potato Fries Caesar Salad Fresh Fruit & Salad Bar	Traditional Grilled Cheese or Pesto Tomato Grilled Cheese 26 Tomato Soup Grilled Asparagus Fresh Fruit & Salad Bar	Cheesy Breadsticks 27 Marinara Roasted Broccoli Fresh Fruit & Salad Bar
Brunch for Lunch 30 French Toast Sticks Scrambled Eggs Sausage Roasted Home fries Fresh Fruit & Salad Bar	Popcorn Chicken 31 Potato Wedges Cole Slaw Fresh Fruit & Salad Bar			



Breakfasts Available Everyday

Choices Like:

Breakfast Sandwiches, Bagels, Cereal, Yogurt with Granola, Muffins & Breakfast Breads
 1% Milk, Skim Milk and 100% Juices

Please contact Paul Pellegrino with any questions or comments.
paul.pellegrino@oesu.org

This Institution is an equal opportunity provider

Full Custom Sandwich Station available every day for grades 5-12
 Peanut Butter & Jelly or Ham & Cheese Sandwiches are always available everyday as a substitute for any entrée meal.