



BROOMFIELD FAMILY AND CONSUMER SCIENCES EDUCATION & HUMAN SERVICES

Family and consumer sciences provides students with courses they can relate to and will empower them to be successful in the real world in a variety of potential career pathways.

COURSE PROGRESSION (Y=YEARLONG, S=SEMESTER)											
YEAR 1			YEAR 2			YEAR 3			YEAR 4		
Teen Choices (S)											
			Child and Adolescent Development (S)								
										Interpersonal Relationships and Life Management (Y)	

COURSE INFORMATION

TEEN CHOICES

In this course, you will learn how to make healthy decisions throughout your teen years. You will learn skills and practices required by individuals to develop, manage and strengthen: social, psychological, and physical wellness, interpersonal relationships, safe sexual decision making, anti-substance use practices, and understanding teens and the law. BVSD Health Curriculum topics will be covered.

INTERPERSONAL RELATIONSHIPS

The purpose of the course is to acquire academic knowledge and understanding for healthy, respectful, and caring relationships across the life span. Emphasis is placed on family and friendly dynamics, effective communication, and healthy interpersonal relationships. Membership in the Student Organization FCCLA is an integral part of this program.

CHILD AND ADOLESCENT DEVELOPMENT

The purpose of this course is to acquire knowledge and understanding of child and adolescent development necessary for strengthening the well being of children and families. Content focuses on perspectives of human development, research and theories, understanding and nurturing development, and challenges to development. Membership in the Student Organization FCCLA is an integral part of this program.

LIFE MANAGEMENT

The purpose of this course is to develop empowered individuals to help you sharpen your focus on your own life. It is to help you gain a clear picture of who you are, how you got that way, and most importantly, to help you make wise choices in your life. Topics include: relationships, communication, healthy lifestyle, food and nutrition, and preparing for life after high school. Membership in the Student Organization FCCLA is an integral part of this program.

Credits: 3 credits, MSU PSY 1800: Developmental and Educational Psychology

