



South San Antonio ISD
SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

March 20, 2025 @0430 pm

South San Antonio ISD

Face-to-Face

2454 W Southcross

San Antonio, Texas 78211

The meeting was called to order @ 4:30 PM by SHAC Chair Mrs. Vallejo. A quorum was not met.. The minutes from Feb 27, 2025, were presented via its reading out loud by Jose Guereca and approved 1st motion Mr. Urdiales 2nd motion Ms. Rice, Mrs. Vallejo welcomed all the members in attendance. She recognized the importance of each component for the accurate reflection of their Department on the health and educational instruction for the students.

Members in attendance: Refer to Attendance Page Attachment

Presenters: Mariana Marroquin LPC, Care Zone

Discussion on “mental health”. The carezone program consists of 5 social workers to cover the district. Each has their own caseload of approximately 30 students and use different therapies to serve the students in addressing their individual needs. March is being celebrated for social workers month. They are being honored for the support they provide the students and & families. The following information was left for families to take home: magnets & wallet cards with resource information (# 988). Lastly, summer parks & recreations camps are being offered for Carrillo, Armstrong, and Palo Alto. Application acceptance opens will open in April for \$25.00 for those who qualify by receiving food stamps or medicaid.Lastly, Ms. Marroquin introduced the breathing buddy lamp. Its purpose is to be used for meditation with students to calm them down by regulating their breathing. A mini practice session was completed with the attendees of the SHAC.

Parents, Guests, and Community Members: Refer to the attendance attachment

Nutrition Services: (Debra Rice)- Local School Wellness Policy is reviewed and updated annually. Reported having National School Breakfast week before Spring Break. Announcement: @ Elementary & middle school taco Cart @ High school importance of breakfast and eating fruits & vegetables. The current focus is on providing food for testing days. The Nutrition Director explained the wellness policy to parents who were present. Lastly, Their department does provide internships for UTSA students for their dietitian degree.

Head Start: (Gary Urdiales, Teresa Montoya, Maria Hernandez) :Advised of the upcoming Fatherhood Initiative trip this coming March 28th. The schools participating will be @ Palo Alto & Price. Research shows when students have both parents involved in a child's life, they have a better outcome as adults. On May 16th Headstart will be sponsoring a PK dance to be held @ SSHA cafeteria 5-6pm. This will be opened to both parents for participation. In addition, the program is having a FAI Virtual Review to assess the departments' health and family engagement compliance. Under the recruitment, Ms. Theresa reviews compliance for health and safety to include nutrition and exercise for the organization TEKS compliance, as well. She fulfills this by partnering up with outside resources, and vendors to provide the services. The dental screenings with Brident, UT Health for check-ups.

Health and Safe School Environment: (Chief Tovar): Absent

Health Education: (Raymond Carroll): Absent

Health Services: (Diane Vallejo RN): Nurses continuing to review immunization compliance and mandated screening requirements to Texas yearly reports. The Health services department has partnered via an MOU with UIW, Wayland Univ. and SAC to be clinical sites for nursing students community health rotation.

Counseling & Mental Health: (Rosemary Morales) : Provided presenter to illustrate the department's ongoing behavioral health interventions provided to both students and families across the District.

Community Members: Jose Guereca, Reported on the upcoming start of the district's monthly food drive. It will be conducted on March 25th. It is for all families, no qualifications needed. There will be enough food for approximately 300 families. It will be held on the West Campus grounds starting at 9AM. Every car will be allowed food for 2 families ONLY. Next announcement will be the March 29th Community Block Party. It will be from 6pm to 9pm. Its attractions consist of Free kids rides. The campuses and

private vendors will be selling foods, etc. There will also be free campus student performance with a surprise at the end of the event. The district website will have more information. Keep an eye on Districts social media. Families are always welcomed to participate with campus Cafecitos facilitated by the Parents Liaisons.

Other Business: NONE

Recommendations: **ONGOING!**

Parent recruitment by all members will continue to be the goal for this program

- **Enlist parents by school levels (1) Elementary level, (1) Middle School level, (1) High school level**
- **Consider having childcare available for parents to attend the meetings**
 - **Consider utilizing Honor Society members to provide “babysitting” services as for volunteer hours.**

Dates for meetings for **2024-2025**

Sept 30, 2024 Virtual Completed

Feb 27, 2025 Virtual Completed

Mar. 20, 2025 Face-to-Face (CARE Zone) Competed

May 15, 2025 Virtual

Adjourn: @5:30 PM 1st motion: Jose Guereca 2nd Sylvia Bernal

Respectfully submitted

Diane Vallejo RN, BSN Health Services Coordinator