



South San Antonio ISD
SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

September 30, 2024 @0900

South San Antonio ISD

Google meets

2454 W Southcross

San Antonio, Texas 78211

The meeting was called to order @ 0905 by SHAC Chair Mrs. Vallejo. A quorum was not met.. The minutes from May 16, 2024, were presented for self-read and approved 1st motion Ms. Rice 2nd motion Mr. Urdiales Mrs. Vallejo welcomed all the members in attendance. She recognized the importance of each component for the accurate reflection of their Department on the health and educational instruction for the students. Mrs. Vallejo gave the floor to the Nutrition Services Director for any updates. Mrs. Rice explained that the week of October 14-18 is National School Lunch Week. She mentioned that the theme for this year was “Find your Treasure” a pirate theme. Our campus cafeteria staff will be offering theme-specific lunch items such as fruit cups made out of treasure boxes. Maria Hernandez stated that Brident conducted dental care for PK-K. Gary Uriales noted that the Head Start program held its first council meeting this week, which was well attended. Mr. Jose Guereca, Family & Community Engagement Specialist noted that the district has held its first Family Engagement Advisory Committee meeting with district parents and invites all parents to attend the next meeting in December. The program has also started presenting to all school personnel the importance of building positive relationships with their students and parents. With no other members present or updates, Mrs. Vallejo requested a motion to close the meeting. Mr. Uriales moved to close the meeting at 9:45 am, and Mrs. Rice seconded the motion.

Members in attendance: Diane Vallejo, Debra Rice, Gary Urdiales, Maria Hernandez, **JOSE GUERECA**

Presenters: None

Parents, Guests, and Community Members: None

Nutrition Services: (Debra Rice)- Local School Wellness Policy is reviewed and updated annually.

Head Start: (Gary Urdiales, Teresa Montoya, Maria Hernandez) :

Health and Safe School Environment: (Chief Tovar): Absent

Health Education: (Raymond Carroll): Nutritional teachings in the past have come from our Health Education courses at the High School, however, the Health Education courses have been removed from the high school education curriculum. Nutritional aspects of life are taught in the Physical Education courses at the High School along with the overall Health and Wellness of an individual. In addition, the athletic programs provide education on Health and Wellness along with proper nutrition as it relates to each sport being offered at the high school level. High School contact is Valerie Segovia vsegovia@southsanisd.net (PE Coordinator)

Our middle schools teach Health and Wellness along with nutrition in both the Physical Education and Health courses at each of the middle schools. Plus within the athletic programs at each middle school as well.

Middle school contacts are the coordinators at each school.

Also, the elementary PE programs provide lessons of Health and Wellness along with instruction on proper nutrition. Elementary contacts are the PE teachers at each school and within each intramural program.

Physical Activity instruction comes from:

High School-PE classes and in each athletic sport offered at the school.

Middle School-PE classes and in each athletic sport offered at each school

Elementary-PE classes and intramural sport programs offered within each school. Nutrition is also discussed with each intramural team

Health Services: (Diane Vallejo RN): 1. Campuses are currently working on mandated state screenings, 2. welcoming nursing students from San Antonio Community College & Wayland Baptist Nursing students for their clinical rotations 3. Updating state required vaccinations for all actively enrolled students, 4. In the process of developing Non Assigned respiratory inhaler protocol and policy for board approval.

Counseling & Mental Health: (Charlie Gallardo) : Absent

Community Members: Jose Guereca,

Other Business: NONE

Recommendations:

Parent recruitment by all members will continue to be the goal for this program

- Enlist parents by school levels (1) Elementary level, (1) Middle School level, (1) High school level
 - List will be developed by the Parent liaisons at these sites (Jose Guereca will take the lead for its implementation)
 - Possible light snack to be offered

Dates for meeting for **2024-2025 Approved**

Sept 30, 2024 Virtual

Feb 20, 2025 Virtual

Mar. 20, 2025 Face to Face @SSHS Cafeteria @5:30 pm Tentative

May 15, 2025 Virtual

Adjourn: @0945 1st motion: Jose G 2nd Gary U.

Respectfully submitted

Diane Vallejo RN, BSN Health Services Coordinator