

MARCH

BREAKFAST

IS AVAILABLE TO ALL STUDENTS AT NO COST

Every student can select one *main breakfast entree, up to 2 servings of fruit, and a choice of fat-free or 1% milk to make a fully reimbursable breakfast!

Join us from March 2nd - 6th to start your day the right way with school breakfast! Make sure to participate every day during the week to complete the quest and earn a special school-selected prize.



For more information, menus, payment options, low balance alerts, and applications for free/reduced please visit SchoolCafe.com or scan the QR code to visit umasd.org for more Food Service Info.



Any further questions can be directed to Brittany Frazer at bfrazer@umasd.org or 610-205-8804

Middle School

MONDAY

- *Blueberry Lemon ZeeZee Oatmeal Bar
- *PopTarts
- *Assorted Cereal Bar

Raisin and 100% Fruit Juice **2**

- *Turkey Sausage and Cheese Stuffed Croissant
- *NutriGrain Bar with Cheese stick and yogurt
- *Assorted Cereal Bars

Raisin and 100% Fruit Juice **9**

- *Honey Chicken Bisquit
- *Mini Donuts
- *Assorted Cereal Bar

Raisin and 100% Fruit Juice **16**

- *Breakfast Pizza Bagel
- *NutriGrain Bar with Cheese stick and yogurt
- *Assorted Cereal Bars

Raisin and 100% Fruit Juice **23**

TUESDAY

- *Egg, Cheese, Turkey Bacon Croissant
- *Cinni Mini-Bagels
- *Assorted Breakfast Breads

Banana and 100% Fruit Juice **3**

- *Egg, Cheese, Turkey Bacon Croissant
- *Apple Strudel
- *Assorted Breakfast Breads

Banana and 100% Fruit Juice **10**

- *Egg, Cheese, Turkey Bacon Croissant
- *Cinni Mini-Bagels
- *Assorted Breakfast Breads

Banana and 100% Fruit Juice **17**

- *Egg, Cheese, Turkey Bacon Croissant
- *Apple Strudel
- *Assorted Breakfast Breads

Banana and 100% Fruit Juice **24**

WEDNESDAY

- *Mini Waffles
- *Strawberry Banana Smoothie with Granola
- *Pop Tarts
- *Assorted BeneFIT Bars

Mixzees Dried Fruit and Applesauce **4**

- *Cheesy Egg Omelet Wrap
- *Mango/Sunflower Seeds Mix with Yogurt
- *Assorted BeneFIT Bars
- ~Strawberry Yogurt Chex Mix~

Applesauce and Craisins **11**

- *Mini Waffles
- *Strawberry Banana Smoothie with Granola
- *Pop Tarts
- *Assorted BeneFIT Bars

Mixzees Dried Fruit and Applesauce **18**

- *Cheesy Egg Omelet Wrap
- *Mango/Sunflower Seeds Mix with Yogurt
- *Assorted BeneFIT Bars
- ~Strawberry Yogurt Chex Mix~

Applesauce and Craisins **25**

THURSDAY

- *Egg, Cheese, Turkey Sausage on English Muffin
- *Warmed Bagel w/ Cream Cheese
- *Assorted Muffins

Orange Slices and 100% Fruit Juice **5**

- *Egg, Cheese, Turkey Sausage on Bagel
- *Warmed Croissant-Marg/Jam
- *Assorted Muffins

Orange Slices and 100% Fruit Juice **12**

- *Egg, Cheese, Turkey Sausage on English Muffin
- *Warmed Bagel w/ Cream Cheese
- *Assorted Muffins

Orange Slices and 100% Fruit Juice **19**

- *Egg, Cheese, Turkey Sausage on Bagel
- *Warmed Croissant-Marg/Jam
- *Assorted Muffins

Orange Slices and 100% Fruit Juice **26**

FRIDAY

- *Egg, Cheese, Turkey Bacon on Pretzel Roll
- *Apple Cinnamon Texas Toast with cheesestick
- *Assorted Cereal Bars

Apple Slices and 100% Fruit Juice **6**

- *Egg, Cheese, Turkey Bacon on Pretzel Roll
- *ZeeZee Lemon Blueberry Oatmeal Bar
- *Assorted Cereal Bars

Craisins and 100% Fruit Juice **13**

No School



Eid al Fitr 2026 **20**

- *Egg, Cheese, Turkey Bacon on Pretzel Roll
- *ZeeZee Lemon Blueberry Oatmeal Bar
- *Assorted Cereal Bars

Craisins and 100% Fruit Juice **27**