Wyoming City Schools
Allergy Free Food Options

These items were determined to be free of dairy, egg, wheat, peanuts, tree nuts, fish, and shellfish when added to this list; however, ingredients change and packaging should be reviewed for ingredients contained and manufactured prior to consumption.

Daily Snack Foods (not shared)

Protein & Protein-Based Snacks

- Lunch meat (Boar's Head, Private Selection, Applegate Farms)
- Pepperoni slices
- SunButter / Wowbutter
- Hannah or Sabra brand plain hummus

Fruits & Vegetables

- Fresh fruits and vegetables
- Fruit and vegetable pouches
- Fruit cups
- Raisins / Craisins
- Bare Fruit Chips

Popcorn

- Boom Chicka Pop (Sea Salt, Kettle Corn)
- SkinnyPop Popcorn (Original, Kettle Corn)
- PopCorners (Sea Salt, Kettle Corn)

Cereal & Grain-Based Snacks

- Cheerios (plain, multigrain, or frosted)

Crackers, Chips & Crunchy Snacks

- Rice cakes (plain)
- Corn chips (plain only)
- Lay's chips (plain only)
- Multigrain and Sweet Potato Chips by Food Should Taste Good
- Sensible Portions Veggie Straws (Sea Salt)
- Hippeas Chickpea Puffs

Fruit Snacks & Sweet Snacks

- Fruit Strips (Good & Gather, Simply Balanced)
- Annie's Fruit Snacks

Allergen-Friendly Brands

- Made Good products
- Partake products

Party Treats (items may be shared)

All daily snack foods listed above and:

- Made Good products
- Cybele's Free to Eat Cookies
- Partake cookies
- Philly Swirl (SwirlStix, Cups, Popperz)
- Flavor Ice/Kona Ice
- Luigi's Real Italian Ice
- Kraft jet puffed marshmallows
- Dandies Marshmallows
- Gimbal Fine Candy products
- Yummy Earth and Dum-dum lollipops
- Skittles
- Smarties
- Sour Patch Kids
- Ring Pops
- Dots
- Surf Sweets
- Starburst and Starburst minis
- Lifesaver mints

Drinks (items may be shared)

- Water
- Lemonade (plain)
- Fruit juice or fruit drinks
- Gatorade

Updated: February, 2026