

March

ELEMENTARY LUNCH MENU

CALEY, CANDLEBROOK, GULPH, & ROBERTS

Every student can select one *main entree and their choice of fruits and vegetables daily. 1% White Milk and Fat Free Chocolate Milk are also offered with each meal.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Meal Pricing: Lunch
Free/Reduced-At no cost
Full Paid- \$3.00

Served Daily:

Milk: 1% White, Fat Free White and or Chocolate Milk
-May only choose 1-

Fruit: Apple Slices, applesauce, and Fruit of the Day
-May only choose 2-

Vegetable: Baby Carrots and the Veggie of the Day
-May only choose 2-

Condiments and Dressing are offered if part of the meal

PA Harvest of the Month Dairy Products

The average dairy cow produces over 100 glasses of milk per day, about 8 gallons, which are delivered from the farm to your grocery store in as little as 48 hours.

For recipes, activities, & book suggestions

[CLICK HERE](#)

For more information, menus, payment options, low balance alerts, and applications for free/reduced please visit SchoolCafe.com or scan the QR code to visit umasd.org for more Food Service Info.



SCAN ME

Any further questions can be directed to Brittany Frazer at bfrazer@umasd.org or 610-205-8804

This institution is an equal opportunity provider. Menus are subject to change.

1-Cheese and Potato Pierogies with a dinner roll-V
2-Cheese Pizza Slice-V
3- Yogurt and Cheese Stick Grab and Go-V

Steamed Mixed Vegetable
Banana 2

1- Macaroni and Cheese with a dinner roll-V
2-Grilled Cheese with Tomato Soup-V
3- Chicken Tender Wrap

Steamed Yellow Corn
Mixed Fruit Cup 3

1- Mini Pancakes with Turkey Bacon and Hash Browns
2- Egg, Cheese Turkey Bacon Sandwich, Hash Browns
3- Wowbutter and Jelly Uncrustable Grab and Go-V

Sliced Bell Peppers
Pear Fruit Cup 4

Early Dismissal 5

1-Walking Beef Nachos with Cheese over Tosito Rounds
2-Chicken Tenders, French Fries and a roll
3- Make Your Own Pizza Grab and Go-V

Celery Sticks
Grapes 6

1-Spaghetti & Meatballs in sauce with a dinner roll
2-Cheese Pizza Slice-V
3- Warm Pretzel and Cheese Grab and Go-V

Broccoli Florets
Banana 9

Early Dismissal 10

1-French Toast Sticks ,Cheese stick, Yogurt & Hash Browns-V
2- Egg, Cheese Turkey Bacon Sandwich and Hash Browns
3- Turkey and Cheese Hoagie with Lettuce, Tomato

Cucumber Slices
Pear Fruit Cup 11

1-Mini Cheesesteak Sandwich
2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V
3-Nachos Kit Grab and Go with cheese and salsa cup-V

Sweet Potato Fries
Peach Fruit Cup 12

1-All Beef Hot Dog with baked beans
2-Chicken Tenders, French Fries & roll
3- Assorted Cereal, yogurt, cheese Grab and Go-V

Assorted Veggie Cup
Grapes 13

1-Cheese Lasagna with Sauce and Garlic Toast-V
2-Cheese Pizza Slice-V
3- Yogurt and Cheese Stick Grab and Go-V

Broccoli Florets
Banana 16

1-Crispy Chicken Patty Sandwich & pickles
2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V
3- Turkey Bacon Wrap

Steamed Green Peas
Kiwi Strawberry Water Ice
Mixed Fruit Cup 17

1-Pillsbury Cinnamon Roll with Cheesy Egg Omelette & Hash Browns-V
2- Egg, Cheese Turkey Bacon Sandwich, Hash Browns
3- Wowbutter&Jelly-V

Sliced Bell Peppers
Pear Fruit Cup 18

1-Turkey Taco Meat & Cheese on Tortillas with lettuce and tomato cup
2-Grilled Cheese with Tomato Soup-V
3- Chicken Tender Wrap

Steamed Yellow Corn
Peach Fruit Cup 19

Eid al Fitr 2026 20

1-Chicken Nuggets and Smile Fries
2- Cheese Pizza Slice-V
3-Warm Pretzel and Cheese Grab and Go-V

Broccoli Florets
Banana 23

1-Cheeseburger on bun
2-Grilled Cheese with Tomato Soup-V
3- Popcorn Chicken Garden Salad with dinner roll

Steamed Green Beans
Mixed Fruit Cup 24

1- Mini Waffle, Turkey Sausage, and Hash Browns
2- Egg, Cheese Turkey Bacon Sandwich, Hash Browns
3-Turkey and Cheese Hoagie with Lettuce, Tomato

Cucumber Slices
Pear Fruit Cup 25

1-Italian Meatball Sub on roll
2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V
3- Nachos Kit Grab and Go with cheese and salsa cup-V

Steamed Broccoli
Peach Fruit Cup 26

1-Cheese Quesadilla with Refried Beans-V
2-Chicken Tenders, French Fries and roll
3- Assorted Cereal, yogurt, cheese Grab and Go-V

Assorted Veggie Cup
Grapes 27

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March

ELEMENTARY LUNCH MENU

BRIDGEPORT

Every student can select one *main entree and their choice of fruits and vegetables daily. 1% White Milk and Fat Free Chocolate Milk are also offered with each meal.

All Bridgeport Students receive lunch at no cost because it is CEP "Community Eligible Provision" School.

Served Daily:

- Milk:** 1% White, Fat Free White and or Chocolate Milk
-May only choose 1-
 - Fruit:** Apple Slices, applesauce, and Fruit of the Day
-May only choose 2-
 - Vegetable:** Baby Carrots and the Veggie of the Day
-May only choose 2-
- Condiments and Dressing are offered if part of the meal

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1-Cheese and Potato Pierogies with a dinner roll-V 2-Cheese Pizza Slice-V 3- Yogurt and Cheese Stick Grab and Go-V <i>Steamed Mixed Vegetable</i> <i>Banana</i> 2	1- Macaroni and Cheese with a dinner roll-V 2-Grilled Cheese with Tomato Soup-V 3- Chicken Tender Wrap <i>Steamed Yellow Corn</i> <i>Mixed Fruit Cup</i> 3	1- Mini Pancakes with Turkey Bacon and Hash Browns 2- Egg, Cheese Turkey Bacon Sandwich, Hash Browns 3- Wowbutter and Jelly Uncrustable Grab and Go-V <i>Sliced Bell Peppers</i> <i>Pear Fruit Cup</i> 4	 <p>Early Dismissal</p> 5	1-Walking Beef Nachos with Cheese over Tosito Rounds 2-Chicken Tenders, French Fries and a roll 3- Make Your Own Pizza Grab and Go-V <i>Celery Sticks</i> <i>Grapes</i> 6
1-Spaghetti & Meatballs in sauce with a dinner roll 2-Cheese Pizza Slice-V 3- Warm Pretzel and Cheese Grab and Go-V <i>Broccoli Florets</i> <i>Banana</i> 9	 <p>Early Dismissal</p> 10	1-French Toast Sticks ,Cheese stick, Yogurt & Hash Browns-V 2- Egg, Cheese Turkey Bacon Sandwich and Hash Browns 3- Turkey and Cheese Hoagie with Lettuce, Tomato <i>Cucumber Slices</i> <i>Pear Fruit Cup</i> 11	1-Mini Cheesesteak Sandwich 2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V 3-Nachos Kit Grab and Go with cheese and salsa cup-V <i>Sweet Potato Fries</i> <i>Peach Fruit Cup</i> 12	1-All Beef Hot Dog with baked beans 2-Chicken Tenders, French Fries & roll 3- Assorted Cereal, yogurt, cheese Grab and Go-V <i>Assorted Veggie Cup</i> <i>Grapes</i> 13
1-Cheese Lasagna with Sauce and Garlic Toast-V 2-Cheese Pizza Slice-V 3- Yogurt and Cheese Stick Grab and Go-V <i>Broccoli Florets</i> <i>Banana</i> 16	1-Crispy Chicken Patty Sandwich & pickles 2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V 3- Turkey Bacon Wrap <i>Steamed Green Peas</i> <i>Kiwi Strawberry Water Ice</i> <i>Mixed Fruit Cup</i> 17	1-Pillsbury Cinnamon Roll with Cheesy Egg Omelette & Hash Browns-V 2- Egg, Cheese Turkey Bacon Sandwich, Hash Browns 3- Wowbutter&Jelly-V <i>Sliced Bell Peppers</i> <i>Pear Fruit Cup</i> 18	1-Turkey Taco Meat & Cheese on Tortillas with lettuce and tomato cup 2-Grilled Cheese with Tomato Soup-V 3- Chicken Tender Wrap <i>Steamed Yellow Corn</i> <i>Peach Fruit Cup</i> 19	 <p>Eid al Fitr 2026</p> 20
1-Chicken Nuggets and Smile Fries 2- Cheese Pizza Slice-V 3-Warm Pretzel and Cheese Grab and Go-V <i>Broccoli Florets</i> <i>Banana</i> 23	1-Cheeseburger on bun 2-Grilled Cheese with Tomato Soup-V 3- Popcorn Chicken Garden Salad with dinner roll <i>Steamed Green Beans</i> <i>Mixed Fruit Cup</i> 24	1- Mini Waffle, Turkey Sausage, and Hash Browns 2- Egg, Cheese Turkey Bacon Sandwich, Hash Browns 3-Turkey and Cheese Hoagie with Lettuce, Tomato <i>Cucumber Slices</i> <i>Pear Fruit Cup</i> 25	1-Italian Meatball Sub on roll 2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V 3- Nachos Kit Grab and Go with cheese and salsa cup-V <i>Steamed Broccoli</i> <i>Peach Fruit Cup</i> 26	1-Cheese Quesadilla with Refried Beans-V 2-Chicken Tenders, French Fries and roll 3- Assorted Cereal, yogurt, cheese Grab and Go-V <i>Assorted Veggie Cup</i> <i>Grapes</i> 27

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