

MARCH

BREAKFAST

IS AVAILABLE TO ALL STUDENTS AT NO COST

Every student can select one *main breakfast entree, up to 2 servings of fruit, and a choice of fat-free or 1% milk to make a fully reimbursable breakfast!

Join us from March 2nd - 6th to start your day the right way with school breakfast!

Make sure to participate every day during the week to complete the quest and earn a special school-selected prize.



For more information, menus, payment options, low balance alerts, and applications for free/reduced please visit SchoolCafe.com or scan the QR code to visit umasd.org for more Food Service Info.



Any further questions can be directed to
Brittany Frazer at
bfrazer@umasd.org or
610-205-8804

High School

MONDAY

- *Mini Pancakes
- *Hot Honey Chicken Biscuit
- *Blueberry Lemon ZeeZee Oatmeal Bar
- * Assorted Cereals

2

- *Turkey Sausage and Cheese Stuffed Croissant
- *Avocado Toast with Hard-boiled Egg
- *NutriGrain Bar with Cheese stick and yogurt
- * Assorted Cereal

9

- *Mini Pancakes
- *Hot Honey Chicken Biscuit
- *Mini Donuts
- * Assorted Cereals

16

- *Early Riser Hashbrowns
- * Warmed Dutch Waffle
- *NutriGrain Bar with Cheese stick and yogurt
- * Assorted Cereal

23

TUESDAY

- *Egg, Cheese, Turkey Bacon Croissant
- *Cinni Mini-Bagels
- * Assorted Breakfast Breads
- * Assorted Cereals

3

- *Egg, Cheese, Turkey Bacon Croissant
- *Apple Strudel
- * Assorted Breakfast Breads
- * Assorted Cereal

10

- *Egg, Cheese, Turkey Bacon Croissant
- *Cinni Mini-Bagels
- * Assorted Breakfast Breads
- * Assorted Cereals

17

- *Egg, Cheese, Turkey Bacon Croissant
- * Strawberry Cream Cheese Stuffed Mini-Bagels
- * Assorted Breakfast Breads
- * Assorted Cereal

24

WEDNESDAY

- *Cowboy Breakfast Skillet with toast
- * Pop Tarts
- * Assorted Breakfast Bars
- * Assorted Cereals

4

- *Maple Waffle Panini with Turkey Sausage, Egg, and Cheese
- * Pop Tarts
- * Assorted Breakfast Bars
- * Assorted Cereal

11

- *Cowboy Breakfast Skillet with toast
- * Pop Tarts
- * Assorted Breakfast Bars
- * Assorted Cereals

18

- *Apple Cinnamon French Toast with Cheese Stick
- * Pop Tarts
- * Assorted Breakfast Bars
- * Assorted Cereal

25

THURSDAY

- *Egg, Cheese, Turkey Sausage on English Muffin
- * Warmed Croissant-Marg/Jam
- * Assorted Muffins
- * Assorted Cereals

5

- *Egg, Cheese, Turkey Sausage on Bagel
- *Chocolate Crescent Roll
- *Strawberry and Blueberry Yogurt Bark with Granola
- * Assorted Muffins

12

- *Egg, Cheese, Turkey Sausage on English Muffin
- * Warmed Croissant-Marg/Jam
- * Assorted Muffins
- * Assorted Cereals

19

- *Egg, Cheese, Turkey Sausage on Bagel
- *Chocolate Crescent Roll
- *Strawberry and Blueberry Yogurt Bark with Granola
- * Assorted Muffins

26

FRIDAY

- *Egg, Cheese, Turkey Bacon on Pretzel Roll
- *Three Cheese Egg bites with a bagel
- *Cranberry Chocolate Chip Overnight Oats
- * Assorted Cereals

6

- *Egg, Cheese, Turkey Bacon on Pretzel Roll
- *Breakfast Pizza
- *Make Your Own Yogurt Parfait
- * Assorted Cereal

13

No School



Eid al Fitr
2026

20

- *Egg, Cheese, Turkey Bacon on Pretzel Roll
- *Breakfast Pizza
- *Make Your Own Yogurt Parfait
- * Assorted Cereal

27