



# RUNNING START

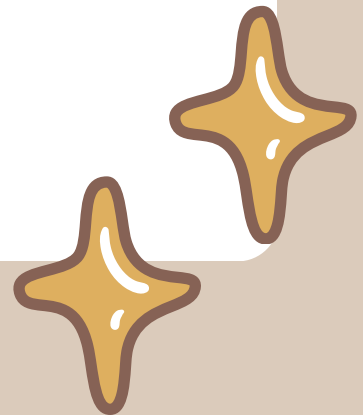
## AT CHENEY HIGH SCHOOL

Running Start  
Information Night  
2026

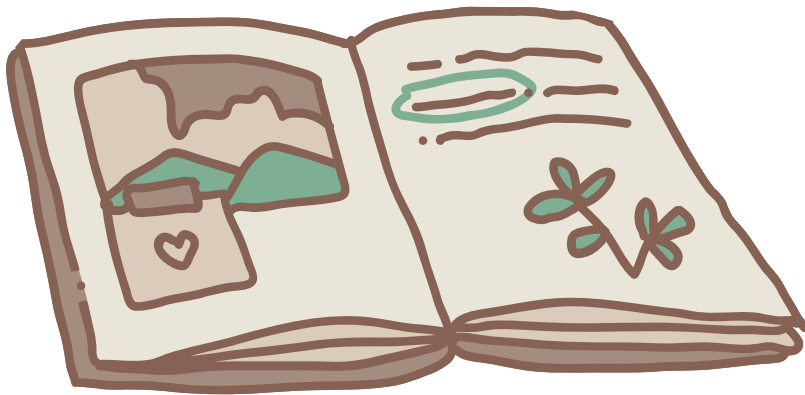


# INTRODUCTIONS

- Ms. Rodriguez - College and Career Counselor
- Ms. Starkey - Class of 2027 Counselor
- Ms. DeBeaumont - Class of 2028 Counselor
- Mr. Ward - Class of 2029 Counselor
- Mr. Neely - Class of 2030 Counselor



# What is Running Start?



- Running Start is a program that allows high school juniors and seniors to take college classes for free (or at a very low cost) while still in high school.
- Students earn both high school credits and college credits at the same time.
- It's a great option for students who want **more challenge**, or a chance to explore college-level learning early.

# Running Start is NOT....



- An easy way out of high school classes...
- To sleep in...
- To do less work...

# Important facts about Running Start to keep in mind:



## HIGH SCHOOL SCHEDULE

If you are a part time RS student, your high school schedule must align with your college schedule - you cannot be tardy due to time conflicts!



## DROPPING CLASSES

Students must notify their counselors if they are dropping a class at EWU/SCC/SFCC - this will affect your graduation plan/credits



## SEMESTER VS QUARTER SYSTEM

High School classes change at semester - College classes change every quarter. Students who wish drop Running Start will come back at semester - causing you to be credit deficient. High school classes will not change before the semester due to running start classes changing.

# Example #1

Sally is a Junior in high school, she is a part time running start student who is taking her US history, and English 11 courses at her college, but is taking math and chemistry at the high school. Unfortunately Sally failed both of her courses at the college - here are the consequences:

- **Sally has missed the first semester of English and US history at the high school, when she comes back to the high school she will be missing .5 of US history, and .5 of English 11 - Sally is no longer on track to graduate**
- **Sally's transcript will be affected by the grades from her college courses**
- **This will eventually affect Sally's Financial Aid - if she does not retake those classes**

# Example #2

John is a sophomore who wants to become an elementary school teacher. He feels confident that teaching is the right career for him. John knows he would like to stay in the Spokane/Cheney area for college, so he reaches out to his school counselor for help planning his future. EWU offers a strong education program and because John enjoys challenging himself and works well independently his counselor encourages him to explore the EWU Running Start program as a way to begin his college journey early.

- **John understands that Running Start through Eastern Washington University does not lead to an associate degree.**
- **Because he is confident he wants to become a teacher, this option is a good fit for his goals.**
- **He benefits from completing his first two years of college at EWU.**
- **After graduating from high school, John can move directly into his education major.**



## Being a Successful Running Start Student looks like....

- A student who shows up to every class, takes notes, turns in assignments on time, even when professors do not take attendance or grade every assignment.
- A student who demonstrates independency and responsibility by communicating with parents/guardians, school counselors, and college advisors when they are struggling, or in need of help.
- A student who does not wait until the very last minute to sign up for classes, or get their enrollment verification form (EVF) signed to ensure that they register for classes.



# Responsibilities



## Students

- Apply to running start
- Attend and schedule advising appointments
- Get their EVFs signed at appropriate times
- Make sure they are taking classes that meet graduation requirements
- Maintain passing grades
- **Check CHS/College emails!!!**
- Stay connected!!

## School Counselor

- Help track graduation requirements
- Sign EVFs - current times:

**Tuesdays 5<sup>th</sup> & 6<sup>th</sup> periods**

**Thursdays 1<sup>st</sup> and 2<sup>nd</sup> periods**

## College Advisor

- Advise college classes
- Quarterly check-ins
- Answer questions regarding majors/college classes



## Roles

**Grade Level - School Counselor:**  
Assists during application process,  
Updates credit checks

- Ms. Starkey (2027) -  
nstarkey@cheneyisd.org
- Ms. DeBeaumont (2028) -  
sdebeaumont@cheneyisd.org

**College and Career Counselor:**  
Signs EVFs

- Ms. Rodriguez -  
erodriguez2@cheneyisd.org

## **Important dates**

If you are interested in enrolling  
in Running start, you must have  
applied and had your EVF signed  
by **June 30<sup>th</sup> 2026**

EVFs signed ONLY on

- **Tuesdays 5<sup>th</sup> & 6<sup>th</sup>  
periods**
- **Thursdays 1<sup>st</sup> and 2<sup>nd</sup>  
periods**



# Thank You!

Do you have any question?

