



February 18th,
2026

4:30 PM

Sanger MS
Lecture Hall

AGENDA

- Welcome (5 minutes)
 - Sign in sheet and introductions
 - Attendance: [SHAC Sign-In Sheet](#)
 - Presentation Slides:  SHAC MTG 02/18/26
- SB12 Follow up (5 minutes)
 - Unable to do as a registration hard stop: Briefly discussed paper forms for consent being distributed at all in-person registrations and later, capturing consent via parentsquare prior to first day of school.
- SHAC Goals: (45 minutes)
 - Health Education:
 - Discuss State requirements, Jennie Flaa: see Presentation slides regarding state laws and the Health & Safety code 161.325.
 - Review current curriculum (Quaver & ESTEEM): current curriculum is the use of QuaverED for education of 5th graders (online program), and a workbook with questions and answers for 6-12. Examples shown of both current forms of education.



- Presentation from “YES” team (10-15 min):
A virtual presentation was done with the team from “Youth Equipped to Succeed”. Listen to recording for entire presentation. Attached are two information sheets on the programs discussed.
- [PDF AimforSuccess7-12.pdf](#)
- [PDF FocusonSuccess6-12.pdf](#)
- Review other options:
 - Goodheart Willcox. Text/workbook option of Goodheart Willcox online was discussed and examples shown.
 - “Always Changing” Puberty videos reviewed via YouTube online. 5th grade audience, split between boys and girls.
- Health Curriculum Vote: A vote was taken following review of current curriculum, and available options for providing sexual health instruction.
 - The SHAC recommends age appropriate instruction for students in Sanger ISD in grades 5, 7, and 9.



- The SHAC recommends continuing to separate boys and girls during instruction.
- The SHAC recommends utilization of the “Always Changing” videos for 5th grade instruction on puberty and developmental health.
- The SHAC voted unanimously to seek pricing and options with the “Youth Equipped to Succeed” team in which live, and in-person instruction is given for sexual health and safety education. After specifics are determined, a recommendation will be made to the School Board regarding the change to curriculum.
- Nutrition: Update from A. Roberts. Unable to be present at this meeting.
- Counseling Services: Update from Dr. Hughes. Unable to be present at this meeting.
- Physical Fitness: Discuss Options: Follow up regarding community concern for teacher/staff health. A poll will be sent out to staff before next meeting regarding ideas and desired physical and mental health wellness within Sanger ISD.
 - Gym access, Walking Rewards, Intramural Sports



- Teacher Poll Pending.



- Needs & Adjournment (5 minutes): a follow up email with specifics regarding the sexual instruction curriculum changes will be sent to all SHAC members in the coming week.
 - Next Meeting: April 22nd
 - Recommendation for curriculum change will be presented at a school board meeting on 4/13/26.