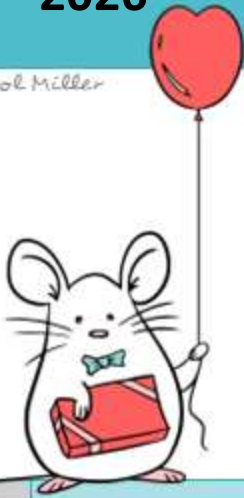


February
2026

©Carol Miller



Minnie Hughes Elementary School
Counselor
Newsletter

Friendship Skills

February is often thought of as the month of love, but it's also the perfect time to highlight friendship skills. Kids need reminders about how to be a good friend—listening, sharing, showing kindness, and handling disagreements respectfully. At home, you can role-play situations and ask, “What would a good friend do here?” Celebrating examples of kindness your child shows or notices in others helps reinforce these habits. Friendship skills take practice, but they lay the foundation for strong, supportive relationships.

In the Counseling Office

This month's classroom lessons will focus on:

- Kindness
- Friendships and Relationships

Some Tips for Home:

- Talk about feelings daily.** Ask open-ended questions about school experiences (“How did that make you feel?”) to build empathy and emotional awareness.
- Limit unkind media influences.** Monitor shows, games, and online content; discuss any unkind behavior seen and why it's not acceptable.

To have a good friend, be a good friend.

~Anonymous

Upcoming Events

- | | |
|------|-----------------------|
| 2/6 | Spring Dance |
| 2/13 | Early Release at 1:30 |
| 2/16 | No School |
| 2/28 | Parent Expo |

Your Counselor: Mr. Brooks Phone: (843) 889-2976
Email: willie_brooks@charleston.k12.sc.us