

## 2025 - 2026 COMMUNITY RESOURCE PROVIDER LIST

| NAME                                          | SPECIALTY                                  | ADDRESS/PHONE                                                                                                                                           |
|-----------------------------------------------|--------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Psychiatrists</b>                          |                                            |                                                                                                                                                         |
| Adams, Dr. Cathleen                           | Pediatric Psychiatry                       | Geisinger Medical Center, 100 N Academy Ave., Danville, PA 17822<br>(800) 275-6401                                                                      |
| Aaron Center                                  | Pediatric Psychiatry/Mental Health Clinic  | 116 Larch St. Scranton, Pa 18509<br>(570) 489-5561<br><a href="https://aaroncenter.com/">https://aaroncenter.com/</a>                                   |
| Advanced Community Services                   | Pediatric and Adult Psychiatry             | 1141 Clay Avenue Suite #4 Scranton, PA<br>(570) 207-7919                                                                                                |
| Behar, Dr. David<br>Solutions Counseling      | Pediatric and Adult Psychiatry             | 35 East Elizabeth Ave Suite 37, Bethlehem PA 18018<br>(610) 865-1303<br><a href="https://solutionscounseling.net/">https://solutionscounseling.net/</a> |
| Berger, Dr. Matthew                           | Pediatric and Adult Psychiatry             | 340 Montage Mountain Road Moosic, PA<br>(570) 346-3686<br><a href="https://www.matthewbergermd.com/">https://www.matthewbergermd.com/</a>               |
| Blue Mountain Psychiatry<br>Dr. Muhamad Rifai | Pediatric, Adult, and Geriatric Psychiatry | 1803 W. Main Street Stroudsburg, PA 610-253-2500<br><a href="https://bluepsychiatry.org/">https://bluepsychiatry.org/</a>                               |
| Kidspace Outpatient                           | Pediatric and Adult Psychiatry             | 1151 Pocono Blvd, Suite #2 Coolbaugh Township, PA 18466<br>(570) 243-8787<br><a href="https://www.kidspace.org">https://www.kidspace.org</a>            |
| New Beginnings                                | Pediatric and Adult Psychiatry             | 564 Main St, Stroudsburg, PA 18360<br>(570) 622-9101<br><a href="https://www.newbeginningscenters.com/">https://www.newbeginningscenters.com/</a>       |
| REDCO                                         | Pediatric and Adult Psychiatry             | 564 Main St. Stroudsburg PA<br>(570)420-8070<br><a href="http://www.redcogrp.com/">http://www.redcogrp.com/</a>                                         |

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| Scranton Counseling Center                                                                  | Pediatric and Adult Psychiatry                                                                                                                            | 329 Cherry St. Scranton, PA 18505<br>(570) 348-6100<br><a href="http://scrantonscc.org/">http://scrantonscc.org/</a>                                                            |
| Trunberg, Martha, MD                                                                        | Pediatric and Adult Psychiatry                                                                                                                            | 912 Main St. Stroudsburg, Pa. 18360 570-424-9229                                                                                                                                |
| <b>Psychologists/<br/>Psychotherapists</b>                                                  |                                                                                                                                                           |                                                                                                                                                                                 |
| Barabas, Dustan, PsyD<br>Pocono Counseling<br>Age: 6 + Handicap access                      | Cognitive Behavior Therapy,<br>mood DO, trauma, grief, anger,<br>sex offender assess & treatment                                                          | 1801 W. Main St. Stroudsburg, PA 18360<br>(570) 629-4900<br><a href="https://poconopsychologist.com/">https://poconopsychologist.com/</a>                                       |
| Barber, Sheila, PhD<br>Licensed Psychologist<br>Age: All                                    | Cognitive Behavior Therapy,<br>anxiety, depression, ADHD                                                                                                  | 761 Cherry Lane Road<br>East Stroudsburg, PA 18301<br>(570) 629-6256                                                                                                            |
| Bedard, Brie LPC CAADC<br>Ages: 14+                                                         | Individuals, couples, group; grief, mood<br>disorders, life transitions, trans-affirming                                                                  | 425 Carlton Road, Mt Pocono<br>(570) 588-8555                                                                                                                                   |
| Brito, Eileen, LCSW<br>Pocono Behavioral Wellness, LLC                                      | <b>English/Spanish:</b> Mood disorders, anxiety,<br>OCD, trauma (PTSD), ADHD, anger<br>management, parenting, grief, mindfulness,<br>LGBTQI, therapy dogs | 24 n. 7th St Suite 202, Stroudsburg, PA 18360<br>(570)994-2664<br><a href="https://poconobehavioralwellness.com/index.html">https://poconobehavioralwellness.com/index.html</a> |
| C. Snyder Counseling & Wellness<br>Anderson, Jesse, LSW<br>Papazian, Ashley, MSW<br>Age: 6+ | Individuals, couples, and families; CBT, DBT,<br>LGBTQ                                                                                                    | 3606 Nicholas St., Untit C, Easton, PA 18045<br>(484) 819-0771                                                                                                                  |
| Cornell, Sara J., Psy.D.<br>Comprehensive Psychological<br>Services                         | Depression, anxiety, trauma, PTSD, eating<br>disorders                                                                                                    | 906 Route 940 Pocono Lake, PA 18347<br>(570) 643-0222                                                                                                                           |
| Drago, Anthony, Ed.D.<br>Monroe Psychological Group<br>Age: All                             | Anxiety & mood DO, psychological & psych<br>educational testing                                                                                           | 79 South Courtland Street<br>East Stroudsburg, PA 18301 (570) 476-6301                                                                                                          |
| Empowered Living, LLC<br>Age: All                                                           | Children, individual, couple and family<br>counseling                                                                                                     | 7164 Route 209 Stroudsburg<br>(570) 234-0403<br><a href="https://www.empoweredlivingpa.com">https://www.empoweredlivingpa.com</a>                                               |

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| Fiore, Kristy, MS CRC LPC<br>Age: All                                         | LGBTQ+Issues, grief, disabilities, anxiety & depression, trauma, veteran's issues                               | 1 Line Street, Suite 3 Throop, PA 18512<br>(570) 507-3189                                                                                                                 |
| Griffiths, Tiffany, Psy D.<br>Tiffany Griffiths Psy D. and Assoc.<br>Age: All | Dialectical Behavior Therapy; trauma; mood disorders; child/adolescent, family therapy, med management          | 502 N Blakely St<br>Dunmore, PA 18512 (570) 342-8434<br><a href="https://www.drtiffanygriffiths.com/">https://www.drtiffanygriffiths.com/</a>                             |
| Harris, Prunella, LCSW<br>Restorative Family Services, LLC<br>Ages: All       | <b>English/Spanish:</b> Individual, couple, and family counseling                                               | 529 Seven Bridge Rd, Ste304, East Stroudsburg, PA 18301<br>(570) 972-2476<br><a href="https://restorativefamilyservices.com/">https://restorativefamilyservices.com/</a>  |
| Jones, Nichelle, LCSW<br>Positive Perception Counseling<br>Ages: All          | ADHD, anger management, coping skills, PTSD, etc. Individual, group and family.                                 | 529 Seven Bridges Rd Suite 105, East Stroudsburg<br>(570) 580-4060<br><a href="mailto:njones@positiveperceptions.org">njones@positiveperceptions.org</a>                  |
| Kidspace Outpatient Services<br>Age: 3-Adult                                  | Therapy, life and parenting skills training, problem solving, and self-esteem building to children and families | 1151 Pocono Blvd, Mount Pocono, PA 18344<br>(570) 243-8787<br><a href="https://www.kidspace.org">https://www.kidspace.org</a>                                             |
| Kovacs, Jamie, LPC<br>Aspire Counseling and Consulting<br>Age: children-adult | Individual and family therapy                                                                                   | 134 Broad Street, Suite 7, Stroudsburg, PA<br>(570) 421-7868<br><a href="http://www.aspirecounselingllc.com/index.html">http://www.aspirecounselingllc.com/index.html</a> |
| Marsar-Perez, Kristen, LCSW<br>Connections Counseling                         | Children and adolescents, trauma informed treatment                                                             | 1300 N 5th St, Stroudsburg PA 18360<br>(570) 424-5100<br><a href="https://www.connectionsounselingservicesllc.com/">https://www.connectionsounselingservicesllc.com/</a>  |
| Matrick, Debra, LCSW<br>Matrick Counseling Center<br>Age: 4+                  | family, grief, child/adolescent, couples, anxiety/depression, geriatric, LGBTQ, PTSD                            | 1259 Route 390<br>Cresco, PA (570) 595-0943                                                                                                                               |
| Olson, Pamela, LCSW, CAC<br>Age: 18 & up                                      | Mood, anxiety, inter-personal issues, addiction                                                                 | Mt. Pocono Professional Building<br>4 Fork Street - Suite 2000<br>Mt. Pocono, PA 18344 (570) 894-2446                                                                     |
| OMNI Health Services Inc.<br>Age: 5+                                          | Individual/group/family counseling, med management, psychiatric evaluation                                      | 300 Community Drive, Suite D,<br>Tobyhanna Pa. 18466 (570) 225-9077                                                                                                       |
| Pocono Psychological Services<br>Age: children- adult                         | <b>English/Spanish</b><br>Depression, anxiety, Individual & family counseling, etc.                             | 408 Scotrun Ave. Scotrun Pa.<br>570-688-2929                                                                                                                              |

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| Pocono Counseling Associates                                           | Anger Management, LGBTQIA, CBT, anxiety, depression, mindfulness, etc                                           | 105 Terrace Drive Ste 102 Stroudsburg, PA<br>(570) 620-4332<br><a href="https://poconocounseling.com/">https://poconocounseling.com/</a>                                                        |
| Resolve School-Based Outpatient                                        | Children and adolescents, individual and family therapy, telepsychiatry, medication monitoring                  | Locations include E.Stroudsburg, Brodheadsville, Wind Gap,& Bethlehem<br>(610) 515-6580<br><a href="https://www.ciu20.org">https://www.ciu20.org</a>                                            |
| Sahaya-Magnus, Rita, LCSW                                              | Trans-affirming                                                                                                 | 134 Broad Street, Suite 1<br>Stroudsburg, PA 18360<br>(570) 992-0624                                                                                                                            |
| Snyder, Bruce, MS, LPC<br>Family Treatment Associates<br>Age: 4 & Up   | Individual/marital/family therapy, PTSD, grief, ADHD, parenting                                                 | 117 Broad Street<br>Stroudsburg, PA 18360<br>(570) 424-6049                                                                                                                                     |
| Sportelli, Heather, LPC<br>The Hemlock Reprieve LLC<br>Age: All        | Individual/marital/family therapy, PTSD, grief, ADHD, parenting, LGBTQ issues, depression                       | 529 Seven Bridge Rd, Ste 207<br>East Stroudsburg, PA 18301<br>(570) 399-0504                                                                                                                    |
| Steinbacher, Theresa, M.Ed., NCC, LPC<br>Age: All                      | Hypnotherapy, eating disorders, anxiety, depression, LGBTQ issues, domestic violence                            | 123 Walnut St.<br>Kunkletown, PA 18058<br>(610) 381-3362                                                                                                                                        |
| Sucro, Beth, LCSW<br>Community Counseling Services<br>Age: All         | Mood, developmental DO, family, individuals, couples                                                            | 51 Market St., Bangor PA<br>(610) 588-9109<br><a href="http://www.ccsbangor.org">www.ccsbangor.org</a>                                                                                          |
| Tavormina, Michelle, PhD, LCSW<br>Age: All                             | Trauma, grief, anxiety, depression, etc.                                                                        | 19 South 6th St., Stroudsburg, PA 18360<br>(570) 424-5477                                                                                                                                       |
| Trook, Douglas, PhD<br>Pocono Psychological Services<br>Age: 8 - Adult | Individual/couples, anxiety, depression, Christian Act 235, bariatric, pain evals                               | 408 Scotrun Avenue PO Box 325, Scotrun, PA 18355<br>(570) 688-2929                                                                                                                              |
| Valley Neuropsychology Group<br>Age: All                               | Psychotherapy: marital, family, individual; AD/HD testing/management, forensic assessments                      | 1045 S.Cedar Crest Blvd. Allentown, PA 18103<br>(610) 433-3360<br>email: <a href="mailto:info@vngonline.com">info@vngonline.com</a> <a href="https://vngonline.com/">https://vngonline.com/</a> |
| Velez, Ana<br>Hope Counseling and Behavioral Services, LLC             | Individual/couples, groups, depression, grief, anger management, sexual abuse/abuse/neglect, self esteem issues | 1023 Interchange Road<br>Gilbert, PA (610) 681-5389 <a href="http://www.hopcounselingbehavior.com/">http://www.hopcounselingbehavior.com/</a>                                                   |

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| Williams, R. Samantha, LPC, CCTP<br>Ages: All                 | Trauma, PTSA                                                                                                | Tobyhanna, PA<br>(570) 580-4916                                                                                                                                          |
| Yakavonis, Cheryl, LPC<br>Age: 13 to adult                    | Individuals, couples and families, anxiety, anger management, depression, grief, self esteem                | 115 Learn Road, Tannersville PA 18372<br>(570) 213-2817                                                                                                                  |
| <b>Trauma Focused Therapy</b>                                 |                                                                                                             |                                                                                                                                                                          |
| Integrative Counseling Services                               | Individual and group; trauma, EMDR, anger management, depression, anxiety                                   | 300 Mulberry St. #201, Scranton, PA 18503<br>(570) 955-5479<br><a href="http://integrativecounselingpc.com/">http://integrativecounselingpc.com/</a>                     |
| Brogna, Nicole, LCSW<br>Age: children - adults                | Marriage, family, individual; anxiety, mood DO, ADHD, Parenting, EMDR, Adjustment DO                        | 134 Broad Street<br>Stroudsburg, PA 18360<br>(570) 872-9323                                                                                                              |
| <b>Forensic Counseling</b>                                    |                                                                                                             |                                                                                                                                                                          |
| Forensic Counseling Assoc.<br>Age: All                        | Evaluating & treating sex offenders and victims; Perpetrators & victims of domestic violence                | 1385 Pocono Blvd., Mt. Pocono, PA 18344<br>(570) 476-7704<br><a href="http://www.forensiccounselingassociatesllc.com">http://www.forensiccounselingassociatesllc.com</a> |
| <b>Agencies &amp; Centers of Care</b>                         |                                                                                                             |                                                                                                                                                                          |
| Burnley Employment & Rehab Services<br>Age: 18-75             | Vocational training & Employment Services for individuals with disabilities                                 | 4219 Manor Drive<br>Stroudsburg, PA 18360<br>(570) 992-6616                                                                                                              |
| Children & Youth Services of Monroe County<br>Age: Birth - 17 | Advocate & protect children & youth from abuse & neglect while attempting to stabilize family unit.         | 730 Phillips Street., Stroudsburg, PA 18360<br>(570) 420-3590<br><a href="http://www.monroecountypa.gov/Dept/CY">www.monroecountypa.gov/Dept/CY</a>                      |
| Fitzmaurice Community Services<br>Age: 18 & Up                | Residential life sharing and supportive services for people with developmental disabilities/mental illness. | 2115 N. 5th Street Stroudsburg, PA<br>(570)-424-6223<br><a href="http://www.fitzmaurice.org/">http://www.fitzmaurice.org/</a>                                            |

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| HOPE (Helping Overcome Psychosis Early)<br>Age: 15-25 (can be younger) | An early intervention program for those experiencing their first episode of psychosis within a 2-year period.            | Children's Service Center<br>(877) 433- 5112<br><a href="http://www.cscwv.org/">http://www.cscwv.org/</a>                                                                                                              |
| Marley's Mission                                                       | Equine Assisted Psychotherapy for children who have experienced trauma                                                   | 2150 Port Royal Rd, Clarks Summit, PA 18411<br>570-587-HOPE<br><a href="https://marleysmission.com/">https://marleysmission.com/</a>                                                                                   |
| MH/DS Program<br>Carbon/Monroe/Pike<br>Age: All                        | Assessment & Referrals. Case mgmt, advocacy, support, linkage, intensive case mgmt, targeted case manager                | 732-A Phillips Street<br>Stroudsburg, PA 18360 (570) 421-2901 <a href="http://www.cmpmhds.org/">http://www.cmpmhds.org/</a>                                                                                            |
| New Perspectives<br>Phone/Mobile Age : ALL<br>House Age: 16 & Up       | Crisis Intervention, crisis residence, mobile crisis, medical mobile crisis, telephone hotline                           | 140 Neyhart Road, Stroudsburg, PA 18360<br>(570) 992-7590 Crisis Hotline: 1-800-849-1868                                                                                                                               |
| PA KinConnector                                                        | PA KinConnector is an information, referral and education program for kinship caregivers in Pennsylvania.                | (866) 546-2111<br><a href="https://www.kinconnector.org/">https://www.kinconnector.org/</a>                                                                                                                            |
| Shared Ride                                                            | Bus transportation for medical appointments for families with no transportation and limited income.                      | (570) 839-6282 ext 436<br><a href="https://www.gomcta.com/sharedride.php">https://www.gomcta.com/sharedride.php</a>                                                                                                    |
| United Way/ 211                                                        | 180 languages available, 24/7, speak with a specialist in your area who will help you find social services and resources | call or text: 211<br><a href="https://www.211.org/">https://www.211.org/</a>                                                                                                                                           |
| Women's Resources of Monroe County<br>Age: All female/male             | Domestic violence & sexual assault crisis center. Info & referral. Emergency shelter, counseling, educational programs.  | 225 J. Wilson Drive, Delaware Water Gap, PA<br>Office: (570) 424-2093 Crisis Hotline: 421-4200<br>The Mountain Center, Tobyhanna, PA<br>(570) 894-3272 <a href="http://www.wrmonroe.org/">http://www.wrmonroe.org/</a> |
| <b>IBHS (Intensive Behavioral Health Services)</b>                     |                                                                                                                          |                                                                                                                                                                                                                        |
| Merakey<br>ALL AGES (age limits for some services)                     | Family based services, home based & school services. Mobile therapy, behavioral specialist, TSS                          | 912 Main Street Suite 202 Stroudsburg, PA 18360<br>(570) 424- 9229<br><a href="http://www.merakey.org/">http://www.merakey.org/</a>                                                                                    |
| Pathways Community Services<br>Age: 0-21                               | Home based & school Services. Mobile therapy, behavioral specialist, TSS                                                 | 528 Seven Bridge Rd #246, East Stroudsburg, PA<br>(646) 763-7722<br><a href="http://www.pathwaysofpa.com/">http://www.pathwaysofpa.com/</a>                                                                            |

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| Salisbury Behavioral Health<br>Age: 18+                     | Assertive Community Treatment (ACT)-<br>community-based tx program for those with<br>severe and persistent mental illness               | 1482 Cherry Lane Rd, East Stroudsburg, PA<br>(570) 424-6670 ext 4053<br><a href="http://www.salisb.com/">www.salisb.com/</a>                                                                                                                                |
| Youth Advocate Program, Inc.                                | Home based and school services, mobile<br>therapy, behavioral specialist, TSS                                                           | 2200 Stafford Ave. Suite 500 Scranton , Pa 18505<br>(570) 489--1609<br><a href="http://www.yapinc.org/">http://www.yapinc.org/</a>                                                                                                                          |
| <b>Autism Spectrum Disorders</b>                            |                                                                                                                                         |                                                                                                                                                                                                                                                             |
| Matrix Behavior Solutions, LLC                              | Services for children with autism<br>Behavior Analyst Certification                                                                     | 175 E Brown St STE 202, East Stroudsburg, PA 18301-3098<br>(570) 234-3989<br><a href="https://matrixaba.com/">https://matrixaba.com/</a>                                                                                                                    |
| ESU Autism Education Center                                 | The ESU Autism Education Center offers<br>referrals, networking, workshops and training<br>for individuals with autism, their families. | 562 Independence Road, Ste 329, East Stroudsburg, PA<br>(570) 422-7950<br><a href="https://www.esu.edu/autism-education-center/index.cfm">https://www.esu.edu/autism-education-center/index.cfm</a>                                                         |
| <b>Residential&amp; Inpatient Treatment</b>                 |                                                                                                                                         |                                                                                                                                                                                                                                                             |
| Brook Glen Behavioral Hospital                              | Inpatient program for teens ages 13 to 18                                                                                               | 7170 Lafayette Ave, Fort Washington, PA 19034<br>(215) 641-5300<br><a href="https://brookeglenhospital.com/">https://brookeglenhospital.com/</a>                                                                                                            |
| Foundations<br>Residential Treatment Facility<br>Ages 8-21  | Acute Hospital, Partial Hospital, Autism<br>Services                                                                                    | 833 E Butler Ave, Doylestown, PA 18901<br>(215) 345-0444 (800) 445-4722<br><a href="http://fbh.com/">http://fbh.com/</a>                                                                                                                                    |
| Kids Peace Hospital<br>Inpatient/Hospitalization            |                                                                                                                                         | 5300 Kids Peace Dr. Orefield PA<br>(800) 854-3123<br><a href="https://www.kidspeace.org/pennsylvania/">https://www.kidspeace.org/pennsylvania/</a>                                                                                                          |
| Summit Academy<br>Residential D&A<br>High School ages 14-19 |                                                                                                                                         | 839 Herman Rd. PO Box 13, Herman, Pa 16039 1(724) 282-1995<br><a href="http://www.theacademyschools.com/Summit-Academy/Summit-Academy-drug-alcohol-Program.htm">http://www.theacademyschools.com/Summit-Academy/Summit-Academy-drug-alcohol-Program.htm</a> |

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| George Jr. Republic<br>Residential Care                                 |                                                                                                       | 233 George Jr. Road Grove City, PA<br>(724) 458-9330<br><a href="https://gjr.org/">https://gjr.org/</a>                                                                              |
| Pyramid Healthcare<br>Inpatient D&A Rehabilitation                      | Detox and Inpatient D&A services                                                                      | 420 Supreme Court Dr. East Stroudsburg, PA<br>(570) 213-3300<br><a href="https://www.pyramidhealthcarepa.com/">https://www.pyramidhealthcarepa.com/</a>                              |
| Huntington Creek Recovery Center<br>(males ages 13-18)                  | Residential addiction treatment center for<br>adolescent males. Can have certain co-<br>occurring dx. | 890 Bethel Rd, Shickshinny, PA 18655<br>(877) 321-0592<br><a href="https://www.huntingtoncreekrecovery.com/">https://www.huntingtoncreekrecovery.com/</a>                            |
| Recovery Centers of America at Devon<br>(ages 19 years +)               | Detox and Inpatient D&A services                                                                      | 235 W Lancaster Ave., Devon, PA 19333<br>(484) 551-3366<br><a href="https://recoverycentersofamerica.com/locations/devon/">https://recoverycentersofamerica.com/locations/devon/</a> |
| <b>Drug &amp; Alcohol<br/>Treatment</b>                                 |                                                                                                       |                                                                                                                                                                                      |
| PA Treatment and Healing (PATH)<br>Age: adults and adolescents          | Outpatient D&A treatment, after school<br>program, intensive adolescent day treatment<br>program      | 149 Saw Mill Court<br>East Stroudsburg, PA 18301<br>(570) 517-7153                                                                                                                   |
| Pyramid Healthcare<br>Outpatient Rehabilitation                         | Teen outpatient                                                                                       | 1619 N. 9th Street Suite 14 Stroudsburg, Pa. 18360<br>(570) 420-7939<br><a href="https://www.pyramidhealthcarepa.com/">https://www.pyramidhealthcarepa.com/</a>                      |
| Drug & Alcohol Commission<br>Carbon/Monroe/Pike<br>Age: No restrictions | Substance abuse and family related issues.<br>D&A Hotline (866-824-3578)<br>individual/groups/partial | 724 Phillips Street Penn Square Suite A<br>Stroudsburg, PA 18360 Intake # 420-8297 (570) 421-1960<br><a href="http://www.cmpda.cog.pa.us/">http://www.cmpda.cog.pa.us/</a>           |
| <b>Eating Disorder<br/>Treatment</b>                                    |                                                                                                       |                                                                                                                                                                                      |
| Dorfman, Lorraine M., PhD                                               | Eating Disorders                                                                                      | Cedar Crest Professional Park Allentown PA<br>(610)915-8035 or (610) 740-0755<br><a href="https://www.drlorrainemdorfman.com/">https://www.drlorrainemdorfman.com/</a>               |
| Wonders, Michelle PhD                                                   | Eating Disorders                                                                                      | 1056 Route 390, Cresco Pa. 18326<br>(484) 494 2056                                                                                                                                   |

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| PennState Health Children's Hospital<br>Eating Disorder Clinic Residential/Day<br>Programs | Evaluations, Day treatment, Inpatient<br>Residential treatment                                                                                                                                | 600 University Drive, Hershey, PA 17033<br>(717) 531-2099<br><a href="http://childrens.pennstatehealth.org/eating-disorders-and-adolescent-medicine">http://childrens.pennstatehealth.org/eating-disorders-and-adolescent-medicine</a> |
| Renfrew Center<br>Inpatient Eating Disorder Care                                           | Eating Disorders                                                                                                                                                                              | 475 Spring Lane, Phila, PA<br>1-800-736-3739 or (215) 482-5353<br><a href="http://renfrewcenter.com/">http://renfrewcenter.com/</a>                                                                                                    |
| Smith, Jennifer, LCSW                                                                      | Eating Disorders                                                                                                                                                                              | 1702 W. Walnut Street Allentown, PA<br>(610) 434-1540<br><a href="http://brownbackmason.com/">http://brownbackmason.com/</a>                                                                                                           |
| UPMC<br>Inpatient Eating Disorder Care                                                     | Eating Disorders                                                                                                                                                                              | 3811 O'Hara St Pittsburgh, PA (412) 647-9329<br><a href="http://www.upmc.com/Services/behavioral-health/eating-disorders/Pages/default.aspx">http://www.upmc.com/Services/behavioral-health/eating-disorders/Pages/default.aspx</a>    |
| <b>Registered Dieticians</b>                                                               |                                                                                                                                                                                               |                                                                                                                                                                                                                                        |
| Stefanelli, Marlee, MS, LPC, LDN, RD                                                       | (includes eating disorders)                                                                                                                                                                   | 1714 Main Street Blakely, PA 18447<br>(570) 954-7181<br><a href="http://stefanellcounseling.weebly.com/about-marlee.html">http://stefanellcounseling.weebly.com/about-marlee.html</a>                                                  |
| <b>LGBTQIA+</b>                                                                            |                                                                                                                                                                                               |                                                                                                                                                                                                                                        |
| Allentown Women's Center                                                                   | Transgender health Initiative                                                                                                                                                                 | 31 South Commerce Way, Suite 100 Bethlehem, PA 18017<br>(877) 342-5292<br><a href="https://allentownwomenscenter.com">https://allentownwomenscenter.com</a>                                                                            |
| Bradbury-Sullivan LGBT Community Center                                                    | Virtual Youth Programs: youth ages 14-21<br>After School Youth Group: Project Silk -<br><a href="https://www.bradburysullivancenter.org/silk">https://www.bradburysullivancenter.org/silk</a> | 522 West Maple Street at Bayard Rustin Way<br>Allentown, PA 18101<br>(610) 347-9988                                                                                                                                                    |
| Eastern PA Trans Equity Project                                                            | Program to assist transgender residents in PA<br>re legal name change, supportive<br>services, education/outreach, financial help                                                             | (484)602-5918<br><a href="https://www.patransequity.org/">https://www.patransequity.org/</a>                                                                                                                                           |
| Mazzoni Center                                                                             | Comprehensive LGBTQ health care center                                                                                                                                                        | 1348 Bainbridge St. PhiladelphiaPa 19147<br>(215) 563-0652<br><a href="https://www.mazzonicenter.org/">https://www.mazzonicenter.org/</a>                                                                                              |

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Community Resource Packet updated 8/15/25**

## 2025 - 2026 COMMUNITY RESOURCE PROVIDER LIST

|                                                                                    |                                                                                                                          |                                                                                                                                                                     |
|------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Support Groups</b>                                                              |                                                                                                                          |                                                                                                                                                                     |
| Compassionate Friends Support Group (support of a family after a death of a child) | 3rd Monday of each month 7:00 pm (meetings currently virtual)                                                            | 327 Cherry Lane Road Tannersville, PA 18321<br>(570) 839-9612 and (570) 350-6695<br><a href="http://www.tcfpoconochapter.org">www.tcfpoconochapter.org</a>          |
| Lehigh Valley Pocono Hospice Grief Groups                                          | Chaplain and social worker will go to all local schools                                                                  | 502 VNA Road, East Stroudsburg, PA 18301<br>(570) 421-5390                                                                                                          |
| LGBT+ Teen Group<br>Kristy Fiore Counseling                                        |                                                                                                                          | 1 Line St, Ste 3 Throop, PA<br>(570) 507- 3189<br><a href="https://kristyfiore.com/">https://kristyfiore.com/</a>                                                   |
| LGBTQ+ Peer-Support Program                                                        | Moderated by professional staff                                                                                          | <a href="https://www.qchatspace.org/">https://www.qchatspace.org/</a>                                                                                               |
| Pike Autism Support Services                                                       | Autism support services                                                                                                  | 201 Broad St. Suite 4 Milford, Pa. 18337 570-832-4000                                                                                                               |
| Pocono Autism Society                                                              | For families and professionals involved with ASD; meetings at 9:30am 4th Wed of month at the Hughes Library (Sept - May) | Beth Dellicker (570) 688-5779<br><a href="mailto:beth@poconoautism.org">beth@poconoautism.org</a><br><a href="http://www.poconoautism.org">www.poconoautism.org</a> |
| Pocono Mountains Area of Narcotics Anonymous                                       |                                                                                                                          | Local Helpline: (570) 421-6618<br><a href="http://MARSCNA.org">MARSCNA.org</a>                                                                                      |
| <b>Housing Resources</b>                                                           |                                                                                                                          |                                                                                                                                                                     |
| Family Promise                                                                     | Emergency Housing                                                                                                        | 1274 North 9th St. Stroudsburg, PA 18360<br>(570) 420-8589<br><a href="http://familypromisepa.org/">http://familypromisepa.org/</a>                                 |
| PATH Pocono Area Transitional Housing                                              | Emergency Housing                                                                                                        | 7 North 9th Street, Stroudsburg, PA 18360<br>(570) 476-1828<br><a href="https://www.pathhouse.org/">https://www.pathhouse.org/</a>                                  |

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|----------------------------------------------|------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| RHD Crossroads/Street 2 Feet Outreach Center | Provides case management /support services to those who are homeless or at risk of homelessness in Monroe County | Homeless Day Center: 130 N. First St, Suite 102, Stroudsburg<br>(570) 369-1299<br><a href="https://www.rhd.org/program/street2feet/">https://www.rhd.org/program/street2feet/</a> |
| Salvation Army<br>Age: All                   | Emergency Housing. Energy & Rental assistance. Food pantry. Lunch served daily M-F                               | 226 Washington Street, East Stroudsburg, PA 18301<br>(570) 421-3050<br><a href="http://pa.salvationarmy.org/">http://pa.salvationarmy.org/</a>                                    |
| Monroe County Housing Authority              | Provides rental properties to low income families in Monroe County.                                              | 1055 West Main Street, Stroudsburg, PA 18360<br>(570) 421-7770<br><a href="http://www.housingauthoritymonroecounty.org">www.housingauthoritymonroecounty.org</a>                  |

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