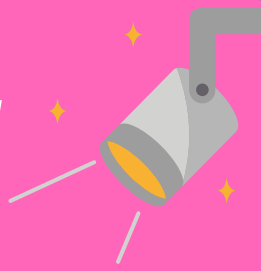
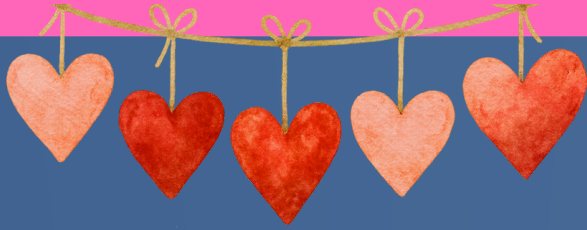


# SPECIAL EDUCATION SPOTLIGHT



February 2026



## UPCOMING DISABILITY AWARENESS DATES

March

Developmental Disabilities  
Awareness Month

21<sup>st</sup> World Down Syndrome Day



"Educating the mind  
without educating the  
heart is no education  
at all." Aristotle



**Thank you for shaping  
the hearts and minds  
of our students.**

## INFORMATION AND RESOURCES

### Down syndrome

Down syndrome is commonly written incorrectly as "Downs syndrome," "Down's syndrome," "Down Syndrome," or "Downs ." The correct written form of this diagnosis is "Down syndrome." The word "syndrome" should not be capitalized, as it is a medical descriptor, not a proper noun. Although it is named after physician John Langdon Down, who described the condition, he did not have it himself. Therefore an apostrophe "s" is not appropriate, since that would indicate ownership or possession of the condition.

World Down Syndrome Day is on March 21<sup>st</sup>. Since it is a proper title for an observed day, "syndrome" is capitalized in this case.

To learn why March 21st is a significant date, access the link below.

[Link to Significance of March 21st  
for World Down Syndrome Day](#)

