

Lunch Menu

Syosset Elementary School

March 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM



Monday


Tuesday

Wednesday

Thursday

Friday

2 Homemade Mac & Cheese  
Crispy Potato Puffs
Roasted Lemon
Parmesan Broccoli
Clementine



3 Sweet & Sour Chicken Sauce & Toss
Whole Wheat Dinner Roll
Sweet Potato Fries
Celery
Apple Slices

4 Homemade Pasta & ******* Meatballs
freshly baked meatballs with tomato sauce over pasta 
Green Beans
Baby Carrots
Clementine


5 * Nachos Grande
Salsa
Fiesta Corn
Confetti Kidney Bean Salad
Apple Slices

6 Cheese Pizza  
********Pepperoni Pizza 
Mixed Kale Side Salad
Carrot Sticks
With Ranch Dressing
Organic Applesauce



9 Cheesy Stuffed Bread Sticks 
Tomato Sauce
Crispy Potato Puffs
Celery
Clementine



10 Baked Chicken Tenders
With Honey Mustard Dressing
And Whole Wheat Dinner Roll
Sweet Potato Fries
Celery
Apple Slices

11 Homemade Pasta & ******* Meatballs 
Green Beans
Carrot Sticks
Clementine

12 Whole Grain Waffles
****** with Sausage
Crispy Potato Puffs
Confetti Garbanzo Bean Salad
Apple Slices






13 Cheese Pizza  
********Pepperoni Pizza 
Sautéed Zucchini
Caesar Salad
Organic Applesauce

16 Homemade Mac & Cheese  
Crispy Potato Puffs
Roasted Lemon
Parmesan Broccoli
Clementine



17 General Tso's Chicken 
With Brown Rice
Roasted Butternut Squash
Celery
Apple Slices

18 Homemade Baked Pasta with Cheese 

Cucumber Coins
Baby Carrots
Fresh Pear
Clementine

19 * Nachos Grande
Salsa
Fiesta Corn
Confetti Garbanzo Bean Salad
Fresh Pear




SCHOOL CLOSED TODAY

23 Cheesy Stuffed Bread Sticks 
Marinara Sauce
Crispy Potato Puffs
Celery
Clementine



24 Baked Chicken Tenders
With Honey Mustard Dressing
Whole Wheat Dinner Roll
Steamed Carrots
Celery
Apple Slices

25 Homemade Pasta & ******* Meatballs
freshly baked meatballs with tomato sauce over pasta 
Green Beans
Baby Carrots
Clementine

26 * Nachos Grande
Sweet Corn
Confetti Garbanzo Bean Salad
Apple Slices

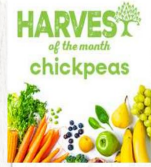


27 Cheese Pizza  
******** Pepperoni Pizza 
Spinach Salad
Baby Carrots
Organic Applesauce

30 Homemade Mac & Cheese  
Crispy Potato Puffs
Roasted Lemon
Parmesan Broccoli
Clementine



31 Baked Chicken Tenders
With Chick'n Dipp'n Sauce
And Whole Wheat Dinner Roll
Sweet Potato Fries
Celery
Apple Slices



NYSed is allowing school districts to serve non-congregate meals to students fasting during Ramadan. This enables students to receive breakfast and lunch meals on school days to consume after daylight hours. Please email foodservice@syossetschools.org if you are interested in participating in this program.

*** Turkey, ** Chicken, *** Beef, **** Beef/Chicken**

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.



**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



MEAL PRICE:

All Students: \$0.00
Second Meals: \$2.75
Adult \$5.20+tax
Milk: Student-\$0.75
Adult \$0.75+Tax
General Manager
Karen Ball
kball@syossetschools.org

 Vegetarian  Made With Natural Ingredients  Pork  Smart Choice  Made With Organic Ingredients

Daily Lunch Offerings: Garden Salad or Chicken Caesar Salad w/a grain. Turkey or Ham sandwich w/without cheese, or Sunflower Seed Butter w/Jelly Sandwich, Cheese Sandwich or Bagel Meal (bagel, yogurt, cheese stick and/or egg) **Vegetarian options available Daily: Nuggets and Burgers. Daily Fruit & Vegetable options:** Asst. 100% juice, apples, oranges, pears, bananas; baby carrots, celery, side salad. **All meals served with:** 1% white, fat free white, FF chocolate milk (all antibiotic and hormone free) *Gluten free options available. Contact manager for more information. *