



PLEASANT VALLEY SCHOOL DISTRICT
Health Services Department

2026 Family Life and Sexual Health (FLASH) Grade 7

Parent Viewing Schedule: **February 10, 2026** (5:30–8:00 pm) EEC MPR 550 Temple Ave

Student Viewing Schedule

Pleasant Valley School of Engr & Arts
Los Primeros School Science & Arts
Santa Rosa Tech Magnet School
Monte Vista Middle School
Las Colinas Middle School

Feb 23 – Mar 06, 2026
March 9– Mar 20, 2026
March 23– April 17, 2026
May 11-May 29, 2026
April 20 – May 8, 2026

List of Videos to be Shown: Girls & Boys view curriculum together

You, Your Body and Puberty - - 24 minutes
Human Reproduction and Childbirth - - 21 minutes
Understand HIV & AIDS - - 17 minutes
Real People Abstinence: Choosing to Wait *(New)* - - 22 minutes

Curriculum:

- Positive Prevention PLUS, Sexual Health Education for America's Youth, Middle School