



Lake Oswego High School

Forecasting Worksheet

This worksheet is to be filled out before you enter courses into StudentVue Online Forecasting. Entered below are the standard grade level courses, as well as space to enter electives and alternative electives. Go to the LOHS Website to access the online [Curriculum Guide](#), which contains all course descriptions, prerequisites, and graduation requirements. You may also reference the Quick Course Reference Guide found using the "Forecasting" link under Academics on our [homepage](#). To verify your graduation requirements, you can obtain a copy of your transcript in StudentVue under the Course History tab (click on the blue Unofficial Transcript button).

Student Name: _____

SEMESTER 1	
Course Name	
1. ☐ English 10	<u>or</u> ☐ English 10 Honors
2. U.S. History	
3. Math: determined by math teacher	
4. Science:	
5. ☐ Lifetime Health	<u>or</u> ☐ Physical Education
6.	
7.	
8.	

**Online Forecasting
in StudentVUE
is due:
February 18, 2026**

Scheduling Notes:

This worksheet is for full year planning; please know that Semester courses can end up in either semester.

Two years (4 semesters) of a World Language and one year (2 semesters) of Fine Arts (Performing or Visual) are required to earn a district diploma.

Recommended: Each semester, students in grade 10 should have 7 credited classes and are encouraged to have a study hall or non-academic class to allow for support time.

SEMESTER 2	
Course Name	
1. ☐ English 10	<u>or</u> ☐ English 10 Honors
2. U.S. Government and Civics	
3. Math: determined by math teacher	
4. Science:	
5. Income/Money Management (new graduation requirement)	
6.	
7.	
8.	

Alternate Courses: Print 4 courses below in priority, and <u>check</u> Semester 1 or Semester 2 credit for each course.		
1.	☐ Sem 1	☐ Sem 2
2.	☐ Sem 1	☐ Sem 2
3.	☐ Sem 1	☐ Sem 2
4.	☐ Sem 1	☐ Sem 2

LOHS 2026-27 Forecasting Quick Course Reference by Grade Levels - 10th Grade

See Online [CURRICULUM GUIDE](#) for all course details and required (■) **prerequisites!**

Classes are listed by department, then by course name, number of credits, and grade levels.

Biomanufacturing Pathway (at Lakeridge HS)

Intro to Biotechnology	1.0	10-12 ♣■
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Computer Science Pathway

AP Computer Science A	1.0	10-12 ■
AP Comp Sci Princ.	1.0	9-12 ■
Cybersecurity Fundamentals	0.5	10-12 ■
Exploring AI in Python	0.5	10-12 ■
Intro to Programming	0.5	9-12 ■
Programming C++	1.0	10-12 ■
Programming Projects	0.5	10-12 ■

Culinary Pathway

Culinary Arts 1	0.5	9-12
Culinary Arts 2	0.5	9-12 ■
Culinary Internship	1.0	10-12 ■
Farm to Table - Spring	0.5	9-12 ■
Farm to Table - Fall	0.5	10-12 ■

Engineering Pathway

Digital Media	0.5	9-12
Engineering Analysis	1.0	10-12 ♣■
Engineering and Design	1.0	9-12
Makerspace Projects	0.5	10-12 ■

English

Adv. Comm Skills	0.5	9-12
English 10	1.0	10
English 10 Honors	1.0	10 ■

English Electives

Creative Writing	0.5	10-12
Journalism	0.5	9-12
Lit Through Film	0.5	10-12
Newspaper	1.0	10-12
Poetry	0.5	9-12
Queer Literature	0.5	9-12
Reading For Enjoyment	0.5	9-12
Videogames as Narratives	0.5	10-12
Yearbook	1.0	10-12 ■

English Language Development

ELD Lit./Comp. (EN)	1.0	9-12 ■
English Lang. Dev.	1.0	9-12 ■

Fine Arts - Performing

A Cappella	1.0	10-12 ■
Acting 1	0.5	9-12
Acting 2	0.5	9-12 ■
Acting 3	0.5	10-12 ■
AP Music Theory	1.0	10-12
Bel Canto Choir	1.0	10-12 ■
Concert Band	1.0	9-12 ■
Jazz Band	1.0	9-12 ■
Laker Choir	1.0	9-12
Philharmonic Orchestra	1.0	9-12 ■
Symphonic Band	1.0	9-12 ■

Symphony Orchestra	1.0	9-12 ■
Theater Tech	0.5	9-12
Treble Choir	1.0	9-12
Wind Ensemble	1.0	9-12 ■
Windjammers	1.0	10-12 ■

Fine Arts - Visual

Art 1	0.5	9-12
Art 2	0.5	9-12 ■
Art 3	0.5	10-12 ■
Ceramics 1: Handbuilding	0.5	9-12
Ceramics 2: Pottery	0.5	9-12 ■
Ceramics 3: Sculpture	0.5	10-12 ■
Graphic Design	0.5	9-12
Graphic Design 2	0.5	9-12 ■
Photography 1	0.5	9-12
Photography 2	0.5	9-12 ■
Photography 3	0.5	10-12 ■

Health

Lifetime Health (Required)	0.5	9-12
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Marketing Pathway

Income/Money Mgmt (Required)	0.5	9-12
Mktg. 1	0.5	9-12
Mktg. 2 Advertising	0.5	10-12 ■
Mktg. 2 Sports/Entertainment	0.5	10-12 ■
Mktg. 3 Entrepreneur	0.5	10-12 ♦

Math

Placement by math teacher or placement test		
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Other Educational Offerings

College/Career Readiness	0.5	10-12
Department Assistant	0.5	9-12 ■
Independent Study	0.5	9-12 ■
Leadership	1.0	9-12 ■
Link Crew Leadership	0.5	9-12
Peer Mentor	0.5	9-12 ♦

Physical Education

Advanced Train/Performance	0.5	9-12 ■
Lifetime Sports	0.5	9-12 ■
Mindfulness & Yoga	0.5	9-12 ■
Physical Education (Required)	0.5	9-12
Team Sports	0.5	9-12 ■
Unified PE	0.5	9-12
Weight Training	0.5	9-12 ■

Science

AP Biology	1.0	10-12 ■
Biology	1.0	9-12 ■
Chemistry	1.0	10-12 ■
Ecology/Conservation	1.0	10-12 ■
Geoscience	1.0	9-12
Intro to Agriculture	0.5	9-12

Intro to Chemistry	0.5	10-12 ■
Intro to Physics	0.5	10-12 ■
Physics	1.0	10-12 ■

Social Studies

U.S. History	0.5	10-12
U.S. Gov/Civics	0.5	10-12
World Hist/Geography	1.0	9-12

Social Studies Electives

AP European History	1.0	10-12
AP Human Geography	1.0	9-12 ♣
AP Psychology	1.0	10-12
Beg Constitutional Law	0.5	9-12
Criminal Justice	0.5	10-12
Ethnic Studies 1	0.5	10-12
History of Eastern Civ	1.0	10-12
History of Warfare	0.5	10-12
Intro to Women's Studies	1.0	10-12
Psychology 1	0.5	10-12
Psychology 2	0.5	10-12 ■
Sociology	0.5	10-12
Sustainability	1.0	9-12

Supportive Programming

Case Manager Placement		
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World Language

ASL 1	1.0	9-12
ASL 2	1.0	10-12 ■
Chinese 1	1.0	9-12
Chinese 2	1.0	9-12 ■
Chinese 3	1.0	9-12 ■
Chinese 4	1.0	9-12 ■
AP Chinese Lang & Culture	1.0	10-12 ■
French 1	1.0	9-12
French 2	1.0	9-12 ■
French 3	1.0	9-12 ■
French 4	1.0	9-12 ■
AP French Lang & Culture	1.0	9-12 ■
French Conv. & Culture	1.0	10-12 ♣■
Spanish 1	1.0	9-12
Spanish 2	1.0	9-12 ■
Spanish 3	1.0	9-12 ■
Spanish 4	1.0	9-12 ■
AP Spanish Lang & Culture	1.0	9-12 ■
AP Spanish Lit	1.0	9-12 ■

Off-Campus Opportunities

Classes at Lakeridge HS	0.5 or 1.0	9-12 ♣
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- ♣ Contact counselors to discuss
 - Prerequisite, audition, or teacher recommendation required
 - ♦ Application required
- For more info, see the curriculum guide