





















# Breakfast Menu

# Windsor Locks South Elementary School

# March 2026

WHITSONS FAMILY OF COMPANIES  
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
2 Whole Grain Pancakes with Sausage And 100% Apple Juice	3 Brown Sugar Cinnamon Pop Tart Or Strawberry Pop Tart With Fresh Apple	4 Egg and Cheese Sandwich  Or Cocoa Puffs Cereal Bar And 100% Orange Tangerine	5 Blueberry Muffin  Or Apple Cinnamon Cheerios Cereal  And Fresh Pear	6 WW Honey Bun  With Fresh Banana And 100% Grape Juice
9 Apple Strudel  With Craisins And Fruit Punch	10 Fluffy Whole Grain Waffles  With Fresh Apple 	11 Cinnamon French Toast  And Graham Crackers And 100% Juice Fruit Punch	12 Scrambled Eggs with Cheese  Or WW Honey Bun  And Fresh Pear	13 Egg and Cheese Sandwich  Or Fudge Pop Tart Brown Sugar Cinnamon Pop Tart And Fresh Banana
16 Blueberry Muffin  Banana Muffin  And Fresh Apples	17 Sausage, Egg and Cheese Sandwich Diced Pear Cup	18 Mini Maple Pancakes And Fresh Apple With 100% Juice Fruit Punch	19 Strawberry Pop Tart With Fresh Pear Or Apple Juice	20 Soft Filled Cinnamon Toast Crunch Bar  And Fresh Banana 100% Apple Juice
23 Mini French Toast Syrup And Craisins 100% Orange Tangerine	24 Chocolate Chip Muffin  And Fresh Apple	25 Sausage, Egg and Cheese Sandwich And 100% Juice Fruit Punch	26 WW Bagel  With Cream Cheese And Fresh Pear	27 Apple Strudel  With Fresh Banana And 100% Juice Fruit Punch
30 Mini Cinnamon Pull Apart Roll  Applesauce	31 Whole Grain Waffles with Sausage Diced Peach Cup	 		



View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex

(including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Please remember to fill out your free and reduced meal applications and return to your schools

Available Daily

Fruits offered Daily: Fresh in Season Fruits  
Choice of Milk: Fat Free Chocolate, 1% White

Alternative breakfast available daily please check with staff for daily options

