

★ **Turn in the first three pages by *Wednesday, February 25th, 2026.***

Candidate Name \_\_\_\_\_

I am trying out for (please circle):

Cheerleader (Varsity only-10,11,12)

Cheerleader (JV or Varsity-10,11)

Cheerleader (JV only-9, 10)

Mascot (Varsity only-10,11,12)

Mascot (JV or Varsity-10,11)

Mascot (JV only-9, 10)

## ***Sanger High School Cheerleading/Mascot Application***

### ***2026-2027***

Principal Carly Sperry; [carly.sperry@sangerisd.net](mailto:carly.sperry@sangerisd.net)  
Varsity Cheer Coach Jona Gillum; [jgillum@sangerisd.net](mailto:jgillum@sangerisd.net)  
Junior Varsity Cheer Coach Cassi Wallace; [cassi.wallace@sangerisd.net](mailto:cassi.wallace@sangerisd.net)  
940-458-7497

I, \_\_\_\_\_, pledge to follow the Sanger ISD Student Code of Conduct set forth by Sanger High School. I have viewed the Sanger I.S.D. Athletic Policy Handbook and the Cheer Addendum online and am aware it is available on the SHS website for future reference. **I understand that my parents and I must attend the mandatory parent meeting on Tuesday February 16, 2026, at 6:00 pm.** I have completed the online information form, as well as any additional application material. I have read the expense understanding and agreement form. My parents and I clearly understand the cost, time commitment, attendance, UIL grade loss of eligibility, and the risks involved in being a spirit squad member. If selected, I verify that I have read and understood the guidelines set forth in the Sanger High School Spirit Squad Constitution and tryout application and will adhere to those guidelines. I understand that the judges' decisions are final. I understand that if selected, the rules set forth in the Athletic Handbook and Cheer Addendum become effective immediately.

Fill out the online candidate information form at: <https://forms.gle/iKbXBaMQ853H1QE6A>

**(Registration is not complete until the form has been filled out.)**

**Student Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

**Parent Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

### **CHECKLIST: All Due by February 25th, 2026**

\_\_\_\_\_ Sanger High School Cheerleading/Mascot Application (**Page 1**) Turned in by 4:00 pm

\_\_\_\_\_ Release Form/Expense Understanding Form (**PAGES 2-3**) Turned in by 4:00 pm

\_\_\_\_\_ Candidate Information (**Online**) Completed by 4:00 pm

\_\_\_\_\_ Inherent Risk Sheet Acknowledgement Form (**Check Box Online**)

\_\_\_\_\_ Current Physical (physicals for the 25-26 School year are good until fall 2026)

\_\_\_\_\_ Copy of Grades for the 2025-2026 school year

(Candidates cannot have failed more than two 9 weeks during the current school year)

## 2026-2027 Cheerleading Release Form/Expense Understanding Form

Cheer Candidate Name: \_\_\_\_\_

### Transportation Release

School transportation will be provided for all events. In rare cases, an event might occur that would require your student to ride in the personal vehicle of a school employee, fellow cheerleader, and/or parent chaperone. A decision for students to be transported by alternate means will be made by the cheer coach or campus administration. Parents will be notified before a change is made.

I give permission for my student to ride with, and release from liability the following persons:

***Please initial any and all individuals authorized to transport your cheerleader:***

\_\_\_\_ School Personnel

\_\_\_\_ Parents

\_\_\_\_ Licensed Varsity Cheerleaders

### Publicity Release

\_\_\_\_ I hereby **GRANT** permission for my student to be photographed for publicity (all print and electronic media) purposes by and for Sanger ISD and the Sanger High School Cheerleaders.

\_\_\_\_ I hereby **DO NOT GRANT** permission for my student to be photographed for publicity (all print and electronic media) purposes by and for Sanger ISD and the Sanger High School Cheerleaders.

### Medical Release

\_\_\_\_ I hereby give permission for any and all medical attention to be administered to my student in the event of an accident, injury, sickness, etc., and under the direction of Sanger ISD employees, until such time as I may be contacted. I also assume responsibility for the payment of any such treatment. This release is effective for the period of one year from the date given below.

## 2026-2027 Cheerleading Release Form/Expense Understanding Form

### Expense Understanding and Agreement

Both the parent/guardian and cheer/mascot candidate are fully aware of the financial responsibilities of being a Sanger High School Cheerleader or Mascot.

I understand that if I do not meet the required financial obligations by the due dates set forth in this tryout packet, I will not have any items ordered and I will be removed from the spirit squad and replaced with the next ranked cheerleader/mascot candidate.

Financial obligations must be received by the installment dates of March 24th, April 23rd, and May 26th. An invoice will be supplied for all team members based on items ordered. There will be no refunds given due to dismissal from the squad or voluntary resignation. All school-issued items will be returned immediately.

Parent/Guardian Name (printed)\_\_\_\_\_ Date\_\_\_\_\_

Signature\_\_\_\_\_Emergency Contact Number\_\_\_\_\_



## ***Sanger High School Cheerleading/Mascot Application***

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940-458-7497

**Congratulations**, you have decided to try out for Sanger High School Spirit Teams (Cheerleader or Mascot). This packet contains important information concerning tryout procedures, team requirements, and district policies.

**Please read this packet thoroughly and keep the information for future reference.**

The **first three pages** of this packet must be completed and returned to the **SHS front office** by the candidate and/or parent/guardian, by **Wednesday, February 25th, 2026, at 4:00 pm**. **No late applications will be accepted. If it is not turned in at this time, you will not be allowed to try out!**

\*If selected as either cheerleader or mascot, summer camp is **MANDATORY!**

Remember, the judges are watching you throughout the entire tryout process. Demonstrate your assets.



## Parents/Guardians and SHS Cheerleader/Mascot Candidate

The Sanger High School Spirit teams have established a legacy of excellence. Their hard work and dedication to both Sanger High School and the community have made the Spirit Squad an elite organization. If you desire friendships, success, self-discipline, lasting memories, endless opportunities for involvement, and the opportunity to be a leader at Sanger High School, we encourage you to try out for cheerleader/mascot.

This packet is aimed to share some important information with you regarding the tryout process and what the year will look like as an SHS Cheerleader/Mascot. As part of the spirit squads, you will have the opportunity to perform at football, volleyball, basketball, pep rallies, parades, grand openings, playoff games, and other special events throughout the year. In addition to these performances, the team will also participate in fundraising and community service projects. All cheerleaders trying out for the Sanger High School Spirit Squad will also be considered a part of the Sanger High School UIL Competitive Cheer Team for 2026-2027. The 2026-2027 tryouts for becoming a member of the cheerleading program will be a learning experience for your student. We will take the candidates through the tryout process in order to prepare them to be judged by a certified panel of judges. Please remember that all judge's scores will be final.

**As a prospective cheerleader/mascot, please be aware of the time and energy it takes to be an effective student leader responsible for representing Sanger High School in all aspects of extracurricular activities both on and off campus. For cheerleaders to be able to give 100% to her/his activities, it is important to set priorities.** We hope that you will discuss the expectations and obligations of being an SHS Cheerleader or Mascot with your student, and agree that Sanger High School Spirit Squads are a worthwhile organization. Cheerleading helps students form friendships, enrich communication, develop group dynamic skills, and promote responsibility. It also provides countless opportunities to foster leadership skills that will prove beneficial later in life.

Please read all information carefully in the packet and constitution before signing the application. If you have any questions, please contact a Sanger High School Administrator. We look forward to working with your daughter or son during the upcoming tryout process.

Sincerely,

Carly Sperry - [carly.sperry@sangerisd.net](mailto:carly.sperry@sangerisd.net)



## Sanger High School Spirit Squad Tryouts

Tryouts for the Sanger High School Spirit Teams for the 2026-2027 season will be on **March 5, 2026**.

Tryouts are at Sanger High School from 8:00 AM-11:00 AM. (Time will be based on the number of candidates.)

### Clinics

1. Only those candidates who meet the tryout requirements will be admitted to the cheer clinic. All clinic sessions and tryouts are closed to the public. **No videotaping will be allowed**, this includes camera phones. Videotaping with any type of device will result in disqualification.
2. Cheer Clinic: **March 2 - March 4 from 4:30 - 6:00 pm - SHS AUX Gym**
3. Female candidates must wear shorts (Spandex will only be allowed under athletic shorts), t-shirts in school colors, and athletic shoes during the clinic with hair secured up and back (no wispies). No half tops or bra tops will be allowed. No jewelry may be worn.
4. Male candidates must wear a t-shirt in school colors, athletic pants or shorts, and athletic shoes.
5. Only water bottles will be allowed in the main gym.
6. Tryout numbers will be randomly drawn at the clinic, and tryout bows will be provided.
7. Phones must not be visible during clinic hours.

### **Tryout Rules and Procedures**

1. Application information attached to this packet must be turned in by **4:00 pm, February 25, 2026**. If the packet is not received by this date and time to the SHS front office, the candidate cannot try out for the Spirit Squad.  
**If you are out of state, please fax forms to 940-458-4637 in the care of Jona Gillum or email forms to [jgillum@sangerisd.net](mailto:jgillum@sangerisd.net)**
2. Candidates must meet all tryout requirements found in Cheer Addendum.
3. A grade sheet report depicting ALL nine-week grading periods for the current school year. This report must be turned in with the front three pages of this packet on February 25, 2026. **Candidates cannot have failed more than two nine weeks during the current school year.** Coaches will certify all grades. Transfer students must provide a current grade sheet report depicting ALL classes for the current school year.
4. Female candidates must wear... black shorts, white t-shirt tucked in, no-show white socks, and white athletic shoes (no beads or tags of any kind on shoes) to try out. Seniors will provide a bow at the clinic. **You cannot wear any clothing that depicts you as a previous cheerleader and/or mascot.** (10 points will be deducted from your final score if you are not in the correct attire during tryouts.) Male candidates must wear... black athletic shorts, a white T-shirt, and white athletic shoes.
5. Candidates for cheerleader will have their hair off the shoulders and in a high ponytail if hair allows with the bow we will provide. Mascots must have hair out of their eyes and off their shoulders.
6. Only those candidates trying out for cheerleader/mascot will be allowed in the gym area.
7. All candidates will have an individual number assigned to them. These will be randomly drawn at the clinic. You must wear your assigned number at chest level. Changing numbers will result in being disqualified from the tryouts.
8. No electronics of any kind will be allowed. Including; Macbooks, phones, Ipads, I-watches, etc. These will be taken up and secured during tryouts.

## Sanger High School Cheerleader Tryout Score Sheet

Contestant # \_\_\_\_\_

Judge # \_\_\_\_\_

| SCORE                                                                                               |  |
|-----------------------------------------------------------------------------------------------------|--|
| Motion technique (sharpness, arm level, and placement) – 20 points                                  |  |
| Crowd Leading (enthusiasm, voice, articulation, volume, facial expressions, confidence) – 20 points |  |
| Jumps (flexibility, form, difficulty, height) – 20 points                                           |  |
| Ability to perform with a group and memory –15 points                                               |  |
| Tumbling (difficulty, form, flexibility) – 10 points                                                |  |
| Dance ( rhythm, skill, energy, enthusiasm) – 15 points                                              |  |

# Sanger High School Mascot Tryout Score Sheet

Contestant # \_\_\_\_\_

Judge # \_\_\_\_\_

|                                    | SCORE |
|------------------------------------|-------|
| Originality/Creativity - 10 points |       |
| Enthusiasm/Spirit – 10 points      |       |
| Crowd Appeal – 10 points           |       |
| Dance –10 points                   |       |
| Use of audience/props – 10 points  |       |

# IMPORTANT DATES

- February 6** Tryout information posted on SHS cheer website.  
Tryout packet available and an announcement made about cheer/mascot tryouts.
- February 16** **Mandatory** Parent Meeting, 6 pm, Lecture Hall of Sanger High School. Enter through door 31 in the front of the school. It is in the B hallway.
- February 25th** Cheer Application due by **4:00 pm** at Sanger High School reception desk - **NO EXCEPTIONS**
- Application (PAGE 1)
  - Release Form/Expense Understanding Form (PAGE 2-3)
  - Current physical (2025-2026 School year physical will work)
  - Printed grade report for 2025-2026 school year
  - Completed online candidate information form
    - <https://forms.gle/iKbXBaMQ853H1QE6A>
- March 2-4** Clinic, SHS AUX Gym, 4:30-6:00 pm
- March 5** Cheerleader/Mascot Tryouts, SHS AUX Gym, 8:00-11:00 am ( end time will be determined by the amount of students trying out)
- March 5** Results Posted to Sanger High School website at 5:00pm by candidate number (Sanger ISD, Sanger High School, Programs, Cheer).
- March 20** Uniform Fittings with Varsity Rep; JV starting at 9:00am, Varsity starting at 10:00; will have a sign up sheet for times
- March 24** New Squad Parent and Cheerleader Meeting, 6:00 pm, Lecture Hall of SHS. Enter through door 31 **(Cheerleaders must be present)**  
**The first installment payment of \$500.00 is due.**
- April 9** **Second installment payment of \$500.00 is due.** Camp Deposit and 1st order Varsity payments are due from SHS.
- April 14** After School Practice will begin every Tuesday 4:30-6:00pm. Stunt workshop at CX Gym  
April 14, April 21, April 28, May 5
- May 5** **Remainder of the balance is due.**
- June 8 - 10** **UCA Cheer Camp** Monday, 12:00 - 6:00 pm; Tues/Wed 9:00 am - 4:00 pm at Indian Gym on Acker Street

We will have July practices. August includes the following activities: Meet the Tribe, Media Day, Sign Painting, etc. (Coaches will contact you as dates become available.)

# Inherent Risk

## **INHERENT RISKS OF CHEERLEADING:**

Cheerleading is reasonably safe as long as certain guidelines are followed, but there is the inherent risk of injury as in any athletic activity. Cheerleading is an anaerobic/aerobic activity that includes jumping, stunting, motions, and tumbling. All physicals must be on file in the high school office before you may participate in practices and games. It is your responsibility to keep the coach informed of all injuries and/or chronic conditions.

Although the probability of injury is minimized if you practice correctly, there is always the possibility of one occurring: blisters, muscle strains, ligament sprains, joints, and muscle soreness, abrasions, contusions, stress fractures, broken bones, spinal cord injuries involving paralysis, and even death. However, if you take certain precautions, the possibility of such injuries will be largely decreased.

## **GUIDELINES:**

**NEVER** stunt or tumble unless a coach or coach's designee is present.

Always practice in the presence of a qualified coach.

Always warm-up appropriately before cheering (practice and games).

Do not attempt a stunt that you do not know how to perform safely and that has not been checked off by the coach.

Always use attentive spotters when stunting.

Always cheer in an area free from obstruction.

Always use mats or a grassy area when stunting during practice.

Do not stunt on uneven ground, wet surfaces, and/or concrete. Do not stunt in cold or rainy weather.

Never talk, laugh, or mess around when performing a stunt.

Report all injuries to the coach as soon as they occur.

Follow all trainer and doctor recommendations.

Lift weights to increase strength and guard against injuries.

Always wear shoes and clothing appropriate for cheerleading.

Never wear jewelry of any kind or chew gum when cheering (practices or games).

Eat nutritious meals and get plenty of rest.

Always ask for assistance or advice at any time.

**By checking the box located on the online form, I agree to follow all information concerning inherent risk.**