



JOIN GIRLS ON THE RUN!



Rose E. Schneider YMCA

Grades 3-5

Practice Schedule

Monday/Thursday 4:30-6:00pm

Season Begins: Week of March 2nd

SCAN TO REGISTER



Registration Begins
Wednesday, January 28th at Noon



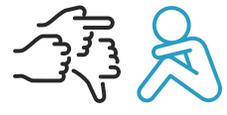
WHY GOTR MATTERS



Girls' self-confidence begins to drop by age 9



Girls' physical activity levels decline starting at age 10



50% of girls ages 10 to 13 experience bullying



CONFIDENCE that lasts a lifetime!

Girls on the Run is a girl-empowerment organization that inspires participants to be joyful, healthy, and confident using evidence-based lessons that combine relationship building, community strengthening, and goal setting with physical movement.

QUESTIONS?



Contact Your GOTR Council:
Program Coordinator Bria Jones at jonesbs6@upmc.edu

For more information or to register, visit www.gotrmagee.org/programs