HEALTH SCIENCE CAREERS CLASS SYLLABUS- 2025-2026

UPDATED: January 28, 2026

INSTRUCTOR INFORMATION

Instructor & Program Director: Michelle Wells, BSN, RN (wellsm@bsd405.org)

Clinical Supervisor: Faina Pik, LPN (pikf@bsd405.org)

Course meeting Information, Parking & Final Forms

Classes will be held in a primary meeting classroom and a practice lab. Part of each day is spent in each room. **Meeting times** are 7:00 to 9:50 AM for periods 0-2 & 12:20 to 3:00 PM for period 5-7, Mondays, Tuesdays & Fridays; Wednesdays 7:00 to 9:30 AM for periods 0-2 & 11:10 to 12:40 PM for periods 5-7; Thursdays are 7:00 to 9:30 AM for periods 0-2 & 11:55 AM to 3:00 PM for periods 5-7.

Parking passes are issued by our Accountant, Ms. Olsen. If you've paid for parking at your home school, you do not have to pay for parking again. You will be given a parking pass to display in your vehicle. You will be ticketed if your pass is not displayed. Please check in with Ms. Olsen.

Final Forms is required for each student to be completed yearly. For permission to attend clinical, a separate permission is required. Students will be notified when this has been posted. Students with incomplete Final forms will not be allowed to attend our community clinical experience. We want everyone to participate, so please complete & do not delay this step.

COURSE DESCRIPTION

Health Science Careers (HSC) is designed to introduce students to health care careers. Skills and principles common to many health care professions will be emphasized during the year. Career exploration, human anatomy and physiology, medical terminology, disease processes, infection control, and Hepatitis B education, American Red Cross CPR and first aid and nursing assistant training will also be included. Clinical and observational opportunities will be provided at healthcare facilities. Students successfully completing the nursing assistant component of the course with an "A" or "B" will qualify to take the state certification exam. *The nursing assistant portion of this course is designed to prepare students for employment with the entry level skills of a certified nursing assistant in nursing homes, hospitals, clinics, long term care facilities, home or community health agencies, or other healthcare facilities***.** The curriculum is in accordance with the National Nurse Aide Assessment Program (NNAAP) for the Washington State Certification Exam.

COURSE EXPECTATIONS & Cell Phones, etc.

- This course prepares students for a career as health professionals. Students are expected to behave in a professional manner consistent with industry standards.
- Students are expected to participate and engage with course & clinical at the level of a responsible adult professional.
- Healthcare professions require behaviors of integrity, professionalism, respect & compassion. These behaviors are expected when interacting with nursing facility residents, facility staff, as well as school staff & other students.
- **Cell phones must be kept out of sight from bell to bell**. Cell phones seen during class time will be **confiscated by the teacher, placed in a lockbox, and delivered to the office.** The office will track violations and contact families.

- Scrubs will be worn as indicated by your instructor.

Clinical Internship (second semester): Clinical Internships will occur second semester, during our regularly scheduled class times: 7:00 am to 9:30 am (periods 0-2) & 12:30 pm to 3:00 pm (periods 5-7). These times may be subject to change based on site availability & clinical supervisors. One 8- hour shift will be included in these clinical hours so students will have the benefit of understanding what a full day shift entails. Our clinical involves 4 different locations during the 40 required hours. Students must have or arrange their own transportation to clinical sites.

To be eligible for clinical:

- Completed & submitted a copy of all required immunizations, including the two step TB test or QuantiFERON blood test. A flu shot is required for Overlake Hospital after Oct 15th.
- Students must earn at least an 80% average in assignments, skills, quizzes & professionalism at the time of the clinical experience to participate.
- Successfully demonstrate competence for all 22 required patient skills.
- Complete a background check & food handler's card before the start of clinical.
- Complete the Final Forms requirement for participation in clinical.
- Copy of a federal or state ID is required for one of the clinical sites.
- Demonstrate behavior that is consistent with a health professional during class. ***It is ultimately up to the program director & clinical supervisor to approve participation in the clinical experience*.**
- More than 5 unexcused absences during the 1st semester will result in a student being ineligible to participate in clinical. The student will be spending time in the library instead of the clinical site if this occurs.

Attendance is mandatory during clinical to be eligible for the CNA Exam. Any missed days cannot be made up easily. A written plan must be written up by the students & presented to the instructor on how the student will make up the hours.

PROFESSIONAL ATTIRE/ LAB SAFETY & BEHAVIOR

Student requirements:

- Wear **ceil blue** scrubs during class time & onsite at our clinical locations. Your instructor will indicate when to start wearing ceil blue scrubs One set will be loaned to the student by our program & must be returned at the end of the year. Additional sets may be purchased by the student, but must be ceil blue in color, loose fitting to allow movement for participation in skills. You must be able to stretch without the top riding too far up, bend without the bottoms pulling too far down at the waist and move freely without them pulling too tight to restrict motion. Wearing appropriate attire is part of the student's professionalism grade. It is highly recommended to purchase at least one additional set as the scrubs will be worn every day to class.
- Link for scrubs: https://www.amazon.com/Dagacci-Scrubs-Medical-Uniform-Pants/dp/B00NSJVVMQ/ref=sr_1_2?crid=2BYG0VF6JMPGC&keywords=dagacci%2Bscrubs%2Bset&qid=1693184505&sprefix=Dagaccci%2Bscrubs%2Bset%2Caps%2C172&sr=8-2&th=1&psc=1
- Wear a name badge (**provided by the program**) to clinical.
- Have short, manicured fingernails, not more than one quarter inch of length during our clinical rotations. If wearing nail polish, it must **not** be chipped. No artificial nails.
- Hair must be pulled back & fastened neatly in class when practicing skills during lab time **AND** clinical.
- Wear closed toe, non-slip, preferably white shoes during clinical time.
- A watch with a second hand is required for class & clinical. No digital watches are allowed.
- Dangly earrings or necklaces are not permitted due to safety concerns.

- A blue or black pen & a small notebook for use during clinical, to be kept in a scrubs pocket.

LAB BEHAVIOR

- Must be willing to participate as a patient for other students & be willing to work with **everyone** in the classroom setting. This means being respectful & kind to everyone in the class. In the real world, you will encounter a variety of personalities. This is a step towards learning to work with others.
- Students **are not** allowed to lay on hospital beds or sit on the beds without the explicit instruction of the instructor.
- The lab is designed for movement-walking & not sitting.
- Must be willing to perform an assigned clean up job in the lab every day of practice.
- Exhibit safe behavior in the laboratory by being cautious of power cords, being respectful of other students' need for space around the perimeter of the beds.
- Students must be respectful of the clinical instructor during demonstration of skills. This means no talking to classmates or causing undue distractions.
- When you have finished practicing a skill & cleanup has been completed, the monitors assigned for the lab will determine if all jobs have been completed.

COURSE MATERIAL, GRADING & ATTENDANCE

Course Material**:**

- Nursing Assisting: A Foundation in Caregiving by Diana Dugan 6th edition
- Common Curriculum through the State of Washington is used for instruction throughout the Nursing Assistant Course.
- Medical Terminology 9th Edition (2023): A Short Course by Davi-Ellen Chabner & Medical Terminology for Health Professionals (new).

Grading:

- The student's grade is based on a certain percentage awarded to assignments, quizzes, skills, & professionalism.
- Students must earn an "A" or "B" each semester to be eligible for the state CNA Exam.
- **All assignments are due on time for full credit**. Students are expected to keep up with workbook assignments. Most of the work will be done in class & checked off. A review will be included with each chapter with a quiz. Late assignments must be turned in two weeks before the end of the semester with a reflection form or a 1:1 conversation (Teacher decided). Late work scores will be capped at 3 on a 4-point grading scale.
- **Quizzes**: if absent, must be made up within 1 week of the quiz, or no credit will be given. All make up quizzes must be done during tutorial. Tutorial occurs after school from 3:00 to 3:30 pm Monday, Tuesday, Thursday & Friday. An additional tutorial is available on Thursdays for the AM class only from 9:30 to 10:00 am.
- **Skill check offs occur during class**. If a student misses a check off day for a skill, they must attend tutorial to make up the skill check off. In some instances, a make up for a skill can be done during class.
- Students will 504's & IEP's will be allotted extra time based on their accommodations.
- Students and/or parents & guardians are expected to log into synergy at least weekly to review grades, verify correctness of entries & be aware of progression in the course.

- Lack of progression of skills or pattern of grades below 80% will be reviewed with the student. If there is no improvement, the student will be referred to a counselor to develop a collaborative plan for student support & success.

Attendance:

- State Law (RCW 28A.225.010) & school board policy recognize regular attendance is the basis for success in the classroom. **Attendance is especially important at Sammamish High School WANIC Program because of the significant amount of demonstration & hands-on learning that occurs in the classroom & lab setting.** IN case of absence, these are the steps to follow:
    1. **UNPLANNED**: Just as you would in a workplace, students MUST contact the instructor if absent. A Teams message or email is required the **same day** for an unexpected absence.
    2. **UNPLANNED**: Parents or guardians MUST follow up with an email to SHSAttendance@bsd405.org. **OR** a phone call to attendance at 425-456-7600 for an excused absence. **(Please include student name, date of absence & reason for absence).**
    3. **PLANNED:** If the absence is planned (like a doctor or dentist appointment), please make every effort to avoid missing class time. If this is not possible, the expectation is that the student notifies the instructor in advance as soon as possible.

COLLEGE CREDIT

This course is *CTE Dual Credit* approved and articulated with Bellevue College (12 credits) & Lake Washington Institute of Technology (6 credits) in Nurse Assisting. Students who demonstrate proficiency of the college course competencies with a 'B' (3.0) or better grade, *may be eligible* to earn college credit through the *CTE Dual Credit* program. Students must register online using the statewide enrollment and reporting system https://www.ctesers.org and are required to pay a non-refundable $50 annual consortium fee to earn college credit through the Pacific Northwest College Credit program. Payments can be made through the online payment site: http://PNWCollegeCredit.org/pay

HEALTH SCIENCE CAREERS	PNWCC	Bellevue College	AHE 110: Medical Terminology AHE 120: Safety for Healthcare AHE 130: Human Systems	12
		LWIT	IFAD 162: First Aid/CPR for Health Care Providers MEDA 116: Medical Terminology	6

HOSA Club

Is offered at Sammamish High School & provides a leadership opportunity for all SHS students. State Leadership conference is in March in Spokane, WA. All students are encouraged to take part in HOSA! We meet the 1st & 3rd Wednesdays after school.

I understand & have read this syllabus & will refer to this syllabus as needed during the school year. I understand the cell phone & earbud policy & will comply with all rules by the instructor.

Student signature_____

Parent Signature_____