

April 2026

MANSFIELD ISD PRE-R MENU

- CHOCOLATE OR PLAIN MILK OFFERED AT BREAKFAST AND PLAIN MILK OFFERED AT LUNCH DAILY
- 100% JUICE OFFERED AT BREAKFAST DAILY
- OUR 100% FRUIT JUICE COUNTS AS A FRUIT
- CEREAL OR YOGURT WITH WHOLE GRAIN TOAST OFFERED AT BREAKFAST DAILY
- VEGETARIAN OPTIONS OFFERED AT LUNCH DAILY

THIS INSTITUTE IS AN EQUAL OPPORTUNITY PROVIDER - MENU SUBJECT TO CHANGE

- BROCCOLI CONTAINS ANTIOXIDANTS THAT MAY SUPPORT HEALTHY CELLS & TISSUES.
- STUDIES SHOW CRUCIFEROUS VEGETABLES, LIKE BROCCOLI, MAY HAVE CANCER PREVENTATIVE EFFECTS.
- BROCCOLI'S FIBER AND ANTIOXIDANT CONTENT MAY HELP LOWER BLOOD PRESSURE AND IMPROVE DIABETIC CONTROL.



TDA'S HARVEST OF THE MONTH:

BROCCOLI IS MADE OF TINY GREEN BUDS. IF YOU LET IT KEEP GROWING, THOSE BUDS TURN INTO LITTLE YELLOW FLOWERS.

BROCCOLI



1 CHEESY EGG BITE WITH WHEAT TOAST

CRISPY CHICKEN DRUMSTICK WITH SOUTHERN STYLE BISCUIT OR MUFFIN & YOGURT BOX
MASHED POTATOES WITH GRAVY, GRAPES & PEACHES

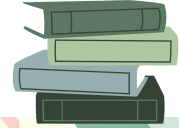


2 SCRATCH MADE BANANA BREAD

BEEF AND/OR CHEESE NACHOS
SEASONED CORN, MANGOS & PINEAPPLES



No School



6 MINI CINNIS

HAMBURGER, CHEESEBURGER, OR BLACK BEAN BURGER
EMOJI FRIES, CHILLED PEACHES

BITE SIZE HERO: COTTAGE CHEESE



7 CHEESY SCRAMBLED EGGS WITH TOAST

TANGERINE CHICKEN WITH FRIED RICE OR CHEESY FRENCH BREAD PIZZA WITH MARINARA SAUCE
FRESH CUCUMBER PINWHEELS, FRESH GRAPES

8 TURKEY SAUSAGE ON SOUTHERN STYLE BISCUIT BEEF FINGERS OR VEGAN NUGGETS WITH FRESH BAKED ROLL

MASHED POTATOES WITH GRAVY, FRESH WHOLE BANANA

9 SAUSAGE ROLL STRAWBERRY PARFAIT BEEF AND/OR CHEESE NACHOS

SEASONED REFRIED BEANS, MANDARIN ORANGES

10 OATMEAL BREAKFAST BAR

CHEESE PIZZA OR VEGAN HUMMUS BOX
CONTAINS HUMMUS, SUNBUTTER DIPPER, PRETZELS, & APPLE SLICES
SEASONED CORN, CINNAMON APPLESAUCE

13 PANCAKE ON A STICK

HOMESTYLE CHICKEN SANDWICH OR BUILD YOUR OWN PIZZA PACK
KICK OFF STAAR TESTING WITH A FREE STAAR COOKIE!
SEASONED CURLY FRIES, FRESH ORANGE SMILES



14 MUFFIN WITH STRING CHEESE STICK

BBQ CHICKEN SNACK WRAP OR CHEESY LASAGNA ROLL UP WITH GARLIC KNOT
SEASONED CORN, PINEAPPLES WITH CHERRIES

15 CHEESY EGG BREAKFAST SANDWICH CHICKEN BITES WITH FRESH BAKED ROLL OR MUFFIN & YOGURT BOX

MASHED POTATOES WITH GRAVY, FRESH APPLE SLICES

16 SCRATCH MADE BANANA BREAD BEEF AND/OR CHEESE NACHOS

SEASONED REFRIED BEANS, MANGO & PINEAPPLES

17 DONUT VARIETY CHEESE PIZZA OR SUNNY & JELLY SANDWICH

STEAMED BROCCOLI, CINNAMON PEACH CRISP



20 MINI MAPLE PANCAKES

HAMBURGER, CHEESEBURGER, OR BLACK BEAN BURGER
EMOJI FRIES, STRAWBERRY CUP

21 CHEESY EGG & POTATO TACO

CHICKEN TENDERS OR SCRAMBLED EGGS WITH WAFFLE
STAR SHAPED TATER TOTS, FRESH GRAPES

22 HONEY BUTTER CHICKEN BISCUIT CHOC CHIP ENERGY BITE FREEBIE! STEAK FINGERS WITH FRESH ROLL OR BUILD YOUR OWN ANTS ON A LOG CELEBRATE EARTH DAY WITH US!

MASHED POTATOES WITH GRAVY, FRESH ORANGE SMILES



23 SCRATCH MADE BLUEBERRY BAR LEMON BLUEBERRY PARFAIT BEEF AND/OR CHEESE NACHOS

SEASONED REFRIED BEANS, FRESH WHOLE BANANA

24 CINNAMON ROLL CHEESE PIZZA OR PROTEIN CHAMP BOX

CONTAINS: BOILED EGG, SUNBUTTER DIPPER, PRETZELS & APPLE SLICES
SEASONED CORN, FRESH WHOLE APPLE

27 PANCAKE ON A STICK

HOMESTYLE CHICKEN SANDWICH OR MAC AND CHEESE ENTREE
SEASONED CURLY FRIES, FRESH WHOLE ORANGES

28 MUFFIN WITH STRING CHEESE STICK

CHICKEN ALFREDO WITH GARLIC KNOT
HONEY GLAZED CARROTS, FRESH APPLE SLICES

29 CHEESY EGG BITE WITH WHEAT TOAST

CRISPY CHICKEN DRUMSTICK WITH SOUTHERN STYLE BISCUIT OR MUFFIN & YOGURT BOX
MASHED POTATOES WITH GRAVY, GRAPES & PEACHES

30 SCRATCH MADE BANANA BREAD BEEF AND/OR CHEESE NACHOS

SEASONED CORN, MANGOS & PINEAPPLES



COTTAGE CHEESE

- HIGH IN PROTEIN! HALF A CUP PROVIDES BETWEEN 12-15 GRAMS!
- SUPPORTS THE BUILDING OF MUSCLE AND OVERALL BONE HEALTH!
- CONTAINS PROBIOTICS THAT CAN HELP BALANCE AND PROTECT OUR GUT!



COTTAGE CHEESE GETS ITS NAME BECAUSE IT WAS TRADITIONALLY MADE IN SMALL "COTTAGES" USING FRESH MILK LEFT OVER AFTER MAKING BUTTER!

MEAL PRICES

- STUDENT CEREAL & TOAST BREAKFAST: \$2.25
- STUDENT MAIN ENTREE BREAKFAST: \$3.00
- REDUCED BREAKFAST: FREE
- STUDENT LUNCH: \$3.25
- REDUCED LUNCH: FREE
- ADULT LUNCH: \$5.25
- EXTRA ENTREES, SIDES, SNACKS & BEVERAGES AVAILABLE FOR PURCHASE

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VEGETARIAN

