

April 2026

MANSFIELD ISD ELEMENTARY MENU

- CHOCOLATE OR PLAIN MILK OFFERED AT BREAKFAST AND LUNCH DAILY
 - ELEMENTARY STUDENTS MAY SELECT TWO FRUITS AT BREAKFAST & ONE FRUIT AT LUNCH
 - 100% JUICE OFFERED AT BREAKFAST AND LUNCH DAILY
 - OUR 100% FRUIT JUICE COUNTS AS A FRUIT
 - CEREAL OR YOGURT WITH WHOLE GRAIN TOAST OFFERED AT BREAKFAST DAILY
 - VEGETARIAN OPTIONS OFFERED AT LUNCH DAILY
- THIS INSTITUTE IS AN EQUAL OPPORTUNITY PROVIDER - MENU SUBJECT TO CHANGE**

- BROCCOLI CONTAINS ANTIOXIDANTS THAT MAY SUPPORT HEALTHY CELLS & TISSUES.
- STUDIES SHOW CRUCIFEROUS VEGETABLES, LIKE BROCCOLI, MAY HAVE CANCER PREVENTATIVE EFFECTS.
- BROCCOLI'S FIBER AND ANTIOXIDANT CONTENT MAY HELP LOWER BLOOD PRESSURE AND IMPROVE DIABETIC CONTROL.



TDA'S HARVEST OF THE MONTH:

BROCCOLI IS MADE OF TINY GREEN BUDS. IF YOU LET IT KEEP GROWING, THOSE BUDS TURN INTO LITTLE YELLOW FLOWERS.

BROCCOLI



1 CHEESY EGG BITE WITH WHEAT TOAST

CRISPY CHICKEN DRUMSTICK WITH SOUTHERN STYLE BISCUIT OR MUFFIN & YOGURT BOX
MASHED POTATOES WITH GRAVY, SEASONED GREEN BEANS, GRAPES & PEACHES

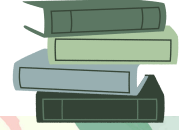


2 SCRATCH MADE BANANA BREAD

BEEF AND/OR CHEESE NACHOS OR BBQ CHICKEN SALAD WITH GARLIC KNOT
SEASONED CORN, SOUTHWEST CAVIAR, LETTUCE & TOMATO CUP, SALSA CUP, MANGOS & PINEAPPLES



No School



6 MINI CINNIS

BITE SIZE HERO: COTTAGE CHEESE

HAMBURGER, CHEESEBURGER, OR BLACK BEAN BURGER

EMOJI FRIES, FRESH BABY CARROTS, CHILLED PEACHES



7 CHEESY SCRAMBLED EGGS WITH TOAST

TANGERINE CHICKEN WITH FRIED RICE OR CHEESY FRENCH BREAD PIZZA WITH MARINARA SAUCE

ROASTED VEGETABLE BLEND, FRESH CUCUMBER PINWHEELS, FRESH GRAPES

8 TURKEY SAUSAGE ON SOUTHERN STYLE BISCUIT BEEF FINGERS OR VEGAN NUGGETS WITH FRESH BAKED ROLL

MASHED POTATOES WITH GRAVY, VEGGIE DIPPER CUP, FRESH WHOLE BANANA

9 SAUSAGE ROLL STRAWBERRY PARFAIT

BEEF, CHICKEN, OR CHEESE NACHOS OR POPCORN CHICKEN SALAD WITH GARLIC KNOT

SEASONED REFRIED BEANS, LETTUCE & TOMATO CUP, SALSA CUP, MANDARIN ORANGES

10 OATMEAL BREAKFAST BAR

CHEESE OR PEPPERONI PIZZA OR VEGAN HUMMUS BOX

CONTAINS HUMMUS, SUNBUTTER DIPPER, PRETZELS, & APPLE SLICES
SEASONED CORN, CAESAR SHAKER SALAD, CINNAMON APPLESAUCE

13 PANCAKE ON A STICK

HOMESTYLE CHICKEN SANDWICH OR BUILD YOUR OWN PIZZA PACK

KICK OFF STAAR TESTING WITH A FREE STAAR COOKIE!

SEASONED CURLY FRIES, SEASONED GREEN BEANS, FRESH ORANGE SMILES



14 MUFFIN WITH STRING CHEESE STICK

BBQ CHICKEN SNACK WRAP OR CHEESY LASAGNA ROLL UP WITH GARLIC KNOT

SEASONED CORN, CAESAR SHAKER SALAD, PINEAPPLES WITH CHERRIES

15 CHEESY EGG BREAKFAST SANDWICH

CHICKEN BITES WITH FRESH BAKED ROLL OR MUFFIN & YOGURT BOX

MASHED POTATOES WITH GRAVY, FRESH BABY CARROTS, FRESH APPLE SLICES

16 SCRATCH MADE BANANA BREAD

BEEF AND/OR CHEESE NACHOS OR BBQ CHICKEN SALAD WITH GARLIC KNOT

SEASONED REFRIED BEANS, LETTUCE & TOMATO CUP, SALSA CUP, MANGO & PINEAPPLES

17 DONUT VARIETY

CHEESE OR PEPPERONI PIZZA OR SUNNY & JELLY SANDWICH

STEAMED BROCCOLI, GARDEN SHAKER SALAD, CINNAMON PEACH CRISP



20 MINI MAPLE PANCAKES

HAMBURGER, CHEESEBURGER, OR BLACK BEAN BURGER

EMOJI FRIES, FRESH BROCCOLI, SLICED STRAWBERRIES

21 CHEESY EGG & POTATO TACO

CHICKEN TENDERS OR SCRAMBLED EGGS WITH WAFFLE

STAR SHAPED TATER TOTS, FRESH GRAPE TOMATOES, FRESH GRAPES

22 HONEY BUTTER CHICKEN BISCUIT

CHOC CHIP ENERGY BITE FREEBIE!

STEAK FINGERS WITH FRESH ROLL OR BUILD YOUR OWN ANTS ON A LOG

CELEBRATE EARTH DAY WITH US!

MASHED POTATOES WITH GRAVY, FRESH CUCUMBER PINWHEELS, FRESH ORANGE SMILES



23 SCRATCH MADE BLUEBERRY BAR LEMON BLUEBERRY PARFAIT

BEEF, CHICKEN, OR CHEESE NACHOS OR POPCORN CHICKEN SALAD WITH GARLIC KNOT

SEASONED REFRIED BEANS, LETTUCE & TOMATO CUP, SALSA CUP, FRESH WHOLE BANANA

24 CINNAMON ROLL

CHEESE OR PEPPERONI PIZZA OR PROTEIN CHAMP BOX

CONTAINS: BOILED EGG, SUNBUTTER DIPPER, PRETZELS & APPLE SLICES

SEASONED CORN, CAESAR SHAKER SALAD, FRESH WHOLE APPLE

27 PANCAKE ON A STICK

HOMESTYLE CHICKEN SANDWICH OR MAC AND CHEESE ENTREE

SEASONED CURLY FRIES, STEAMED BROCCOLI, FRESH WHOLE ORANGES

28 MUFFIN WITH STRING CHEESE STICK

CHICKEN ALFREDO WITH GARLIC KNOT OR CHEESE QUESADILLA

HONEY GLAZED CARROTS, GARDEN SHAKER SALAD, FRESH APPLE SLICES

29 CHEESY EGG BITE WITH WHEAT TOAST

CRISPY CHICKEN DRUMSTICK WITH SOUTHERN STYLE BISCUIT OR MUFFIN & YOGURT BOX

MASHED POTATOES WITH GRAVY, SEASONED GREEN BEANS, GRAPES & PEACHES

30 SCRATCH MADE BANANA BREAD

BEEF AND/OR CHEESE NACHOS OR BBQ CHICKEN SALAD WITH GARLIC KNOT

SEASONED CORN, SOUTHWEST CAVIAR, LETTUCE & TOMATO CUP, SALSA CUP, MANGOS & PINEAPPLES



COTTAGE CHEESE

- HIGH IN PROTEIN! HALF A CUP PROVIDES BETWEEN 12-15 GRAMS!
- SUPPORTS THE BUILDING OF MUSCLE AND OVERALL BONE HEALTH!
- CONTAINS PROBIOTICS THAT CAN HELP BALANCE AND PROTECT OUR GUT!



COTTAGE CHEESE GETS ITS NAME BECAUSE IT WAS TRADITIONALLY MADE IN SMALL "COTTAGES" USING FRESH MILK LEFT OVER AFTER MAKING BUTTER!



MEAL PRICES

- STUDENT CEREAL & TOAST BREAKFAST: \$2.25
- STUDENT MAIN ENTREE BREAKFAST: \$3.00
- REDUCED BREAKFAST: FREE
- STUDENT LUNCH: \$3.25
- REDUCED LUNCH: FREE
- ADULT LUNCH: \$5.25
- EXTRA ENTREES, SIDES, SNACKS & BEVERAGES AVAILABLE FOR PURCHASE

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VEGETARIAN

