



South San Antonio ISD

SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

January 28, 2026 @1000

South San Antonio ISD

Virtual

5622 Ray Ellison Blvd

San Antonio, Texas 78242

The meeting was called to order @ 10:00 AM by SHAC Chair Mrs. Vallejo. A quorum was not met.. The minutes from May 15, 2025, were presented via self read on screen and approved by 1st motion Gary Urdiales 2nd motion Jose Guereca. Mrs. Vallejo welcomed all the members in attendance. She recognized the importance of each component for the accurate reflection of their Department on the health and educational instruction for the students.

Members in attendance: Jose Guereca, Diane Vallejo, Debra Rice, Gary Urdiales, Theresa Rodriguez

Presenters: NONE

Parents, Guests, and Community Members: NONE

Nutrition Services: (Debra Rice)- Local School Wellness Policy is reviewed and updated annually. 1. Reminder on the wellness plan, it is an auditable area for Child nutrition and being updated yearly. Its annual review is focusing on nutrition ,physical activity and overall health to boost academic success. Ms. Rice's goal is to review and ensure that the process listed on the wellness plans is being implemented. Its report will be generated by the campus Staff and curriculum, athletic's physical fitness portion. This year she will be adding the portions of employee wellness with the help of HR staff 2. Lastly, starting a NEW group called :”Lunch Talk”, HS students applied for the ability to participate. The group is made up of #8 students. They are to give input on menu item ideas they would like to see for breakfast & lunch. In addition the students will be

explained how the “free lunch program” operates. This will be a great opportunity to provide this educational piece to these students to strengthen student participation in the HS setting.

Head Start: (Gary Urdiales, Teresa Montoya, Maria Hernandez) :1. Currently all 4 campuses that house the Head Start Program are being provided Nutritional classes with partnership with TX Agrilife. Benavidez classes, 1/13/26 to 2/5/26 (T & Thr) Armstrong 1/15/26 to 3/5/26, Carrillo 1/16/26 to 3/6/26, Hutchins 1/16/26 to 3/6/26. (Once a week), there will be morning classes running for an hour in half, 2.Virtual Parenting classes with the partnership with Providence Place, The classes are being offered on Mondays. They have an open door policy to allow parents to participate in and out of the session. They offer toiletries and diapers for those students. However, they are only for SSAISD parents with children in the 0- 3 year old age levels. This is a new partnership within this year. 3.Conductiong Spring Father initiatives at Armstrong (Feb 20, 2026), Carrillo(Feb 26, 2026). They will be coordinated with the Nurse and Child Nutrition. 4. a.Compliance checks are being conducted with head start classes that their scheduled tasks are being being followed (ie. duration of lunch time), b. Viewing the task of tooth brushing process standards c. safety checks (ie. environment) d. Nutrition classes are being directly by the Head start department (communicate with nursing staff on any student allergies for ingestion safety) e. Brident Dental cleaning will be coming in April. 5. Have partnership with Family Services Assoc. and they conduct monthly virtual Health and Wellness sessions for Head Start staff / employees ONLY.

Health and Safe School Environment: (Chief Tovar): DECLINED

Health Education: (Raymond Carroll): Absent

Health Services: (Diane Vallejo RN):. 1. The Health service Department is reviewing all student immunization records for compliance and has withdrawn students who had been out of compliance since the first semester of the academic year. Currently, Palo Alto Elementary is having a Metro Health Request focused audit for all Kinder students enrolled 2. Completing the mandated screenings for the PK, K, 1st, 3rd, 5th, 7th, 8th with referrals as appropriate, Ensuring UDCA's, Medication Designees, STB staff training with hands on sessions completed 3. Updating the District Sentinel by uploading our Opioid Antagonist Protocols are in place. Our district's practice per the Board Policy is requiring that all Nursing staff and Campus Police are trained. The Narcan is being provided by Health Services to officers, and there is supplies in every nursing office, as well.

Counseling & Mental Health: (Rosemary Morales) : Absent

Community Members: (Jose Guereca) 1. Monthly Food Drive continues and is being successful serving over 300 families via Partnership with Food Bank. There will be upcoming talks with the Food Bank to possibly increase the amount of food to serve our families. The drive is run every 4th Tuesday of the month 9 to 11 at the Durban Center. 2. The parent liaison is to continue working with their assigned campuses to conduct monthly meetings and workshops. The current focus is on STAR & curriculum to meet the campus improvement plans. This being so Parents understand our curriculum via and support their students via monthly Cafecitos meetings 3. Applying for an after school program grant. Mr. Guereca will be going out to the elementary schools within the next 2 weeks to conduct small community meetings to receive feedback on our needs assessment to complete the application to request the funding.

Other Business: **DATE changes**

- Jan 28, 2026 Virtual
- Feb 25, 2026 Virtual
- Mar 25, 2026 Virtual
- April 29, 2026 Face to Face (Assistance with Presentor/ snacks/ parent attendance)

Recommendations: **ONGOING!**

Parent recruitment by all members will continue to be the goal for this program

- **Enlist parents by school levels (1) Elementary level, (1) Middle School level, (1) High school level**
- **Utilize Parent Liaison**
- **Utilize Head Start Parent Facilitators**
- **Parent Engagement Specialist to reach out to North Side ISD & North East ISD to review their SHAC strategies for successful Parent partnerships**

Adjourn: 10:20 1st motion: Debra Rice 2nd Theresa Rodriguez

Respectfully submitted:

Diane Vallejo RN, BSN Health Services Coordinator