



Tuesday, Sept. 16, 2025

FOR IMMEDIATE RELEASE:

Jefferson High School Mental Health Room receives gift from Ankit Foundation

The Jefferson High School Mental Health Room recently received the gift of a Sensory Therapy Chair, courtesy of the Ankit Foundation Corp. in West Lafayette.

Jefferson High School is among several LSC schools with a room set aside for students to regroup and recharge in the face of anxiety, stress and personal challenges. These “Zen Dens” offer a serene, quiet space, where students can engage in calming activities, helping them do a reset and rejoin their peers when they are in a better headspace.

The soft, contoured chair cradles the body securely and rocks gently, relaxing tense muscles and stressed minds. The chair’s high-tech engineering allows for input from the inner ear mechanisms that regulate sensory systems, gently providing sensory stimulation.

To purchase the chair, The Ankit Foundation Corp. raised nearly \$2,000 in July 2025 from its annual Concert and Candlelight Tribute for Mental Health Awareness. The event honors the memory of Ankit Toppo, who lost his life in 2022 at age 20 due to depression.

Pushpa Toppo, the foundation’s president and CEO, describe the gift to JHS as “another way the Ankit Foundation can support students’ mental health, helping them maintain resilience and confidence to get through the challenging moments and succeed in their careers and their lives.”

Lafayette School Corp. is dedicated to helping students with mental health awareness. Kelly Myers, the Mental Health Coordinator for the District, focuses exclusively on educating students and staff on ways to find students the support they need.

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