

SPRING 2026 SWIM LESSONS AT-A-GLANCE

FRIDAY APRIL 10—MAY 29 8 CLASSES				TUESDAY APRIL 28—JUNE 16 8 CLASSES			
9120SP26F	Parent/Toddler 1&2	10:30–11 am	\$72	9120SP26T	Parent/Toddler 1&2	5:50–6:20 pm	\$72
9130SP26F1	Puddle Jumpers 1	10–10:30 am	\$95	9150SP26T1	Puddle Jumpers 1&2	5:50–6:20 pm	\$95
9130SP26F2	Puddle Jumpers 1	10–10:30 am	\$95	9150SP26T2	Puddle Jumpers 1&2	5:50–6:20 pm	\$95
9140SP26F1	Puddle Jumpers 2	10–10:30 am	\$95	9160SP26T	Level 1	5:15–5:45 pm	\$95
9150SP26F	Puddle Jumpers 1&2	10:30–11 am	\$95	9170SP26T1	Level 2	5:15–5:45 pm	\$95
9140SP26F2	Puddle Jumpers 2	10:30–11 am	\$95	9170SP26T2	Level 2	5:15–5:45 pm	\$95
MONDAY APRIL 20—JUNE 15 8 CLASSES				9190SP26T	Level 3	6:25–7:15 pm	\$120
9120SP26M	Parent/Toddler 1&2	5:50–6:20 pm	\$72	9230SP26T	Level 6	6:25–7:15 pm	\$120
9150SP26M1	Puddle Jumpers 1&2	5:50–6:20 pm	\$95	9251SP26T	Adult Advanced 2	6:25–7:15 pm	\$120
9150SP26M2	Puddle Jumpers 1&2	5:50–6:20 pm	\$95	WEDNESDAY APRIL 29—JUNE 17 8 CLASSES			
9160SP26M1	Level 1	5:15–5:45 pm	\$95	9130SP26W	Puddle Jumpers 1	5:15–5:45 pm	\$95
9160SP26M2	Level 1	5:15–5:45 pm	\$95	9140SP26W	Puddle Jumpers 2	5:50–6:20 pm	\$95
9170SP26M1	Level 2	5:15–5:45 pm	\$95	9160SP26W1	Level 1	5:15–5:45 pm	\$95
9190SP26M	Level 3	6:25–7:15 pm	\$120	9160SP26W2	Level 1	5:50–6:20 pm	\$95
9200SP26M	Level 4	6:25–7:15 pm	\$120	9170SP26W1	Level 2	5:15–5:45 pm	\$95
9220SP26M	Level 5	6:25–7:15 pm	\$120	9170SP26W2	Level 2	5:50–6:20 pm	\$95
				9190SP26W1	Level 3	6:25–7:15 pm	\$120
				9200SP26W	Level 4	6:25–7:15 pm	\$120
				9250SP26W	Adult Beginner 1	6:25–7:15 pm	\$120

SPRING 2026 SWIM LESSONS

Parent/Toddler Aquatics

Parent/Toddler This class is for children ages 6 months to 3 years old with parent in the water. Class stresses safety and teaches parents how to help their child become comfortable in the water. **Swimming diapers are required under swimsuit.** This is the first introduction to the water with the parent and child. Skills introduced with parent/caregiver/grandparent: bubble blowing, front and back floats and glides, beginning arm movements on the front and back, kicking, jumping into the water, and safety in and around the water all with support.

Classes meet 8 times.

9120SP26F	Parent/Toddler	April 10–May 29	10:30–11:00 am	\$72
9120SP26M	Parent/Toddler	April 20–June 15	5:50–6:20 pm	\$72
9120SP26T	Parent/Toddler	April 28–June 16	5:50–6:20 pm	\$72

Preschool Aquatics

Puddle Jumpers 1 Children must be 3 years old. **This is the first class without the parent.** The child must separate comfortably from the parent. Skills taught will be independent water entry, supported kicking, supported front and back floats and glides, supported front and back swim and kick, bubble blowing, and face submerge and arms for finning. All skills will be done with support.

Puddle Jumpers 2 This class is for children between the ages of 3–5 years old. They will be introduced to floating on front and back, face fully submerged, and starting combined arm/leg action for 2 body lengths with equipment. They will be working towards independent swimming.

Classes meet 8 times.

9130SP26F1	Puddle Jumpers 1	April 10–May 29	10–10:30 am	\$95
9130SP26F2	Puddle Jumpers 1	April 10–May 29	10–10:30 am	\$95
9130SP26W	Puddle Jumpers 1	April 29–June 17	5:15–5:45 pm	\$95
9150SP26F	Puddle Jumpers 1&2	April 10–May 29	10:30–11 am	\$95
9150SP26M1	Puddle Jumpers 1&2	April 20–June 15	5:50–6:20 pm	\$95
9150SP26M2	Puddle Jumpers 1&2	April 20–June 15	5:50–6:20 pm	\$95
9150SP26T1	Puddle Jumpers 1&2	April 28–June 16	5:50–6:20 pm	\$95

For information about Open Swim Schedules, Punch Cards, Pool Passes, Pool Rental, Liquid Lightning and more, visit lakeorionschools.org/departments/enrichment-services/aquatics or scan this QR code.



9150SP26T2	Puddle Jumpers 1&2	April 28–June 16	5:50–6:20 pm	\$95
9140SP26F1	Puddle Jumpers 2	April 10–May 29	10–10:30 pm	\$95
9140SP26F2	Puddle Jumpers 2	April 10–May 29	10:30–11 am	\$95
9140SP26W	Puddle Jumpers 2	April 29–June 17	5:50–6:20 pm	\$95

Learn to Swim—Beginner

Level 1 This is a beginning level class for children 5 and up. Skills to be mastered are: full face submerged, introduction to independent front and back float, jumping in, arms and legs combined and introduction to finning on back. Child will become comfortable with front or back float and putting face into the water.

Level 2 This class is for the child who can submerge completely under water and float independently. We will continue to work on independent front and back floating and swimming 3–4 body lengths. Introduction of arms and kick for front crawl; elementary backstroke arms and kick and jumping into deep water.

Classes meet 8 times.

9160SP26M1	Level 1	April 20–June 15	5:15–5:45 pm	\$95
9160SP26M2	Level 1	April 20–June 15	5:15–5:45 pm	\$95
9160SP26T	Level 1	April 28–June 16	5:15–5:45 pm	\$95
9160SP26W1	Level 1	April 29–June 17	5:15–5:45 pm	\$95
9160SP26W2	Level 1	April 29–June 17	5:50–6:20 pm	\$95
9170SP26M1	Level 2	April 20–June 15	5:15–5:45 pm	\$95
9170SP26T1	Level 2	April 28–June 16	5:15–5:45 pm	\$95
9170SP26T2	Level 2	April 28–June 16	5:15–5:45 pm	\$95
9170SP26W	Level 2	April 29–June 17	5:15–5:45 pm	\$95
9170SP26W	Level 2	April 29–June 17	5:50–6:20 pm	\$95



Learn to Swim Intermediate

Level 3 This class is for the child who can swim independently for 5 body lengths with combined arm and leg action (front crawl). The child is able to jump in and fully submerge and recover. Rotary breathing will be introduced, and the focus will be on freestyle; swimming 1 length of 25-yard pool; elementary backstroke and backstroke arms and kick.

Level 4 This class is for the child who knows freestyle and elementary backstroke. The child is able to jump into deep water. We will be focusing on proper rotary breathing and introduce breaststroke and backstroke, diving and scissors kick will be introduced.

Classes meet 8 times.

9190SP26M	Level 3	April 20–June 15	6:25–7:15 pm	\$120
9190SP26T	Level 3	April 28–June 16	6:25–7:15 pm	\$120
9190SP26W	Level 3	April 29–June 17	6:25–7:15 pm	\$120
9200SP26M	Level 4	April 20–June 8	6:25–7:15 pm	\$120
9200SP26W	Level 4	April 29–June 17	6:25–7:15 pm	\$120

Learn to Swim Advanced

Level 5 This class is for the child who can do front and back crawl for 15 yards. To exit this level, the child must be able to do a shallow dive in deep water; front crawl and elementary backstroke for 50 yards; breaststroke and back crawl for 25 yards using appropriate turning styles.

Level 6 This class is for the child who passed level 5. This is a swim conditioning class to refine technique. This class will emphasize stroke technique and endurance. The child must be able to swim freestyle with rotary breathing, backstroke, breaststroke and can swim in water 7–13 feet deep. This class will continue to refine all competitive strokes and elementary backstroke as well as sidestroke. Flip turns both front and back will be taught. Diving will also be taught.

Classes meet 8 times.

9220SP26M	Level 5	April 20–June 15	6:25–7:15 pm	\$120
9230SP26T	Level 6	April 28–June 16	6:25–7:15 pm	\$120



Host your birthday party AT THE LOHS POOL!

Contact Amy Kuiper at 248-814-1715 or amy.kuiper@lok12.org for available dates and rates!

Adult

Adult This class is designed to help an older child or adult become more comfortable in the water and overcome any fear in the water. This is a beginning class, and the instructor will help each student set and attain individual goals, but emphasis will be placed on teaching students how to be more comfortable in the water. Minimum of 4 people are required to enroll in the class. Emphasis is on lots of quality instruction time.

Classes meet 8 times.

9250SP26W	Adult Beginner 1	April 29–June 17	6:25–7:15 pm	\$120
9251SP26T	Adult Beginner 2	April 28–June 16	6:25–7:15 pm	\$120

OPEN SWIM PRICES 2026

ONE TIME OPEN SWIM COST

Child (12 & under)	
Senior Citizen (60 and up)	
USA Military or Veteran (must show your ID)	\$6
Adult/Teen (13 and up)	\$7
*Children 2 and under are free with an adult	

5 PUNCH CARD

Child (12 & under)	
Senior Citizen (60 and up)	
USA Military or Veteran (must show your ID)	\$25/\$5 a swim
Adult/Teen (13 and up)	\$30/\$6 a swim

10 PUNCH CARD

Child (12 & under)	
Senior Citizen (60 and up)	
USA Military or Veteran (must show your ID)	\$35/\$3.50 a swim
Adult/Teen (13 and up)	\$45/\$4.50 a swim

15 WEEK PASS

15-week passes are nonadjustable consecutive week passes. Recommended for customers that swim at least twice per week.

Individual	\$95
Couple/Family	\$120
Family of 3 or more	\$200
Senior Individual	\$70
Senior Couple	\$100

Catch the wave AT THE LOHS NATATORIUM

Aqua Fitness

A shallow water workout. Emphasis is on fat burning cardio and strength building. Swimming is not a requirement, an attitude for fitness is. \$6 Drop-in. 10-punch card prices are \$56 for 60 and older, \$58.50 for 59 and under.

Spring Class meets 27 times.

No class May 25, June 10, June 12.

9800SP26MWF	MWF	April 6–June 8	9–9:45 am
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Summer Class meets 26 times.

No class July 3, Aug 3, Aug 5, Aug 7.

9800SU26MWF	MWF	June 15–Aug 21	8:45–9:30 am
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Masters Swim Sundays

Class meets 5 times.

9700SP26SU	Sun	April 12–May 17	8:30–10 am
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\$10 Drop-in fee, or 10-punch card available on site at \$95.

Lifeguard Review

9300SP26	Sat/Sun	TBD	9–3 pm	\$200
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Please call the pool for further information at 248.814.1715.

Join us on Instagram and Facebook @LOHSPool!

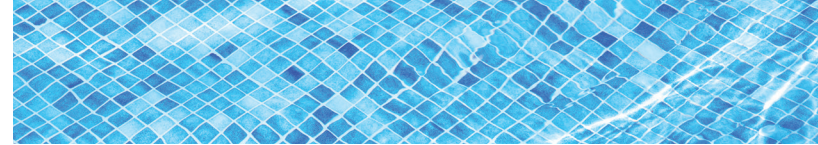
SUMMER 2026 SWIM LESSONS AT-A-GLANCE

MON - THUR	JULY 6 - JULY 16	8 CLASSES
9190SA26MTH	Level 3	9:30 am – 10:20 am \$120
9200SA26MTH	Level 4	9:30 am – 10:20 am \$120
9220SA26MTH	Level 5	9:30 am – 10:20 am \$120
9160SA26MTH	Level 1	10:25 am – 10:55 am \$95
9170SA26MTH1	Level 2	10:25 am – 10:55 am \$95
9170SA26MTH2	Level 2	11am – 11:30 am \$95
9180SA26MTH	Level 1&2	10:25 am – 10:55 am \$95
9150SA26MTH	Puddle Jumpers 1&2	11am–11:30am \$95

TUES-THUR	JULY 7 - JULY 30	8 CLASSES
9130SB26TTH	Puddle Jumpers 1	5:15 pm – 5:45 pm \$95
9130SB26TTH2	Puddle Jumpers 1	5:15 pm – 5:45 pm \$95
9140SB26TTH1	Puddle Jumpers 2	5:15 pm – 5:45 pm \$95
9160SB26TH1	Level 1	5:50 pm – 6:20 pm \$95
9160SB26TH2	Level 1	5:50 pm – 6:20 pm \$95
9170SB26TH1	Level 2	5:50 pm – 6:20 pm \$95
9190SB26TTH	Level 3	6:25 pm – 7:15 pm \$120
9200SB26TTH	Level 4	6:25 pm – 7:15 pm \$120

MON-THUR	JULY 20- JULY 30	8 CLASSES
9200SC26MTH	Level 4	9:30–10:20 am \$120
9230SC26MTH	Level 6	9:30–10:20 am \$120
9180SC26MTH1	Level 1&2	10:25–10:55 am \$95
9180SC26MTH2	Level 1&2	10:25–10:55 am \$95
9190SC26MTH	Level 3	10:25–11:15 am \$120
9150SC26MTH1	Puddle Jumpers 1&2	11–11:30 am \$95
9150SC26MTH2	Puddle Jumpers 1&2	11–11:30 am \$95





SUMMER 2026 SWIM LESSONS

Preschool Aquatics

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Puddle Jumpers 2 This class is for children between the ages of 3-5 years old. They will be introduced to floating on front and back, face fully submerged, and starting combined arm/leg action for 2 body lengths with equipment. They will be working towards independent swimming.

Classes meet 8 times.

9130SB26TTH	Puddle Jumpers 1	July 7-30	5:15 – 5:45 pm	\$95
9130SB26TTH2	Puddle Jumpers 1	July 7-30	5:15 – 5:45 pm	\$95
9140SB26TTH1	Puddle Jumpers 2	July 7-30	5:15 – 5:45 pm	\$95
9150SA26MTH	Puddle Jumpers 1&2	July 6-16	11-11:30 am	\$95
9150SC26MTH1	Puddle Jumpers 1&2	July 20-30	11-11:30 am	\$95
9150SC26MTH2	Puddle Jumpers 1&2	July 20-30	11-11:30 am	\$95

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Classes meet 8 times.

9160SA26MTH	Level 1	July 6-16	10:25 – 10:55 am	\$95
9160SB26TH1	Level 1	July 7-30	5:50 – 6:20 pm	\$95
9160SB26TH2	Level 1	July 7-30	5:50 – 6:20 pm	\$95
9170SA26MTH	Level 2	July 6-16	10:25 – 10:55 am	\$95
9170SA26MTH2	Level 2	July 6-16	11-11:30 am	\$95
9170SB26TH	Level 2	July 7-30	5:50 – 6:20 pm	\$95

9180SA26MTH Level 1&2 July 6-16 10:25 – 10:55 am \$95

9180SC26MTH1 Level 1&2 July 20-30 10:25 – 10:55 am \$95

9180SC26MTH2 Level 1&2 July 20-30 10:25 – 10:55 am \$95

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Classes meet 8 times.

9190SA26MTH	Level 3	July 6-16	9:30 – 10:20 am	\$120
9190SB26TTH	Level 3	July 7-30	6:25-7:15 pm	\$120
9200SA26MTH	Level 4	July 6-16	9:30 – 10:20 am	\$120
9200SB26TTH	Level 4	July 7-30	6:25-7:15 pm	\$120
9200SC26MTH	Level 4	July 20-30	9:30 – 10:20 am	\$120

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Classes meet 8 times.

9220SA26MTH	Level 5	July 6-16	9:30 – 10:20 am	\$120
9230SC26MTH	Level 6	July 20-30	9:30 – 10:20 am	\$120



START YOUR COMPETITIVE SWIMMING JOURNEY





WHAT IS ROYAL SWIMMING?

- USA SWIMMING - AFFILIATED TEAM
- LED BY COLLEGIATE-LEVEL COACHES
- COMPREHENSIVE SWIM DEVELOPMENT

**START ANYTIME
CONTACT US TO
SCHEDULE YOUR TRYOUT**




CONTACT :
LAKEORION@ROYALSWIMMING.ORG