



# LENTEN CHALLENGES CALENDAR

## FEBRUARY

18

WEDNESDAY

**Ash Wednesday Mass**

Tell a friend about this Lenten Challenges Calendar and commit to completing sister school kick-off.

23

MONDAY

Fast from social media, and attend Mass in the Chapel after school today.

19

THURSDAY

Perform an anonymous, simple act of kindness, and attend the Rosary at the Grotto after school.

24

TUESDAY

Go to Confession after school, and pray for our newly admitted students.

20

FRIDAY

Read the Gospel of Matthew 5:1-12 and reflect on one of the Beatitudes.

25

WEDNESDAY

Write a letter, make a phone call, or email your senators about a social justice issue that's important to you.

21

SATURDAY

Read the Sunday scriptures with your family before you go to Sunday Mass.

26

THURSDAY

**Earn Lancer Cup Points**  
Donate cash during CP to raise money for scholarships at our sister school. Drink only water at school today.

BRING \$ FOR CASH DONATIONS!

22

SUNDAY

**Go to Mass**  
Go to Mass with your family; pray for peace in our world.

27

FRIDAY

Pray for the Frosh and leaders at the FROSH Retreat, and pray the Stations of the Cross with Fr. Patrick at 2:40pm in the Chapel.

## MARCH

28

SATURDAY

Participate in the Lenten Day of Service or volunteer at a non-profit.

01

SUNDAY

**Go to Mass**  
Go to Mass with your family, and pray for immigrants.

02

MONDAY

Fast from anger today. Go to Mass in the Chapel after school today.

03

TUESDAY

Pray the Ignatian Examen. Go to Confession in the Chapel after school today.

04

WEDNESDAY

Pray for refugees, and attend Mass in the Chapel after school at 2:40pm.

05

THURSDAY

Pray for our Band at the Rosary at the Grotto at 2:40pm.

06

FRIDAY

Attend Adoration and pray the Stations of the Cross with Fr. Patrick at 2:40pm in the Chapel.

07

SATURDAY

Donate books, household items, or clothing to St. Vincent de Paul.

08

SUNDAY

**Go to Mass**  
Go to Mass with your family; pray for those who are unhoused.

09

MONDAY

Fast from gossip today. Go to Confession during lunch today.

10

TUESDAY

Pray for those taking the SAT and giving their ISLE Presentations.

11

WEDNESDAY

**Earn Lancer Cup Points**  
Donate cash during CP to raise money for scholarships at our sister school.

BRING \$ FOR CASH DONATIONS!

12

THURSDAY

Pray for our Spring SEARCHERS at the Rosary at the Grotto at 2:40pm.

13

FRIDAY

Pray the Stations of the Cross with Fr. Patrick at 2:40pm in the Chapel.

14

SATURDAY

Pray for the cast and crew in the Spring Musical.

15

SUNDAY

**Go to Mass**  
Go to Mass with your family; pray for refugees and victims of violence.

16

MONDAY

Reach out to an older family member or neighbor and ask about their life. Go to Mass in the Chapel after school today.

17

TUESDAY

Let go of an old grudge and forgive someone. Go to Confession today at 2:40pm.

18

WEDNESDAY

Learn something about a saint today and share with your family.

19

THURSDAY

Thank God for the end of Q3.

20

FRIDAY

Pray the Stations of the Cross with Fr. Patrick at 2:40pm in the Chapel.

21

SATURDAY

Cook a simple soup meal for your family using only \$1.

22

SUNDAY

**Go to Mass**  
Go to Mass with your family; pray for climate change solutions.

23

MONDAY

Fast from sarcasm today. Go to Mass in the Chapel after school today.

24

TUESDAY

All-school Stations of the Cross during CP. Go to Confession after school at 2:40pm in the Chapel.

25

WEDNESDAY

Write a note of apology to someone you feel you have hurt in some way.

26

THURSDAY

**Earn Lancer Cup Points**  
Donate cash during CP to raise money for scholarships at our sister school. Attend the Rosary at 2:40pm.

BRING \$ FOR CASH DONATIONS!

27

FRIDAY

Pray the Stations of the Cross with Fr. Patrick at 2:40pm in the Chapel, and pray for next week's Little Lancers.

28

SATURDAY

Donate at least three nonperishable food items to a food bank.

29

PALM SUNDAY

**Go to Mass**  
Go to Mass with your family; pray for vocations.

## APRIL

30

MONDAY

Fast from jealousy today. Go to Mass in the Chapel after school today.

31

TUESDAY

Watch a movie about Jesus' life like *Jesus of Nazareth* or *The Passion of the Christ* and go to Confession at 2:40pm.

01

WEDNESDAY

Take time to visit, call, or send a card to someone who is sick.

02

THURSDAY

**Holy Thursday Mass**  
Attend Holy Thursday Mass; wash someone's feet.

03

FRIDAY

**Good Friday Prayer Service**  
Attend a Good Friday Prayer Service; spend at least five minutes in silent meditation.

04

SATURDAY

**Holy Saturday**  
Create a gratitude list.

05

SUNDAY

**Easter Sunday**  
Celebrate Easter with your family. Pray for the Yakima service trip.

PRAY · FAST · GIVE

2026