



Bronco Bulletin

February 13, 2026

2025 Best Public High Schools in Maine



2024 AP[®] CSP Female Diversity Award



Upcoming Events

[School Calendar 2025-26](#)

[Purple and White Calendar](#)

2/16 - 2/20 -- February Vacation

Tue, 2/24 -- District V Show Choir Festival

Wed, 2/25 -- Extended Advisory (26-27 course sign up information)

Sat, 3/28 -- Key Club Day of Service

SPORTS

LETS GO BRONCOS!!

2/13 -- Girls Basketball Send Off -- bus leaves at 2:15

2/14 -- Boys Basketball Send Off -- bus leaves at 2:30

Friday 2/13

Team	Event	Time	Dismissal	Bus Departure
Girls Varsity Basketball	Quarter Final vs Lewiston (@ ACC)	5:30AM	-	2:15 PM

Saturday 2/14

Team	Event	Time	Dismissal	Bus Departure
Alpine Ski	@ Kents Hill	9:30AM	-	6:15AM
Boys Varsity Basketball	Quarter Final vs Edward Little (@ ACC)	5:30 PM	-	2:30 PM
Boys Varsity Ice Hockey	@ Messalonksee	7:00 PM	-	4:30 PM
Boys JV Ice Hockey	@ Messalonksee	9:00 PM	-	4:30 PM

Monday 2/16

Team	Event	Time	Dismissal	Bus Departure
Indoor Track	State Championships @ USM	12:00 PM	-	7:30AM

Tuesday 2/17

Team	Event	Time	Dismissal	Bus Departure
Boys Varsity Ice Hockey	vs John Bapst (SENIOR NIGHT)	6:30 PM	-	-
Boys JV Ice Hockey	vs John Bapst	8:30 PM	-	-

Wednesday 2/18

Team	Event	Time	Dismissal	Bus Departure
Alpine Ski	@ Titcomb Mnt SL	10:00 AM	-	6:30 AM
Boys Varsity Basketball	Semi-Final @ ACC (if they win)	7:00 PM	-	4:00 PM
Girls Varsity Basketball	Semi-Final @ ACC (if they win)	2:00 PM	-	11:00AM
Swim	@ Ellsworth	11am/12:30pm	-	10:00 AM

Friday 2/20

Team	Event	Time	Dismissal	Bus Departure
Boys Varsity Basketball	Regional Final @ ACC (if they win)	8:30 PM	-	5:30 PM
Girls Varsity Basketball	Regional Final @ ACC (if they win)	7:00 PM	-	4:00 PM
Wrestling	NE Qualifier @ Edward Little			

February Break

Have a fun vacation
Broncos!
See you again on
2/23/26.

Principal's Message

Quarter 2 report cards are now available on PowerSchool. Parents/guardians please check your email if you need directions on how to access report cards.

The Parent Ad and Business Ad submission for the Yearbook has been extended until March 1 (see the Yearbook Information section for details).

Have a great vacation!



School Information



THE NURSE'S CORNER

Barb Parent RN

bparent@rsu22.us

862-5570

IS IT A COLD, FLU OR COVID?

We are still in the midst of the cold, flu and covid season. Below is a list of signs and symptoms associated with each contagious illness. Please keep students home who have vomiting, diarrhea, fever or hacking cough. They should be fever free without the use of fever reducing medications for 24 hours before returning.

	COLD	FLU	COVID-19
Onset of Symptoms	Gradual	Sudden	Gradual
Fever	Rare	Common	Common
Headache	Sometimes	Sometimes	Sometimes
Fatigue/Weakness	Mild	Common	Common
Muscle Aches	Mild	Common	Common
Stuffy/Runny Nose	Common	Sometimes	Sometimes
Sneezing	Common	Rare	No
Sore Throat	Common	Sometimes	Sometimes
Cough	Common	Common	Common
Shortness of Breath	Rare	Rare	Common
Diarrhea	No	Sometimes	Sometimes

If you are unsure about your child's symptoms or how long they should stay home, consult a healthcare provider or the school nurse for guidance.

Hampden Food Cupboard 862-5248
 101 Main St N, Hampden, ME 04444
 Wednesdays from 10:00-10:20 AM and 4:30-6:00 PM
 Fridays from 9:00-10:00 AM



Winterport & Frankfort 223-4947
[Neighbor's Cupboard](#)
 49 Park Dr, Winterport, ME 04496
 Wednesdays, 9 - 10am

Newburgh 659-5613
[Newburgh Community Food Pantry](#)

Attendance Procedures



PLANNED ABSENCES

If your student has a planned absence, please be sure to complete the [Pre-approved Planned Absence Form](#). If this form is completed before the absences, then the absences will be excused and students will be allowed to make up their work. If families do not complete this form, absences will be unexcused and students will not be able to make up assignments missed while absent.

DAILY ATTENDANCE

In order to promote good school attendance and maximize learning opportunities, Hampden Academy adheres to the following attendance guidelines:

1. If a student is absent from school, parents/guardians should email the school at haoffice@rsu22.us before 9:00 a.m. to notify the school of the absence and provide a reason for the absence.
2. Accurate records of student attendance including absence, tardiness and dismissal are maintained in the main office. Reasons for absence, tardiness and dismissals are verified and recorded as either excused or unexcused. Excused absences, tardies and dismissals are determined by state law and school board policy as listed below:
 1. Absence due to personal illness. In the case of illness or suspected truancy, a doctor's statement may be required.
 2. Appointments with health professionals that cannot be made outside of the regular school day.
 3. Observance of recognized religious holidays when the observance is required during the regular school day.
 4. Planned absences for personal/educational purposes that are approved in advance by the Principal or Assistant Principal. A planned absence of three or more days requires the completion of a [Request for Planned Absence Form](#) seven days prior to the absence.
 5. Absence due to emergency family situations.
3. All unexcused absences will be addressed through the school's disciplinary and truancy policies.

DISMISSAL PROCEDURES

Once a student arrives at school, they are expected to stay on school grounds until dismissal. If a student needs to be dismissed before the regular dismissal time, a parent or guardian must notify the office via note or phone call giving permission and indicating the reason for early departure. Excused dismissals are determined by state law and are listed above in the Daily Attendance section.

Students are dismissed under the following guidelines:

1. Students who wish to be dismissed due to illness must be dismissed by the nurse.
2. The parent/guardian should call the front office if a student is being dismissed by them. The student must report to the office for a dismissal slip.
3. When dismissed, students must sign out in the office and leave school premises.
4. Parent/guardian permission is required in writing for the express purpose of the student working at a part-time job (under the provisions of current Maine Labor Laws), and parent/guardian must sign an Early Dismissal Permission form. This permission slip makes it

clear that once the student has left the school grounds, the student may not return until after the close of school on that day. Early dismissal is considered a privilege, not a right, and may be revoked (for a given student) by administration for good reason.

Lunch Menu

HAMPDEN ACADEMY				Breakfast Entrée or Cereal Fruit, Juice, Milk
February Lunch Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Chicken Tenders Potato Wedges Salad & Fruit Bar	Bacon Cheeseburger Tater Tots  Salad & Fruit Bar	Bronco Burger <i>Sausage, Egg, & Cheese on Croissant</i> Hashbrown Salad & Fruit Bar	Mac & Cheese Garlic Breadstick  Salad & Fruit Bar	Pizza <i>Chef's Choice Toppings</i> Salad & Fruit Bar
9	10	11	12	13
Pasta & Meatsauce Garlic Breadstick Parmesan Cheese Salad & Fruit Bar	Popcorn Chicken Crinkle Cut Fries Dinner Roll Salad & Fruit Bar	Tacos Seasoned Beef Cheddar Cheese <i>Toppings</i> Salad & Fruit Bar	Cheese Breadsticks <i>Marinara Dipping Sauce</i> Chocolate Pudding Salad & Fruit Bar	Early Dismissal Snack Pack to go
16	17	18	19	20
No School 	No School 	No School 	No School 	No School 
23	24	25	26	27
Popcorn Chicken Bowl <i>with Mashed Potato, Corn, Cheese, & Gravy</i> Salad & Fruit Bar	Teriyaki Chicken with Ramen Noodles Egg Roll Salad & Fruit Bar	Cheeseburger Deluxe French Fries Salad & Fruit Bar	Chicken Alfredo with Noodles Steamed Broccoli Dinner Roll Salad & Fruit Bar	Pizza <i>Chef's Choice Toppings</i> Salad & Fruit Bar
<i>Alternate Menu Choices - Peanut Butter & Jelly Meal and Daily Chef's Special</i>				
February Favorite Chicken Alfredo with Noodles Broccoli, Dinner Roll	Fruit & Salad Bar Always Offered 	<i>Menu Subject to Change</i> This institution is an equal opportunity provider	 GROUNDHOG DAY IS FEBRUARY 2ND An old Pennsylvania Dutch tradition says if a groundhog comes out of its burrow and sees its shadow there will be six more weeks of winter. No shadow means early spring.	

School Meals Online Application

Around the School

Student of the Month

February Bronco Blast

Congratulations to following students for excellence in their subjects:

Performing Arts -- Ainsley M

Math -- Ben O

Science -- Khloe H

Social Studies -- Ella K

World Languages -- Sam R



English -- Delaney K
Wellness -- Chasen G
Visual Arts -- Clyde H
Technology -- Zach S

Mr Hills Award -- Miles S

District V Jazz Festival

The Hampden Academy Jazz Groups participated at the District 5 Jazz Festival. The Jazz Ensemble received Gold with a score of 98. The Jazz Band received a Silver with a score of 90, and the Jazz Combo received a Bronze with a score of 89. Way to go Bronco Musicians!



The Winner of the Ultimate School Burger Challenge is

PICKLE POWER BURGER!!

The **PICKLE POWER BURGER** will be on the menu until **FEBRUARY 14th!!**
15% of every burger supports the RSU 22 Education Foundation



10th Graders Visit UTC

Thank you to United Technology Center for hosting HA students and showing off their awesome programming!



Student Services

United Technologies Center Applications Now Open!

Applications are due March 1

Apply at utc4me.org

Feb 4: Grade 10 Presentation @ HA

Feb 10: Grade 10 Tour @ UTC

See your school counselor for questions
and visit UTC4me.org for more
information on programs.

Please use your personal email to
apply.



HA Student Services



Upcoming Dates

2/23 – SAT Registration Begins

3/1 – UTC Applications are due

3/4 - Career Fair (1-2 in dining commons)

3/5 – SAT Registration Deadline/Checks Due

3/18 - College Info Night (6pm in the PAC)

Week of 4/6 – SAT Testing (Grade 11)

Senior Spotlight



Student Services would love to celebrate all of our seniors and their postsecondary plans. Please send pictures to Mrs. Lothrop at blothrop@rsu22.us.

Hampden Academy's

Student Pantry



See below for a link to our Amazon Wish List. We accept donations all school year!

DROP-OFF LOCATION

 **Hampden Academy**
89 Western Avenue
Hampden, ME 04444

ITEMS NEEDED

- ▶ Shelf stable meals
- ▶ Snacks

For More Information : 207-862-4111 (Bethany Lothrop) blothrop@rsu22.us

Athletics

HA Athletics Facebook page is live! Follow at "Hampden Academy Athletics" to get the latest scheduling information and team updates!



MILES SHAIN & FRED WALSH

SENIOR and JUNIOR



ATHLETE OF THE WEEK - 3

ALPINE SKI ATHLETE HIGHLIGHT



ADAM MCCLURE

Yearbook Information

PARENT ADS FOR HA YEARBOOK

PARENTS,
Interested in placing
a parent ad for your
graduating senior?

**EXTENDED DEADLINE
MARCH 1**

Specifications:

- Photo
- Up to 100 words of text
- Students Name

Either send
pics & text in -
we create
or
send your own

Full page size
8.5x11

PRICES:

1/4 page: \$75
1/2 page: \$150
Full Page: \$300

Send Parent Ad to :

hayearbook@rsu22.us

Check to HA Office:

Made out to
HA Yearbook



Business Ads for HA Yearbook

Businesses,
Interested in
placing an ad to
support the HA
yearbook?

Specifications:

- Photo/Logo
- Up to 100 Words
of Text
- Business

Prices:

- Full Page: \$300
 - Half Page: \$150
 - Quarter Page: \$75
- Full Page Size: 8.5x11

Send Business Ad To:

hayearbook@rsu22.us
Check to HA Office:
Made out to HA Yearbook

Either send pics &
text in and we create
or
send your own

Deadline:

February 22, 2026

Business Ad Deadline is extended until March 1.

HA YEARBOOKS ORDER NOW

ON SALE NOW

Scan the QR code,
enter Hampden
Academy and order
yours today



2025-2026 HAMPDEN ACADEMY YEARBOOK *Jostens*

COUNTLESS AMAZING MEMORIES. ONE ICONIC YEARBOOK.

NOW \$60.00
That's a savings of \$10.00
Order by 10/10/2025

YEARBOOK	\$60.00
SIGNATURE PACKAGE <small>Includes: Yearbook, Enhanced Personalization, Autograph Pens, Autograph Section</small>	\$83.00
ENHANCED PERSONALIZATION	\$10.00
ICONS	FREE!
AUTOGRAPH SECTION	\$5.00
PHOTO POCKETS	\$5.00
CLEAR PROTECTIVE COVER	\$5.00

TO ORDER:

- Scan the QR Code
- jostens.com/btooffer
- 1 (877) 767-9217

**SCORE FOUR FREE ICONS
WHEN YOU PERSONALIZE YOUR COVER**

More icon options are available online.

QUESTIONS:
HAYEARBOOK@RSU22.US

Hampden Academy Family and Student Handbook



About Hampden Academy

<https://ha.rsu22.us/>



Part of RSU 22, Hampden Academy currently services 735 students in grades 9-12. Hampden Academy offers strong academics designed to challenge and inspire every student. Beyond the classroom, we celebrate a vibrant community with a wide variety of sports teams, dynamic music and performing arts programs, and numerous clubs to explore your passions. Learn more at our website.