HIGH SCHOOL NEWSLETTER

PELICAN RAPIDS HIGH SCHOOL I WINTER 2026 I GRADES 9-12

2026-27 COURSE REGISTRATION

Your student will enter their course requests the week of February 17. Please review the information Mrs. Lage shared with them below:

How their school counselor can help them:

- Academics
- Personal/Social Emotional Support
- Post Secondary Planning

Required and electives course options for 26-27 were shared. A full list of elective options is listed on the back of this newsletter. Your student was given a credit inventory. Our complete registration handbook can be found at: http://bit.ly/4qtL0d3

If you have any questions, please see Mrs. Lage at Conferences on Monday, February 16 from 1-7pm.

NCAA

If your student is interested in participating in Division I or II sports, they should contact me about requirements (2.3 GPA and 16 core courses)

Students wanting to take college level classes need a 3.0-3.2 GPA. High school is when a student's transcript and credits are built towards graduation.

CAREER EXPLORATION

Career Fair

On February 24, juniors and seniors will hear from panels of community members representing various industries, career paths, and educational training.

Military Education & Appreciation Day

On February 20, juniors and seniors will hear from members of each military branch about educational opportunities and career placements. At the home basketball doubleheader, these military members will be available to answer question from family members.

HELLO! PARENTS & GUARDIANS

Here is a snapshot of highlights and newsworthy things happening at the high school

Keep checking Skyward for grades and attendance. Semester 1/Quarter 2 ended on January 20. Report cards were mailed home at the end of January. Quarter 3 ends on March 13. Students continue to meet with their advisors this year to review academic progress.

IMPORTANT DATES

February 9: No School (Teacher Workshop)
February 13: Mid-Quarter 3
February 16: No School (Conferences 1-7pm)
March 16: No School (Teacher Workshop)
March 20: End of Quarter 3
March 23: Start of Quarter 4
March 23: Senior Privileges Begin

MONICA SCHNEIDER SPEAKS TO STUDENTS

Monica Schneider from Blooming Mental Health presented to students about "Taking Care of Me, First." She discussed the importance of mental health awareness, recognizing common symptoms and challenges, and understanding some of the traps that can negatively impact well-being. She also shared practical strategies for managing stress, balancing responsibilities, and focusing on what students can control in their daily lives.

ANXIOUS GENERATION

Our staff is reading "The Anxious Generation" by Jonathan Haidt. Please see the attached newsletter with chapter summaries, key takeaways, and home strategies to support your student.

KELSEY LAGE, SCHOOL COUNSELOR
(218) 863-6191
(218) 396-4855 for text messages
klage@pelicanrapids.k12.mn.us
To set up an appointment with me:
https://calendly.com/klage/15



Course Offerings

Program/Course	Grades
Agricultural Education	
Ag Science 9	9
Agribusiness Occupations	11-12
Ag Science	10-12
Environmental Science	11-12
Small Engines	10-12
Electricity	10-12
Welding I & II	11-12
Ag Leadership (Indpendent Study)	7-12
Art	
Drawing I & II	9-12
Ceramics & Sculpture	10-12
Painting & 2-Dimensional Art	10-12
Adv Art/AP Art* (Upon Approval)	11-12
Art History	10-12
Business Education	
Accounting I	10-12
Business Computer Applications	10-12
Personal Finance	11-12
Intro to Business	10-12
Driver's Education	
Driver's Training	9
English	
Young Adult Literature	11-12
College English*	11-12
Composition I & II	11-12
Literature	11-12
Industrial Technology	
Industrial Technology 9	9
Robotics	10-12
Digital Photography	10-12
Computer Aided Design I & II	10-12
Woods I & II	10-12

Program/Course	Grades
Mathematics	
Algebra 1/2	9
Intermediate Algebra	9-12
Geometry	9-10
Advanced Algebra*	10-12
Math 10	10-12
Algebra 2	10-12
Statistics*	11-12
Pre-Calculus*	11-12
Calculus*	12
Music (Band & Choir)	
Concert Band	8-9
Concert Choir	8-9
Wind Ensemble	10-12
Viking Choir	10-12
Science	
Anatomy/Physiology	11-12
Chemistry	11-12
Physics	11-12
General Chemistry	11-12
Spanish	
Spanish 1	9-12
Spanish 2	10-12
Spanish 3*	10-12
Spanish 4	10-12
Spanish for Spanish Speakers	10-12
Physical Education & Health	
Weightlifting	10-12
Lifetime Fitness	10-12
Nutrition & Wellness	10-12
Intro to Coaching	11-12
Intro to Officiating	11-12
Intro to Athletic Training	11-12
***College in the Schools Courses**	
****Earn Certifications**	

Program/Course	Grades
English Language Learner (ELL)	
ELL English 1	7-12
ELL English 2	7-12
ELL English 3	7-12
ELL English 4	7-12
ELL Math 1	7-12
ELL Math 2	7-12
ELL Math 3 (Algebra 1/2)	7-12
Other Electives	
Video Productions (Ind Study)	9-12
Early Childhood Education*	10-12
Theater	9-12
CNA**	10-12
Cosmetology I & II	11-12
Shada Yearbook (Ind Study)	11-12
EMT**	12
CDL**	12
Career and College Prep	10-12
Global Foods	10-12
Non-Academic Electives	
Study Hall (no credit)	8-12