HIGH SCHOOL NEWSLETTER

PELICAN RAPIDS HIGH SCHOOL I WINTER 2026 I GRADES 7-8

2026-27 COURSE REGISTRATION

Your student will enter their course requests the week of February 17. Please review the information Mrs. Lage shared with them below:

How their school counselor can help them:

- Academics
- Personal/Social Emotional Support
- Post Secondary Planning

Required and electives course options for 26-27 were shared. A full list of elective options is listed on the back of this newsletter. Your student was given a credit inventory. Our complete registration handbook can be found at: http://bit.ly/4qtL0d3

If you have any questions, please see Mrs. Lage at Conferences on Monday, February 16 from 1-7pm.

REQUIREMENTS FOR EIGHTH GRADE

English 8 (Year)
Math 8 (Year)
Global Studies 8 (Year)
Physical Education 8 (Year)
Science 8 (Year)
Band 8 and/or Choir 8
Quarter Classes

REQUIREMENTS FOR NINTH GRADE

English 9 (Year)
Math (Year)
History 9 (Year)
Science 9 (Year)
Physical Education (Semester)
Computer 9 (Quarter)
Driver's Training (Quarter)
Music Elective or Study Hall
2 Electives (Semester Each)

HELLO! PARENTS & GUARDIANS

Here is a snapshot of highlights and newsworthy things happening at the high school

Keep checking Skyward for grades and attendance. Semester 1/Quarter 2 ended on January 20. Report cards were mailed home at the end of January. Quarter 3 ends on March 13. Students continue to meet with their advisors this year to review academic progress.

IMPORTANT DATES

February 9: No School (Teacher Workshop)
February 13: Mid-Quarter 3
February 16: No School (Conferences 1-7pm)
March 16: No School (Teacher Workshop)
March 20: End of Quarter 3
March 23: Start of Quarter 4
March 23: Senior Privileges Begin

MONICA SCHNEIDER SPEAKS TO STUDENTS

Monica Schneider from Blooming Mental Health presented to students about "Taking Care of Me, First." She discussed the importance of mental health awareness, recognizing common symptoms and challenges, and understanding some of the traps that can negatively impact well-being. She also shared practical strategies for managing stress, balancing responsibilities, and focusing on what students can control in their daily lives.

ANXIOUS GENERATION

Our staff is reading "The Anxious Generation" by Jonathan Haidt. Please see the attached newsletter with chapter summaries, key takeaways, and home strategies to support your student.

KELSEY LAGE, SCHOOL COUNSELOR

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To set up an appointment with me:
https://calendly.com/klage/15

