



Thompson Times

Serving West St. Paul, Mendota Heights, Lilydale & Eagan area

Thompson Park Activity Center (TPAC) Serving Adults 55+

Thompson Park Activity Center

1200 Stassen Lane, West St. Paul, MN 55118

Open 9 am-4 pm, Mon-Thu

TPAC will be closed Mar 23-27

For Information or Registration:

Call: 651-403-8300

Online: www.isd197.org/community/adults-55

Special Events



Legacy Celtic Music

Enjoy an hour of traditional Irish music with Legacy Celtic Music! With over 200 songs in their repertoire, Legacy blends lively jigs and reels with heartfelt ballads, humorous tunes, and rich vocal harmonies. Their performance features authentic Irish music woven together with engaging stories and a touch of humor. Whether you're Irish or Irish-at-heart, this performance will leave you clapping, singing along, and smiling all the way home. Light dessert will be provided.

Wed, Mar 11

1129-W26

1-2 pm

1 session - \$12



Minnesota Poet Laureate Celebrates Poetry Month

Celebrate National Poetry Month with Minnesota's Poet Laureate, Gwen Westerman! Sure to be inspiring as Gwen shares her personal story and reads from her powerful and poignant poems. Gwen captures the landscape, history, and spirit of Minnesota life. Minnesota's leading voice for poetry will share the ways language and storytelling connect us all. *In partnership with the Minnesota Humanities Center.*

Mon, Apr 6

1153-W26

1:15-2:15 pm

1 session - \$5

Thank You
Volunteers!

April is Volunteer Appreciation Month!

You Make
TPAC the Best!

Mar/Apr 2026

LEARNING & DISCUSSION

Russian History Series

Discover the richness of Russia's past in a 5-part series with Dr. Maria Fedorova. Explore pivotal events, cultural traditions, and influential figures that shaped Russia and continue to affect its place in the world today. With both scholarly insight & approachable storytelling,



Dr. Fedorova brings history to life, weaving together ideas and narratives that spark curiosity and conversation. Learn, reflect, and connect with others as you journey through history with a passionate scholar as your guide. *Presenter: Maria Fedorova, PhD Assist Prof Macalester College*

Thu, Feb 19, 26, Mar 5, 12, 19
1147-W26

10-11 am
5 sessions - \$29

Technology Help

At this drop-in service, TPAC volunteer mentors will assist you with technology questions you have. Come with your device and receive friendly, patient 1-to-1 assistance.

Mondays
No registration needed, just walk in

9 am-12 pm
Free

Creating Your Estate Planning Blueprint

Build a strong foundation for your estate plan in this workshop, covering wills, trusts, retirement accounts, and tax-efficient strategies. Learn how Roth conversions can benefit you, adjust IRA beneficiary plans under new IRS rules, and create a meaningful legacy beyond assets. Retirees will receive workshop slides with key points and actionable strategies to help secure their financial future. *Instructor: Terrie Amundson, CFP®, 30+ years of experience guiding retirees in St. Paul*

Mon, Mar 2
1144-W26

10-11:30 am
1 session - \$4

Explore Conversational Spanish Level 1

Learn greetings, practical phrases, numbers, family, food, hobbies, and more. Ideal for newcomers. This stress-free, immersive experience using gestures and visuals for easy learning. Register early. *Instructor: Dick Milles, former Spanish Instructor, Metropolitan State University*

Wed, Mar 4-Apr 29

1841-W26

No class Mar 25

9:30-10:30 am

8 sessions - \$64

Laugh Along with Sportscaster Dick Jonckowski

Enjoy an entertaining presentation with former sportscaster Dick Jonckowski as he shares heartwarming and humorous stories from his many years in the world of sports. Known as "The Polish Eagle", Dick has a lifetime of experience to draw from and his easy-going style will keep you smiling throughout. With wit, charm, and a twinkle in his eye, Dick reminds us that laughter truly is the best medicine.

Presenter: Dick Jonckowski, former sportscaster



Tue, Mar 3
1136-W26

10-11:30 am
1 session - \$12

Thank You
Event Volunteers!

Carol Beaves, Judy O'Donnell,
Eva Novaczyk, Ellen Smith,
Patty Stewart, Colleen Titus

LEARNING & DISCUSSION

Phone Photo Rescue Workshop for Beginners on Zoom

Are you overwhelmed or running out of storage with all of the photos just sitting on your phone? Learn to delete the clutter, create printed photo books and protect your precious memories forever. Transform your chaotic photo collection into an organized library you can actually navigate, plus learn maintenance habits that take only minutes each week, without any confusing tech jargon. Nicki will join us live via Zoom on our large TV; tech volunteers will be present to help with questions.

Presenter: Nicki Walsh, Social Club Simple

Thu, Mar 5 12-1 pm
1150-W26 1 session - \$25

Nature Sense with Naturalist Eloise Dietz

Up, Up, and Away - Woodcocks

They can show up in March if end of winter conditions are favorably mild. Learn about this shy, humble, evasive and intriguing bird! Then be on the lookout for it!

Tue, Mar 10 1-2:15 pm
1783-W26 Mar 1 session - \$10

"Favorite Rocks" Rock Hounds

If you are a proud rock hound and have a favorite rock with a story surrounding it, bring it to today's program! There will be many many rocks on display and you will certainly leave this program knowing more about our rocky planet!

Tue, Apr 14 1-2:15 pm
1783-W26 Apr 1 session - \$10

Recycling/DeCluttering in Dakota County

Are decluttering or downsizing in your plans for 2026? Learn strategies on assessing your possessions and making choices to organize and simplify your home. You'll also learn about local resources and best practices for reusing, recycling or disposing of the stuff you no longer need.

Speakers: Kira Vanderlan, Zestful Design, and Courtney Selstad, City of West St. Paul

Mon, Mar 16 10-11 am
1143-W26 1 session - \$5

Lunch and Learn: Protecting Your Future with Elder Law

Join us for a special Lunch & Learn with Elder Law Attorney Chris Kradle. Chris will share valuable insights on how an elder attorney can help seniors protect assets, plan for long-term care, and navigate important legal decisions with confidence. Learn practical guidance on wills, trusts and healthcare directives; gain peace of mind for you and your loved ones while enjoying lunch with friends.

Presenter: Chris Kradle, Kradle Law, P.L.L.C.

Tue, Mar 17 11 am -12:30 pm
1158-W26 1 session - \$9



Take Me Out to the Ballgame: A History of Twin Cities Ballparks

This richly illustrated presentation examines the historic and contemporary baseball parks of the Twin Cities, from the late 19th century to today. Visit Nicollet Park and Lexington Park in the early 20th century, see Midway and Met Stadiums at mid-century, and finish our virtual tour with a look at two modern wonders: Target Field and CHS Field.

Presenter: Kristin Anderson

Mon, Apr 6 10-11 am
1133-W26 1 session - \$9

World of Insects: Friends and/or Foe

Discover what's really crawling through your lawn, trees, and garden! Engage in the fascinating (and sometimes alarming) world of insects in our landscapes. Whether you're concerned about emerald ash borers, jumping worms, or curious about garden ecology, this talk is perfect for you. Learn how to spot—and manage—these tiny but impactful creatures! *Instructor: Paul Wood, Master Gardener*

Wed, Apr 8 11 am-12:30 pm
1139-W26 1 session - \$5

LEARNING & DISCUSSION



iNaturalist Bob Payton: Looking for the Rusty Patch Bumblebee and More

Bob Payton, local iNaturalist ambassador and nature enthusiast, will lead an interactive session on using iNaturalist to identify the endangered Rusty Patched Bumblebee around Thompson Park. iNaturalist can help you observe and identify a wide variety of life forms including plants, animals, fungi and more. Bob will explain how your observational contributions can support citizen science and promote healthy ecosystems, at your fingertips.

Presenter: Bob Payton, iNaturalist ambassador

Wed, Apr 22

1-2:30 pm

1134-W26

1 session - \$9

Area Guide to Senior Housing

Join us for an informative and friendly presentation with Eunice K. Neubauer, founder of Choice Connections. Eunice specializes in helping older adults and their families navigate the many senior living options available in and around West St. Paul. She'll share valuable insights to make the search easier, less stressful, and tailored to your needs. Whether you're planning ahead or exploring options now, this session offers clarity, guidance, and peace of mind.

Presenter: Eunice K. Neubauer, CSA, Choice Connections

Thu, Apr 23

10-11:30 am

1504-W26

1 session - \$5

Bring Your Books

Half the fun of books is recommending or sharing them with others! We could use more books for our library, esp current fiction, historical fiction, and romance. Thank you!

(We already have lots of mystery books.)



7th Annual Days for Girls Project

Join us for a rewarding day with Days for Girls. We're making colorful drawstring bags to hold reusable menstrual hygiene products for girls in developing countries, ensuring they don't miss school during their periods. No sewing skills needed! Socialize while cutting, measuring, ironing, sewing, or inserting pull-strings. Bring your granddaughter (age 14+; must register). Sign up as a Sewer, Serger (bring your machine), or for general jobs. A light lunch will be provided.

Registration is required - space is limited!

Facilitator: Julie Weisbecker

Sat, Apr 11

9 am-2 pm

1419-W26

1 session - Free

Imperial Faberge: Jeweler to the Tsars

The greatest jewelers of all time are most closely associated with the Romanovs, the richest emperors of all time.

Providing adornments for the tsarist court set fashions for the rest of the European royal families. The end of the Romanov empire might have terminated the ability to continue producing the delicate works, but not the mystique. See examples of their artistry and hear descriptions of the court life in which such art was possible.

Presenter: Carol Veldman Rudie

Mon, Apr 20 & Tue, Apr 21

10-11 am

1148-W26

2 sessions - \$16

LEARNING & DISCUSSION

Behind the Book: Dr. Osterholm on *The Big One*

Join us for a special conversation with Dr. Michael Osterholm, world-renowned epidemiologist and best-selling author, as he shares the research behind his latest book, *The Big One*. Known for his clear, engaging explanations of global health, Dr. Osterholm will explore pandemics past and future, the science guiding public health, and how we can better prepare. This is a unique opportunity for our 55+ adult learners to hear directly from one of Minnesota's most respected voices in medicine. Books will not be available, however, pre-purchased copies may be signed if time allows. Refreshments will be provided.

Wed, Apr 29 1130-W26 1-2 pm 1 session - \$10



Traveling Naturalist: Bunnies, Bunnies and More Bunnies

Amusing, annoying, long eared, and prolific; bunnies hop into our lives in the form of jackrabbits, cottontails, and snowshoes. They are the fast-food dinner for many larger mammals and essential to a healthy lynx population in the north woods. Why are they so uniquely built? What triggers the changing colors in some? What's a hare vs. a rabbit? And who really ate your spring bulbs?

Presenter: Melonie Shipman, *The Traveling Naturalist*

Thu, May 7 1142-W26 10-11 am 1 session - \$12

GAMES

Home Before Dark Bridge

This group of Bridge players enjoy having fun, so being the best player is not the highest priority. Join us if this style "suits" you! You will need to sign up with a partner and we'll need to work out groups of four to verify registration.

Mondays, starting Apr 6 1612-S26 3-5:30 pm \$22 Apr-Oct

Puzzle Palooza

Get some "piece of mind" and see the big picture! Additional dates added. We'll have a variety of puzzles from our puzzle library, or your welcome to bring your own.

Tues, Feb 3, 17, Mar 3, 17, 31, Apr 7, 21 1135-W26 1-3:30 pm \$8

Hand & Foot

Team up with two to six players, then race to get rid of all your cards. Score points by creating sets and runs. Whether you love the game or want to learn, come join the fun!

Facilitator: Laura Palodichuk

Wednesdays 1735-W26 9:30 am-12:15 pm \$15 Jan-Apr

Cribbage

Peg your way to victory! Join us for a couple of hours of fun!

Wednesdays 1856-W26 1-3 pm \$15 Jan-Apr

Scrabble

Sharpen your word skills, challenge your mind, and out-word your fellow players!

Wednesdays 1114-W26 1-3 pm \$15 Jan-Apr

Mah Jongg

Join us for some strategy, tile matching, and a little bit of luck. This ancient Chinese game with a modern twist will have you stacking tiles in no time! *We are not teaching the game at this time, so you will need to know the game.*

Facilitator: Carol Beaves

Thursdays 1613-W26 1-3:45 pm \$15 Jan-Apr

Reminder: No games the week of March 23-26

GROUPS



Umbrella Projects Group

We use our time and talents to volunteer within our local community. All are welcome to our meetings, where you can learn more about possible great connections for you.

In December, we collected party supplies and assembled **Happy New Year 2026** celebration boxes for residents living at six Living Well group homes, to welcome in the New Year. In January, we made over 100 Valentine cards for patients at United Hospital. Our February meeting will be preparations for delivering Valentine flowers; March will involve making sandwiches to be delivered to a local organization.

2nd Mon 10-11:30 am
1599-F25 Free



- Groups that meet monthly pay \$10 per year. The year begins in Sept and ends the following August.
- Groups that meet weekly pay \$15 per trimester. The current trimester begins Jan 1 and ends Apr 30.
- Keeping our fees low for everyone is important and at the same time, those fees are critical to support our programs. Discounts are not offered for days you cannot attend.

Men's Topics & Toast

Take this opportunity to connect with new folks and even if you don't usually "get involved". Your participation and insights will be appreciated.

Last Mon 9-10 am
1746-F25 Annually - \$10 Sep-Aug

Great Decisions Group

Space is limited. Call 651-403-8300 for information.

March topic: Multilateral Institutions in a Changing World Order

2nd Mon 1-2:30 pm
1296-W26 Annually - \$10 Sep-Aug

Caregiver Support Group

Come together with a trained facilitator each month to learn about topics related to the role of caregiving.

2nd Wed 1-2:30 pm
1597-F25 Free

TPAC Out & About Group

Gather for social outings each month. Call TPAC for info.

Dates Vary
1609-F25 Annually - \$10 Sep-Aug

Mystery Book Club

Enjoy stimulating discussions on our interpretations, speculations and theories of our next mystery book!

March book: *Killing Moon* by Jo Nesbo
April book: *The Summer That Changed Everything* by Brenda Novak

2nd Tue 10:30-11:30 am
1565-F25 Annually - \$10 Sep-Aug

Nonfiction Book Club

Enjoy our book discussions and make new friends.

March book: *All the Beauty in the World* by Peter Brangley
April book: *Unraveling* by Peggy Orenstein

1st Thu 1-2:30 pm
1607-F25 Annually - \$10 Sep-Aug

FITNESS & HEALTH

Pilates

Pilates is a mind and body exercise designed to lengthen and strengthen muscles, increase flexibility and balance while focusing on a strong core. Class includes light cardio, resistance training and mat exercise – emphasizing proper form and breathing while executing the movements; and always with varied adaptations to suit your ability and needs. Bring your own mat. *Instructor: Stephanie Stockton*

Tue, Mar 3-Apr 28 2-3 pm
1113-W26 8 Sessions - \$72

3X3 Fitness

Our exercise videos and resistance bands/rings are the secret to improving muscle tone and flexibility. Chair-based & low-impact, these exercises allow you to enjoy conversation while you gain the benefits of exercise.

Facilitator: Barb Erickson

Tue/Thu 9:15-10 am
1635-W26 \$15 Jan-Apr



Tai Chi Chih for Health - Intermediate

For returning or seasoned students, this Tai Chi Chih is a moving meditation with 19 easy-to-learn movements, offering numerous health benefits. Practice standing or seated to improve balance, sleep, vitality, immune function, weight management, stress, pain, or inflammation. Requires some prior Tai Chi experience.

Instructor: Theresa May, nationally accredited instructor

Wed, Mar/Apr 9:15-10 am
1160-W26 8 Sessions - \$64

Reminder: No classes the week of March 23-26

Fitness and Balance for Life

Improve flexibility and overall well-being! Through low-impact exercises, enhance your range, strength & balance. We supply the gear: chair, exercise bands, hand weights, & exercise balls. *Instructor: Naomi Marzinske*

Thu, Mar 5-Apr 30 10:30-11:30 am
1317-W26 8 sessions - \$64

Line Dancing

Line dancing is a fun way to exercise and can be as gentle or as energetic as you want. Improve your muscle tone and coordination, strengthen bones, and stay mentally fit. For experienced line dancers.

Instructor: Margaret Christians

Thu, Jan 29 - Apr 30 9-10 am
1615-W26 \$15 Jan-Apr

Foot Care Available at TPAC

We welcome our new foot care partners, Alicia Hoemke of Senior Foot Care and Elizabeth Yang of Chippin Nails! Your feet have done a lot for you over the years; now it's time to give them some love! Taking good care of your feet helps you stay active, comfortable and independent. Service includes assessment of skin and nails; cleaning, trimming and filing of toenails; moisturizing foot massage; management of calluses, corns and ingrown nails.

Providers: Alicia, RN CFCS and Elizabeth, RN

Call 651-403-8300 for a 40-minute appointment \$65
Cash, card, or checks accepted.

Wednesday Walkers

Meet at TPAC parking lot every Wednesday at 9 am to carpool to a specially selected walking path usually about 2.5 miles long on mostly level, paved walking paths around the Twin Cities. MOA is our backup during inc. Members take turns choosing a destination for walking. Season begins with potluck breakfast on May 13, ending with a potluck lunch on Oct 28. Exercise, friendship, and nature keep this group engaged and motivated!

Facilitator: Kathy Kladstrup

Wednesdays 9 am
1610-S26 \$15 / season

CREATIVE ARTS

Knitting Group

Come together for fun and warm moments of connection and creativity. Share your knitting, crocheting, and other hobbies in this warm, non-instruction peer group. Learn from one another while forming lasting bonds.

Mondays 1-3 pm
1600-W26 \$15 Jan-Apr

Crafting for a Cause

Spread joy by crafting heartfelt notes with fellow volunteers. These messages of kindness will be included in Meals on Wheels meals or go to Living Well and brighten someone's day! Materials are provided.

Facilitator: Rita Schnoor

2nd Tue 12-1 pm
1598-F25 Free

Open Watercolor Painting

Join other artists and enjoy music and conversation. There is no instructor, so paint what inspires you and share ideas. Bring your own supplies. *Facilitator: Art Thell*

Tuesdays 9:30-11:30 am
1602-W26 \$15 Jan-Apr

Mixed Media Art Group

Join us for a fun, relaxing afternoon with friends, novice to skilled artists, who enjoy expressing their inner selves using various art mediums from acrylic paints to colored pencils to pastels and beyond. There is no instructor, but sharing your techniques is welcome. Bring your own art supplies.

1st & 3rd Wed 1-3 pm
1595-W26 \$15 Jan-Apr



Reminder: No classes the week of March 23-26



Watercolor Painting Introduction

Discover your creativity in our beginner-friendly watercolor class! Explore essential materials and foundational techniques, and the basics of color theory as you learn how to mix pigments to create beautiful expressive artwork. For your convenience, the instructor will take care of all supply shopping. Fee of \$65-70 due on first day of class.

This is a pre-requisite for Watercolor I.

Instructor: Linda Stout

Mon, Mar 2-30 1-3 pm
1491-W26 4 sessions - \$80

Watercolor I

Learn and improve your skills by creating beautiful paintings. Have fun being creative while experimenting with different styles of painting. Bring your own supplies.

Prereq: Watercolor Intro or instructor consent
Instructor: Linda Stout

Tuesdays 1302-W26 1-3 pm
Mar 3-31 4 sessions - \$80
Apr 7-28 4 sessions - \$80

Watercolor II

Apply existing skills and learn more about techniques, color theory, and more. Emphasis will be on the elements and principles of art and design as you create your own painting. Bring your own supplies.

Prereq: Watercolor Intro or instructor consent
Instructor: Linda Stout

Wednesdays 1191-W26 1-3 pm
Mar 4-18 3 sessions - \$60
Apr 1-29 5 sessions - \$98

55+ DRIVER'S DISCOUNT COURSE



**Pre-registration is required.
To register, call toll free 1-888-234-1294
or visit www.driverdiscountprogram.com**

The 55+ Driver Discount Program is a state approved accident prevention/ insurance discount course that is open to the public. A Precision Driving Center of Minnesota certified instructor teaches this class. By utilizing the most up-to-date research in the field, participants will be provided the latest information in regards to driver and traffic safety, new laws, and vehicle technology. This class has something for everyone!

Persons aged 55+ who complete the course qualify for an approximate 10% discount on their auto insurance premiums for three years, according to Minnesota law. Participants must complete the four hour refresher class every three years to maintain the 10% discount.

4-Hour Course Dates at Thompson Park Activity Center

Thursdays	12-4 pm	\$24
Mar 5		
Mar 19		
Apr 2		
Apr 16		

TRIPS & TOURS

Trips & Tours Information

- Where you register is where you get on the bus.
- Arrive 15 minutes before scheduled departure.
- Check-in inside the building. We will board the bus together after checking everyone in.
- A \$10 service fee will be charged for cancellations.
- No refunds are issued after trip registration deadlines.
- Trips will fill when the maximum is reached, or at registration deadline.
- Trips are subject to change until the itinerary is posted.
- Spots will not be held without payment.
- Mailed registrations may not be guaranteed. Call to check availability before mailing in your registration.
- You are responsible for your own mobility needs



Murder Mystery Lunch-Afton House Inn

Begin your 11 am murder mystery lunch at the Afton House Inn overlooking the St. Croix Valley. Upon arrival, guests will receive parts for the murder mystery play. In the process of removing suspicion from yourself, you question or point to others with motive or opportunity! During this 2-hour nonstop laughter and mystery-solving, you will be served lunch (*you can be an onlooker or participant in solving the mystery*). Lunch: rosemary roasted pork loin with garlic mashed potatoes, fresh vegetables, rolls, coffee & dessert.

Thu, Mar 19
\$105
1125-WSP-W26

Depart TPAC 10:15 am/Return 2:15 pm
Register by Fri, Feb 13

TRIPS & TOURS



Super Duos at Sheldon Theatre

Your first stop will be at the St. James Hotel for a lovely noon lunch in the Laurentine Room. Menu includes Swedish meatballs, gravy, mashed potatoes, green beans, rolls, coffee & tea. Refurbished in 1986, The Sheldon became the first city-owned theatre in America! The show Super Duos is a tribute to the greatest vocal duos of all time and showcases the magic of two voices blending together, featuring beloved songs by Simon & Garfunkel, Hall & Oates, The Righteous Brothers and many more! Smile and reminisce to the music and the stories behind them!

Tue, Apr 7 Depart TPAC 10:15 am/Return 5:30 pm
\$120 Register by Fri, Feb 20
1126-WSP-W26



Courting Harry! at the History Theatre

Arrive at the Minnesota History Theatre in downtown St. Paul for the 10 am performance of *Courting Harry!*. This story follows Minnesota natives Supreme Court Chief Justice Warren Burger and Justice Harry Blackmun, lifelong friends whose strong bonds are tested by the momentous decisions before them. These friends from the same St. Paul neighborhood remained close despite their differing career paths, not to mention their often conflicting personal and political ideologies. When Richard Nixon appointed them both to the highest court in America, they found themselves at odds over some of the most controversial legal cases in American history.

Thu, May 28 Depart TPAC 9:15 am/Return 2:15 pm
\$108 Register by Fri, Apr 15
1124-WSP-S26

Stillwater River Cruise

Arrive in Stillwater, the birthplace of Minnesota and former lumber center located on the St. Croix River. This distinctive community has a wealth of 19th century Greek Revival, Queen Anne and Italianate architecture and offers a blend of history, scenery, shopping and culture.

The two-hour cruise departs at 11:30 am aboard a modern vessel with the St. Croix Boat & Packet Company. Climate controlled and fully accessible, with table seating available on the first floor. This is not a narrated cruise, so relax and enjoy the sights and sounds of the river. Socialize or feel free to bring cards or games to play while cruising.

Tue, Jun 9 Depart TPAC 10 am/Return 3:45 pm
\$97 Register by Fri, May 8
1123-WSP-S26

GENERAL INFORMATION

Registration

By phone: 651-403-8300

Online: <https://tridistrict.ce.eleyo.com>

Mail/in-person: 1200 Stassen Lane, West St. Paul, MN 55118

Registrations are taken on a first-come, first-served basis.

Mail registrations will not be guaranteed due to transit time.

E-News

Sign up for TPAC email updates at tridistrictce.org or call 651-403-8300 for assistance.

Services

- Free Memory Screening provided by DARTS at DARTS:
Call 651-455-1560 for an appointment
- Free Legal Services: Call 651-222-4731
- Free Health Insurance Counseling:
Call 1-800-333-2433 for an appointment or go to www.trellisconnects.org.
- Foot Care: \$65, call 651-403-8300 for an appointment
- Fare for All: affordable groceries-call 763-450-3880

Difficulty Hearing

If you have difficulty hearing during a presentation or class at TPAC, please see the front desk immediately so we can rearrange seating or have the presenter use a microphone.

Suggestion Box

The TPAC Advisory Council welcomes your feedback about programming, policies, our services, operations, or the facility. A suggestion box is in the hall near the bulletin boards. If you include your contact information (optional), we can follow up with you.

TPAC Advisory Council Opening

TPAC is looking for an Advisory Council Member to serve on our council that meets six times a year. Our focus is to provide feedback on programming and leadership for the center. If you are interested, stop by the office to pick up an application.

Fees for Groups & Clubs

All monthly and weekly groups, clubs, and activities require pre-registration and payment.

Monthly groups \$10 annually per person

Weekly groups \$15 per trimester per person

Jan-Apr / May-Aug / Sep-Dec

Cancellations/Refunds

- If TPAC cancels a class or activity, you will be notified by phone or email and given a refund.
- Your cancellation and refund requests must be received by our office 7 days prior to the first class session. A \$10 service fee will be applied to your refund.
- No refunds are issued after the first session or trip registration deadline.

Inclement Weather & Closures

If School District 197 is closed due to inclement weather or cold temperatures, TPAC will also be closed. TPAC's voicemail will be updated by 7 am. Call 651-403-8300.

Scholarships & Fee Assistance

Call 651-403-8303 for details.

Opportunities to Volunteer

- Technology Mentors
- Umbrella Projects
- Advisory Council
- Events Committee
- Office



School District 197 Community Education
Thompson Park Activity Center
1220 Stassen Lane
West St. Paul, MN 55118

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Thank You Donors

Contributions for 2025/2026 as of January 31: \$3,122

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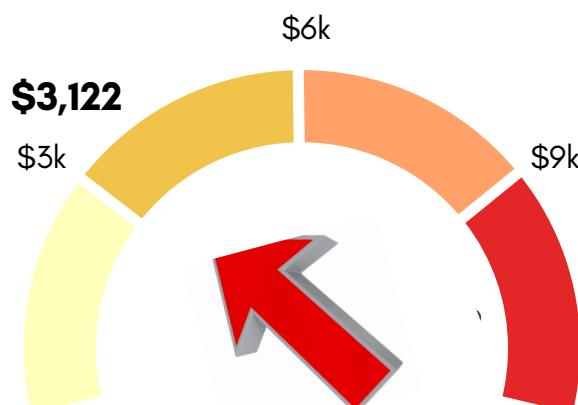
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