

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2026 thru Mar 31, 2026

**Menu Name:** Elementary Breakfast **Include Cost:** No  
**Site:**  
**Use Alternate Menu Name:** Alternate Menu Name 1

**Monday - 03/02/2026                      Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990042 Breakfast Casserole & Toast	1/2 cup	1	16.58
990126 Cereal Variety & Toast	1 Cereal&Toast	1	38.15
990061 Fruit Variety	1/2 Cup	1	20.45
000983 Juice Cup	1 Carton	1	15.00
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			106.38
% of Calories			50.1%
Weekly Nutrient Guideline			

**Tuesday - 03/03/2026                      Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000796 Mini French Toast	1 Pkg	1	36.00
990126 Cereal Variety & Toast	1 Cereal&Toast	1	38.15
990061 Fruit Variety	1/2 Cup	1	20.45
000983 Juice Cup	1 Carton	1	15.00

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000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			125.80
% of Calories			71.9%
Weekly Nutrient Guideline			

### Wednesday - 03/04/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990169 Breakfast Croissant Sandwich	1 Sandwich	1	32.67
990126 Cereal Variety & Toast	1 Cereal&Toast	1	38.15
990061 Fruit Variety	1/2 Cup	1	20.45
000983 Juice Cup	1 Carton	1	15.00
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			122.47
% of Calories			63.1%
Weekly Nutrient Guideline			

### Thursday - 03/05/2026

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Carb (g)
000891 Pancake Stick	1 Stick	1	17.00
990126 Cereal Variety & Toast	1 Cereal&Toast	1	38.15
990061 Fruit Variety	1/2 Cup	1	20.45
000983 Juice Cup	1 Carton	1	15.00
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			106.80
% of Calories			62.8%
Weekly Nutrient Guideline			

### Friday - 03/06/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990125 Muffin & Toast	1 Muffin	1	46.15
990126 Cereal Variety & Toast	1 Cereal&Toast	1	38.15
990061 Fruit Variety	1/2 Cup	1	20.45
000983 Juice Cup	1 Carton	1	15.00

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## Portion Values

	Portion Size	Reimb Qty	Carb (g)
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			135.95
% of Calories			67.3%
Weekly Nutrient Guideline			

### Monday - 03/09/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001155 Breakfast Burrito	1 Burrito	1	43.77
990126 Cereal Variety & Toast	1 Cereal&Toast	1	38.15
990061 Fruit Variety	1/2 Cup	1	20.45
000983 Juice Cup	1 Carton	1	15.00
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			133.57
% of Calories			48.2%
Weekly Nutrient Guideline			

### Tuesday - 03/10/2026

### Reimbursable Meal Total 1

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## Portion Values

	Portion Size	Reimb Qty	Carb (g)
990208 Omelet & Toast	1 Omlt, 1 Toast	1	17.40
990126 Cereal Variety & Toast	1 Cereal&Toast	1	38.15
990061 Fruit Variety	1/2 Cup	1	20.45
000983 Juice Cup	1 Carton	1	15.00
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			107.20
% of Calories			57.5%
Weekly Nutrient Guideline			

### Wednesday - 03/11/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000797 WG Mini Maple Waffles	1 Pkg	1	37.00
990126 Cereal Variety & Toast	1 Cereal&Toast	1	38.15
990061 Fruit Variety	1/2 Cup	1	20.45
000983 Juice Cup	1 Carton	1	15.00

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## Portion Values

	Portion Size	Reimb Qty	Carb (g)
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			126.80
% of Calories			72.5%
Weekly Nutrient Guideline			

### Thursday - 03/12/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001116 Bagel & Cream Cheese	1 Bagel, 1oz CC	1	30.02
990126 Cereal Variety & Toast	1 Cereal&Toast	1	38.15
990061 Fruit Variety	1/2 Cup	1	20.45
000983 Juice Cup	1 Carton	1	15.00
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			119.83
% of Calories			65.6%
Weekly Nutrient Guideline			

### Friday - 03/13/2026

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Carb (g)
000955 Cinnamon Roll	1 Roll	1	37.00
990126 Cereal Variety & Toast	1 Cereal&Toast	1	38.15
990061 Fruit Variety	1/2 Cup	1	20.45
000983 Juice Cup	1 Carton	1	15.00
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			126.80
% of Calories			66.7%
Weekly Nutrient Guideline			

### Monday - 03/16/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000566 Scrambled Eggs & Toast	1/2 cup, 1Toast	1	15.40
990126 Cereal Variety & Toast	1 Cereal&Toast	1	38.15
990061 Fruit Variety	1/2 Cup	1	20.45
000983 Juice Cup	1 Carton	1	15.00

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## Portion Values

	Portion Size	Reimb Qty	Carb (g)
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			105.20
% of Calories			55.4%
Weekly Nutrient Guideline			

### Tuesday - 03/17/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000541 Biscuit & Gravy	1 B, 4 oz Gravy	1	37.94
990126 Cereal Variety & Toast	1 Cereal&Toast	1	38.15
990061 Fruit Variety	1/2 Cup	1	20.45
000983 Juice Cup	1 Carton	1	15.00
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			127.74
% of Calories			60.9%
Weekly Nutrient Guideline			

### Wednesday - 03/18/2026

### Reimbursable Meal Total 1

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## Portion Values

	Portion Size	Reimb Qty	Carb (g)
990201 Mini Bagels	1 Pkg	1	42.00
990126 Cereal Variety & Toast	1 Cereal&Toast	1	38.15
990061 Fruit Variety	1/2 Cup	1	20.45
000983 Juice Cup	1 Carton	1	15.00
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			131.80
% of Calories			73.2%
Weekly Nutrient Guideline			

**Thursday - 03/19/2026**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990134 Breakfast Tornado	1 Tornado	1	21.50
990126 Cereal Variety & Toast	1 Cereal&Toast	1	38.15
990061 Fruit Variety	1/2 Cup	1	20.45
000983 Juice Cup	1 Carton	1	15.00

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Carb (g)
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			111.30
% of Calories			66.0%
Weekly Nutrient Guideline			

### Friday - 03/20/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000664 Long John Donut	Donut	1	52.17
990126 Cereal Variety & Toast	1 Cereal&Toast	1	38.15
990061 Fruit Variety	1/2 Cup	1	20.45
000983 Juice Cup	1 Carton	1	15.00
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			141.98
% of Calories			68.8%
Weekly Nutrient Guideline			

### Monday - 03/23/2026

### Reimbursable Meal Total 1

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## Portion Values

	Portion Size	Reimb Qty	Carb (g)
990068 No School	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

### Tuesday - 03/24/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990068 No School	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

### Wednesday - 03/25/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990068 No School	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

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## Portion Values

Mar 1, 2026 thru Mar 31, 2026

### Thursday - 03/26/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990068 No School	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

### Friday - 03/27/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990068 No School	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

### Monday - 03/30/2026

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Carb (g)
990066 Manager's Choice	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

**Tuesday - 03/31/2026**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000650 Mini Pancake	1 Pkg	1	35.00
990126 Cereal Variety & Toast	1 Cereal&Toast	1	38.15
990061 Fruit Variety	1/2 Cup	1	20.45
000983 Juice Cup	1 Carton	1	15.00
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			124.80
% of Calories			72.3%
Weekly Nutrient Guideline			

	Carb (g)
Weighted Averages	88.84
% of Calories	63.2%

# Base Menu Spreadsheet

Jefferson City School District

Portion Values

Mar 1, 2026 thru Mar 31, 2026

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*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

*<sup>1</sup> - denotes required nutrient values*

*Added Sugars target is informational only, with an effective date of July 1, 2027.*

***NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.***