

Welcome to FMS!

NEW PARENT ORIENTATION MEETING 2026-2027

AGENDA

- STAFF INTRODUCTIONS
- OVERVIEW/GENERAL INFORMATION
- STUDENT TESTIMONIALS
- PTO
- Q & A



ADMINISTRATION:

DR. TERRI DANIELS, PRINCIPAL

MR. KEITH SHIELDS, ASSISTANT PRINCIPAL (A-G)

MS. AFRICA WILLIAMS, ASSISTANT PRINCIPA (H-O)

MR. ALFREDO ACOSTA, ASSISTANT PRINCIPAL (P-Z)

COUNSELORS

MRS. JULIE COCHENOUR

MRS. ANABEL MORALES

MS. ZYNA ORONG



- **REGISTRAR MRS. LUIZA VALIEVA**
- **LIBRARIAN HANNAH DAVIS (CHROME BOOK INFORMATION)**
- **NURSE RHONDA HUVANE (RN); ERICA BLANKENBECKLER (LVN); JENN HOLLY (HEALTH ASSISTANT)**
- **MENTAL HEALTH SPECIALIST ERIN CHAN**
- **PSYCHOLOGIST DANIELLE FLISSINGER**
- **ATHLETIC DIRECTOR AARON MACDONALD**

****ALL FMS STAFF ARE AVAILABLE FOR QUESTIONS AND ARE COMMITTED TO MAKING YOUR STUDENT'S TRANSITION TO MIDDLE SCHOOL AS COMFORTABLE AS POSSIBLE.**

Folsom Middle School

PROUD OF:

- ACADEMIC EXCELLENCE
- MIDDLE TO HIGH SCHOOL PATHWAYS (VAPA/STEM PROGRAMS)
- OUR STRONG AND POSITIVE SCHOOL CLIMATE AND CULTURE
- OUR ELD PROGRAM WITH A HIGH RECLASSIFICATION RATE
- OUR COMMITMENT TO THE DEVELOPMENT OF THE WHOLE CHILD
- PBIS/SPOTS CHARACTER BUILDING: JAGUARS EARN THEIR SPOTS
- OUR COMMUNITY PARTNERSHIPS
- SCHOOL TO HOME CONNECTIONS WITH FAMILIES



WE ARE VERY EXCITED TO WELCOME YOUR CHILD TO THE JAGUAR TEAM!

FMS IS A GREAT PLACE TO BE. MIDDLE SCHOOL IS A UNIQUE TIME IN THE LIFE OF A CHILD.

IT IS CALLED “MIDDLE” FOR A REASON……THEY ARE NO LONGER IN ELEMENTARY SCHOOL BUT NOT QUITE READY FOR HIGH SCHOOL.

THIS IS A TIME FOR CHILDREN TO:

- BE IMPULSIVE
- WORK TOWARDS INDEPENDENCE AND RESPONSIBILITY
- PUSH BOUNDARIES…..THAT’S THEIR JOB
- PUT PEERS AND FRIENDSHIPS FIRST
- START PUSHING BACK AGAINST AUTHORITY

According to Carl E. Pickhardt, PhD in Psychology Today (2009)

Early Adolescence (around ages 9–13) problems are characterized by:

Personal disorganization increases as more messiness, forgetfulness, distractibility, inattention, and losing things begin. The self-management structure that fit childhood becomes inadequate to effectively cope with the more psychologically and socially complex adolescent experience.

A negative attitude—increased dissatisfaction from no longer being content to be defined and be treated as a child, less interested in traditional childhood activities. Experience more boredom and restlessness from not knowing what to do, carrying a grievance about unfair demands and limits on personal freedom that adults in life impose.

Active and passive resistance—more questioning of authority, arguing with rules, delaying compliance with parental requests, letting fulfillment of normal home and school responsibilities go (chores and homework let slide.)

Early experimentation—testing limits to see what can be gotten away with, including such activities as shoplifting, vandalizing, prank calls, and the beginning of substance experimentation.

For parents, this stage is when behavior seems to undergo a change for the worse, so their challenge is to insist on responsible behavior while maintaining a positive connection to the young person during a more negative time.

We are here to help your child and you through this transition. We choose to work with middle schoolers!

IMPORTANT DATES:

- **MARCH 3-13, 2026 (SELECTION OF CLASSES)**
- **YOU MUST FINISH INFO SNAP TO CHOOSE ELECTIVES**



Students will take:

MATH
ENGLISH
HISTORY
SCIENCE
PE
ELECTIVE

IMPORTANT DATES CONTINUED

MATH PLACEMENT TEST INFORMATION:

***ONLINE REGISTRATION:**

OPENS MARCH 2-31, 2026

***WEB STUDENT ORIENTATION MAY 12 OR 13**

- ***FIRST DAY OF SCHOOL AUG. 6, 2026**

ATHLETICS:

- CROSS COUNTRY
- VOLLEYBALL (BOYS/GIRLS)
- SOCCER (GIRLS/BOYS)
- BASKETBALL (BOYS/GIRLS)
- WRESTLING
- TRACK AND FIELD
- **SPORTS PHYSICAL REQUIRED TO PARTICIPATE

ELECTIVES

- BAND
- ORCHESTRA
- CHORUS
- EXPLORATORY ART
- EXPLORATORY DRAMA
- LEADERSHIP
- YEARBOOK
- MEDIA PRODUCTIONS

*ROBOTICS/PRODUCT INNOVATIONS AND DESIGN

*SPEECH AND DEBATE

*GARDEN AND FOREST

*SPANISH 1A (GR. 7) SPANISH 1B (GRADE 8)

*CURRICULUM SUPPORT

*ELD (ENGLISH LANGUAGE DEVELOPMENT)

*BUDDY CLASSES

*CREATIVE WRITING

*DISCOVERING DANCE

*ADVANCED CLASSES

CLUBS

- MATH CLUB
- CODING CLUB
- SPEECH AND DEBATE
- DRONE CLUB
- NATIONAL JUNIOR HONOR SOCIETY
- CHESS CLUB
- ARTS AND CRAFT CLUB

*THEATER

*BSU (BLACK STUDENT UNION)

*MODEL U.N. (JUNIOR)

*CLUB LIVE

*SUNSHINE FRIENDS

*DESTINATION IMAGINATION

*HISTORY DAY

PLEASE WELCOME

STUDENT TESTIMONIALS: KHLOE AND MARCUS

PTO PRESIDENT: ERIN NELSON

<u>UPCOMING DATES:</u>

JAG ON THE GREEN AUGUST 7, 2026

COLOR RUN FUNDRAISER SEPTEMBER 25, 2026

PLEASE JOIN US IN THE LOBBY TO SEE THE MANY THINGS

FMS HAS TO OFFER.

WE ARE HERE TO TAKE YOUR QUESTIONS AND PROVIDE INFORMATION.

THANK YOU FOR COMING THIS EVENING!