

West Valley High School



OVERFLOW...  
2008



"Advisor's Copy"

# OVERflow. . .

2008

Overtime **Oversee** Overtired

Overanalyze

*Over the counter*

Overwhelmed

Somewhere over the rainbow

**Overcompensate**

**Over the top**

*Overweight*

Overdone

**Overdramatic**

Talk it over

Think it over

Get over it

**Overreact**

**Get it over with**

Overachiever

Over the edge

Overkill

**Overcome**

**Overworked**

Come on over

Over and Over

*Over and out*

**Overrated**

Overtired

Over here

*Overexaggerate*

Overconfident

Mind over matter

Oversleep

Go over it

**Overjoyed**

**Overexposed**

**Overseas**

*Overlapped*



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**Cover Top** I'm not out yet... While trying to stay in bounds, junior Jacob Kaiser keeps his feet sturdy against the Grand Forks Red River defense. (Photo by Spencer Davis) **Cover Bottom** Look what I can do... During the West Fargo Packatahna Invitational, senior Emily Dahley shows her poise as she effortlessly spins. (Photo by Spencer Davis)

**Above** A round of applause... Seniors Godfried Asa-Attuah and Emily Baasch applaud as seniors Regina Doll and Michael Brown stand with fellow classmates to be recognized for receiving scholarships at the graduation ceremony. "I was happy to finally cross the finish line," Brown said. (Photo by Abby Paul)

# OVERflow...

2008

**West Fargo High School**  
 801 Ninth Street East  
 West Fargo, ND 58078  
 Population: 1167  
 Phone: 701-356-2050  
 Website: [www.west-fargo.k12.nd.us](http://www.west-fargo.k12.nd.us)

**Sheyenne Ninth Grade Center**  
 800 40th Avenue East  
 West Fargo, ND 58078  
 Population: 480  
 Phone: 701-356-2160  
 Website: [www.west-fargo.k12.nd.us/schools/sheyenne](http://www.west-fargo.k12.nd.us/schools/sheyenne)

# Starting **OVER** again

## New year brings new changes

By Emily Hartley and Maggi Nicholls, Editors-in-Chief

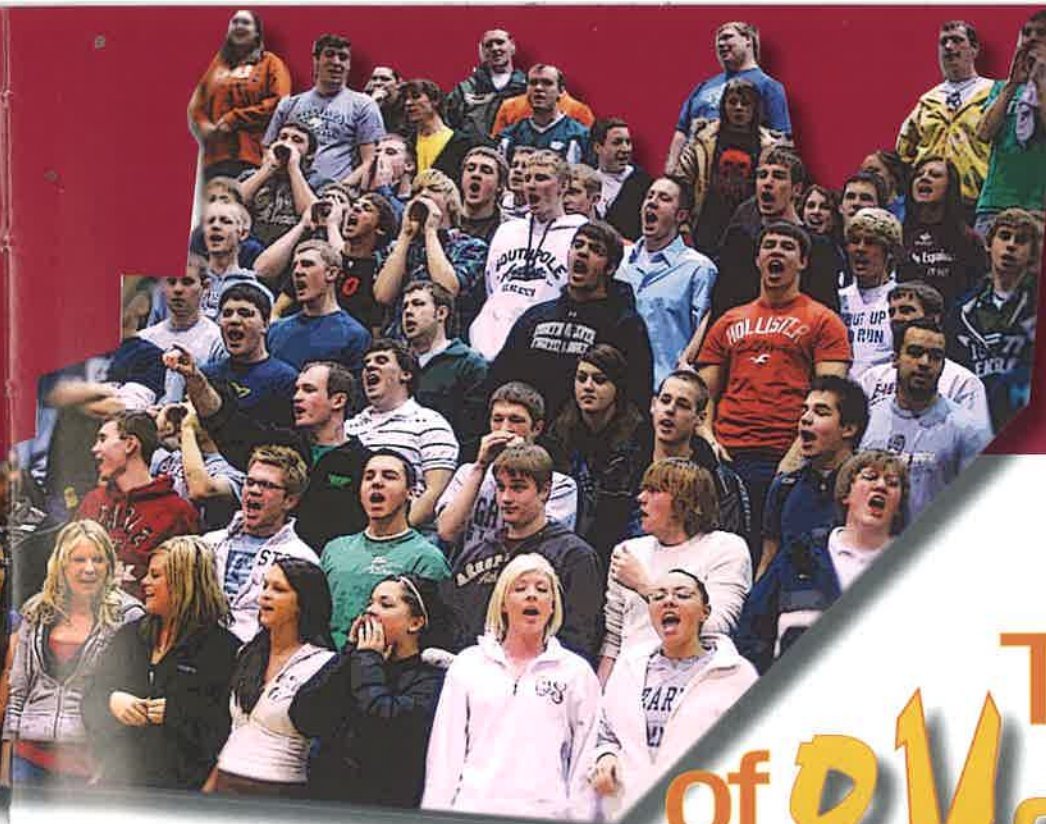
At 8:30am on August 27th, the ringing of the bell made it official - the 2007 school year had begun. As usual, a simple glance at any of our classmates' faces showed the emotions surrounding the first day of school. As the bodies belonging to these faces accepted their fates and settled in for a new year of home room, they would previously have turned to look **over their shoulder** and search the classroom for unfamiliar faces that marked a new crop of freshmen. This year, however, this searching would be to no avail. The freshmen had left the building. Living in a town marked, "A City on the Grow," everything in the city is indeed *on the grow*, including the high school population, so this year's transfer of freshmen from the high school to the new Sheyenne Ninth Grade Center was inevitable. As so often happens as we grow, the school became too big to stay confined to its box, and it has now expanded into an area full of new opportunities for its students and the whole community.

Essentially, the school has **overflowed**, and as students stuck in the middle of this event, we are in an ideal position to learn how to adapt as we individually grow. We can look to the foreign language students who travelled **overseas** this summer and see the changes they underwent as they expanded their horizons. They undoubtedly grew **over the summer**, as did the rest of us. We can no longer be confined to the boxes we resided in last year; parts of us spill out of our frames and test our boundaries, finding just how far we can push ourselves. We try new things, and sometimes we go too far until we eventually fall **overboard**, but hopefully we pick ourselves up and don't hesitate to try another path. This year is an experiment, both by administrators and students. With the idea of growth on all of our minds, we were essentially seeking answers to the same questions: how far have we come, and how far can we go before we **overflow**?

**Photo 1** Throw a tantrum... Senior Packatahna Tania Peters shows some serious emotion in her performance during the West Fargo Invitational on December 8th. (Photo by Spencer Davis) **Photo 2** Guitar jammin'... Senior Joseph Pfeifer and junior David Sauvageau rock out on their guitars in the Student Council-sponsored talent show. (Photo by Whitney Adams)



**Photo 3** Picture perfect... Seniors Tyler Lund and Alina Tyulyandina are caught posing for a photograph before the graduation ceremony. "It was weird knowing most of the people you celebrate with you'll lose touch with," Tyulyandina said. (Photo by Abby Paul) **Photo 4** I'm in charge... Senior Erin Behrmann shows senior Brandon Millar who's boss while acting in the high school play "Anything Goes." (Photo by Jayme Noel) **Photo 5** Put your hands in the air... Juniors Joshua Ockert and Abby Hammes scream for the football team at a home game. (Photo by Abby Paul) **Photo 6** There will be revenge... Social Studies teacher Barbara Metcalf jokes with junior Alexander Stremick after he presented her with a candy bar when she was chosen to kiss a cow at the winter pep rally. (Photo by Abby Paul)



# How do you *feel* about the separation of schools?



“The pep rallies have been not as exciting without the freshmen.”  
-Junior Ashley Severson



“I think it has affected the freshmen’s school spirit, because we aren’t a part of the high school pep rallies, and we don’t get to be a part of all high school spirit.”  
-Freshman Michelle Schoenack



“It has isolated the freshmen from our school and affected our school spirit and we don’t have as many people to participate in certain activities, like the dodgeball tournament.”  
-Sophomore Emira Muminovic

# Taking care of *OVER* flow

Story by Amanda Montgomery

## Freshmen at new location

Going into freshman year is always a new experience for students, but they generally have an idea of what is to come in high school. This year is slightly different with the Sheyenne Center, which only freshmen attend. As a result, freshman students had no idea of what changes were to come for this school year.

Some students do not like being in a school with only their class of freshmen and none of the older grades in school with them.

“I’d be happier if we were with all the older grades too,” freshman Mary Gust said.

The students do not like the idea of the changes because they are not able to socialize with upperclassmen, but teachers look at it on the academic side and see positive effects on the students.

“So far I think it was a good change,” English teacher Mary Conant said. “I think it will help students in the future, and I always think a smaller school is a better idea.”

The changes will not only help the kids in the future, but it helps

the students every day.

“School is easier because we have less homework with the block scheduling,” freshman Francisco Valenzuela said.

Valenzuela likes the long class periods because he gets time to do school work in class so he has less work to do at home.

Students only have four classes a day. They have two blocks before and two blocks after lunch. All the classes are an hour and a half long, with an opportunity hour which is a half hour long while the other half of the students are at lunch.

Having less homework is a plus for students, but Gust still does not like the block scheduling.

“The blocks are too long, and we never get to see people in the other half of the building,” Gust said.

The new experience for freshmen has its ups and downs. Students like the new location and the new building, but they do not like the fact of being alone with only their grade in one building.



Get ready for this... Freshman Mary Gust prepares to throw a dodgeball across the gym at her opponents during the freshman dodgeball tournament. (Photo by Jayme Noel)



Here it comes... As a part of Team Invasion, junior Josh Mears side arms the ball in an attempt to get his opponent out at the high school’s fourth annual dodgeball tournament. (Photo by Emily Hartley)



Full of puddin’... English teacher Aaron Knodel and junior James Sweere slurp gummy worms out of the pudding-filled hands of English teacher Kelly Tebben and sophomore Alyssa Weisbeck during the gummy worm eating competition at the high school’s fall pep rally. (Photo by Abby Paul)



What are you going to do... Waiting on an empty stomach, freshmen Cory Koskey and Connor Ellegard are ready for the cheerios competition to begin during the freshman fall pep rally. (Photo by Samantha Gehrig)



I hope it goes in... Senior Mason Thorstad goes up for a floater while senior Jamie Green plays defense during the charity basketball game between the varsity girls basketball and boys church league teams. The game was played to raise money for the surgery of Dorinda Anderson, mother of a high school student. (Photo by Nathan Kulik)

# Month by Month

Yearly

# OVERVIEW

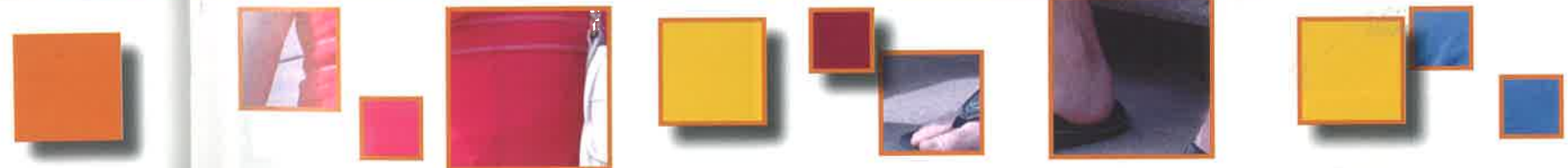







Photo 1 Sharing seniority... Seniors Chelsi Desotel, Maggi Nicholls and Jonathan Novacek sit and visit after eating during the senior lunch. "It was a weird experience knowing that our senior year was coming to an end," Nicholls said. (Photo by Carmen Harrison-Bower) Photo 2 Don't look at the needle... While donating blood, senior Kade Thornton converses with the nurse taking care of him. (Photo by Spencer Davis)

Photo 3 Discover the art... Freshman Connor Wright and junior Breannoldyn Lies chat as they look through the art show. (Photo by Abby Paul) Photo 4 Let's rock... Seniors Paul Johnson and Andrew "John Bondy" Hanson perform for their classmates at Starbucks. (Photo by Jayne Nod)

# September 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Sign up time... Freshmen Cora Bollinger and Lexi Berg prepare for their first Key Club meeting. (Photo by Abby Paul)			1 Kyler Eid named Exchange Club Student of the Month
		4	5	6 Volleyball beats rival Fargo South in five games	7 Candy for the kiddies... Junior Desirae Quesada passes out candy at the West Fest parade for H&R Block. (Photo by Carsen Harrison-Bower)	
9 First down... Stretching to get just a little bit further, senior Cassandra Beckerleg gets a first down for the Seniors. (Photo by Samantha Gehrig)	10	11 I remember that... Juniors Kayleigh Fontaine and Emma Torrance laugh as they look through the 2007 yearbook at yearbook distribution night. (Photo by Abby Paul)		13	14	15
16 Get your groove on... Sophomore Oscar DeLeon participates in the Homecoming dance-off in the commons during Homecoming week. (Photo by Abby Paul)		18 Boys soccer shuts out Grand Forks Red River 2-0	19 Fall Pep Rally Seniors win Powder Puff 26-6	20	21	22 Girls take 1st, Boys take 2nd at Valley City Cross Country Meet
23/30		25 NHS and Key Club aid in Join the Wave campaign	26	27	28 School goes into two-hour lockdown	29



What to pray about... Sophomore Zachary Stromsodt and juniors Abby Paul and Gladys Asa pray with fellow Christians to participate in the national event "Meet Me at the Pole." "It was special starting the day off with 'Meet Me at the Pole' because the rest of the day when I saw those people, I smiled and remembered the prayers we shared," Paul said. (Photo by Alyssa Jones)

## News OVERview

Teen faces charges for Fargo sister's death

Harsh introduction given to Iranian president at Columbia

Britney Spears flops on Video Music Awards

KVLY's 'Too Tall' shown the door

President Bush designates Northwood disaster area


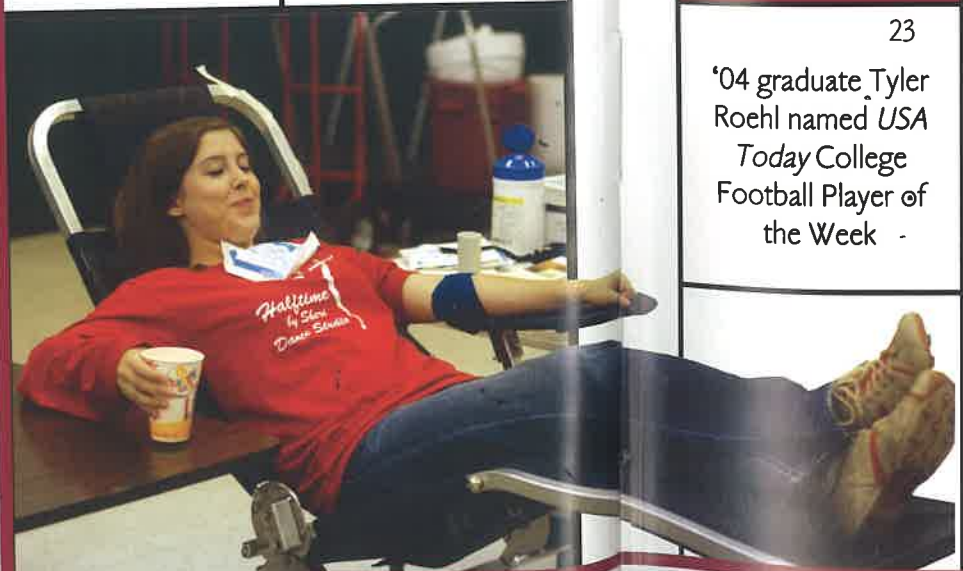
# October 2007







Don't even think about it... As senior Lucas Steckler puts some more duct tape on Assistant Principal Karen Olson, she tries to talk the other kids out of buying tape during a DECA fundraiser for national DECA week. "The best part was that they [DECA] made lots of money, but I thought for sure I'd fall," Olson said. (Photo by Carsen Harrison-Bower)

## News Overview

Human remains found on UND campus  
 14-year-old gunman shoots four at Cleveland High School  
 Al Gore wins Nobel Peace Prize  
**Bison football takes down Gophers**  
 Bush names former ND governor Secretary of Agriculture

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Emily Hartley named Exchange Club Student of the Month	2	3 	4 Tell me about it... Senior Artan Vlahiu talks with the media while continuing to play a world record breaking game of 'Twister' at State DECA. (Photo by Alyssa Jones)	5	6
	8  How's it going up there... Making sure her classmate is doing all right, junior Cierra Holm works at the Dorothy Day House for the Day of Caring. (Photo by Emily Hartley)	9	10 School enters second lockdown in two weeks	11 NHS helps community through "Day of Caring"	12	13 Cross Country girls win EDC meet for first time in 23 years
14 DECA helps break world 'Twister' record at State convention	15 That wasn't so bad... Junior Ashley Ryan breathes a sigh of relief after donating blood during Student Council and United Blood Service's Blood Drive. (Photo by Spencer Davis)	16	17 STLF departs on "Pay it Forward" service tour	18 A Halloween treat... Cafeteria staff member Cindy Stai picks out treats at Key Club's Halloween bakesale held to raise funds for German teacher Michelle Highman. (Photo by Abby Paul)		20
		23 '04 graduate Tyler Roehl named USA Today College Football Player of the Week	24	25		27 Football team ends season with state quarterfinal loss to Bismarck Century
			31 1st Quarter Ends			

# November 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Alex Windjue named Exchange Club Student of the Month	2 Little old ladies... Freshmen Alicia Schroeder and Alyssa Scott sport their best elderly looks while eating lunch during spirit week at the Sheyenne 9th Grade Center. (Photo by Abby Paul)	3 Girls swim team misses EDC championship on technicality
4	5 It's OK to throw your food... Senior Brandon Clark tosses a bag of Ramen Noodles to a classmate while helping at the Fill the Dome project. (Photo by Tony Graves)		7	8		
11	12	13	14 Are you ready for this... Laughing at her teammates on the sidelines, junior Emily Harris gets ready to serve the ball to her opponents at the DECA volleyball tournament. (Photo by Alyssa Jones)		16	17 Volleyball falls in state title game, has three players named to all-state team
		20 Girls hockey plays historic first game, loses to Fargo South 3-1	21 'Good Morning America' broadcasts from community Fill the Dome project	22	23	24
		27 Touching the treetop... Junior BreAnne Gregory helps adjust Waterford's Christmas tree as she helps decorate the retirement home for Christmas. (Photo by Abby Paul)	28	29	30 Foreign language students leave for Concordia Language Village weekends	



Cheerio chow down... Freshman Emma Grant gets stuffed full of cereal at the Sheyenne 9th Grade Center pep rally. "It was a really good pep rally," Grant said. "The interaction with the students was great." (Photo by Alyssa Jones)

## News OVERview

9th Grade Center wins Fill the Dome division

New Fargo high school named after Judge Ronald Davies

No words, no shows: Hollywood writers strike

**Moe Gibbs found guilty of murder**

Hold the Embryos: Genes turn skin into stem cells


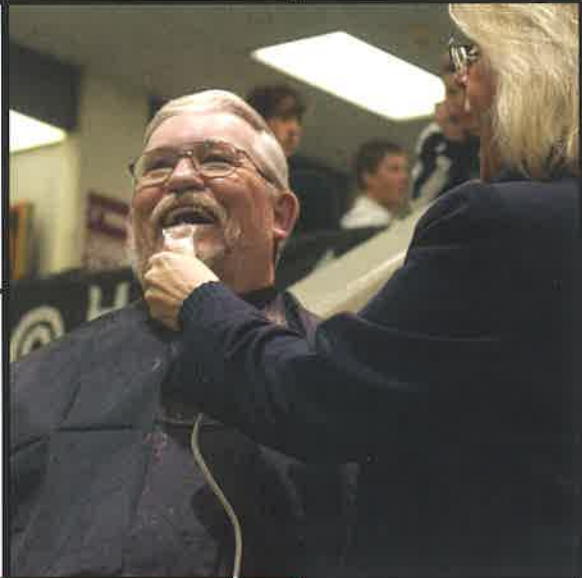


# December 2007




Sleigh bells ring... While ringing bells for the Salvation Army in SunMart's entryway, freshmen Kyleen Ulmer and Katie Woodbury sing Christmas carols. "We sang 'We Wish you a Merry Christmas' every time someone came in, and that was really fun," Woodbury said. "It made them joyful, and they weren't really expecting it." (Photo by Abby Paul)

## News OVERview

Pakistani leader Benazir Bhutto assassinated  
 State Bank's "Pay it Forward" receives national attention  
 Mitchell Report accuses MLB stars of steroid use  
**Rape victim sues WE Fest organizers**  
 Nine dead, five more injured in Omaha mall shooting

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		A work of art... While looking at the long table filled with pieces of artwork at the art show, senior Cassandra Mastre pauses to examine a plate. (Photo by Abby Paul) 				1 Sadie Doggett named Exchange Club Student of the Month
2	3	4	5	6	7	8
					Boys, girls basketball open season with wins against Bismarck St. Mary's	
						15 Let's make history... Math teacher Donald Burnham laughs as his beard is shaved by math teacher Mary Jo McKay for the first time in more than 20 years. Burnham promised to shave it off if 70 boxes were filled for the Fill The Dome Project. (Photo by Abby Paul) 
		16 This one next... NHS member, senior Shantel Barnes helps South Elementary first grader Mark Bush put his presents in bags during Santa's Workshop. (Photo by Tory Graves) 	11	12		22
					19 A sweet surprise... Sophomores Danielle Meyer and Jessica Soucy stick together graham crackers with frosting and decorate them with candy as they make gingerbread houses in German II. (Photo by Abby Paul) 	
23/30	24/31	25	26	27	28	29
					Boys hockey gets first win of season with shootout victory over Fergus Falls	

# January 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Nathan Kuik named Exchange Club Student of the Month	2	3 Officer Todd Pearson patrols hallways as new school resource officer	4 Sophomore Scott Schiller wrestling Rotary Champion	5
8 		9	10		11 Girls hockey rolls with overtime win against defending state champion Bismarck	12
15		17 ABC News names citizens of North Dakota "People of the Week"		18		19
20 A sweet sale... Smiling with gratitude, senior Lindsay Kloos accepts a dollar as she works with junior Jenna Olson and senior Tania Peters at a yearbook bakesale. (Photo by Abby Paul)	21	22 If I only had a brain... Anatomy teacher Michael Preston assists senior Jeremy Pistorious as he cuts open a sheep's brain during a lab. (Photo by Abby Paul)	24		25 High five... Juniors Jordan Kleindal and Emily Harris give one another a high five as they pass in the hall in honor of Student Council's "High Five Friday." (Photo by Abby Paul)	26 Packatahnas continue success with two top finishes at State competition
27	28		29	30	31 Boys Hockey beats Fargo North 5-1, getting first EDC win	



Posing as Paula... During history teacher Barbara Metcalf's "American Idol" challenge, English teacher Mary Sherman exclaims the class's performance "was just breathtaking" while copy room technician Mike Anderson and principal Gary Clark act as more critical judges. "I think it humanizes teachers in students' eyes when they see they're willing to look less than perfect," Sherman said. (Photo by Abby Paul)

## News **OVER**view

Kerviel schemes largest fraud in French history  
 2008 Election kicks off with NH primary, Iowa caucus  
 Actor Heath Ledger found dead in apartment  
**National Geographic shows bleak N.D.**  
 Oil prices soar to record high 100 dollars a barrel







# February 2008




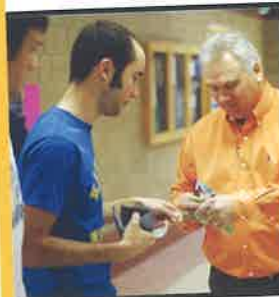


A sloppy smooch... Social studies teacher Barbara Metcalf winces after kissing the sloppy snout of a calf at the winter pep rally. Students filled Metcalf's jar with more money than any other teacher to force her to pucker up. "It was like kissing snotty goo, and I advise against it," Metcalf said. (Photo by Abby Paul)

## News OVERview

Woman hits MN school bus, kills four children  
 Fargo Kiwanis break world record with huge pancake feed  
 NIU campus grieves after shooting rampage  
 'No Country' wins best picture Oscar  
 Super Bowl XLII: Giants ruin Patriots perfect season

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				What a show... Senior Paul Johnson plays his guitar and sings during lunch on one of the Student Council-sponsored Talent Thursdays. (Photo by Nathan Kuik)	1 Alina Tyulyandina named Exchange Club Student of the Month	2 A Valentine for you... Announcing in front of the lunches, senior Merema Ahmed passes out Valentines for Key Club. (Photo by Emily Hartley)
3 Packatahnas take third place at national high kick competition	4			7	8 Drama works its magic at opening night of 'Anything Goes'	
	11 Diamonds are a girl's best friend... Sophomores Cassandra Pillen and Megan Cooper ponder class ring possibilities as they take a closer look at the Josten's booth. (Photo by Abby Paul)	12	13	14	15	16 Wrestlers secure second place state finish with one champion, three runners-up
17	18	19 French classes brave cold weather to attend Voyager Festival in Winnipeg	20 West Fargo team places first at NDSU engineering competition	21 Matrix moves... Freshman Alex Fontaine dodges a close call at the Sheyenne 9th Grade Center Dodgeball tournament. (Photo by Abby Paul)		23 Girls hockey finishes successful first year as state runners-up Boys swimming captures EDC title
24	25	26	27 School goes into third lockdown of year due to another bomb threat	28		

# MARCH 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Emily Dahley named Exchange Club Student of the Month	Boys Swimming finishes second at state meet, Marsha Dahl named Coach of the Year .
		4 That ball is mine... Senior Jill Utter gambles on defense and tries to steal the ball from senior Spencer Davis during a charity basketball game. The game helped raise money for a surgery, and the girls won 61-60 in the end. (Photo by Nathan Kuik)	5 Math students use their brains at Tri-College Competition	6	7	8 Boys Basketball takes fourth place at State, Greg Limke named Coach of the Year
9	10 Fifteen DECA students qualify for Nationals at state competition	11	12	13	14 Special Education voted best Teacher Theme Team 'Invasion' wins Dodgeball Tournament	15
	17 Making change... Senior Michael Brown hands over money to pay for his cap and gown for graduation. (Photo by Nathan Kuik)	18 How low can you go... Participating in the excitement of theme week, counselor Julie Hersch and administrative assistant Janice Best stoop as low as they can in the limbo competition. (Photo by Whitney Adams)		20 Science Olympiad places third at Regional Competition	21 3rd Quarter ends	22
23/30	24/31	25 Girls basketball plays Church League team in charity basketball game	26	27	28 Arts and crafts... Sophomore Delphine Martinez concentrates intently on making her hemp keychain during the first meeting of the Native American Club. (Photo by Jayme Noel)	



Teacher's pet... Dressed up as a "blessing in disguise" for the English department's pun theme, English teacher Marti Simmons laughs at a joke while English teacher Mary Sherman pets Simmons' dog, the "teacher's pet." "This was first rate," Simmons said. "I went out and had a t-shirt made, found wings and a pink boa, made a trip through 'Spencer's' for a mask, and brought a dog to add to my disguise." (Photo by Nathan Kuik)

## News **OVER**view

Thirteen die in Midwest flooding  
 Woman crashes into North Fargo McDonald's, injures 7-year-old  
 U.S. considers boycotting Beijing Olympics  
 Spring brings largest snowfall of year  
 New York governor caught in prostitution ring






# April 2008








Painting for a purpose... Sophomore Robert Jacobs carefully paints a moon and stars on Jayden Bower's face at the Earth Day festival. The event was run by science teacher Sara Forness' students to teach about positive environmental practices. "I just wish I as a student could learn more about it," Jacobs said. (Photo by Carlen Harrison-Bower)

## News **OVER**view

W.F. superintendant survives contract bout  
 Pelican Rapids mourns loss of student in band trip bus rollover  
 UPC hockey rink vandalism amounts to \$500,000  
 Bon Jovi brings 25,000 to Dome  
 Obama, Clinton inspire at N.D. Democratic Convention

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A warm welcome... Sen. Barack Obama speaks to a packed Alerus center crowd while visiting Grand Forks. Both Democratic nominee hopefuls Obama and Sen. Hillary Clinton made the trip. (Photo by Nathan Kuik)</p> 		<p>1 Tyler Lund named Exchange Club Student of the Month</p>	<p>2</p>	<p>3</p>	<p>4 You want me to do what... While picking up plastic cups after the senior prank, senior Kirby Keller looks to his fellow classmates also taking down the cups from the senior prank they pulled. (Photo by Alyssa Jones)</p> 	
<p>6 "The Yearling" wins sweepstakes award at NIPA publications competition</p>	<p>7</p>	<p>8 Talent show rocks WFHS theater, "Bittersweet Symphony" takes home first place</p> 			<p>11 I learned a lot... After a presentation on organ donation by Alexa Kersting's parents, junior Heidi Morman gets interviewed by the FOX news crew. Kersting would have graduated this year but died in 2004 while waiting for a lung transplant. (Photo by Alyssa Jones)</p>	
<p>13</p>	<p>14</p>	<p>15</p>	<p>16 Students depart for National Scholastic Press Association competitions in Anaheim</p>	<p>17</p>		<p>19 Speech team competes at state meet</p>
	<p>21 Dynamite... Sophomore Jared Grindahl performs the dance from the ending of the movie "Napolean Dynamite," making the crowd laugh at the talent show. (Photo by Abby Paul)</p> 	<p>22 NHS seniors honored at Kiwanis luncheon</p>		<p>24</p>	<p>25 GSA promotes gay rights awareness through "Day of Silence"</p>	<p>26 DECA students successful at national competition in Atlanta</p>
	<p>28</p>	<p>29</p>	<p>30 Which one do you like... Senior Sadie Kraft shows senior Cody Kopp the options for senior class t-shirts being sold by Principal's Club during lunch. (Photo by Whitney Adams)</p> 			

# May 2008

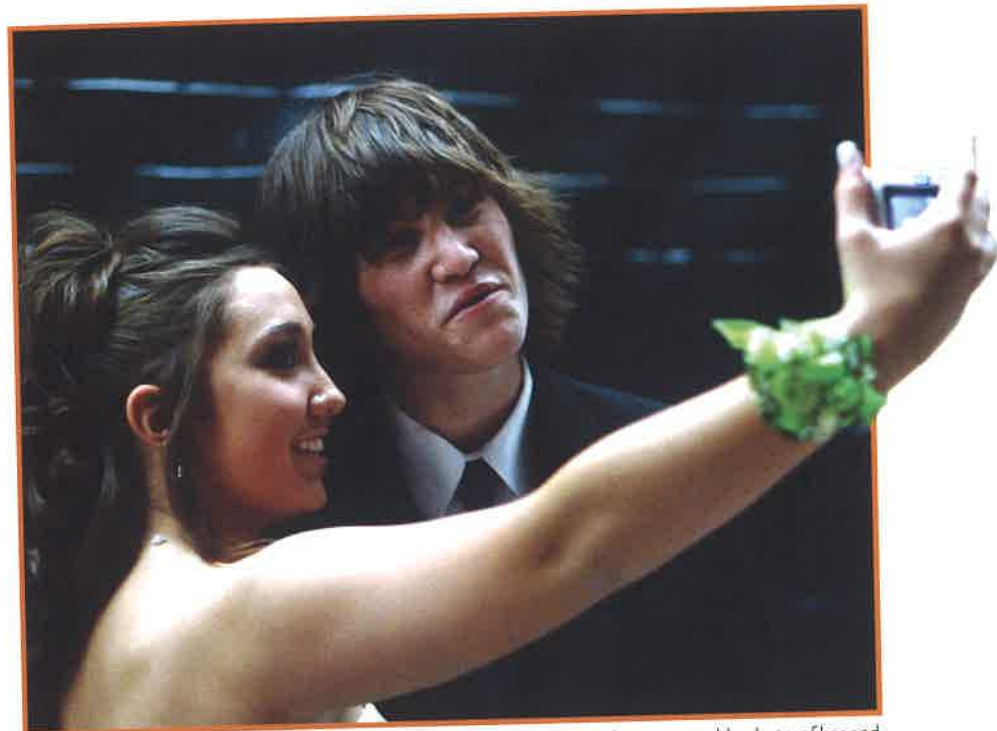
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Michael Brown named Exchange Club Student of the Month	Softball team bests undefeated Fargo Shanley 3-2		Students enjoy "A Night to Remember" at Prom 2008
4 Take a bite out of life... Enjoying their free class lunch, seniors Melissa Pytlik and Rebecca Pegg visit with their classmates. (Photo by Samantha Gehrig)					9 	10 Upon observation... Performing a Chemistry lab, senior Cassandra Saylor takes a closer look at her burning marshmallow. (Photo by Jayme Noel)
11	12 Girls tennis clinches second place EDC finish with win over Fargo North	13	14 Academic awards banquet honors high achieving students	15 FCA holds "Do You Agree with Matt and Mike?" rally	16	17 Boys, girls track teams runners-up at EDC meet
18	19		21 A spoonful of sugar... Eating some ice cream, juniors Carly Trowbridge and BreAnne Gregory relax after walking to TCBY with their Anatomy class. (Photo by Jayme Noel)	22 Girls soccer misses out on state tournament by narrow margin of 3-2	23 	
	26 The art of float making... Seniors Matthew Harsch and Nathan Kuik prepare rootbeer floats at the "Do You Agree With Matt and Mike?" rally. (Photo by Molly English)	27 Sadie Doggett and Kyler Eid named Senior Athletes of the year	28	29 Last day of school	30 Seniors attend graduation practice at the Civic Center	



Soccer in the snow... Senior Allison Muller makes a move against Grand Forks Central on May 3. Despite playing in a snowstorm, the girls team won the game 3-0. "It was weird playing in the snow in May," Muller said. "Oh boy was it cold." (Photo by Nathan Kuik)

## News Overview

China earthquake kills 30,000  
 Myanmar government refuses food aid for cyclone victims  
 Judge rejects guilty plea in Carlson murder case  
 David Cook crowned new American Idol  
 Fargo Marathon draws record number of runners



A moment to remember... Junior Melissa Morse holds up her camera to take a memorable photo of her and junior Dakota Walz at Prom. (Photo by Abby Paul)



# Student Life

When the school day's **OVER**



Photo 2 Ice cream kiss... Entertaining at the winter pep rally, English teacher Sarah Tron, junior Brittany Davila and sophomore James Sweere get ready to show the crowd how they eat an ice cream cone, while the crowd thinks they are trying to show them how they will kiss on the first date. (Photo by Abby Paul)



Photo 3 King and queen... Seniors Matthew Harsch and Merema Ahmed walk across the football field as Homecoming king and queen. (Photo by Abby Paul)



Photo 4 I have this... As senior Amanda Olson tries to push her way through junior Genia Wilson in the Powder Puff game, senior Cassandra Beckerleg laughs at the scene. (Photo by Samantha Gehring)

# Dance **OVER** comes stigma

## Freshmen not invited

Story by Kimberly Stulken

**S**enior Britta Strahm walks into the commons and hears music playing, bass thumping, people jumping, deejay screaming and students dancing. Students who attended the Homecoming dance experienced a similar situation upon entering. Hosted by the Student Council, the dance created a buzz among the upperclassmen about the excitement of not having freshmen attend the dance.

The freshmen weren't invited to the Homecoming dance this year because of the new Sheyenne Center, and many students feel it affected the dance in a positive way.

"I thought the dance was a lot of fun because the freshmen didn't go, and it was just upperclassmen," Strahm said. "That is what made it fun. Because I didn't have to worry about them in my way"

Other students see the absence of freshmen as a negative aspect of the dance. Although there were more seniors, juniors and sophomores that attended this year, the lack of freshmen resulted in a lower dance turnout.

"I think the freshmen should have been invited because there were fewer people this year," sophomore Kayle Keyes said. "The freshmen are part of our high school anyway."

The amount of senior students in attendance increased this year. Some students considered it was their last chance at an informal high school dance experience.

"I wanted to go to a dance other than Prom before graduation," senior Shawnie Wangler said. "It was the only dance other than Prom I attended in high school."

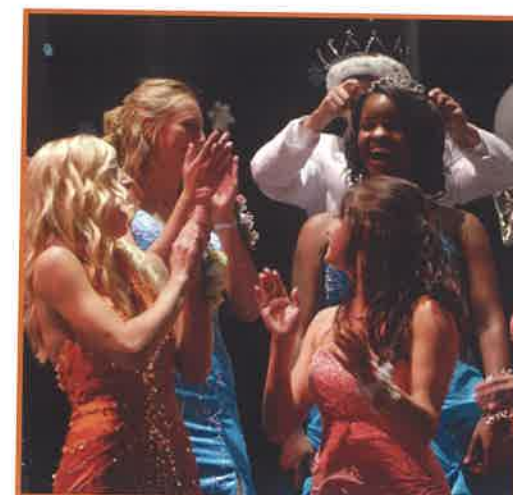
Because the Homecoming dance is the first dance of the school year, many students look forward to it as a fun time to spend with friends.

"The dance was a good time to be with my friends and have fun with all the other students," Strahm said.

As Strahm leaves the dance and all the excitement, she is happy with the way her last high school Homecoming dance went.



Jump into the lead... During the fall pep rally, junior Erin Sistas leaps over junior Adam Watts during the leap frog portion of the relay, winning the competition. (Photo by Abby Paul)



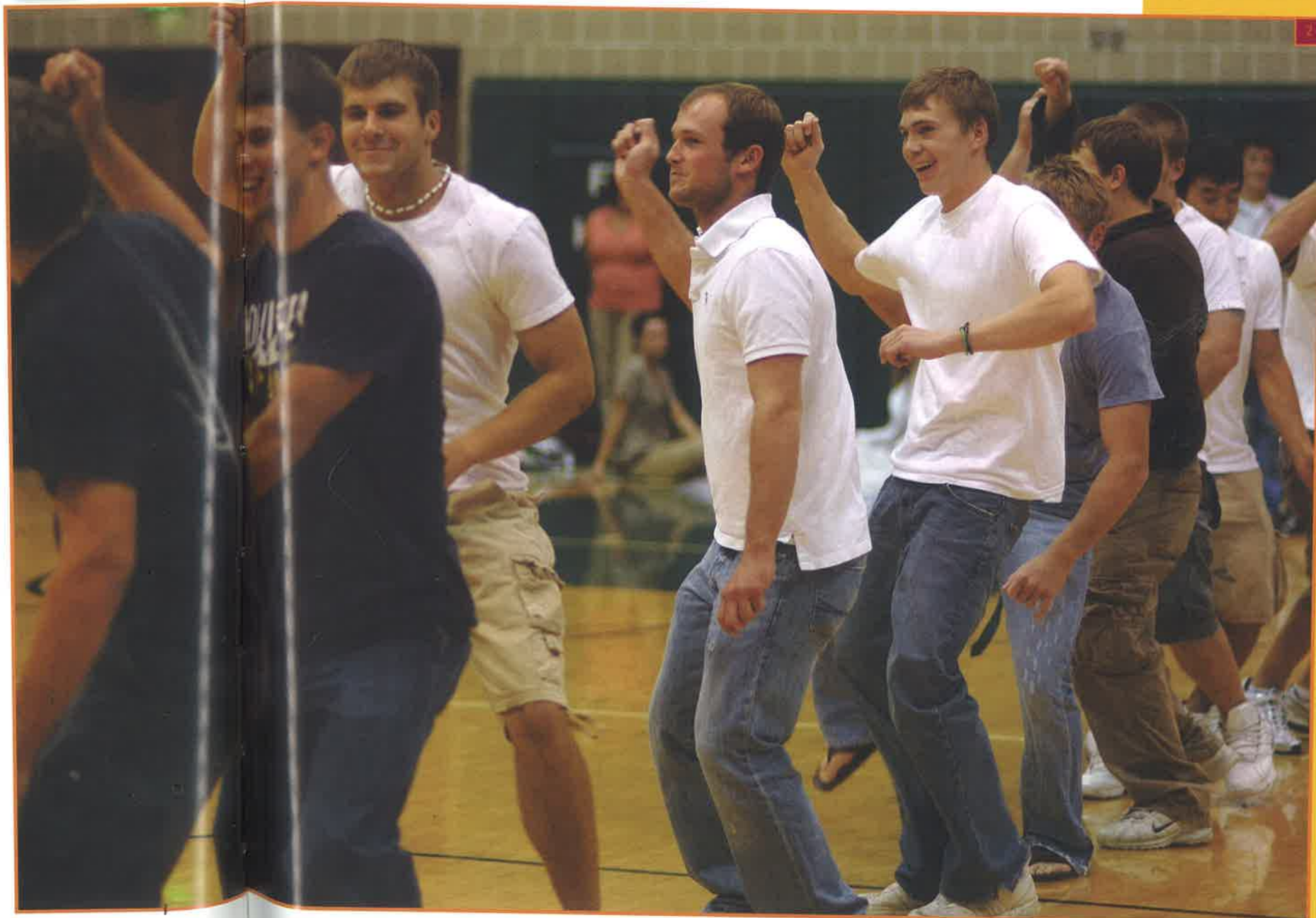
Are you serious?... Senior Merema Ahmed reacts after being crowned Homecoming queen by senior Matthew Harsch. (Photo by Whitney Adams)



Don't even think about it... During the Powder Puff football game, junior Lindsey Levin attempts to take senior Tavga Weled's flag. (Photo by Sam Gehrig)



Photo 1 Chocolate speaks for itself... After the gummy worm eating competition at the fall pep rally, English teacher Aaron Knodel writes "08" on his shirt with pudding to support the senior class. (Photo by Abby Paul) Photo 2 Ride that pony... Seniors Kirby Keller and Tyler Lund perform their famous "Jump on It" dance with the senior football players at the fall pep rally. "The dance all started with Tyler Lund at the West Fest Parade," Keller said. "We needed something to do on our float and that's what came up." (Photo by Emily Hartley)





Almost got her... Running with the football at the Powderpuff game, senior Emily Baasch reaches for junior Shayla Lund's flag. (Photo by Abby Paul)

Intimidation baby... Giving junior Lindsey Levin the intimidation face, senior Amanda Olson runs with the football while senior Cassandra Beckerleg and junior Genia Wilson watch. (Photo by Samantha Gehrig)

Pump it up... Pumping up the crowd during the fall Powderpuff game, seniors Ryan Mischel, Eric Larson and sophomore Jamison Gehrig raise their hands in the air. (Photo by Samantha Gehrig)

# OVER exciting Powderpuff

## Coaches just as involved as girls

Story by Haylee Preabt

**E**ager junior and senior girls plan their outfits for the Powderpuff football game. The senior girls have their white shirts and black shorts and socks for outfits to fit their "Back in Black" theme, while the junior girls have their green shirts and camouflage attire for their "Blitzkreig" theme outfits. The junior and senior coaches add to their thrill by making Powderpuff jackets. Both the girls and coaches are involved in great excitement for the Powderpuff game.

The senior class coaches were just as excited as the senior girls for Powderpuff, which made the girls ready and anxious to play football. The coaches started motivating during practice.

"We tried to make practice fun, but still worked hard," senior coach Tyler Matthys said.

"It showed on the field when we started winning and then we really started to have fun," senior coach Cameron Ramberg said.

Many of the senior girls noticed the joy and involvement of the coaches.

"The coaches really got into it," senior Lynae Opdahl said. "They dyed their hair and had sweat suits, which totally fit the theme of 'Back in Black.'"

Both the senior and junior coaches showed their dedication to Powderpuff by making jackets that said "Coach" and "Powderpuff" on them.

Not only were the senior coaches fun and dressed up, but they were prepared for the big game.

"They had a whole list of plays, wrote down everyone's positions, and made sure everyone had a chance to play during the game," Opdahl said.

Junior coaches were also excited for their first Powderpuff game. They too made jackets and pumped up the junior girls.

"During practices, they made sure everyone had fun and gave everyone a fair chance," junior Hillary Ehlen said.

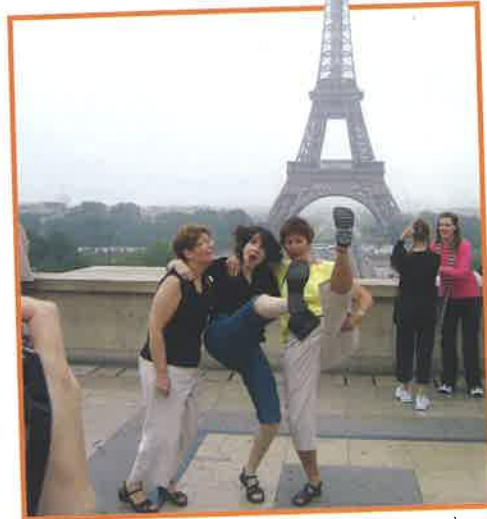
The junior coaches also designated two of their coaches to be the motivators, while the two others were mainly organizing the plays and positions.

"Eric Driscoll and Jason Moch were our motivators," junior coach Jordan Olstad said.

The Powderpuff game ends with excited senior girls and coaches. The enthusiasm and effort during the Powderpuff game made it a game to remember.



**Photo 1** Watch out... After making a serious play, senior Courtney Roush sprints down the sideline at the Powderpuff game. "I really enjoyed playing with all the senior girls and having people cheer for us," Roush said. (Photo by Abby Paul) **Photo 2** Down the line... Seniors Lynae Opdahl, Brittany Haaland, Emily Dahley, Jill Utter and Maryjo Nelson wait in anticipation for the kickoff of the football during the Powderpuff game. (Photo by Abby Paul)



Fun in France... English teacher Mary Sherman, French teacher Suzanne Thibert and chaperone Deana Koehnen show their excitement in front of the Eiffel Tower in Paris. (Photo by Emily Hartley)



Above The light of the world... Senior Jaden Fedora lights a candle after donating money to support the monastery at Montserrat. (Photo submitted by Jaden Fedora) Left Sittin', wishin'... Graduate Ally Holland, senior Erin Behrmann, graduate Elizabeth Erickson, junior Katherine Eidenschink and seniors Leah Miller and Emily Hartley take a rest after lunch in Amboise, France. "We saw a lot of stuff, but to see all that stuff we had to walk to a lot of places," Eidenschink said. "It was totally worth the exertion to see all the amazing places we did." (Photo submitted by Suzanne Thibert)

## What is the strangest thing you saw on your trip?

- "We were attacked by seagulls on the beach when we were eating ice cream."  
-Senior Jessica Ballou (France)
- "In Barcelona, walking down a main street there was a 50-year-old man wearing a speedo."  
-Junior Megan Nelson (Spain)
- "When we left the hotel, we had to give our keys back."  
-Junior Candace Hager (Germany)

# OVERseas adventures

Classes take vacation from summer Story by Kelcee Prashek

Flying overseas hours upon end not able to think of any activity to entertain herself anymore, senior Emily Dahley sits and stares out her airplane window.

"I watched four or five movies," Dahley said. "It got so long and boring."

The French classes, consisting of 22 students and three chaperones, went to France and visited many different locations after their eight-hour plane ride.

The first day, students thought translating French to English and English to French was difficult.

"It caused me many headaches," Dahley said.

Later on the trip, communication was not the only problem. Students were missing their families and friends, but also common activities of everyday American life.

"I missed soft bread the most," Dahley said.

Not each person who went away this summer missed their regular routines.

"I did not miss a thing from America," junior Emily Harris said. "I actually forgot about my family for the first couple of days. Spain was just much cooler than them. There was never a dull moment; there was always something to look at and do."

The Spanish classes went to many different places, such as beaches, shopping centers and site seeing.

"Visiting the Montserrat was my favorite part,"

Harris said. "The cathedral was high in the mountains of Spain and the view is beautiful from the cathedral." Not everyone got to see everything they wanted.

"I wish we could have seen a soccer game," Harris said.

Even though junior Brandon Fitterer was on a different trip with the German classes, he agrees with Harris about watching a soccer game and wanting to see more of the scenery.

"I also wish I could have seen the Berlin Wall," Fitterer said, but he added that not seeing other sites did not ruin his trip.

Another thing Fitterer would have changed during his trip would have been walking in the warmth.

"I felt like we walked everywhere in the heat, but it was all worth the experience," said Fitterer.

Students agree the trips are worth attending and they are life-changing experiences.

"I gained a view of a different way people live and view their lives," Harris said.

"It made me appreciate normal everyday things," Dahley said. "It also made me want to travel even more and learn more about cultures."

On the plane ride back to America, Dahley sits and talks to all of her classmates that she had gotten closer to because of the trip. She believes it was a great idea to go and will not regret it despite the long trip.

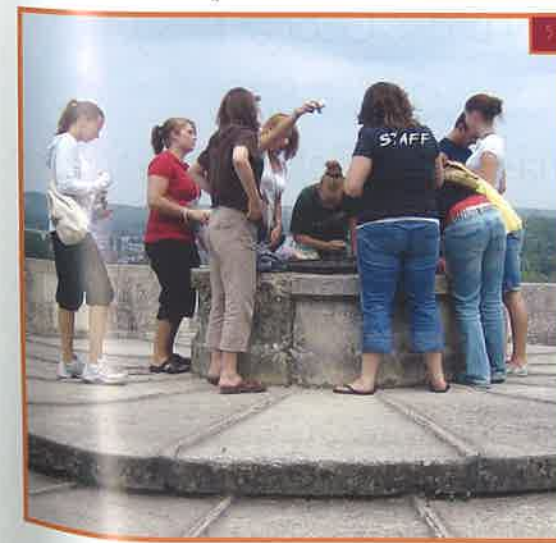


Photo 1 Did you hear that... Enjoying a riverboat ride on the Seine River in Paris, junior Eric Halvorson reacts as he listens to a narration of the tour. (Photo submitted by Suzanne Thibert) Photo 2 Knock knock... Senior Alex Windjue jokingly knocks on a door during the German trip. (Photo submitted by Candace Hager) Photo 3 Capture the moment... Juniors Megan Nelson and Emily Harris and seniors Erin Binde and Jaden Fedora pose in front of the beautiful scenery of the Spanish monastery at Montserrat. (Photo submitted by Jaden Fedora) Photo 4 Listen to this... Seniors Erin Behrmann and Emily Dahley appreciate the beauty of Versailles Palace in Paris as their tour guide details the building's history. (Photo submitted by Suzanne Thibert) Photo 5 A long way down... French students peer down a wishing well on top of the Royal Chateau d'Amboise in France. (Photo by Emily Hartley) Photo 6 Smile pretty... The German students stop to take a picture with the night watchman after their medieval city check in Rotenburg, Germany. (Photo submitted by Candace Hager)

# Clinton Vs. Obama



Together we can change the country... Senators Hillary Clinton and Barack Obama speak at the North Dakota Democratic Convention in Grand Forks. (Photos submitted by Molly English)

## Who do you think should be the next *President*?



■ "I think Barack Obama would be better than [John] McCain simply because he's someone the American people can look up to, kind of like JFK and very unlike George Bush."  
-Junior Andrew Lenzmeier



■ "Obama should win because he has better ideas to change the United States that will make our economy grow."  
-Senior Ronak Habib



■ "Obama because he's better than Hillary and will do a better job with changing things for the better."  
-Sophomore Brooke Yochim



Go Hillary... Fans in the crowd go wild when Sen. Hillary Clinton gives her speech in Grand Forks at the Alerus Center. Clinton and Sen. Barack Obama spoke days prior to the North Dakota Democratic caucus, where Obama took 61 percent of the votes. (Photo by Nathan Kuk)

## 2008 election one to remember

Story by Tania Peters **Students share political views**

The 2004 election had statistics that could shock young adults. According to the US Census, 58 percent of people of age participated in the 2004 election and the voting rate for citizens age 18 to 24 was 47 percent. Young adults had the lowest voting and registration rate in the 2004 election. The upcoming election may have more interest from young adults.

The 2008 election will be an election that will always be remembered. The Democratic nominees are a woman, Sen. Hillary Clinton, and an African American male, Sen. Barack Obama, breaking apart from the traditional white male America is familiar with. In the 2008 election, there may be more participation from young adults.

"It's very important to vote because you have the right to vote as an American citizen," senior Whitney Hoovestol said. Senior Nicole Brokmeier agrees with Hoovestol. "If you don't vote you don't have a right to complain," Brockmeier said.

There are positive and negatives to the Democratic candidates and the 2008 election.

"I think it's a breakthrough for sexes and races," senior Regina Doll said. "It's a good thing, even if they don't win, that they ran." Senior Nicole Brokmeier agrees with the positive effects of the diverse

candidates.

"I think it's cool our world is mature enough to accept something other than a white male," Brokmeier said.

Brokmeier believes Clinton would be a good first woman president. "She seems straight forward about what she's going to do," Brokmeier said. "She tells you how she's going to change things."

Other students are not impressed with either of the Democratic candidates.

"I think they both say a lot and they think they can change a lot," senior Whitney Hoovestol said. "I don't think the country is ready for them. It's not that she's (Clinton) just a woman, I just don't agree with what she says and Obama doesn't say what he will do."

Hoovestol has her own idea of who she would like to be president. "I wanted Rudy Giuliani," Hoovestol said. "I think he could do a lot for our country because he pulled New York through the 9-11 attack. You can walk through the city without being scared."

It will be interesting to see how many young people vote, and how much they impact the election. Young adults may have more input for the upcoming 2008 election compared to the 2004 election.

"Every small voice can make a big difference," senior Brittany Haaland said.

# What do *you* think of locking the doors for *school safety*?



“I think it is completely [unnecessary] because when it’s freezing cold you have to walk around the entire school.”  
-Junior Alyssa Thorson



“I don’t see the point because if they can’t get through the arena doors, they will just come through the front.”  
-Junior Amelia Vigen



“I really don’t care if they lock them or not.”  
-Sophomore Ryne Schaeffer



Doggy demo... Officer George Vinson shows students the ability of his drug dog Earl as Earl sniffs out marijuana previously placed in a locker by school officials. (Photo by Abby Paul)



Ding... Spanish teacher Christina Walker uses her new key to get into the school. Teachers received the keys after new school policy was created locking all doors except those in the front of the building. (Photo by Samantha Gehrig)

## OVER cautious measures Bomb threats inconvenience students

Story by Haylee Preabt

At the beginning of the class hour, Principal Gary Clark announces over the intercom that teachers should immediately check their email. Instantly, students know something serious is happening. At the end of the hour teachers inform students they have to stay in their class longer because of another bomb threat.

Three bomb threats happened this year, and two of them forced students and staff to stay in the same room for approximately three hours, which unfortunately happened to move the lunch break to after 1 p.m.

Many students have negative views on their peers who wrote the bomb threats.

“I think it is a ridiculous way to get attention,” senior Alina Tyulyandina said. “Whoever is doing it is wasting everyone else’s time.”

Along with negative views by other students, the bomb threats cause inconvenience to students and staff. Some teachers had to rearrange their schedule, and students had shorter class periods for the rest of the day.

“I had to take a test in a shorter amount of time and teach myself more things than I should have,” senior Emily Dahley said. “It has also lowered my grades in the classes I did not have as much time in.”

The frustration of bomb threats is a pain for everyone; however, the administration has good reason for the precautions they take. All they want is to make sure everyone is safe and not frightened.

“[Having a long class period] was inconvenient for stu-

dents, but it was necessary to keep everyone safe,” Clark said. It is the administration’s job to keep students and staff safe and calm; therefore, they added new safety measures to protect the school from future bomb threats and other serious situations. The main safety measure they took is locking all doors except the front doors. Teachers now have a special sensor key to get into the building.

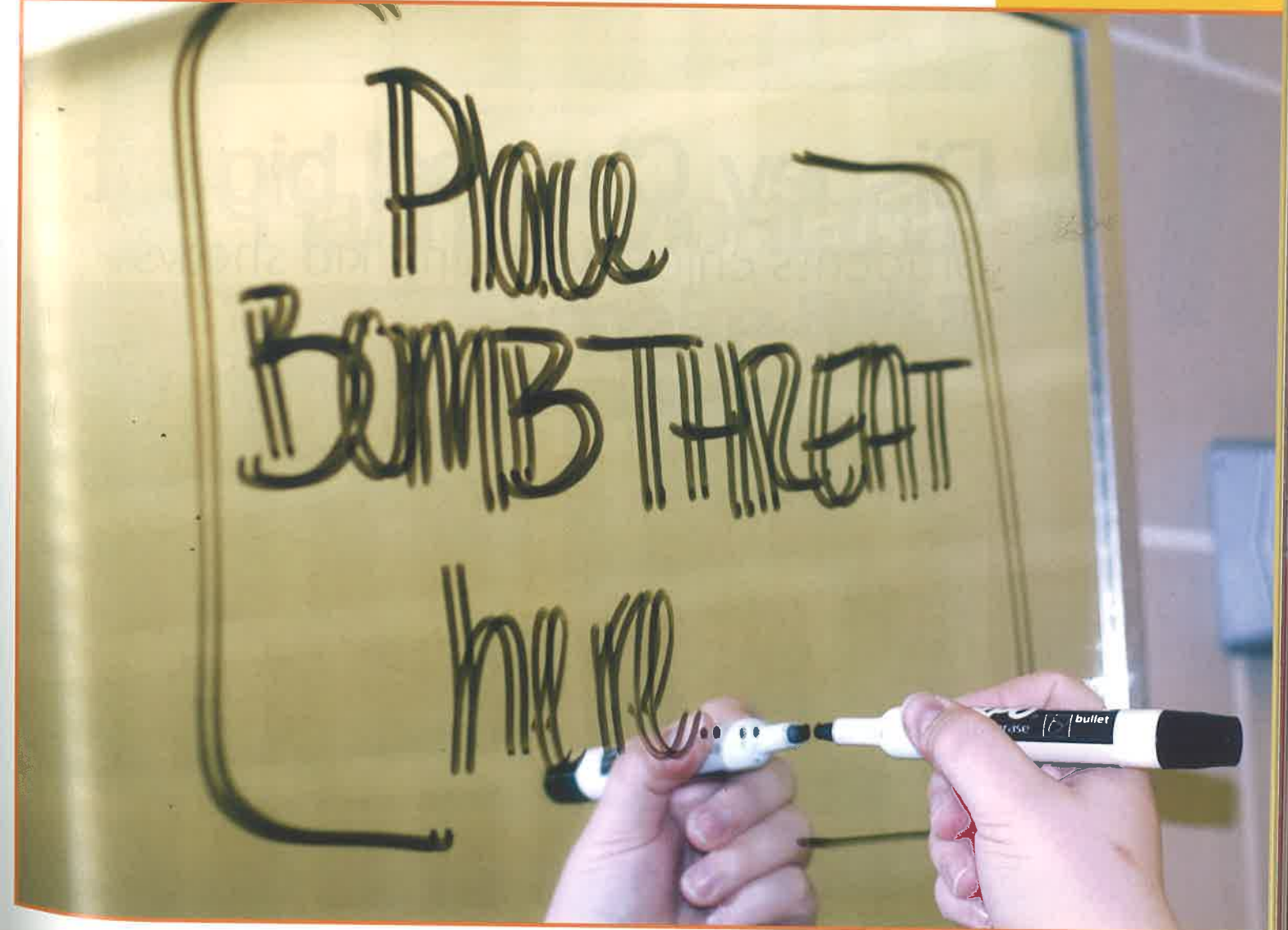
“Locked doors are OK, even though I know they are an inconvenience for students,” English teacher Sybil Hopkins said. “Maybe it would be less of an inconvenience if students got the special keys too.”

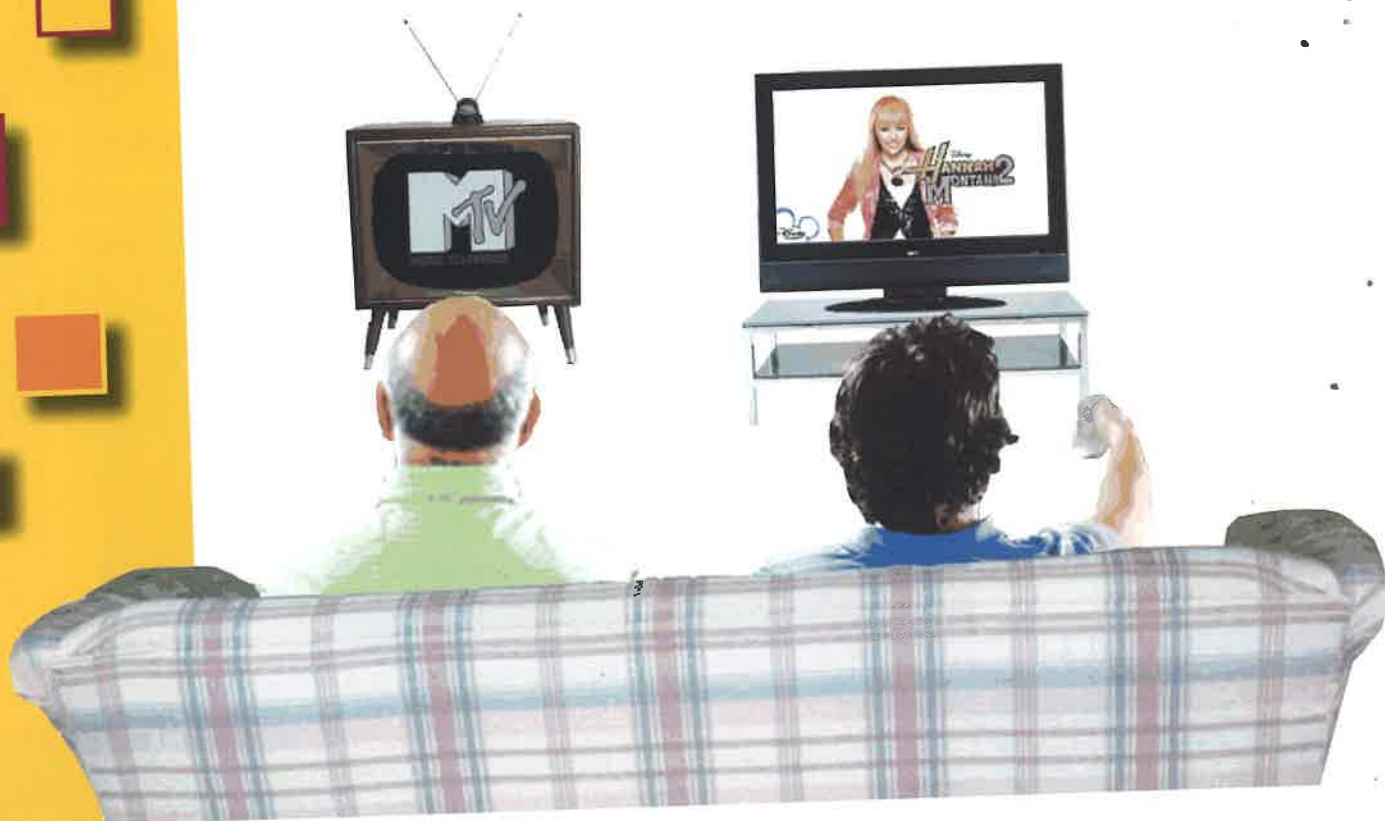
Students find the locked doors to be a hassle, but they know their peers, who wrote the bomb threats, played a major role in locking the doors.

“The reason we have locked doors and all these inconveniences is because kids who want attention have to do dumb things like bomb threats,” Tyulyandina said.

Feeling upset with peers, losing class time, and new safety measures are all concerns that arose in the school when people decided to write a fake bomb threat.

Finally, an hour and half later, Mr. Clark comes on the intercom ending the lockdown because of the bomb threat. Students are relieved to leave a class, which they are bored of sitting in, and happy they are able to go get some lunch.





## Disney Channel big hit

### Students enjoy watching kid shows

Story by Amanda Montgomery

"I think it's freakin' amazing," junior Maggie Wilken said of the Disney Channel. Though the television station is geared toward children, some students never consider themselves too old to watch channels such as Disney or Nickelodeon.

Disney Channel is not considered a channel full of cartoon shows, but there are new shows and movies that relate to teenagers' everyday life.

"I think Disney is more famous now because of 'High School Musical' and 'Hannah Montana,'" sophomore Jenna Green said.

The new Disney shows are a big hit with teenagers because they aren't cartoons, instead they are shows that take place in middle school or high school.

Disney Channel shows were popular in the past, but it seems more popular with the new shows. "I think after shows like 'Even Stevens' and 'Lizzie McGuire' stopped, Disney Channel became less

popular, but now 'Hannah Montana' is on and it's popular again," Wilken said. "I'd like to say 'Hannah Montana' rocks my world."

Other students may not like just one particular show on Disney, but like the channel in general.

"It's something I can enjoy with my sister and I can feel like a kid again," senior Rodolfo Astran said.

Astran also thinks Disney shows are popular because students can relate to them in their everyday life unlike shows on Nickelodeon, which are mainly cartoons.

"'Boy Meets World' is my favorite show on Disney because it's real life and they are in school like us and go through things like us, but the things they go through are funnier," Astran said.

Disney Channel is not only a younger children's channel; students never grow too old for it. Wilkens still goes home every day after school and watches Disney instead of MTV or other channels.

## Getting all dressed up

### Pretending to be a *rockstar*



**Q:** What was your favorite part of the concert?

**A:** When Hannah Montana and the Jonas Brothers sang together.

**Q:** Why do you like Hannah Montana?

**A:** She is a good singer, funny, and has a good sense of fashion.

**Q:** What is your favorite song she performed?

**A:** My favorite song was Rockstar because it is a fun song.

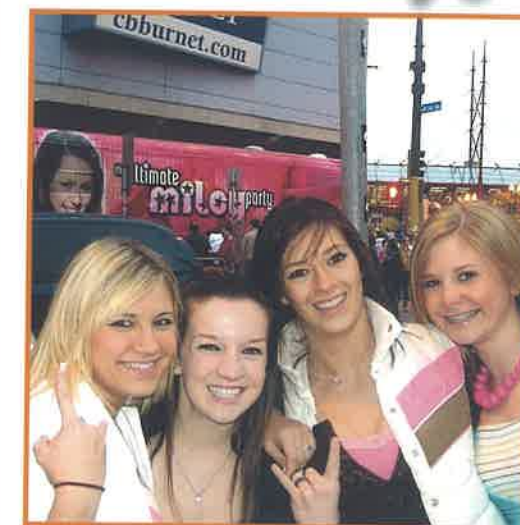
**Q:** What was the most memorable moment of the night?

**A:** Her grandpa died and she performed the song she wrote in memory of him.

*\* Sophomore Sasha Steichen started watching Hannah Montana and became a fan of the show and Miley. She and three friends bought tickets for her show in Minneapolis in the fall. Steichen bought the costume to go as Hannah Montana for Halloween.*



## Hannah Montana make OVER



**Far Left:** It's all for you... Disney Channel sensation Miley Cyrus performs as Hannah Montana at the Target Center in Minneapolis (Photo submitted by Sasha Steichen) **Left:** Here we come... Getting ready to enjoy the Hannah Montana and Jonas Brothers concert, junior Kristina Yerisov, sophomore Sasha Steichen, juniors Shayla Lund and Haylee Swanson rock out in front of the Miley Cyrus tour bus. (Photo submitted by Sasha Steichen)

# Excitement **OVER** talent show.

## Many participants in talent show

Story by Amanda Montgomery

**T**he audience is laughing and cheering while participants are singing and dancing in groups or also performing as a solo with different talents. The talent show offered entertainment to many students and staff.

Second place winners, seniors Kirby Keller, Kyler Eid, Tyler Lund and Jace Holm and junior Braeden Regner performed a dance from the song "Call on Me" by Eric Prydz, which did not necessarily take much talent.

Participants not only had fun performing at the show, but also had fun preparing for it before.

"It was a blast," Lund said. "We had to practice in front of mirrors and most of the time we could not finish because we would laugh so hard."

Second place winners received a prize of \$75 for their talent; however, the money was not a big influence in students' participation.

"We did it just for entertainment," Lund said. "We weren't even going for the money until we realized we needed it for all the supplies we got before."

The judges did not only judge on the talent of the participants.

"We judged on originality, skill and the crowd response," English teacher Kelly Tebben said.

The talent show was exhilarating for teachers, students and participants. The judges, parents, and fans enjoyed the talent show.

"It was so exciting and cool to see how talented my classmates are and seeing a lot of people actually showing up," senior Karen Flesberg said.

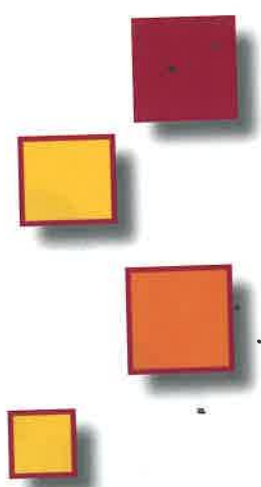
After not being able to have the talent show last year due to not enough participants, this year's show was a hit.

"I had a whole lot of fun and hope I can be a judge again next year," English teacher Sarah Tron said.

There were 12 different acts this year, consisting of groups of up to five members and also solo groups.

"I enjoy school activities that are fun and entertaining and bring our class together," Flesberg said.

The talent show was entertaining and had a large number of senior participants. The student body had a large turnout for spectators and participants, but the senior class represented well with all the talent.



Strum along... During the talent show, senior Paul Johnson shows the crowd his talent by playing guitar and singing. (Photo by Whitney Adams)



One, two, three... Senior Ryan Mischel plays the drums as his talent to perform at the fall talent show. (Photo by Abby Paul)



"Oooooohh"... Junior Alyssa Brown closes her eyes as she sings the song "Only Hope" by Mandy Moore at the talent show. (Photo by Abby Paul)

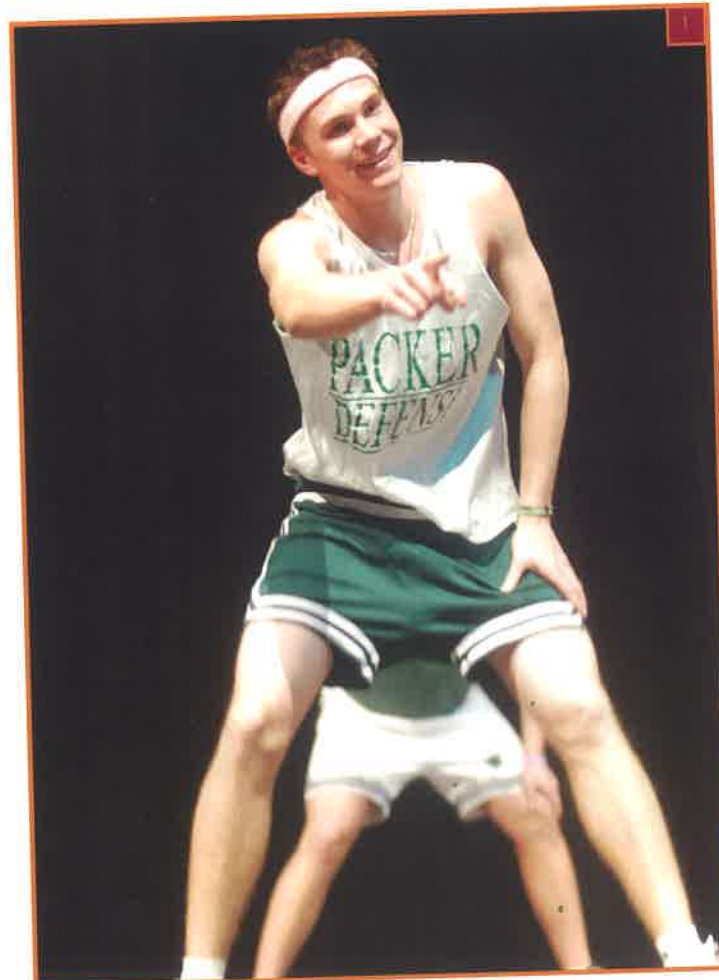
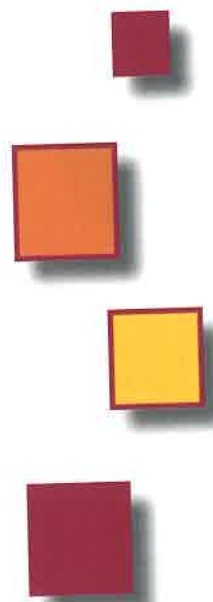
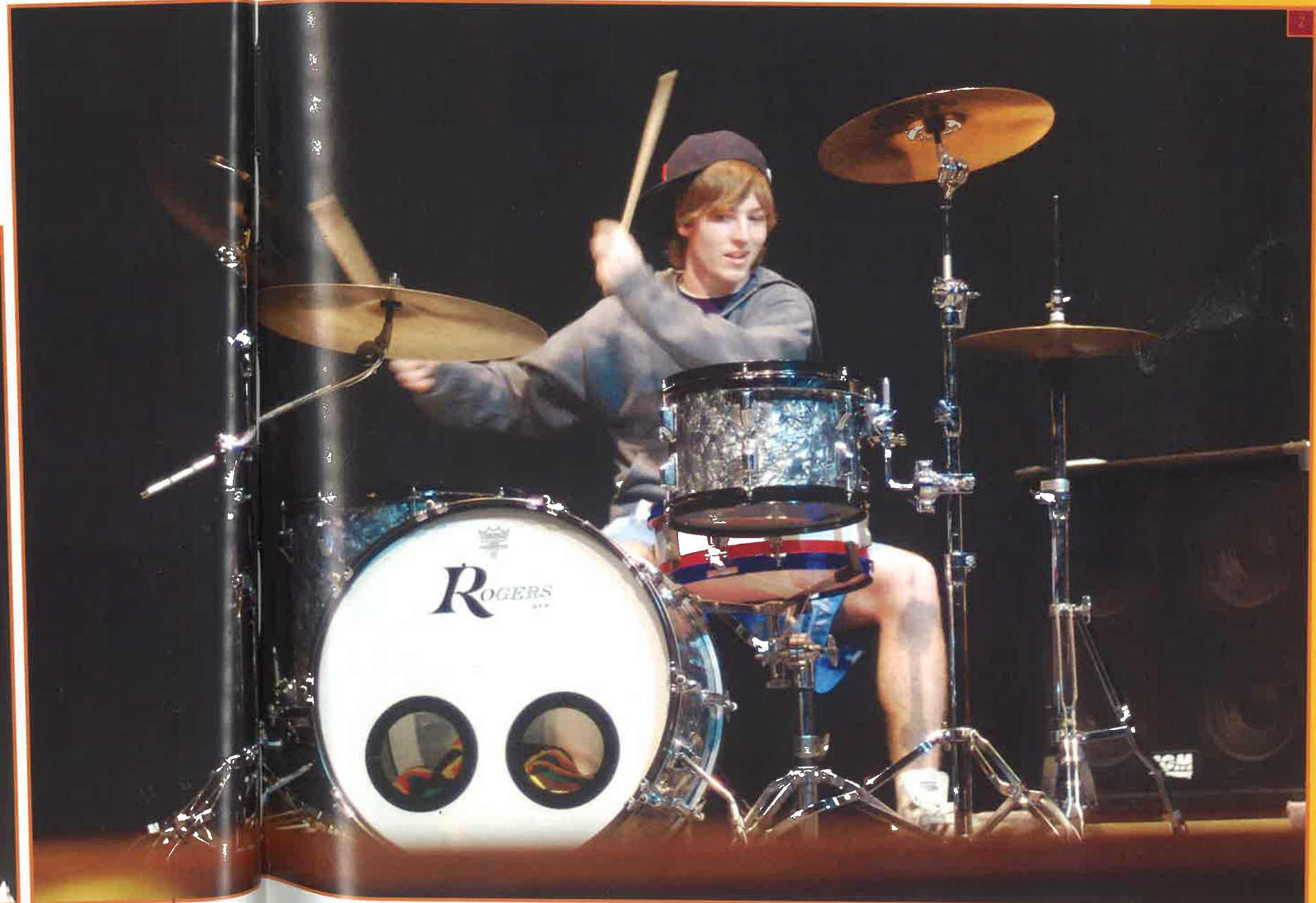


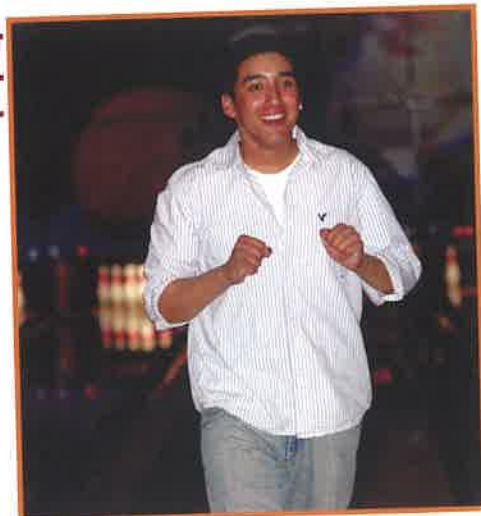
Photo 1 Work it... Senior Tyler Lund points to the crowd while doing the "Call on Me" dance during the talent show. (Photo by Whitney Adams)

Photo 2 Hat trick... Senior Matthew Harsch flips his hat while performing his drum solo for the talent show. "It was a really fun opportunity to show off all our talent and help out a good cause for the kids in Africa," Harsch said. (Photo by Whitney Adams)



# What was the most memorable moment from Prom?

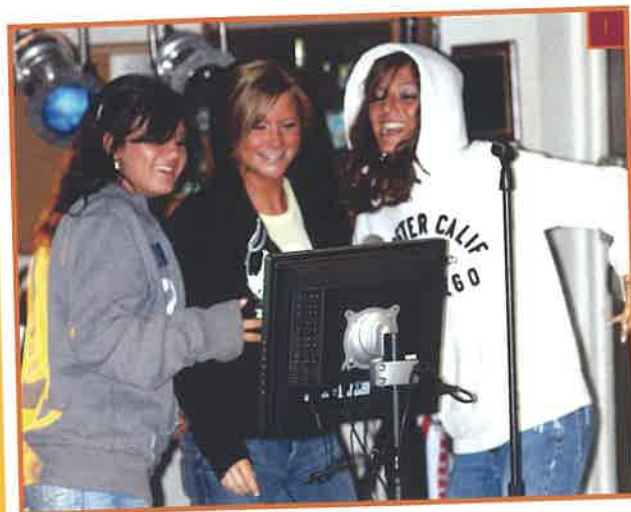
- “Walking through the grand march in front of all the people.”  
-Senior Josh Soland
- “It was nice seeing Nathan home (from training).”  
-Senior Brittany Nichelson
- “The dance was fun because everyone was dancing together.”  
-Junior Claire Moltzan



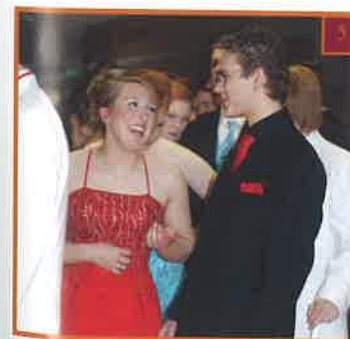
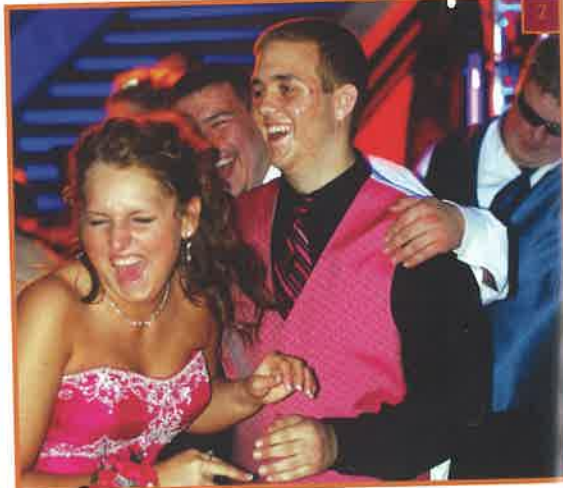
**Above** Oh ya... Senior Rudolfo Astran gets excited after getting an eight on his turn bowling at post Prom. (Photo by Whitney Adams) **Right** Dance the night away... During the Prom dance, senior Megan Chiodini raises her hand in the air as she dances with friends. “I really enjoyed Prom because it was my last chance to hang out with all my girl friends,” Chiodini said. (Photo by Abby Paul)



Everybody clap your hands... Clapping along to a song, senior Christopher Parsons looks exhausted after a long night of dancing. (Photo by Abby Paul)



**Photo 1** Sing out... Juniors Kristina Yerisov, Haylee Swanson, and Shayla Lund happily sing karaoke at post Prom at the Bowler. (Photo by Whitney Adams) **Photo 2** Care for a dance... Seniors Dalton Alfstad and Shauntel Barnes let out a laugh when senior Zachory Friesz comes up from behind and begins to dance with them. (Photo by Carsen Harrison-Bower) **Photo 3** Boogie nights... Seniors Seth Dye and Machaella Thompson smoothly swing dance together at Prom. (Photo by Carsen Harrison-Bower) **Photo 4** Dressed for the occasion... Junior Katie Palloch pulls on boyfriend, sophomore William Case's tie to share a kiss with him at the Prom. (Photo by Carsen Harrison-Bower) **Photo 5** Staying entertained... Senior Rebecca Pegg and junior Eric Halverson share a laugh as they stand in line for grand march. (Photo by Abby Paul) **Photo 6** Corner pocket... Playing a game of pool at The Bowler, junior Nicholas Sanders lines up his next shot during post Prom. (Photo by Whitney Adams)



# Students skip out early

Story by Kelcee Prashek and Haylee Prezber

## Changes could improve Prom outcome

At exactly 7 p.m. students start walking through Grand March to receive their two minutes of attention. Around 8:30 students rush to the dance floor with their friends. Then 45 minutes later, one third of the Prom goes leave Prom and head to the lakes.

Year after year, many people attend Prom and leave shortly after Grand March to go spend time with friends at the lake.

“It was my senior year and I wanted to spend time with my close friends,” senior Brittany Haaland said.

Even though the dance provides an exciting place to spend time with friends, the loud music and crowded commons area makes it hard to talk with the surrounding people.

“The lake has a more open environment and we are able to talk and play games, where the dance is too crowded,” Haaland said.

Students have suggested a couple changes that could be made to help Prom goers stay at Prom longer and enjoy themselves.

“I think many people left early because the music they were playing was rap, which is hard to dance to,” junior

Hali Scholl said. “So maybe if they play a variety of music more people would stay longer.”

Senior Kelsey Bergeron thinks playing the same type of music throughout the night makes the dance less exciting.

“A variety of music would relate to more students and suit everyone’s taste of music,” she said.

Ideas have been done in the past to try to make students stay longer, but students still leave the dance early.

“We have tried handing out gift cards and money at the end of the night, but students still believe they have better things to do than dance,” Media Specialist Jane Holland said.

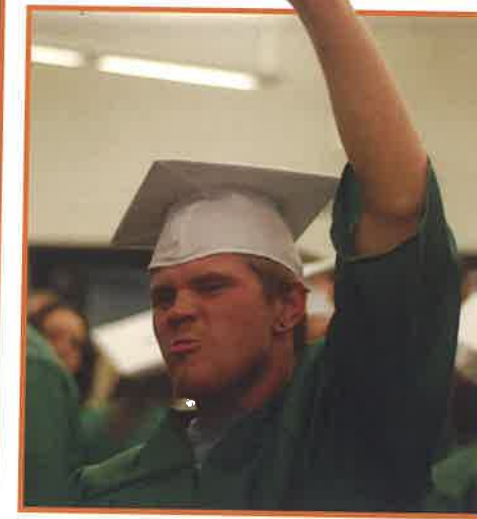
However, it is considered to some a waste of time and energy to leave Prom shortly after Grand March.

“I think leaving Prom right after Grand March is a big waste of time, because you spend hundreds of dollars on a dress and your hair to only wear for a couple of hours,” Scholl said.

Despite the crowded commons and music choices, there is always going to be a large group of people leaving Prom 45 minutes after Grand March.



A laughing matter... Seniors Jasen Walker and Cody Brown laugh as they play blackjack at the post-graduation party. (Photo by Abby Paul)



Above Rockin' on out of high school... Senior Andrew Hanson throws up his hands as he poses in celebration on graduation day. (Photo by Abby Paul) Left We will help you out... The senior choir sings "Bridge Over Troubled Waters" in honor of the graduating class. "I was really nervous and wanted the song to be perfect and meaningful for all the seniors," senior choir member Hannah Potter said. (Photo by Victoria Hackett)

## What was going through your mind when you received your diploma?

- "I was very excited and anxious because high school was finally over."  
-Senior Machaella Thompson
- "I was ready to celebrate that I was finished with high school."  
-Senior Garrett Smith
- "I was hoping that it was signed."  
-Senior Levi Kouba

# Substitutes cause stress

Story by Kimberly Stulken

## Senior misses out on graduation experience

Three hundred and twenty eight tired, yet excited seniors stumble to their chairs at the Fargo Civic Center Friday morning, May 30th. Principal Gary Clark begins graduation practice, and everything runs smoothly until the color guard presents the colors. In senior Jacob Danielson's place stands junior Brian Keller, confused and out of place. Students later learn it is Danielson's absence that is the origin of the problems.

Danielson was leaving for basic training for the Marines Sunday, June 8th and wanted to spend time at his family's lake cabin. He came up with a creative solution to finding someone to sub for him, offering money as an incentive.

"I told Brian Keller if he went for me I'd pay him some money," Danielson said.

When students miss practice without a pre-approved excuse, they are not allowed to walk during commencement. Unaware that his absence must be approved, Danielson and his family were surprised when administrators informed them he was not allowed to walk with his class.

"I was very disappointed that he wasn't able to walk," Danielson's mother, Ruth Danielson, said. "It's disappointing because he's going into the Marines and he might never see a lot of these people again."

Graduation practice is necessary for all seniors to walk through commencement. It allows the students a chance to go through the motions of commencement prior to graduation day. Administrators know graduation practice is necessary for a smooth ceremony.

"We like graduation to be a nice, well-organized ceremony," Clark said. "Without practice, it wouldn't look professional."

Students are allowed to miss graduation practice for a state or regional sports meet. The only students with an excused absence were seniors Maggi Nicholls, Rebecca Pegg and Stevi Kinsella, who were in Minot for the state softball tournament. Even with an excused absence, students must still find someone to be their substitute. Kinsella experienced difficulties finding a sub.

"It was kinda hard to find a sub," Kinsella said. "They were hesitant to get up early for my graduation practice."

Graduation practice is an expectation that has been required not only at West Fargo High School, but at many other schools.

"Graduation only happens once and we just want people to be there and know what to do," Clark said. "The expectation is simple, just be there."

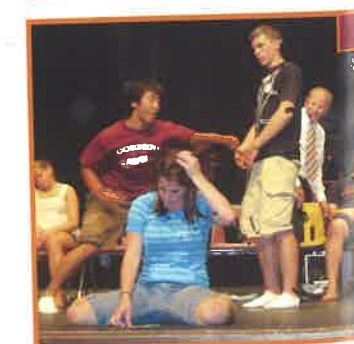
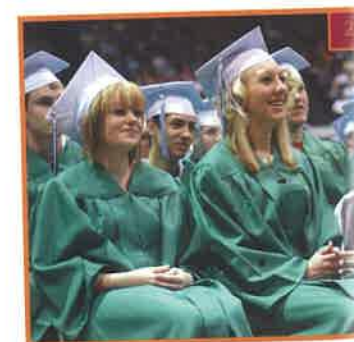
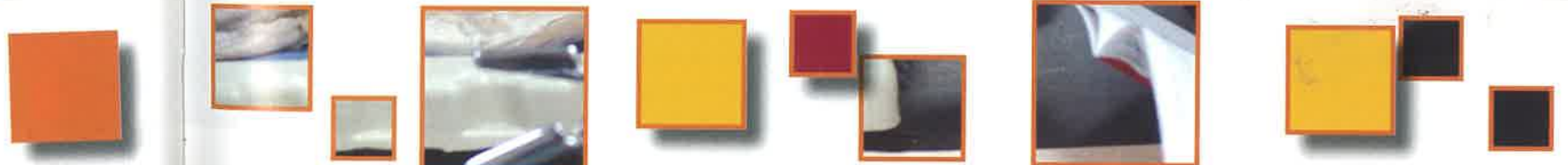


Photo 1 Up, down and all around... Senior Leah Miller happily races through the Games-To-Go obstacle course at post-graduation in the gym. (Photo by Abby Paul) Photo 2 A day full of emotions... Seniors Lisa Ackerman and Lauren Adams laugh as they listen to senior Merema Ahmed's speech during the graduation ceremony. (Photo by Abby Paul) Photo 3 Everybody was Kung Fu fighting... Taking part in the hypnotist show at post-graduation, senior Kyle Eid practices his moves as the world's best Kung Fu fighter on senior Tyler Lund while senior Erin Behrmann tries her best to detach a \$100 bill from the floor. (Photo by Emily Hartley) Photo 4 Are you my mother... While being hypnotized at the post-graduation party, senior Brian Maas is under the impression that senior Whitney Adams is his mother. (Photo by Emily Hartley) Photo 5 Can you help me with this... Senior Jaden Fedora looks up at her graduation cap as it is placed on her head by senior Megan Chiadini. (Photo by Abby Paul) Photo 6 Hi mom... Waving toward the crowd, senior Adele Young walks into the graduation ceremony beside senior Carrie Young. (Photo by Abby Paul)



What goes up must come down... Playing pickleball in Physical Education, junior Megan Brennan throws the ball up to hit it over the net. (Photo by Carsen Harrison-Bower)



# Academics

## Mind

# OVER matter



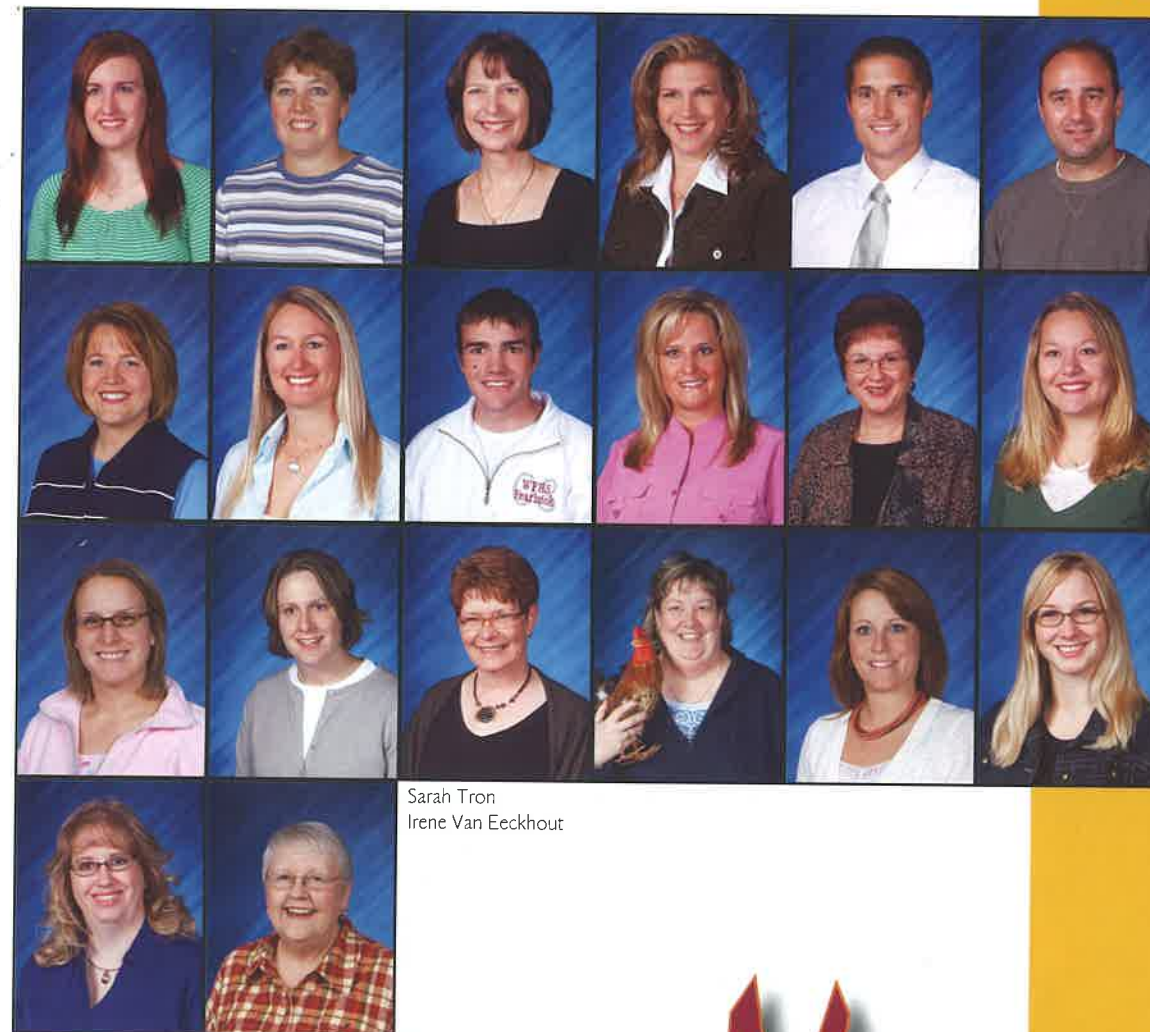
Photo 2 Writer's block... Junior Andrea Volk contemplates what to add to her story during English teacher Sybil Hopkins' Creative Writing class, while senior Kevin Ackley works hard in the background. (Photo by Nathan Kuik)



Photo 3 Happy and hardworking... During BCA II, sophomore Jack Stromberg smiles as he and senior Ryan Weizhaar work on a project using Microsoft Excel. (Photo by Abby Paul)



Photo 4 Watch your fingers... Special Education teacher Patrick Johnson helps junior Kyle Beck drill heart shapes from wood for an annual winter craft project. (Photo by Abby Paul)



Sonja Butenhoff  
Mary Conant  
Sybil Hopkins  
Ruth Joyce  
Aaron Knodel  
Bart Manson

Nicole Manson  
Lynette Mund  
Jeremy Murphy  
Toni Nelson  
Candice Paczkowski  
Jessica Raile

Amber Rudolph  
Tina Rued  
Mary Sherman  
Marti Simmons  
Carissa Stauss  
Kelly Tebben

Sarah Tron  
Irene Van Eeckhout

# Starting OVER

Story by Jenna Olson

## ELL students make new life in America

**M**oving to a country without knowledge of the language, culture or even certain objects is not something an everyday person wants to experience. Most of the students in English Language Learning (ELL) do just that.

Junior Nadifa Sharif Hassan, like many of the other students, did not have any English skills when she came to the United States.

"I went right into kindergarten, so I caught on," Sharif Hassan said. Coming to America at a younger age is an advantage for the students, but for some that isn't the case. Junior Richard Wulu, who did not come to the United States from Liberia until 2004, did not arrive with his family. He not only had to deal with adapting to a new place and language, but he also had to move far from his family.

"I came to the U.S. just to have a better life, go to school and have a better future," Wulu said.

Along with Wulu, Sharif Hassan believes it was better that she came to the United States because of all the problems in Somalia.

"When we came here it was because of the war and not good times," Sharif Hassan said.

ELL teacher Jessica Raile gives the students credit for learning the English language and adapting to American customs.

"I think they're doing awesome," Raile said. "Everything such as a pencil sharpener was new to most of them at first."

The start of the year came with many changes for the ELL department. Three new teachers, who now have their own classrooms and more consistency with the students, make it easier for everyone to adapt to things together. Because all the students don't speak the same languages, the teachers use different techniques to communicate with them until they are able to understand English.

"We use a lot of actions and pictures," Raile said. "If I knew Somalian or Arabic, my life would be so much easier."

Adapting to the American customs and ways of life is often hard. "We have to let them know that we want to teach them our customs and appreciate theirs as well," Assistant Principal Karen Olson said.

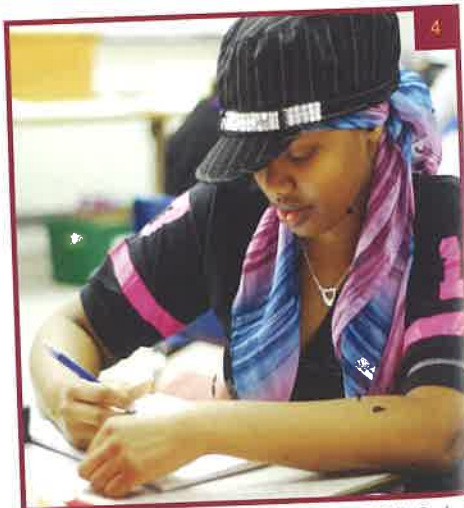
Overall, everyone, from the new coming teachers to the new-to-America students, has adapted well with the new surroundings. While teaching the students American ways of life, they also get a taste of what life is like for the other students.



Photo 1 And then we got stuck in a cave... Junior Phillip Comella tells the story of Tom Sawyer in front of the classroom for part of his English final. "Using Bloom's Taxonomy helped students become characters for a better understanding of the literature they read," English teacher Marti Simmons said. "Phillip breathed new life into Tom Sawyer." (Photo by Abby Paul)



Photo 2 Ribbons and bows... Junior Abbey Prudlick pretends to be a southern Belle for her English monologue while wearing a fancy orange dress. (Photo by Abby Paul) Photo 3 Share a smile... ELL paraprofessional Elizabeth Jahner helps junior Mohammed Ali with his English packet. (Photo by Carsten Harrison-Bower) Photo 4 Future laureate... Junior Nadifa Sharif Hassan adds a subplot to her story during Sybil Hopkins' creative writing class. (Photo by Nathan Kulk)



## Academics

Donald Burnham  
Nanci Dauwen  
James Dew  
Claudia Englestad  
Randy Holzmann  
Melissa Halvorson



Mary Jo McKay  
Maria Pegg  
Laura Preston  
Aaron Thielges  
Tom Whaley



## Not Pictured

Ayrin Roeder

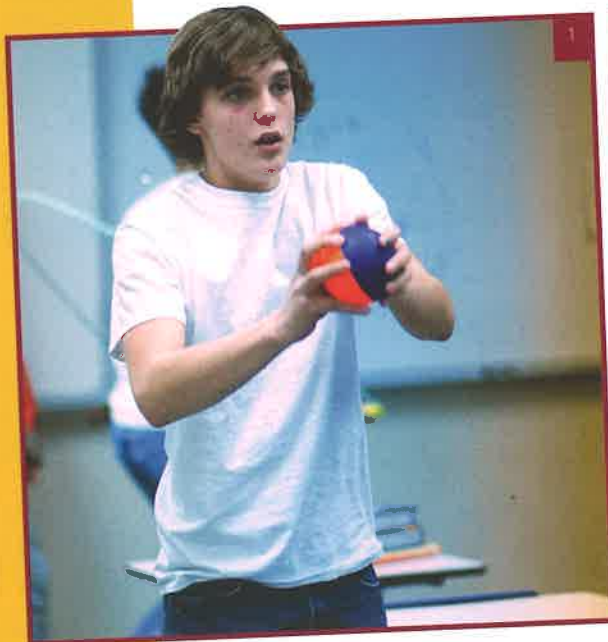


Photo 1 Slam dunk... Sophomore Jackson Erbstoesser prepares to throw the ball into the hoop on the wall in math class. (Photo by Carsten Harrison-Bower) Photo 2 Think outside the box... Math teacher Maria Pegg jokes with students in Randy Holzmann's class while dressed as a "block" in honor of next year's new block schedule. (Photo by Abby Paul)



# Improving **OVER**time

Story by Jenna Olson

**M**ath teacher Donald Burnham, Tri-College Mathematics Competition coach for 10 years, accompanied students to Minnesota State University Moorhead for another challenge this year. Between the three area colleges, North Dakota State University, Concordia College and Minnesota State University Moorhead, there is a math competition each year hosted by one college and written by another. Students are nominated by their first semester teachers according to their math abilities and grades. The students take indi-

vidual tests and team tests in timed periods. "We didn't place in team or individual, but scores were improved from last year," student teacher Sarah Dale said. Even though the students didn't score well, the competition can help them get into colleges. "It looks good on applications for colleges," Burnham said. "If you happen to place or win it looks really good." Burnham, along with the students, hopes for even more improvements for the next competition.



Photo 3 Help me out... Sophomore Guadalupe Trevino III talks and jokes around with math teacher Melissa Halvorson about his grades. "I like Mrs. Halvorson's class because she's really nice and funny," Trevino said. (Photo by Carsten Harrison-Bower) Photo 4 True American... Math teacher James Dew grabs a piece of pie while wearing his "skinny" tie, representing the new block system, on department theme day. (Photo by Nathan Kuik)

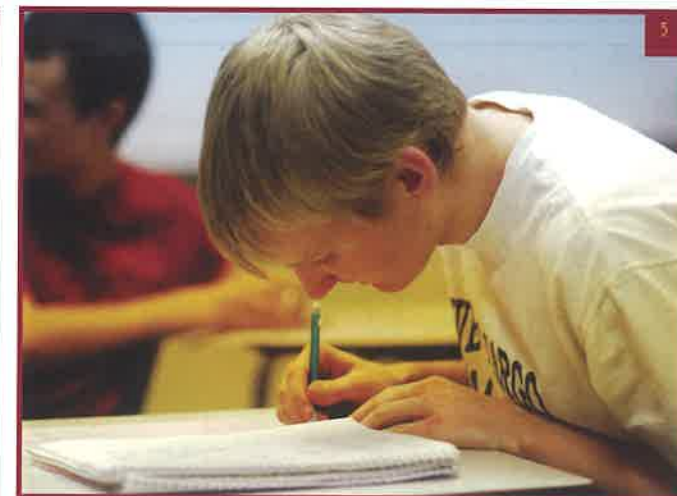


Photo 5 Hard at work... Sophomore Aaron Watne works on his math in math class while most other students visit with each other. (Photo by Carsten Harrison-Bower) Photo 6 Stationary swinging... Sophomore Nicholas Koskey swings around a clown on a seat at a station in math class as an example of a parabola. (Photo by Carsten Harrison-Bower)



Barbara Metcalf  
Matthew Slocomb

Not Pictured

- Darrin Boehm
- Daniel Holder
- Jim Jonas
- Greg Limke
- Steve Marquart
- Darin McKinnon
- Jessica McKinnon
- Ed Mitchell
- Tom Rakoczy
- Ross Richards
- Paul Tefft

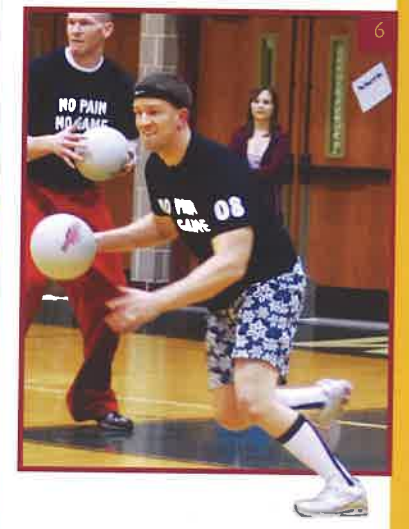
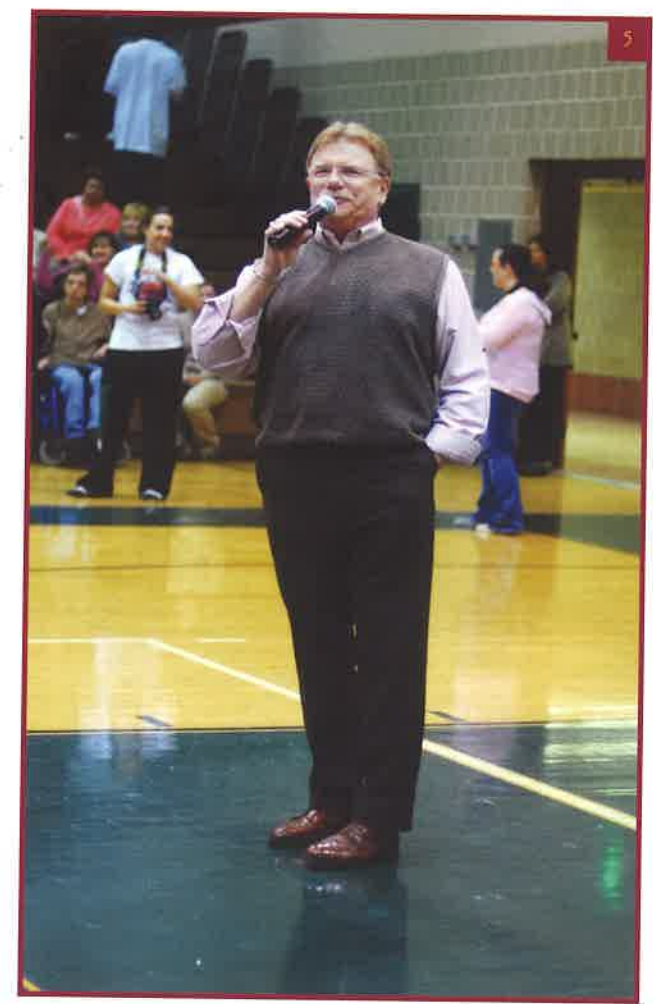


Photo 5 Sweetest goodbye... Because he is retiring after this year, social studies teacher Paul Tefft laughs as he shares memories from teaching at West Fargo High School with the crowd at the winter pep rally. (Photo by Abby Paul) Photo 6 Get ready to dodge... Decker out in colorful shorts and a sweatband, social studies teacher Matthew Slocomb prepares to throw a dodgeball during the newspaper's annual tournament. (Photo by Abby Paul)



Photo 1 "Over there"... During an American Idol challenge in Barbara Metcalf's U.S. History class, juniors Ryan Berglund, Cole Mapes, Abby Salquist, Shawna Wienckowzki and Joseph Manning laugh as they sing for the judges. "For one day we got to do something a little different and challenge other classes," Salquist said. (Photo by Abby Paul) Photo 2 Changing the future... While giving a presentation in World History class, sophomore Jacob Kiefer talks about people who have made a difference in the past. (Photo by Carsten Harrison-Bower)

Photo 3 Look of amazement... As students march around the room performing the song "Over There" for judges, social studies teacher Barbara Metcalf watches with admiration. (Photo by Abby Paul) Photo 4 Smurfette... Social studies student teacher, Jennifer Mitchell corrects maps while painted and dressed as a blue Smurf for department theme day. (Photo by Abby Paul)

# OVER many years

*Tefft's retirement saddens students*

Story by Kelcee Prashiek

**A**s students sit in class and stare at the clock waiting for the bell to ring, Government teacher Paul Tefft does the exact opposite. During his 36 years of teaching at West Fargo High School, Tefft can honestly say he has never looked at the clock, not even once, during class. That is how he knows he found the perfect job. "As Dean of the Social Studies Department, Tefft has been a model that other teachers use to become better," co-worker Darin McKinnon said. He also believes Tefft has brought a lot of respect to the

teaching profession. Along with respect, Tefft brings much laughter to the classroom, which is what he will miss most. He is proud to say he has impacted students' lives by passing on his knowledge of the Constitution and reinforcing his belief that the United States is the greatest ever. "I've had hundreds of thousands of great memories from teaching," Tefft said. Even though he will miss teaching, he will always remember West Fargo and all the great times he has had.



Kathy Antonelli  
Jerome Bailey  
Joan Baltezare  
Adam Christiansen  
Jerome Christiansen  
Monica Huseby

Ron Halvorson  
Matthew Klamon  
Michael Preston  
Jill Wold

**Not Pictured**  
Sara Forness  
Aaron Tank



Photo 5 A brainy situation... In Anatomy class, senior Alina Tyulandina cuts open a sheep brain during a dissection. (Photo by Abby Paul) Photo 6 Teamwork... Junior Alyssa Hummel and senior Kieu Nguyen work together during a chemistry lab that measured how much fat a marshmallow had in it after it was burned. (Photo by Jayme Noel)



Photo 1 Hands on... Seniors Samantha Magnus and Andrea Crary receive help from Physics teacher Jerome Christiansen on their electric circuit lab. "My favorite thing about Physics was Mr. Christiansen's jokes," Magnus said. Photo 2 A worldly event... Sophomore Lucas Mitzel reads off his poster board filled with information about alternative energy sources and how they affect global warming to judges who attended the Earth Day event in the lunchroom. (Photo by Carsten Harris-on-Bower)

Photo 3 What... During a Science Olympiad meeting, sophomore Kayla Hawley questions the issue she and junior Kelsey Hoovestol are discussing for a competition. (Photo by Tory Graves) Photo 4 Missed a spot... Science teacher Sara Forness corrects papers while supporting theme week by wearing bright leis, goggles around her neck and sunscreen on her nose. (Photo by Abby Paul)

# Taking it outdoors

## Students test the waters

Story by Jenna Olson

Often times teachers use diverse teaching methods to help students who learn more effectively in surroundings other than a classroom. Environmental Science teacher Sara Forness takes her students outdoors to explore more practical learning techniques.

The Environmental Science classes took a field trip to Sheyenne River in April to test the water for different particles and animals such as total dissolved solids, micro-invertebrates, phosphorus and the quality of the water.

"We went to get samples of the micro-invertebrates and to find out more about the river," junior Brooke Myogeto said.

Everyone conducted different tests of the water and drew a diagram of the river when they arrived to find out where the turbidity was highest and where the river was deepest.

"We put these poles in the water to find micro-invertebrates," junior Alex Wilhelmi said. "After that everyone had to do one more test. I tested the river for phosphorus."

Bringing the students outdoors in an open environment allowed students to perform a hands-on experiment that coincided with the lessons in the classroom. The students acquired time outdoors while attaining a learning experience outside the classroom.

Sean Bourke  
Ron Dahley  
Brenda Hansen  
Sarah How  
Amy Jacobson  
Connie Jenson

Patrick Johnson  
Lindsey Larsen  
Holly Leistikow  
Carol Olson  
Summer Quamme  
Ryan Salisbury



Photo 1 A heart-warming message... Paraprofessional Diane Huso opens senior Marcy Peryle's Valentine's Day card she received from a member of Key Club and reads her the special message. "It was very nice and thoughtful, and when I read it to her she looked right at it and her face lit up," Huso said. (Photo by Abby Paul)



Photo 2 Making hearts... Junior Kyle Beck watches closely as heart shapes are created from wood pieces as he helps create winter decorations. (Photo by Abby Paul) Photo 3 Making rough hearts smooth... Senior Lucas Nelson talks to junior Jon Sneed as they sand wooden heart creations as part of an annual project. (Photo by Abby Paul)



Photo 4 Spread it on... While helping with the annual winter craft project, senior Talan Mohammad carefully fills his brush with varnish to spread upon a wooden evergreen tree. (Photo by Abby Paul) Photo 5 Paint it white... While helping make winter crafts, paraprofessional Laurie Tyre-Carthew paints pieces of wood white in order to prepare them for a seasonal message. (Photo by Abby Paul)

# TMH *OVER* Achieves

Story by Jenna Olson

For some, work might be just a chore or task they are forced to do, but for the Trainable Mentally Handicapped (TMH) students, working at West Fargo's local Dairy Queen is a privilege. "I think it helps them a lot getting out and seeing regular work people," Dairy Queen Manager Teri Pearson said.

The students go to Dairy Queen around 9:45 a.m. and stay until about 10:30 a.m. when the store opens. Their tasks consist of wiping down tables, chairs and counters.

Paraprofessionals Deb Thurber and Diane Huso take turns taking the students to Dairy Queen each week. Thurber enjoys taking them because of the joy the students acquire from going.

"I think they take to heart their work," Thurber said. "It really is a privilege for them."

To have to do a job and even to get paid for it may be somewhat of a hassle, but for these students it lets them feel what it would be like to have a real job.

Not Pictured

Michelle Highman  
Erin Ihle  
Suzanne Thibert  
Christina Walker

Lori Anderson  
Leslie Schmidt



Photo 1 How do i make this work... Junior Jessica Krick and other Spanish students weave baskets during their Concordia Language Village trip, where they learned the culture of the language they are studying. (Photo by Christina Walker) Photo 2 Step one two three... Learning to do the tango junior Desirae Quesada and senior Alyssa Jones make their attempt at dancing. (Photo by Christina Walker)



# Hola, bonjour

Foreign language students pass on knowledge

Story by Kelcee Prashek

Sitting in their third grade classrooms at South Elementary, students eagerly wait for their high school foreign language buddies to come visit them. Level IV Spanish and French students teach a foreign language to third graders once a month for about 40 minutes. High school students enjoy going because they receive a break from their own school work. The day before they go and see their young buddies, the students prepare a lesson plan for their buddies to learn. It consists of making flash cards, creating games and learning songs to teach. "We play games such as Memory and Go Fish," senior Spanish student Abby Kiefer said. Third grade buddies learn about colors, animals, weather, months, days, numbers and body parts. "We teach them a new song every time we visit," Kiefer said. "It helps them retain the information better." The elementary students pick up the words quickly, and performing the vocabulary on a regular basis helps them retain what they learned the month before. "Their teachers practice the songs while we're gone so they are getting their practice in," Spanish teacher Lori Anderson said.

The third graders remember a great deal from the month before, but they need a review to make sure they memorized it correctly. "They always remember the easy words and parts of the more difficult ones," Kiefer said. Many students enjoy teaching others their knowledge and showing them it is exciting to learn a new language. Getting a taste of Spanish and French, while in a younger grade, can help lead students into a foreign language when high school comes around. It helps kids recognize what they are good at and if they want to continue studying foreign language. After the year of learning, buddies meet for the last few times and create a children's story. "The third graders make the story up while the high school students translate it into Spanish," Anderson said. "When the book is finished each kid gets a copy and they get to color it how ever they want." Going to the elementary schools teaches students more about Spanish and French by learning how to explain it to others. After the 40 minutes are up and the French and Spanish IV learners are done teaching their buddies, the third graders and high school students go back to their regular school days. Many cannot wait until their next trip to see each other again.



Photo 3 Is that right... French I students look to each other for help while trying to finish a sentence. "I think doing activities like this helps the kids who are having a hard time learning," junior Blake Loyland said. (Photo by Stephanie Shagena) Photo 4 Pick me, pick me... Happy to be inside away from the cold Canada weather, junior French student Taylor Trauger raises her hand to participate in a skit at the Voyager Festival in Winnipeg. (Photo by Emily Hartley)

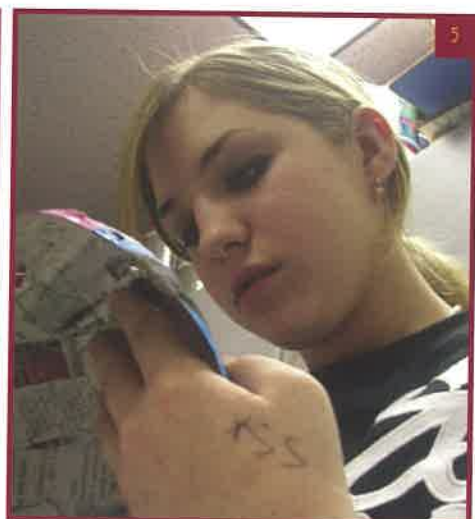


Photo 5 Day of painting... Sophomore Tiffany Nerud paints her mask for Day of the Dead in Spanish class. (Photo by Carsen Harrison-Bower) Photo 6 Frosted... Sophomores Natasha Sellheim and Mara Johnson spread frosting on the gingerbread house they are making during German II. (Photo by Abby Paul)





Mark Bernston  
Heather Klundt  
Brenda Luthi  
Jeffery Mueller

**Not Pictured**  
Joy Fisch  
Susan Jordahl

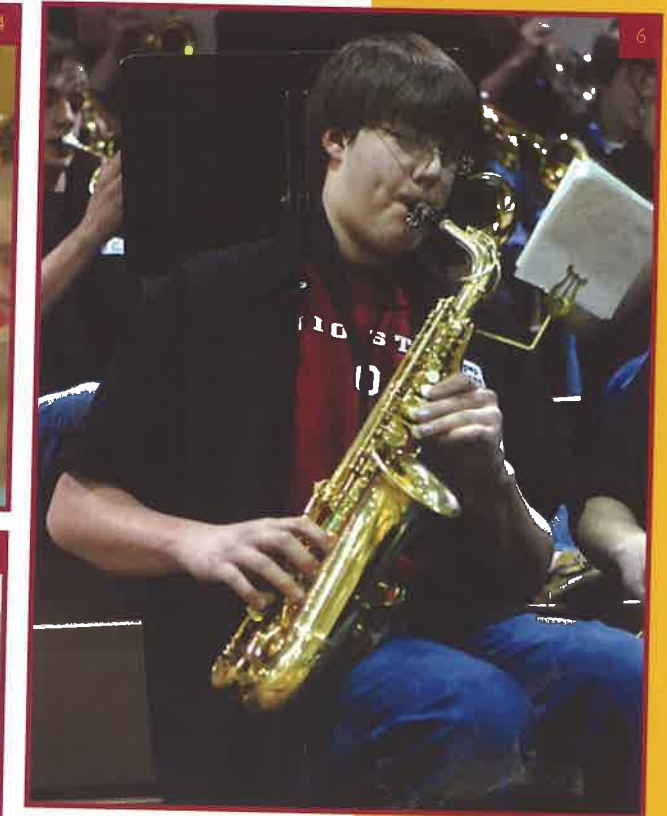


Photo 4 Bring it back again... Freshmen Chelsey Buth and Nicole Benson work on their flute playing in band class. (Photo by Abby Paul) Photo 5 Easy does it... Carefully painting during Ceramics class, senior Andrew Rheault works on his project. (Photo by Carsten Harrison-Bower) Photo 6 Blowing a mean sax... Sophomore Duane O'Marro plays the saxophone while the pep band gets the basketball crowd fired up. (Photo by Emily Hartley)



Photo 1 What next... While working on his spray paint project in Art Club, junior David Savegeau takes a moment to see what else to spray. "It was really fun to try something new," Savegeau said. (Photo by Carsten Harrison-Bower) Photo 2 Sing out loud and proud... Junior Taylor Blakeway sits up straight while singing in choir class practicing for up-and-coming concerts. (Photo by Carsten Harrison-Bower)



Photo 3 Ouch... Sophomore Robert Jacobs talks excitedly with choir members while a pencil appears to protrude from his cheek because he volunteered for the drama department as they practiced theater make up. (Photo by Abby Paul)

# OVERtaking

The changes of theater

Story by Alyssa Jones

When someone mentions theater classes, some students think about a study hall-type atmosphere, but not this year. New drama teacher Sarah Tron is active in all types of change and makes theater classes more fun, enjoyable and hands-on.

"Tron is reinventing (theater class), because before it was basically a glorified study hall," junior Monica Schroeder said. Theater class has participated in many activities, including mim-

ing and lip syncing. They also have tried different makeup techniques. Some makeup techniques they have learned include making wounds. Makeup techniques are a part of Tron's approach to introducing fun, new aspects of theater to the class. "(I've added) more hands-on activities to explore different areas of theater," Tron said. For next year there will be more changes to the lesson plan for theater classes, but the classes will remain hands-on.

Mary Anderson  
Linda Dahl  
LaRae Rosenfeldt  
Katherine Stangeland



Photo 1 Tea for two... Senior Courtney Roush talks with seniors who are visiting her Family Living class and enjoying tea and treats. (Photo by Abby Paul) Photo 2 Don't burn your tongue... Juniors Christan Gorden and Kailey Krause stir up some hot chocolate for senior citizens who are visiting their Family Living class. (Photo by Abby Paul) Photo 3 Ready yet... During a Foods For Today candy lab, senior Kirsten Gaulrapp and junior Nichole Wendt peer at their treat to check its progress. (Photo by Abby Paul)

# OVERjoyed preschoolers

Story by Jenna Olson

Surrounded by little chairs, calendars, learning and sensory tables, Packerland Preschool provides the children with potential learning experiences. Different benefits can come out of Packerland Preschool. The students receive experience with children to decide if childcare or teaching is a career for them. The children receive hands-on learning and a few hours with the high school students who can relate better to the children.

"It was a really good experience to help me decide if I wanted to go into the childcare field," junior Alyssa Hummel said.

Hummel enjoys working with the children and thinks this could be a job for her. Family and Consumer Science teacher Kathryn Stange-

land also enjoys working with the children. "I get to work with adolescents and young children," Stangeland said. "It's the best of both worlds." The only requirements for attendance are that the child is at least three years of age and toilet-trained. Stangeland bases the preschool times on how many childcare service classes she has that year. The students undergo a child development course before teaching the preschoolers.

With this arrangement, the students benefit by teaching the preschoolers and learning what it is like to handle the children. The preschoolers also benefit from their different learning techniques and being around the high school students.

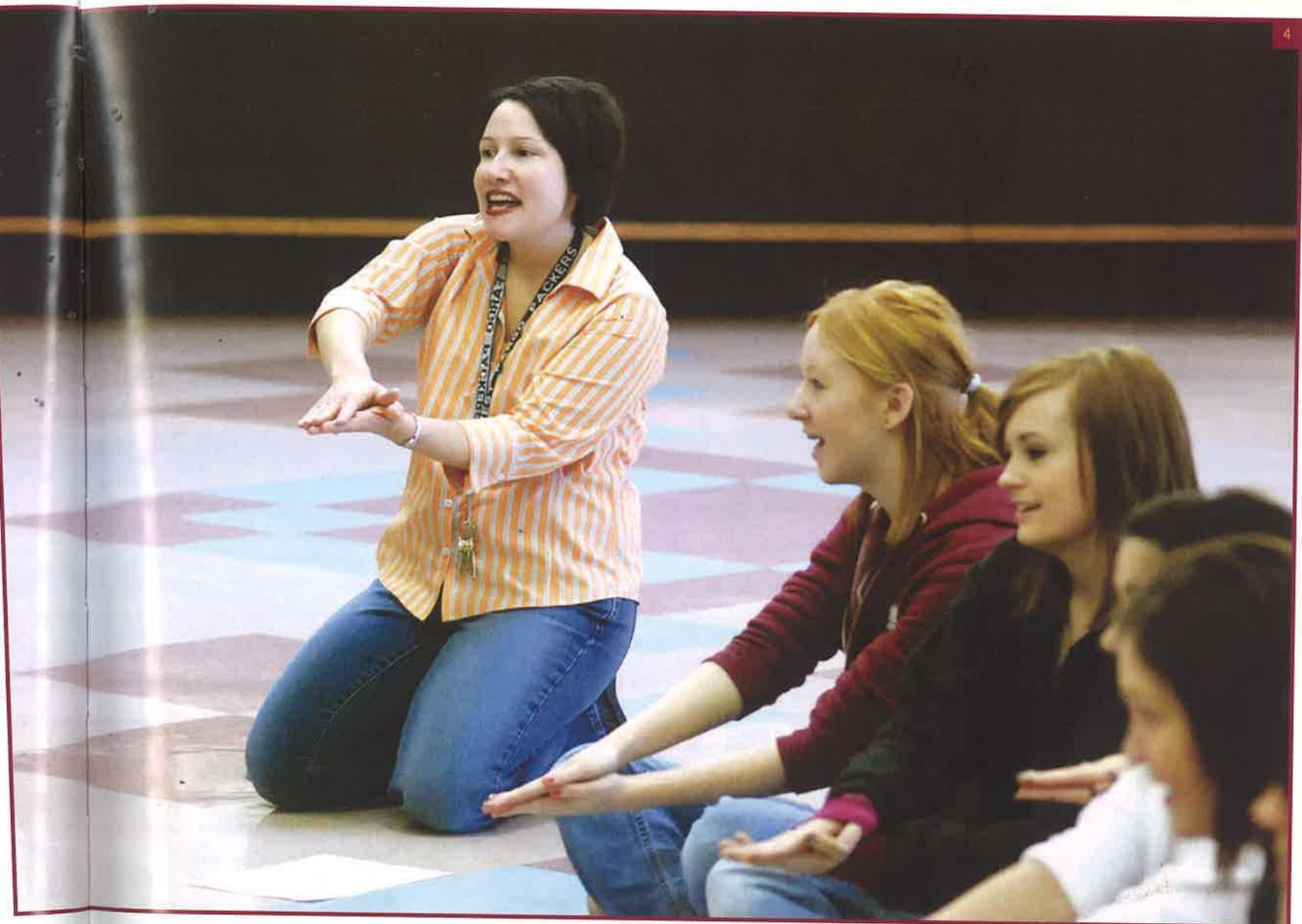


Photo 4 Snap... Family and Consumer Science teacher Kathy Stangeland and juniors Stephanie Steffan and Kirsten Walker snap their hands together while the Packerland Preschoolers perform their concert. (Photo by Whitney Adams) Photo 5 Turtles... During a Foods For Today candy lab, senior Jaclyn Rankin carefully arranges walnuts and caramel on a cookie sheet to make homemade turtles. (Photo by Abby Paul)

Photo 6 Goodbye... Senior Abby Hestbeck gives a goodbye hug to preschooler Aiden Moser after the Packerland Preschool concert. (Photo by Whitney Adams) Photo 7 Just peachy... Junior Samantha Rusness and senior Eric Beyer cut up some peaches to make a tasty snack in FACS class. (Photo by Carlen Hammon-Bower)

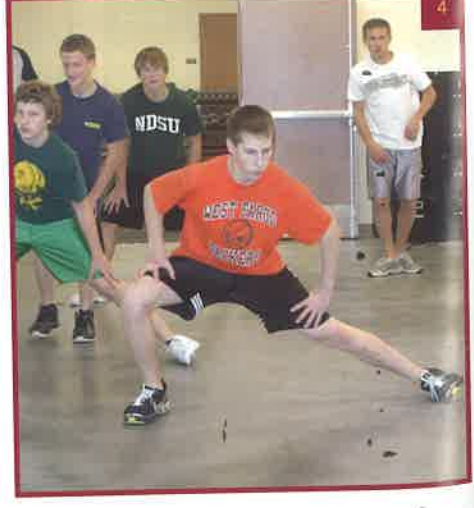
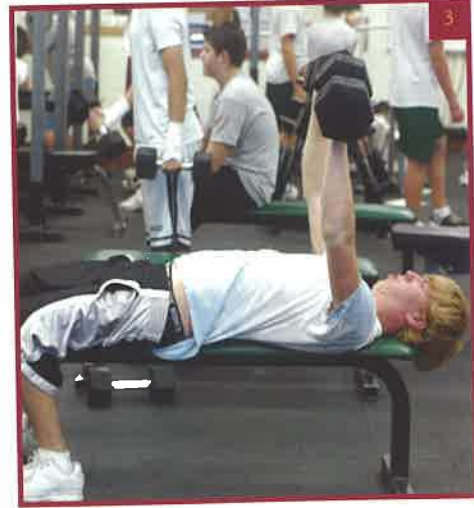


Photo 1 Mad Skills... Junior Todd Jansen drives the lane and attempts a crazy layup while junior Alyssa Hummel plays defense. (Photo by Nathan Kulk) Photo 2 Here it comes... Junior Amber Tendeland plays pickle ball in Physical Education (Photo by Carsen Harrison-Bower)

Photo 3 Ugh it's so heavy... Senior Scott Rudrud pushes the iron to strengthen his muscles in the weight room after school. (Photo by Victoria Hasket) Photo 4 Lunging forward... Getting ready to lift weights in the Sheyenne Center's weight room, freshman Michael Reiner lunges for a warm up. (Photo by Abby Paul)



Nathan Knudsen  
Nicole Peterson  
Doyle Plecity  
Rollin Swedberg  
Debra Uetz

**Not Pictured**  
Kim Boelke  
Chris Kalsow  
Raquel Kilen-Ibach  
Krista Majkrzak

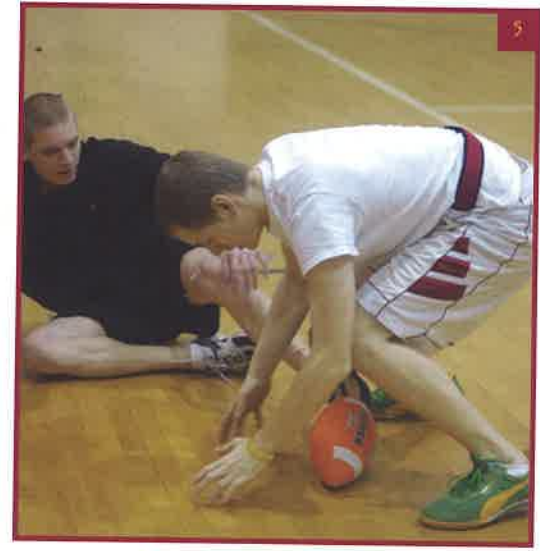


Photo 5 I got it... Junior Zachary Brend grabs the ball while playing flicker ball in Phy. Ed. class. (Photo by Carsen Harrison-Bower) Photo 6 Sometimes, you just go for it... Senior Dustin Holmes prepares himself to jump for the birdie while playing badminton in Phy. Ed. (Photo by Carsen Harrison-Bower)

# OVERworked

Phy. Ed. brings new Wednesday workout

Story by Kelcee Prashke

Running, dribbling, passing, shooting and scoring are just a few activities gym used to consist of, but not anymore. The Physical Education Department implemented something new this year - Wellness Wednesday. The goal is to get kids more active and expose them to different fitness routines they normally would not participate in. "Wellness Wednesday forces kids to try something new," Physical Education teacher Nathan Knudsen said. Previously, the typical gym class consisted of ten straight days of one activity. Now, with the addition of Wellness Wednesday, students receive a break during the week. Activities such as weight lifting, fitness days and many different types of aerobics like Pilates, yoga, exercise balls and strength training are added to the curriculum. Wellness Wednesday was set in motion as a result of an idea from Physical Education teacher Doyle Plecity. The purpose is for students to get more out of phy-ed class than just learning the rules and how to play routine games. He wants students to challenge their body with different activities. Teachers hope their students enjoy the activities and continue to perform them throughout their lives. "I want to see the students carry out these skills into their regular life and stay fit," Knudsen said. This is the reason why the added activities are exercises and routines that anyone can benefit from.

The new program also includes more intense exercise routines like running the mile, extra sit-ups and pushups. The initial reaction from kids to the new fitness line-up was negative. Instructors heard time and again, "What's the point?" and "Why do we have to?" Many students disagree with the concept of Wellness Wednesday. "Making me run a mile doesn't make me want to go home and work out," junior Andrea Sluke said. "It makes me want to go home and eat chips." She added that exercising once a week won't make a student healthier. Everybody prefers something different on energy building Wednesdays. Sluke, along with Brian Olson, a junior classmate, found the workout videos enjoyable and even a bit challenging. "We did hip-hop abs and they were a lot of fun," Olson said. Knudsen's answer to why fitness days are his favorite is extremely visual. "Most of them are dripping sweat by the end of the 15 minute workout, when on normal gym days some haven't worked at all." No one is sure if Wellness Wednesday will continue to be part of the regular phy-ed class, but one thing is certain - students are being exposed to a variety of exercises, knowledge and equipment they need to begin a healthy workout program.

Not Pictured  
Dennis Healy

Richard Anderson  
Jay Gibson  
Janae Larson

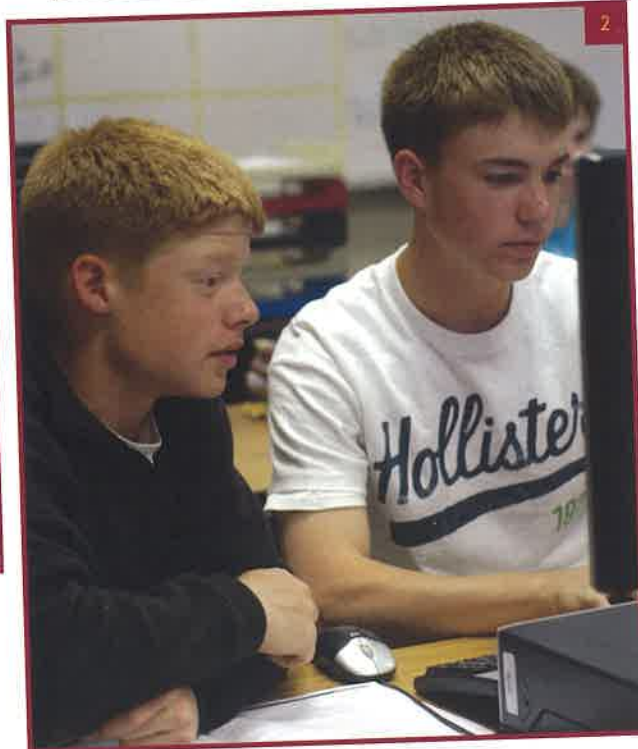
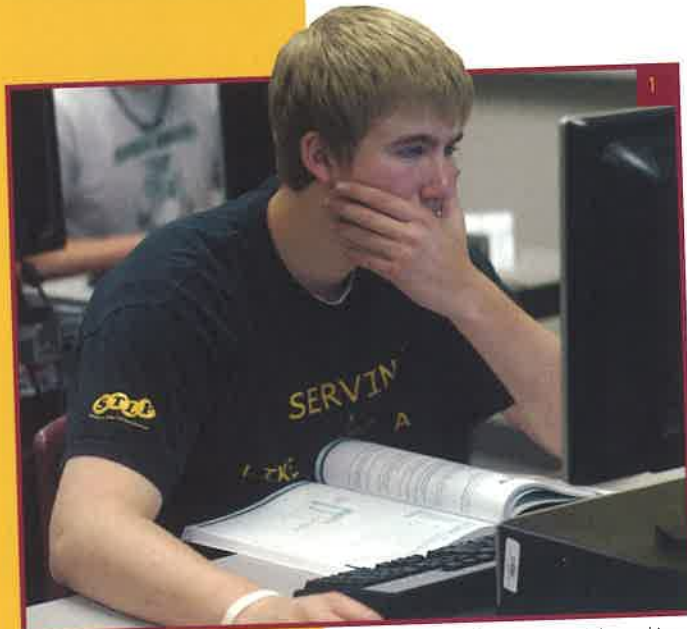


Photo 1 Get in the Zone... Junior Matthew Werlinger gets in the zone while working on his homework in BCA III. (Photo by Jayme Noel) Photo 2 Two heads are better than one... During BCA III, sophomore Spencer Flaten helps sophomore Ryne Schaeffer work on a project in Microsoft Excel. (Photo by Abby Paul)

# School steps up to new technology

*Students trying to adjust*

Story by Kelcee Prashek

Technology growth in schools helps students learn, concentrate and remember facts better, but not everyone is happy about this year's technology-related changes. Microsoft Word 2003 was replaced by 2007. It now is faster and easier to perform different tasks.

"I didn't like it when I came back to school, but after learning about it and using it more I'm glad the school switched it," sophomore Dustin Jonasson said.

One reason school district officials wanted to update the program was because working on projects would be easier for students to understand. Now Microsoft Word has pictures to help show students where to find objects in the system.

"Old Word only had a menu containing words," BCA II teacher Janae Larson said. "No pictures whatsoever."

Many people agree the two programs are a lot different, but they still have the same basics. They can both type papers, make flyers and create resumes and newsletters.

Students who took BCA II in earlier years are now confused about Word 2007.

"I know they are practically the same, but trying to find things on the

new Word is a lot different than the old one," senior Jared Summers said.

He thinks it was a waste of time to learn about the old Word when the new Word came only a year later.

"I wish they would have switched it before I took BCA II or informed me so I wouldn't have taken it," Summers said. "I can figure it out if I play around with it for a while, but taking the class for the program would make my life a lot easier."

Many students in the school are glad they waited to take BCA II and learn more about Word 2007.

"I am glad I waited to take the class," Jonasson said. "I feel like learning all these things will help me later in life, like throughout my high school and college career."

Teachers also agree that having this program before would have been helpful.

"I wish I would have known these things I'm teaching students back in college," Larson said.

Even though not everyone is happy with the change, it will take some time getting used to; some students already have gotten used to the changes and are glad the Microsoft Word got upgraded.



Photo 3 Get to the bottom of this problem... In accounting class, senior Aaron Sanderson reads the problem in his text book and copies it down to solve it. "I want to go into agriculture and business, so I know about accounting, like debits and credits," Sanderson said. (Photo by Carsen Harrison-Bower) Photo 4 Hard at work... Junior Brady Birrenkott works in his business education class. (Photo by Jayme Noel)

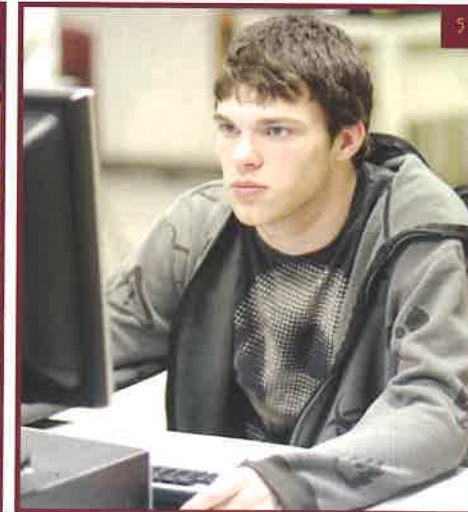
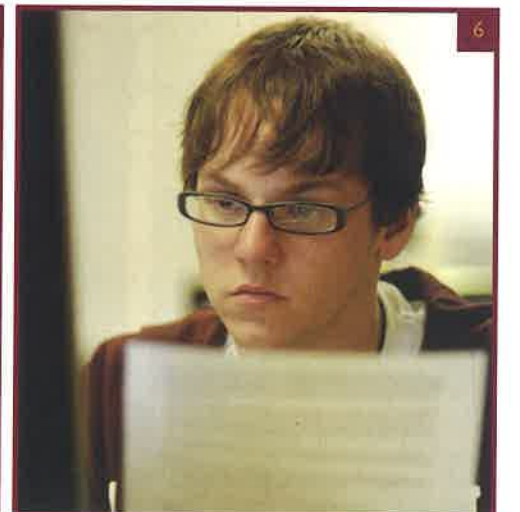


Photo 5 Computer compilations... Working on an assignment, junior Michael Walz concentrates hard in BCA III. (Photo by Carsen Harrison-Bower) Photo 6 At a glance... Senior Brandon Millar holds up his assignment and glances at the screen to make sure everything for his assignment in BCA III is just right. (Photo by Carsen Harrison-Bower)



Brian Anderson  
Robert Bjornson  
Darin Bardal  
Rich Cwikla  
Dwight Corbeil  
Matthew De Vries



David Gravidahl  
Jerry Heinz  
Jerry Nordstrom

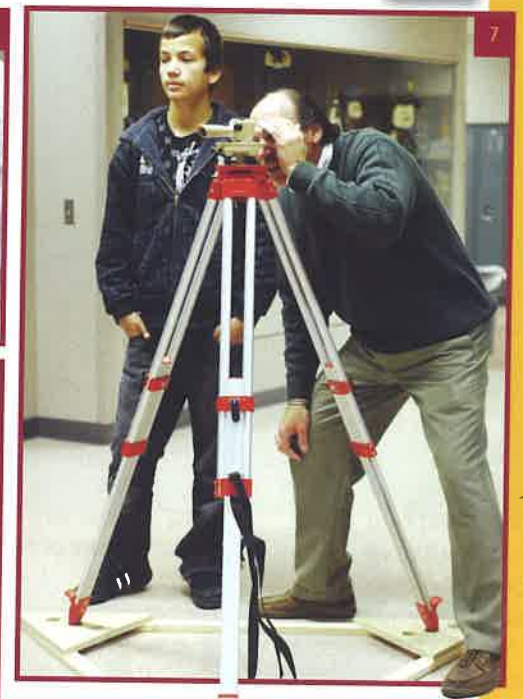


Photo 5 Stron supports... Hammering two small strips of wood together for better support on the top of the last wall of his project, sophomore Corbin Grey gets closer and closer to finishing his model house in construction class. (Photo by Carsen Harrison-Bower) Photo 6 Capture the action... Videotaping a home game at the football field, senior Jeremy Pistorius watches the action through the camera. (Photo by Abby Paul) Photo 7 Squinting to see... Construction Ed teacher Jerry Heinz squints through the builder tool as he helps sophomore Christopher Jones correctly adjust the tool to measure the levels of the school. (Photo by Abby Paul)

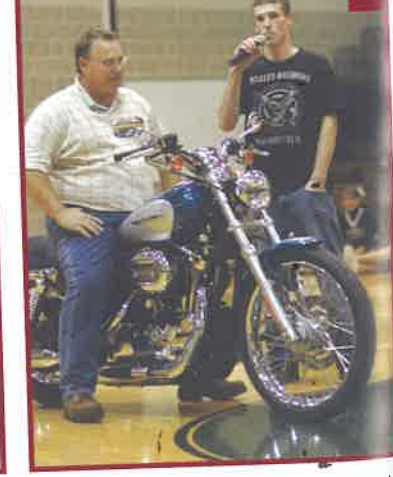
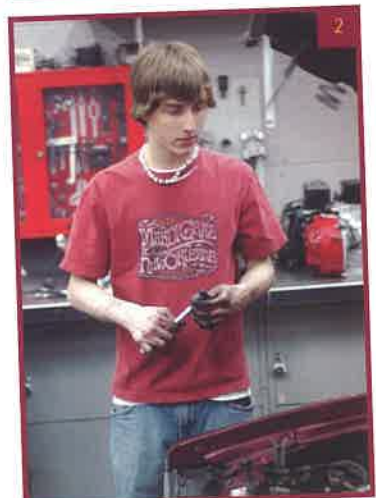


Photo 1 Making a sale... At the grand opening of the Packer Connection, senior Emily Schreier smiles as she waits for junior Natasha Smykowski to pay. Schreier takes on the task of running the store and said it's hard, "finding time to do stuff when it's really eventful week." (Photo by Abby Paul) Photo 2 Time to step back... After making minor adjustments, senior Michael Winge stands, hands dirty and collar torn, looking at the progress he has made on his engine. (Photo by Carsen Harrison-Bower)

Photo 3 Up-beat for up-keep... Seniors Dalton Alfstad and Cody Brown keep up a good sense of humor while cleaning up some car parts for recreational engineering. (Photo by Carsen Harrison-Bower) Photo 4 Winning wheels... Revisiting the high school, 2007 graduate, Joseph Karvonen explains how he won a new Harley Davidson for the school with career and tech. education teacher Jerry Nordstrom. (Photo by Emily Hartley)

# High mileage, high hopes

Story by Jenna Olson

## Built with their own hands

A small amount of high school students get to say they built something that could change the world. In Jerry Heinz's Production Processes class, students are part of the minority that can declare this.

Beginning in October, the students' goal was to make a super mileage car to compete in the High Mileage Competition in Brainerd, Minn. A few qualities Heinz looks for when choosing students to compete are superior grades, the work they put into the car and mechanical experience. The competition takes place May 18-20.

"It's an everyday process that we work on throughout the year," junior Derek Flaten said.

The students started with a mold of the car and built the rest to achieve their goal.

"The car has an all aluminum frame and roll cage with a carbon fiber body to make it light weight, and a custom paint job," Flaten said.

The students research techniques to help the car gain better mileage, such as what type of windshield to use and other necessities.

"Most of the cars get torn down and used for parts for the next vehicle," Heinz said.

The students can take away new techniques from different angles, learn how mileage works with the car and discover different methods having to do with it.

"We deal with weight distribution," senior Aaron Larson said. "The car teaches us how to work with other students, how to work with composite materials such as fiberglass, and how to work with gear ratios."

Along with learning skills to make the high mileage car, students can use these techniques toward future projects.

"Building the car teaches us how to make things light weight," Flaten said.

Students in the Production Processes class get to take a step toward changing the world for the better as well as competing at a national level in the high mileage competition.

# Grieving together

## Losses create class unity

Story by Kimberly Stulken

As seniors sit at the graduation ceremony listening to the familiar names of classmates, in the back of their minds they know something is missing. Remembering how big the class once was and how small it has become, students think of the events that have impacted not only themselves, but the class as a whole.

Throughout the years, the Class of 2008 came together multiple times to grieve the deaths of classmates. Countless students had the privilege of knowing Alexa Kersting and experiencing the joy that came from her friendship.

Kersting was brilliant and full of potential; everyone knew she was going to do something great, but her death on July 15, 2004 was not anticipated. Kersting was at the top of the regional waiting list for a lung, but her organ did not make it on time.

Senior Emily Schreier, one of Kersting's best friends, did not expect the death.

"It affected me so much because Alexa and I had plans for high school," Schreier said. "When my parents told me, I was in complete shock."

Kersting's prayer service helped students cope with the death.

"At the prayer service, there was a quote that I've always remembered," senior Amy Walen said. "It said, 'Be alive, find your passion and pursue it with all your heart'. It makes me think about how Alexa did that and how I want to do that too. She was a good example."

The death of Kersting impacted not only friends and family, but the community. In early 2007, a proposed bill aimed to change the donor laws. The bill would allow minors applying for a driver's license to sign as a donor. Because Kersting's death may have been prevented had she received the lung, her parents and best friends pushed for the bill to be passed. On Aug.

1, 2007 the bill was passed and many friends of Kersting signed up to become donors.

"Alexa's legacy was kept," Assistant Principal Karen Olson said. "She had a community supporting her and the fight that the parents kept going is wonderful. They were very strong parents."

Marcella "Marcy" Bahls was an encouragement to everyone she met. Always smiling and laughing, she could brighten anyone's day. On Dec. 21, 2005, when Bahls' life was taken by leukemia, the student body was left devastated.

Bahls' death changed how many of her close friends viewed the way they lived their lives.

"It made me value my own life more and value the lives of my friends," senior Whitney Hoovestol said.

Olson had a very close connection to the death of Bahls and helped the student body deal with the grief.

"Marcy was in my homeroom and it was real personal," Olson said. "When we found out, we kept close vigil on her condition and how she was doing. After Marcy passed, I spent time with her parents and the counselors talked with her friends."

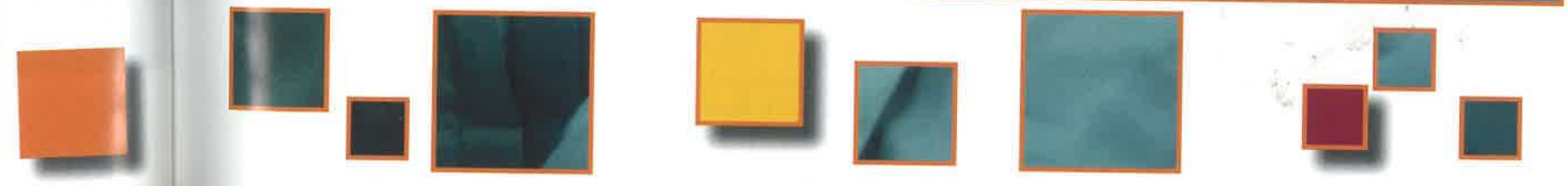
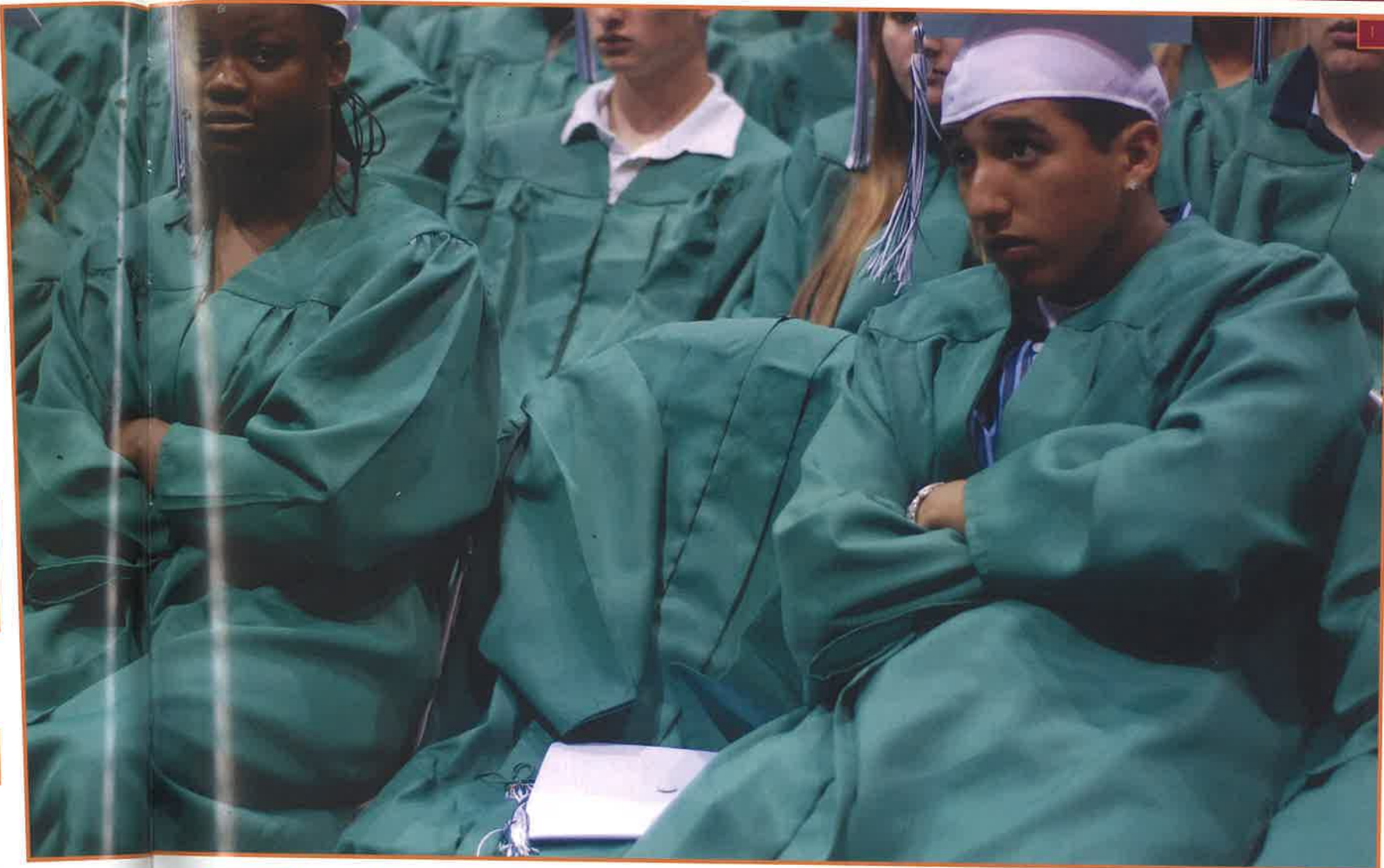
In the journey through high school, the senior class has endured hardships but tries to look at each one from a different perspective.

"It made everyone realize that we should cherish every day we have together because tomorrow may never come," Schreier said.

With the deaths of these two students and former classmate Cody Link in 2004, the students have come together to grieve and learned lessons along the way.

"I've learned that things don't always go the way you want," Walen said. "Everything happens for a reason."

As the students return to their seats and the last name is called, they know the memories of their fellow classmates will always be with them and remind them of the importance of friendship.



# Seniors

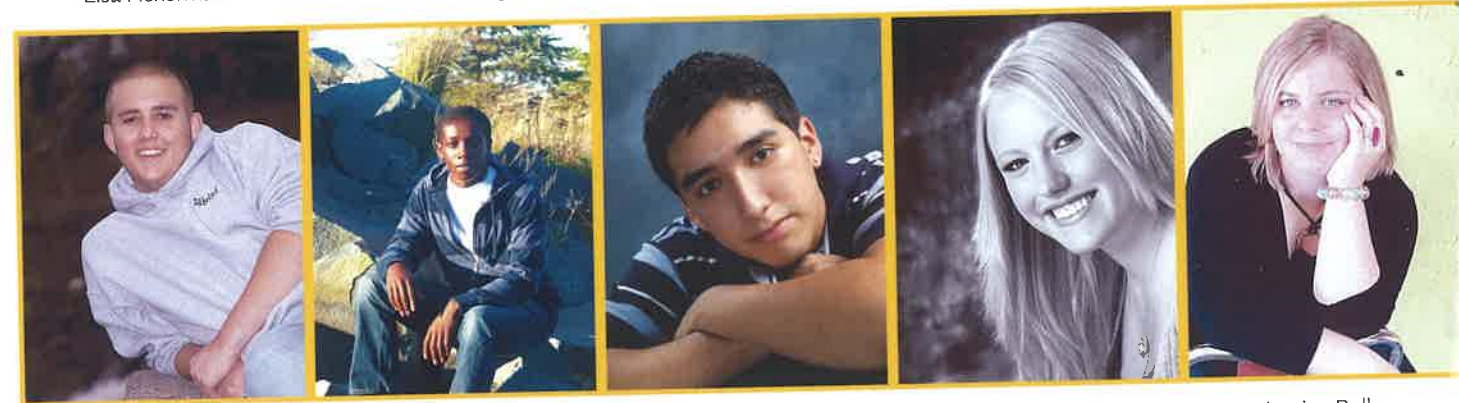
# Getting it OVER with

Photo 1 Empty chair... Seniors Jasmine Barnes and Rodolfo Astran sit next to a chair left open for classmate Marcy Bahls, who died as a sophomore from leukemia. "I felt bad for the family because it's one of the biggest moments in their kid's life and they aren't there to celebrate with them," Astran said. (Photo by Abby Paul) Photo 2 Scream with spirit... Seniors scream during the fall pep rally for PowderPuff, winning the class cheer competition. (Photo by Abby Paul)

Photo 3 Strum away... Senior Paul Johnson plays his guitar during lunch for the students to enjoy. (Photo by Nathan Kulk) Photo 4 And the winner is.... Seniors Katie Kapel and Kelsey Bergeron read off the winning raffle ticket at the dodgeball tournament as senior Chelsea Holmquist waits with anticipation. (Photo by Emily Hartley)



Lisa Ackerman Kevin Ackley Lauren Adams Whitney Adams Merema Ahmed



Dalton Alfstad Godfried Asa-Attuah Rodolfo Astran Emily Baasch Jessica Ballou

# OVER-asked questions (and the answers)

**Q:** What is the biggest difference between Norway and the United States?

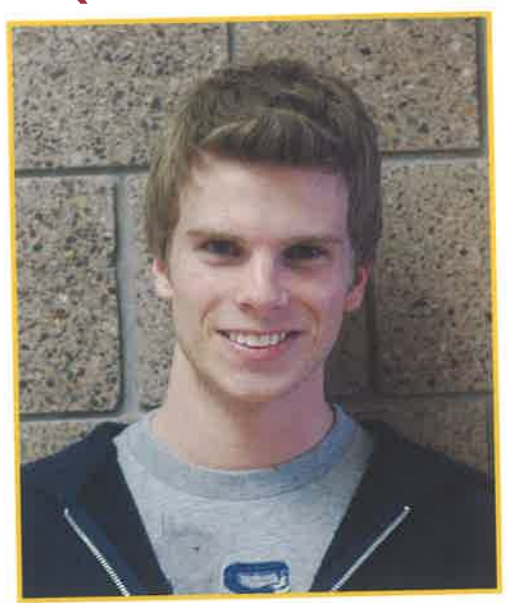
**A:** The biggest difference is the food, the sports, people and the way everyone thinks.

**Q:** What do you think of American food?

**A:** The food is a little too fatty, a lot of oil and always fried. My favorite place is Papa Murphy's.

**Q:** Have you ever seen snow?

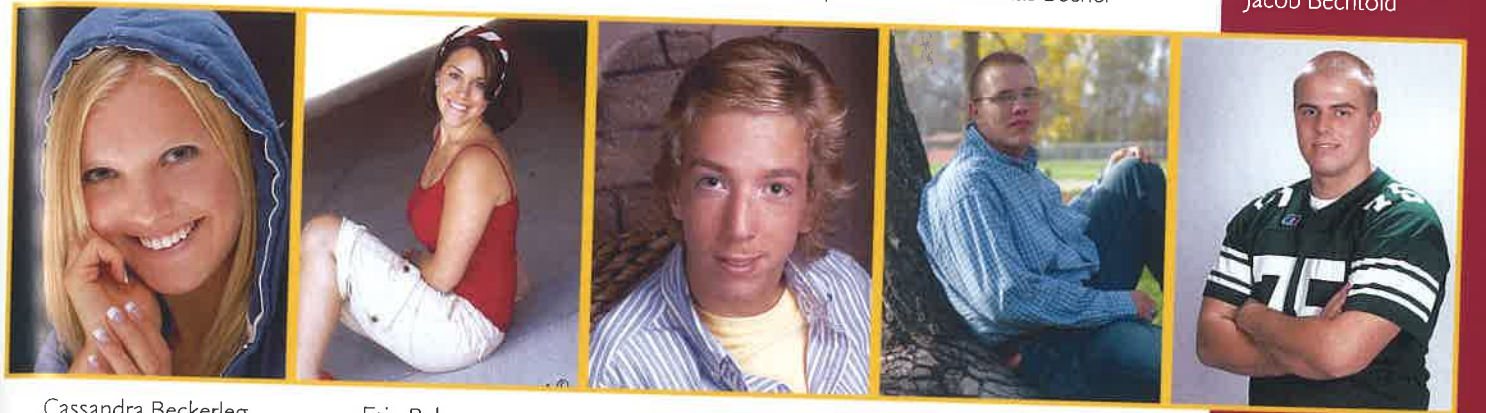
**A:** Yes, they have snow in Norway.



Oscar Løyland



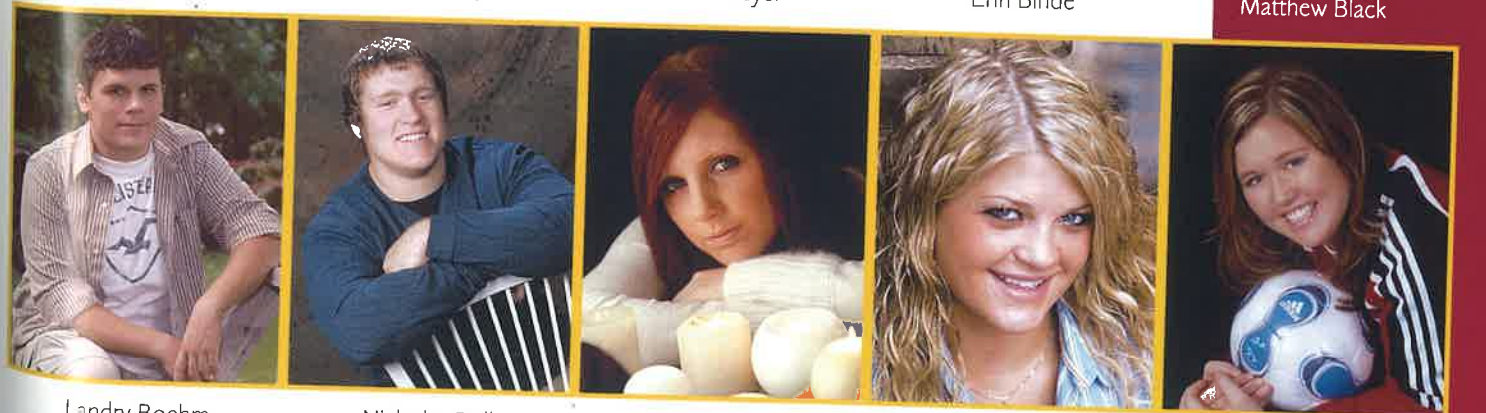
Jasmine Barnes Shauntel Barnes Tanner Beauchamp Nicholas Becher Jacob Bechtold



Cassandra Beckerleg Erin Behrmann Matthew Beilke Allen Belcourt Kyle Benjamin



Kelsey Bergeron Hannah Berglund Eric Beyer Erin Binde Matthew Black



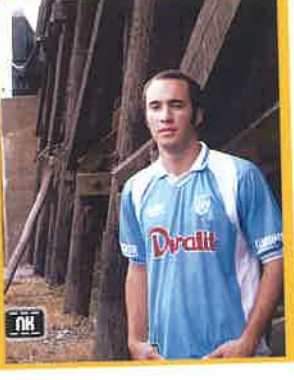
Landry Boehm Nicholas Boll Kaylee Bond Tasha Breker Nicole Brokmeier



Chantae Brown



Cody Brown



Michael Brown



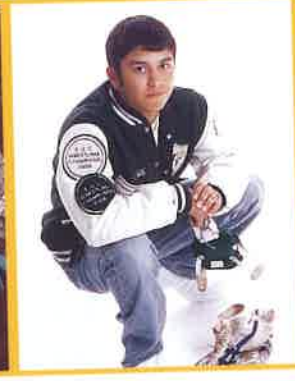
Cassandra Bruggeman



Kirsten Bubach



Alan Cassezza



Anthony Charbonneau



Samuel Cheney



Megan Chiodini



Kirby Christopher



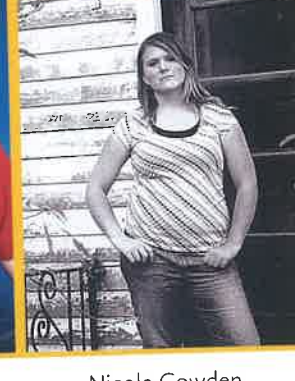
Brandon Clark



Marissa Cline



Adam Cooper



Nicole Cowden



Andrea Crary



Justin Cronin



Cydney Crowe



Alexandra Crummy



Emily Dahley



Cayla Dallmann



Jacob Danielson



Jeremy Dauer



Spencer Davis



Ty Day



Michael Delaney



Chelsi Desotel



Eric Dockter



Sadie Doggett



Regina Doll



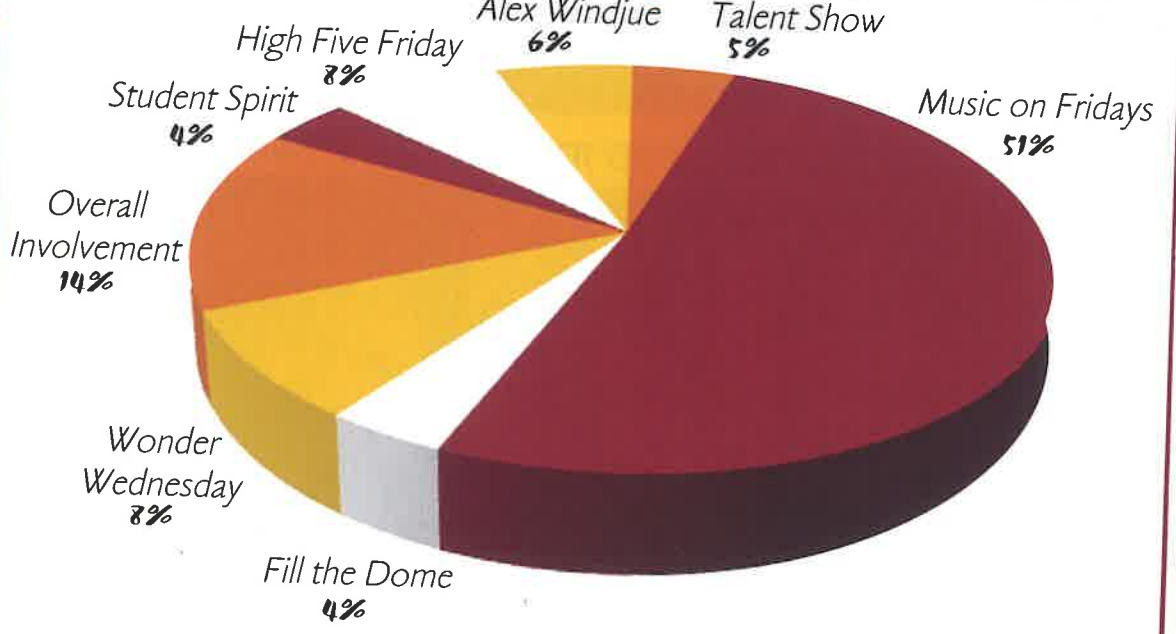
Samantha Dougherty

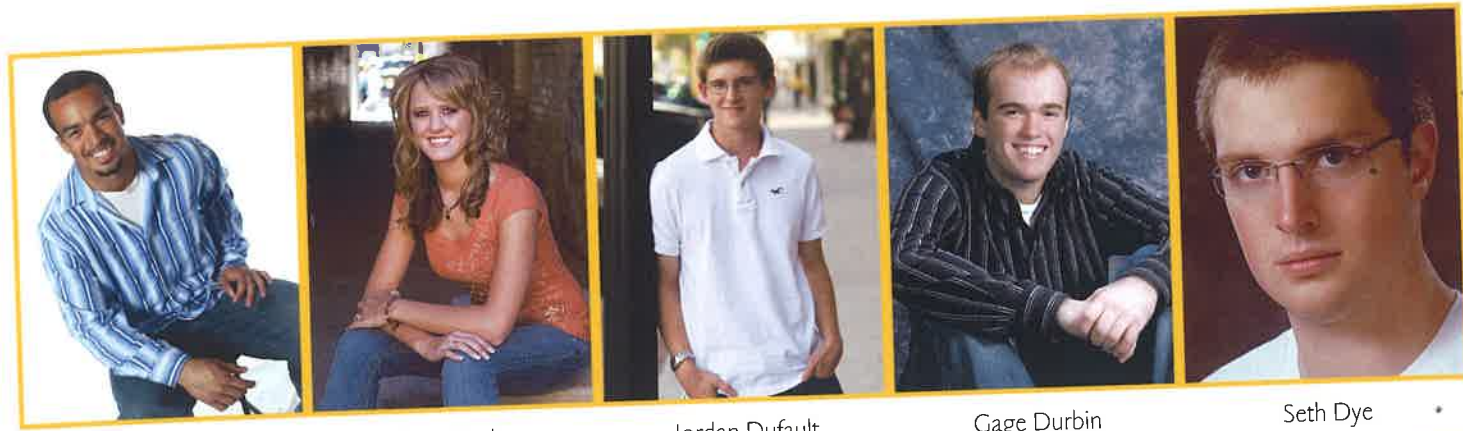
# What are this year's best Student Council improvements?

(Entire senior class polled)



Put your hand in the air... Senior Andrea Crary enthusiastically high fives a student as she passes in honor of Student Council's first ever High Five Friday. (Photo by Abby Paul) Bottom Shining rock star.. While proudly singing to the lunch crowd on Talent Thursday, senior Andrew Hanson strums at his acoustic guitar. (Photo by Glenn Harrison-Bower)

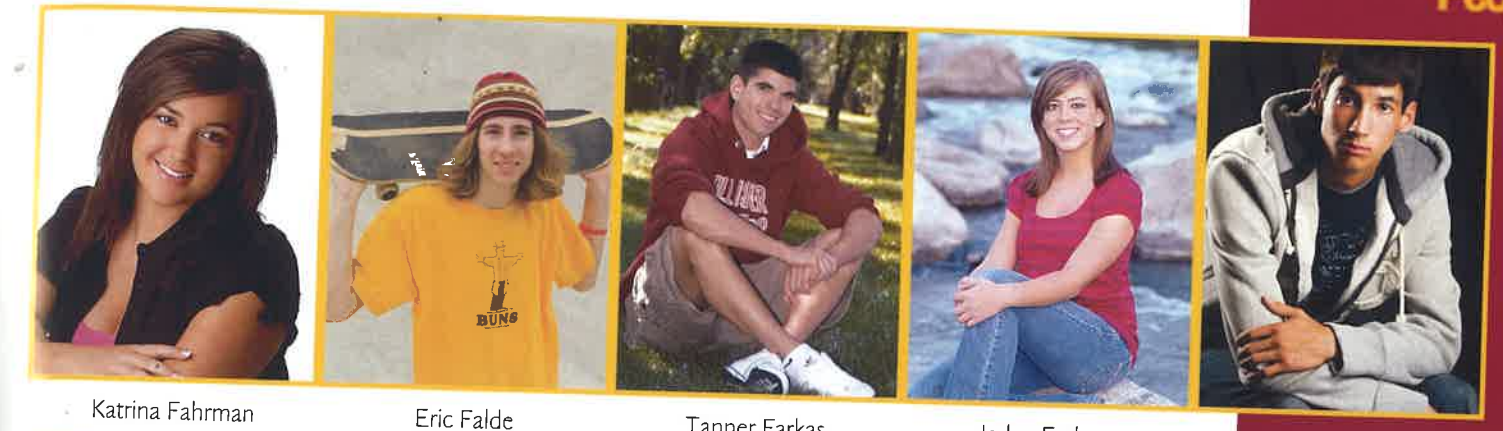




Brock Drayton Alison Dreher Jordan Dufault Gage Durbin Seth Dye



Kyler Eid Brady Elverud Sean Emerick Phillip Engen Hawken Erickson



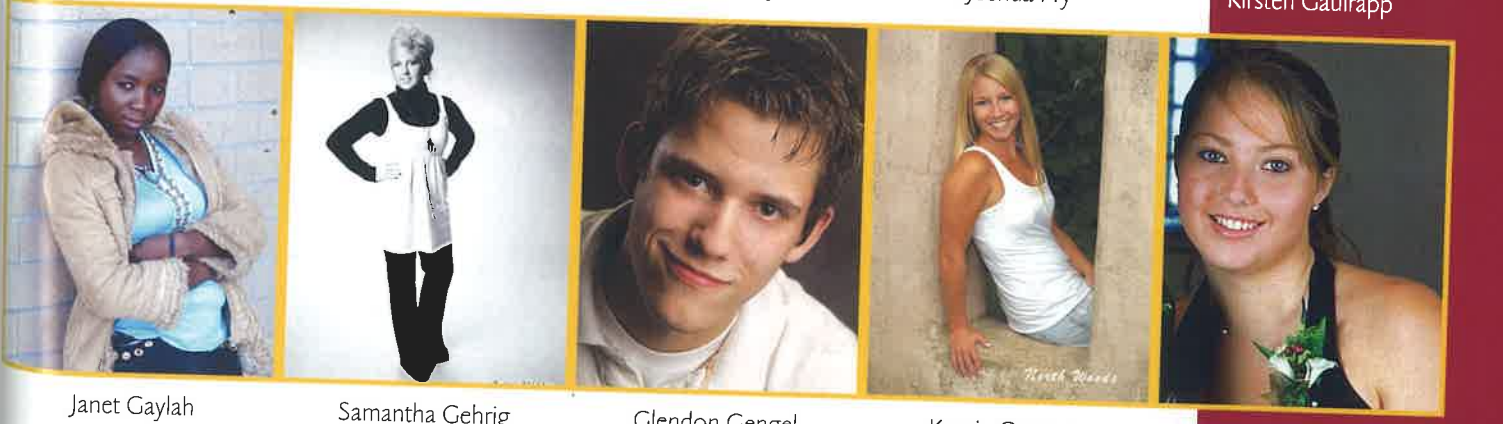
Katrina Fahrman Eric Falde Tanner Farkas Jaden Fedora Joshua Ferguson



Lacey Finck Zachary Fisher Karen Flesberg Nicholas Folkedahl Dylan Foss



Armand Foudjet Petnkeu Zachory Friesz Aaron Fry Joshua Fry Kirsten Gaulrapp



Janet Gaylah Samantha Gehrig Glendon Gengel Kaycie Gerstner Kassandra Gierke

# Is breakfast OVERrated?

- "Yes, because I usually don't eat breakfast. I would rather sleep in than eat breakfast."  
-Landry Boehm
- "Yes, because sometimes I don't eat breakfast and I'm just fine."  
-Brittany Haaland
- "No, if you don't eat then you are hungry."  
-Whitney Hoovestall



**Top** Getting involved... Senior Emily Dahley laughs while she talks with some fellow members of the Cass County Youth Commission. (Photo by Nathan Kulk) **Above** Want to play a game... Helping at the Earth Day celebration in April, senior Brian Maas runs a game booth. (Photo by Carsten Harrison-Bower)



David Gilman

Joseph Clarum

Brittani Goldader

Tory Graves

Jamie Green



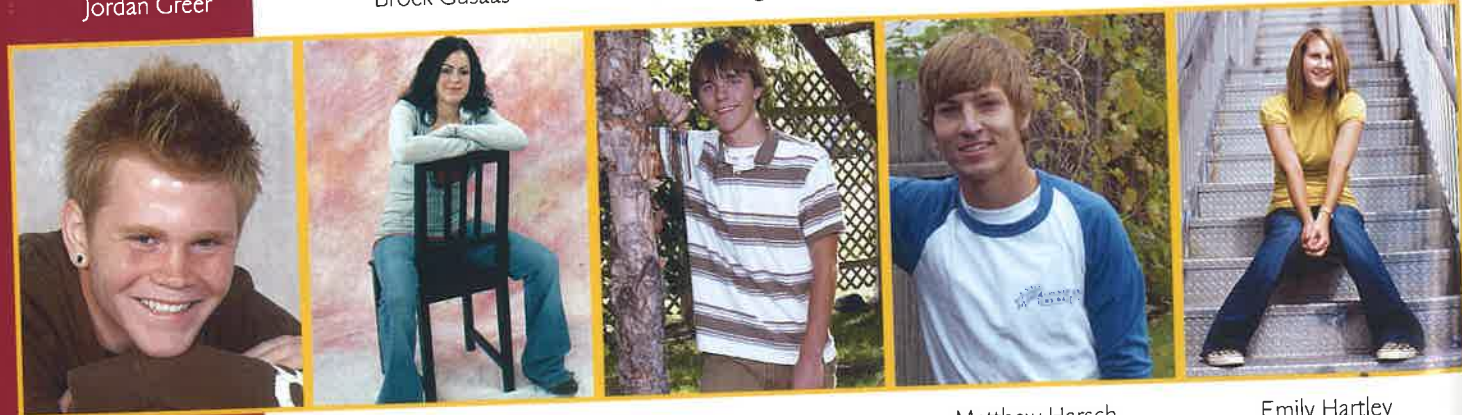
Jordan Greer

Brock Gusaas

Gretta Haagenson

Brittany Haaland

Ronak Habib



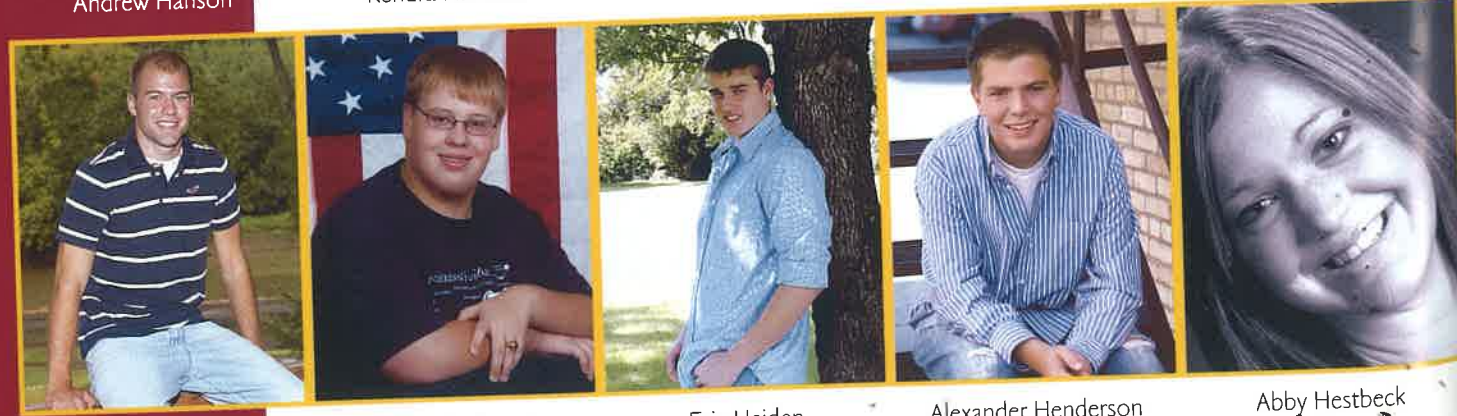
Andrew Hanson

Kendra Harland

Kevin Harris

Matthew Harsch

Emily Hartley



Steven Hay

Daniel Hedstrom

Eric Heiden

Alexander Henderson

Abby Hestbeck



Tyler Hewson

CJ Hoffart

Jace Holm

Dustin Holmes

Chelsea Holmquist



Whitney Hoovestol

Lacie Horton

Lee Huckle

Christopher Hulm

Taylor Jackson

# Top 10 Childhood TV Shows

(Entire senior class polled)

10. Zoom
9. Franklin
8. Full House
7. Recess
6. Teenage Mutant Ninja Turtles
5. Scooby Doo
4. Saved by the Bell
3. Boy Meets World
2. Power Rangers
1. Rugrats



Top Man he's good... Senior Nicole Brokmeier, sophomore Robert Jacobs and seniors Erin Behrmann and Kevin Ackley intently watch senior Paul Johnson as he plays his guitar. (Photo by Nathan Kulik) Bottom Can't look.. Senior Tayler Olstad looks away as a nurse prepares his arm to give blood. (Photo by Nathan Kulik)





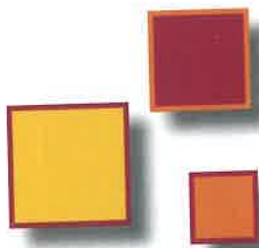
Ross Jacobs Samuel Jacobs Philip Jahnke John Jasken Austin Jensen



Leah Jenson Kelby Jesz Jordan Johnson Joseph Johnson Paul Johnson

# Top 10 Slack Classes

(Entire senior class polled)



10. *BCA*
9. *Service Learning*
8. *Discovering Foods*
7. *Economics*
6. *Independent Living*
5. *Ceramics*
4. *Consumer Math*
3. *Topics*
2. *Keyboarding*
1. *Physical Education*



Top Peace in pieces... Senior Alisa Rector mixes paints together for her art project about world peace. (Photo by Carsen Hamison-Bower) **Tea** and more... Enjoying hot chocolate and treats, senior Haley Johnston visits with senior citizens in her Family Living class. (Photo by Abby Paul)



Haley Johnston Alyssa Jones James Jorgensen Katie Kapel Kyle Kastet



Kirby Keller Abby Kiefer Stevi Kinsella Austin Kinzler Lindsay Kloos



Sara Knaus Raymond Knutson Cody Kopp Ashleigh Korynta Paige Kostecky



Levi Kouba Sadie Kraft William Krumwiede Nathan Kuik Brandon Kummeth



Aaron Larson



Eric Larson



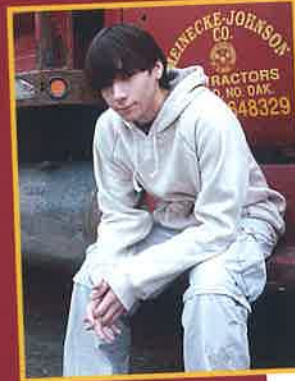
Adam Lester



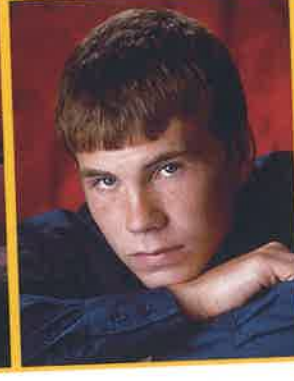
Sasha Lettow



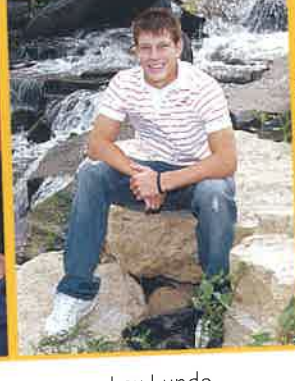
Brooke Lisburg



Davin Loegering



Tyler Lund



Lex Lunde



Festim Luzha



Brian Maas



Tasha Maenza



Samantha Magnus



Tyler Martin



Jared Martinson



Kassandra Mastre



Tyler Matthys



Rebecca Mattson



Brandi McConnell



Jena McIntyre



Joshua Mikkelsen



Brandon Millar



Leah Miller



Nichole Miller



Ryan Mischel



Michael Misialek



Hamdi Mohamed



Andrew Monson



Amanda Montgomery



David Morrow



Thomas Mrozla

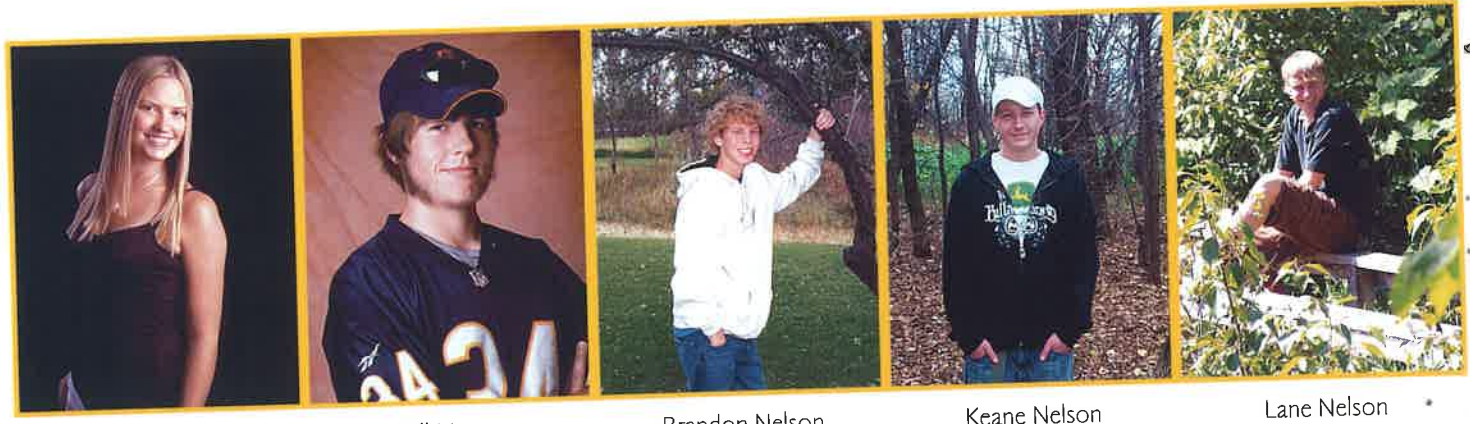
# OVER-asked questions (and the answers)

- Q:** What are your plans after high school?
- A:** I am planning on going to college for dental hygiene.
- Q:** Where are you going to college?
- A:** As of right now I am pretty sure I am going to Moorhead Tech.
- Q:** Are you excited to graduate?
- A:** Yeah, I can't wait to get out of here.
- Q:** Are you going to live on campus?
- A:** First semester I want to live in the dorms, then I want to get an apartment.



Lacie Horton





Allison Muller Bill Murray Brandon Nelson Keane Nelson Lane Nelson



Lucas Nelson Maryjo Nelson Natascha Nerud Samantha Netterville Timothy Newgren

# Who is your favorite Underclassman?

"[Sophomore] Ryan Seamands - his locker's next to mine, and we always joke around."

-Lee Huckle



Lee Huckle Ryan Seamands



Leah Jenson



Kelsey Jenson

"My sister, [sophomore] Kelsey Jenson, because she's awesome, and we know how each other feels. She's my best friend."

-Leah Jenson



Brittany Nichelson Maggi Nicholls Brittany Nolan Jonathan Novacek Matilda Obembe



Amanda Olson Brooke Olson Tayler Olstad Lynae Opdahl Anthony Owens



Laura Paczkowski Christopher Parsons Amanda Paulson Melissa Paulson William Pedersen



Rebecca Pegg Richard Peterman Christopher Peters Tania Peters Joseph Pfeifer



Andre Pilch



Jeremy Pistorius



Ashley Pokrzywinski



Matthew Pomey



Hannah Potter



Michael Potter



Peter Pranke



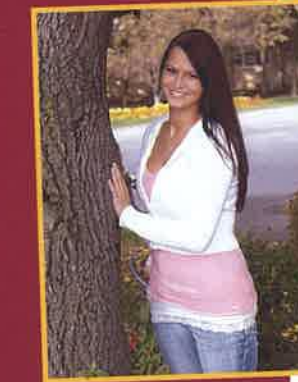
Haylee Preabt



Matthias Price



Brianna Puhr



Kasey Pulkrabek



Samual Pulkrabek



Melissa Pytlik



Ashley Ragan



Cameron Ramberg



Jaclyn Rankin



Alisa Rector



Angel Retzlaff



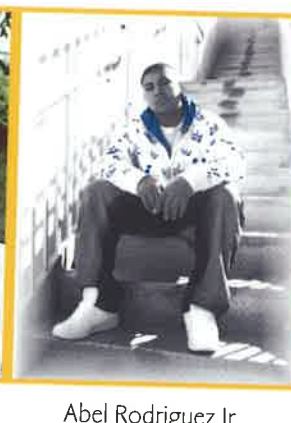
Jon Reznecheck



Andrew Rheault



Kyle Rheaume



Abel Rodriguez Jr



Mark Roe



Briana Roeber



Andrew Rood



TessAnna Rossow



Courtney Roush



Ashley Rud



Amanda Rudlang



Scott Rudrud

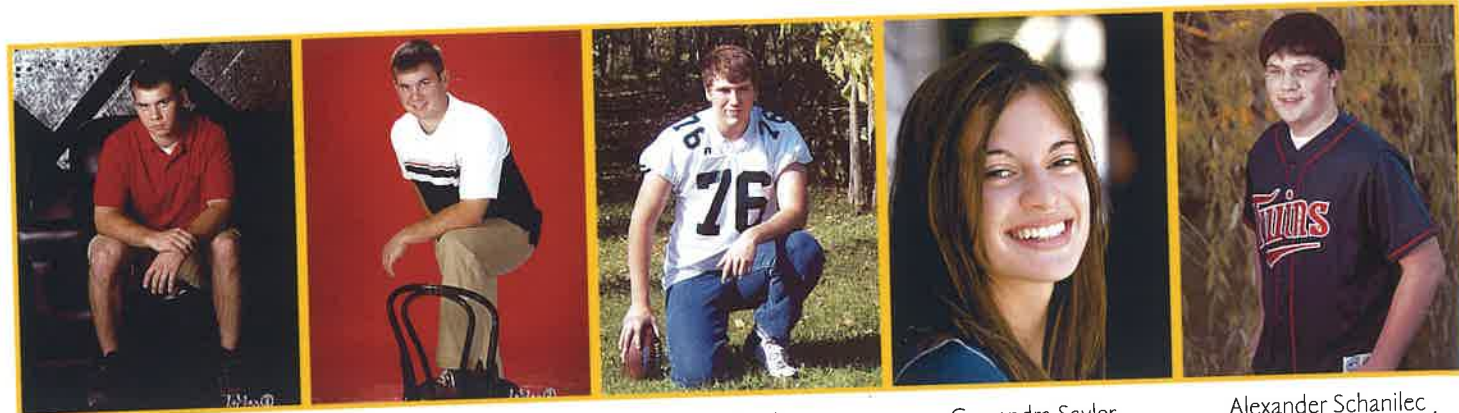
## Swanson steps it up

### Senior joins hockey league

- Q:** What is your favorite part of playing for the Jets?  
**A:** I like playing hockey and the guys I play with. I enjoy competition.
- Q:** How is managing school and playing?  
**A:** It's not too bad. I miss a lot, but the principals are pretty lenient.
- Q:** Are you the youngest member of the team?  
**A:** No, I am the second youngest. There is a 16 year old.
- Q:** Did you miss playing for West Fargo this year?  
**A:** I missed being around the guys, but the Jets keep me busy, and I really enjoy the guys on the team.

*\* Senior Tyler Swanson, a second team all-state selection for football and first team all-state hockey player as a junior, gave up the local recognition of high school sports his senior year to play for the F-M Jets, a United States Hockey League team, in hopes of pursuing his hockey career at a competitive college level.*





Aaron Sanderson    Bryant Sanderson    John Sandvig    Cassandra Sayler    Alexander Schanilec



Justin Schiermeister    Michael Schnepf    Emily Schreier    Jonathan Schroeder    Caitlin Schuessler

# What did you think of the *senior prank*?

- "I thought it was a cool way to show off school pride without offending anyone."  
-Sean Emerick
- "I liked it. They should've done more. They should've done something a little more prankish."  
-Philip Jahnke
- "I liked that someone stood out and did something."  
-Cayla Dallman



**Top** Take down time... After reveling in the glory of pulling a senior prank, senior Tyler Lund helps clean up. (Photo by Alyssa Jones) **Above** Gotcha... Cups set up by members of the senior class line the commons staircase in honor of the graduating class of 2008. (Photo by Carson Harrison-Bower)



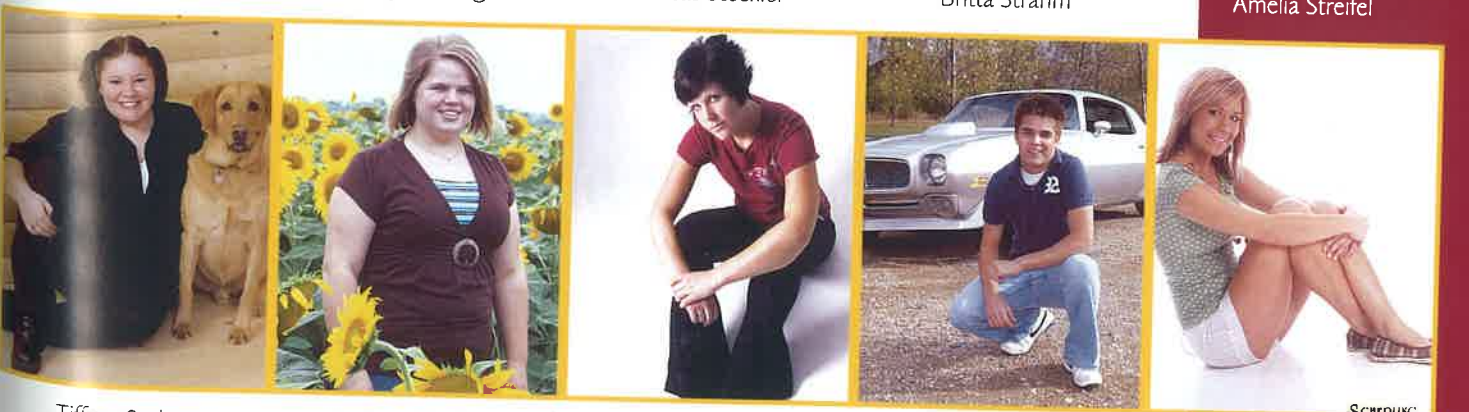
Justin Schumacher    Zachary Schumacher    Breanna Seibel    Simona Sjoblom    Megan Skarsten



Garrett Smith    Joshua Soland    Caroline Spacek    Brandon Spitzer    Cayla Sprecher



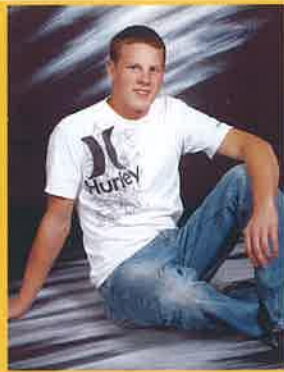
Travis Stadum    Casey Stavenger    Lucas Steckler    Britta Strahm    Amelia Streifel



Tiffany Stuber    Kimberly Stulken    Kayla Sturre    Jared Summers    Alison Sund



Tyler Swanson



Donald Swenson



Katie Symanietz



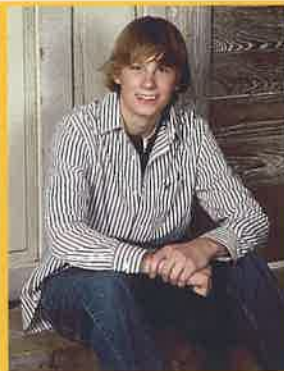
Machaella Thompson



Kade Thornton



Mason Thorstad



Adam Toop



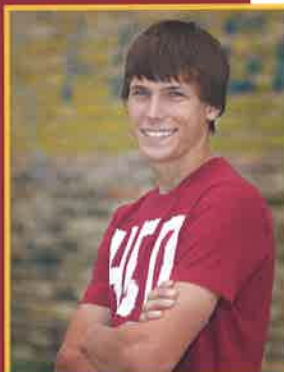
Adam Trapp



Alex Trosen



Alina Tyulyandina



Jordan Ulven



Jill Utter



Jordan Vance



Deni Vigesaa



Alannah Villanueva



Artan Vllahu



Kelsey Voller



Amy Walen



Jasen Walker



Shawnie Wangler

# OVER occupied

A day in the life of the Student Body President



Alex Windjue

- 6:57 am Get out of bed after snoozing the alarm clock
- 7:24 am Cook eggs for breakfast
- 7:40 am Leave for school
- 7:45 am Attend Student Council meeting
- 8:32 am Walk into home room (two minutes late...)
- 8:40 am Arrive in Calculus class
- 9:35 am Go to study hall
- 9:55 am Call F-M Chamber Youth Leadership coordinator to discuss speech
- 10:05 am Call Park District to talk about drive-in movie project
- 11:25 am Depart for free lunch and speech at Youth Leadership banquet
- 1:15 pm Give key note speech with NDSU student body president
- 2:15 pm Call 9th Grade Center Student Council adviser about academic banquet
- 2:25 pm Get teacher recommendations for scholarship
- 2:34 pm Arrive in Physics class
- 3:30 pm Pick up refitted suit for DECA Nationals in Atlanta, GA
- 4:15 pm Pick up graduation announcements
- 6:15 pm Eat supper with family
- 7:00 pm Finish West Fargo Lions Club scholarship application
- 9:00 pm Watch "South Park"
- 10:30 pm Work on AP English poetry project
- 12:15 am Read "Forbes" magazine
- 12:45 am Nearly doze off, only to be awakened by a thunderstorm



Far left All hail the president... Senior student body president Alex Windjue grasps a piece of plastic while giving blood to make sure everything flows smoothly. (Photo by Spencer Davis) Left What can I say.. During a PAC meeting, seniors Kyleer Eid and Alex Windjue laugh as they discuss the placement of a decorated boulder on the school grounds. (Photo by Abby Paul)

# OVERthrow

Where is your favorite place to *frolf*?



Multipurpose: Used on all parts of course



Driver: Used to approach the net



Close-Range Disc: Used after driver and for putting

- "I mostly go to Woodlawn because it rocks or Armor Park because it's close."  
-Sean Emerick
- "I like Oak Grove because it has 18 holes."  
- Shauntel Barnes
- "I like frolfing at Armor Park because it's quick and fun. Woodlawn is good because it's open and fun if you want to take a long time."  
- Lex Lunde
- "I go to Armor Park because it's a nice, short course."  
- Steven Hay



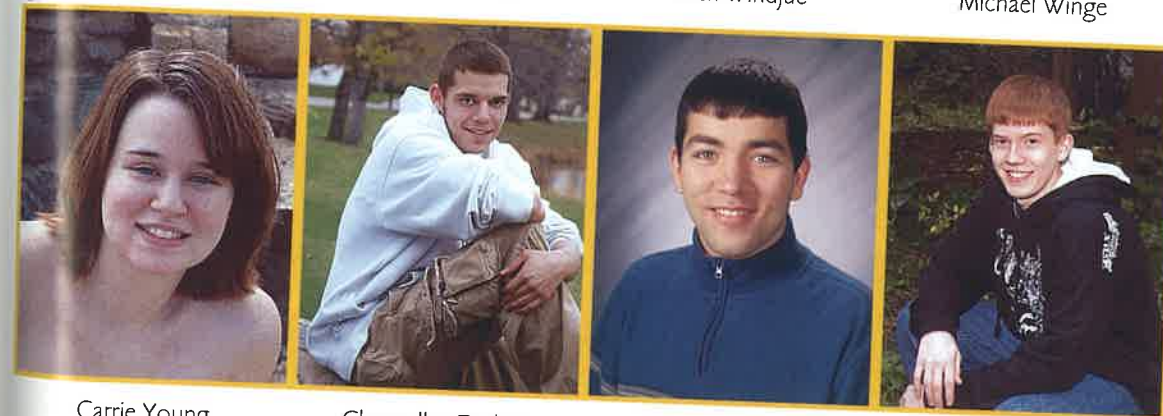
**Above:** Kiss the girl... Senior choir members Hannah Potter, Melissa Pytik and Deni Vigasaa perform a "Little Mermaid" song at the Homecoming pep rally. (Photo by Emily Hartley) **Right:** What's that you say... During a state boys basketball game, seniors Jill Utter, Whitney Adams and junior Courtney Voeller get involved in a cheer to show their spirit. (Photo by Emily Hartley)



Collin Watkins Peter Weber Stephany Wegenast Catherine Weick Ryan Weishaar



Tavga Weled Kari Wileman Alex Windjue Michael Winge Adele Young



Carrie Young Chancellor Zacher Maswood Zuri Matthew Zurn

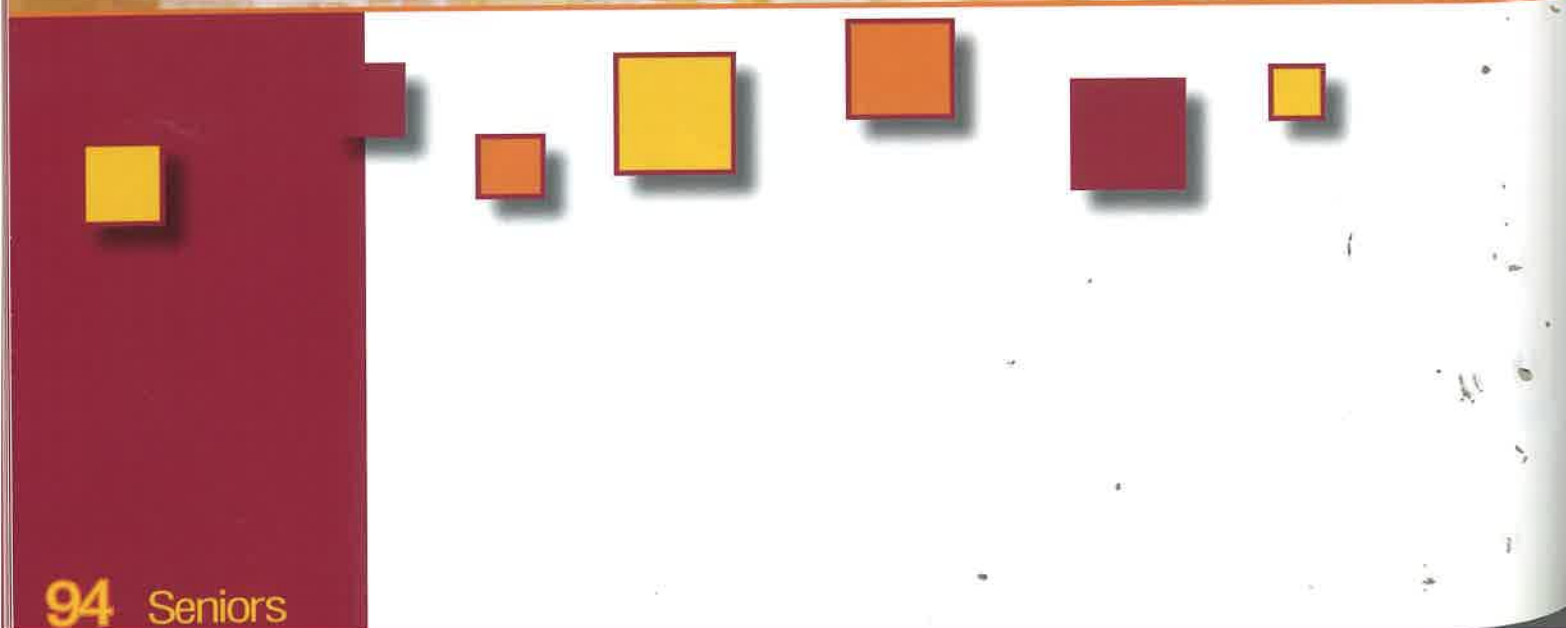
## Not Pictured

- |                   |                    |                     |
|-------------------|--------------------|---------------------|
| Shane Barnes      | Jasmina Jaha       | Kieu Nguyen         |
| Chelsey Beyer     | Amanda Johnson     | Tyler Nyland        |
| Raina Bondy       | Yar Jok            | Corey Pederson      |
| Adam Cody         | Indira Karabegovic | Chase Petersen      |
| Desiree Draeger   | Sara Kram          | Marcella Peyerl     |
| Ian Evanson       | James Landford     | Ashley Quast        |
| Andrew Ferber     | Tuyet Le           | Cheyee Quiah        |
| Kassandra Gierke  | Pamela Melendez    | Brenna Ranzenberger |
| Wesley Hagel      | Ashley Miller      | Ethan Zaun          |
| Aaron Hannestad   | Talon Mohammad     | Devin Zimbelman     |
| Darshayne Hayenga | Paige Neuleib      |                     |



**Above:** Don't drop it... Senior Brady Elverud concentrates on catching a pass while playing an intense game of basketball in Physical Education. (Photo by Nathan Kuik)

# Finished, yet



# just begun...

# Controversy Story by Kimberly Stulken OVER open campus Juniors' test scores lack

**T**aking the North Dakota State Assessment (NDSA) tests on Tuesday, Oct. 23, the juniors are treated to free breakfast and water from the administration. Breakfast is to give students energy to help them focus, and water helps their brain cells. Breakfast and water, however, are not the only incentives the administrators use to encourage juniors to do well.

Open campus during fourth quarter study halls is something for juniors to look forward to all year. For many years, open campus has been a privilege for seniors to enjoy, but the principals decided it would be a great motivation for juniors as well.

"This is the third year giving juniors open campus for improved test scores," Assistant Principal Karen Olson said.

At the beginning of the year, juniors were told if their test scores improved, they would enjoy the freedom of open campus for fourth quarter; however, the juniors' scores did not improve.

"The scores not only didn't improve, they got worse" Assistant Principal Cory Steiner said.

The incentive was a good idea, but junior Molly English feels the test was not an appropriate way to determine if the students deserve the privilege of open campus.

"I'm glad they gave us the warning because that really helped some students try harder," English said. "But the tests are a faulty way to base open campus on. We don't even know our own scores."

While many students tried their best for themselves

and for their school as a whole, some students did not put forth their best effort.

"I honestly tried my best," junior Genia Wilson said. "I'm [upset] that there were those who sat there or texted, and now because of them, we didn't get [open campus]."

Perhaps another form of encouragement, or telling the students the test is important would be more beneficial.

"I don't think the administration should have to encourage - we know better," Wilson said. "Being 16, 17 or 18 years old, we should care about it. It's not up to them anymore."

English believes the administration is motivating the juniors to do better on the tests for the wrong reasons.

"I think the administration should stop pushing us to do better for their reputation," English said. "It makes the students feel more like test subjects than intellectual beings with real-life goals."

The main goal, according to administrators, is to benefit the junior students.

"We need to know that the juniors are learning and growing," Olson said. "We are trying to raise the bar; that's the key."

After a few weeks of suffering, the administration surprised the junior class with open campus the last four weeks of school.

"We decided to give them a chance to show responsibility," Olson said. "We wanted them to work harder to not be restricted."



# Juniors Going into OVERdrive

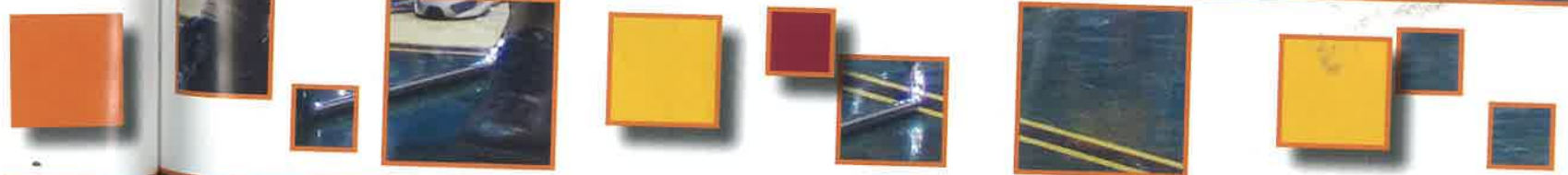


Photo 1 Zoom, zoom... Entertaining the winter pep rally crowd, Anatomy teacher Michael Preston and junior Adam Watts scoot chairs around the gym pretending to drive snowmobiles while the audience laughs, imagining they need to use the restroom. (Photo by Abby Paul) Photo 2 Little cars, big miles... Junior Melissa Schulz looks at the little fuel efficient cars outside the school and writes down perks on Earth Day. (Photo by Victoria Hackett)

Photo 3 Study time... Working on their homework in the library, juniors Kaysha Hvidsten and Lucas Jensen talk about history class. (Photo by Abby Paul) Photo 4 Heads up... Junior Cody Rubertus of Team Invasion rounds up to throw the dodgeball at the other team during the dodgeball tournament. (Photo by Emily Hartley)

Halimo Abdulkarim  
Ahmed Abdulle  
Nelson Adam  
Noor Aden  
Jennifer Akason  
Mohammed Ali  
Rennah Al-Kayali  
Dakota Allmaras

Brianne Anderson  
Garrett Anderson  
Travis Anderson  
Jonathon Archibald  
Gladys Asa  
Samuel Barenthsen  
Adam Bartron  
Amber Batsch

Montgomery Baumgartner  
Emily Beets  
Connor Belcourt  
Scott Belcourt  
Eric Benson  
Michael Benson  
Ryan Berglund  
Austin Berogun

Brady Birrenkott  
Jordan Birrenkott  
Lindsey Bishop  
Taylor Blakeway  
Sondra Booth  
Alyssa Bossert  
Kimberly Braesch  
Travis Bregier

Elizabeth Brekhus  
Zachary Brend  
Megan Brennan  
Dylan Breyer  
Drew Brovold  
Alyssa Brown  
Marissa Brown  
Stephanie Brown

Brittney Bucholz  
Justin Burck  
Darrett Bykonen  
Austin Cassezza  
Brad Cernik  
Kevin Cernik  
Katie Chiodini  
Tory Christianson

Ashley Cole  
Samantha Colombo  
Phillip Comella  
Kayla Corcoran  
Zachary Cormican  
Ian Crawford  
Meredith Cummings  
Zachary Dahl



## What would your fortune cookie say?

- “Don’t eat yellow snow.”  
-Eric Driscoll
- “Stay out of dark alleys.”  
-Saraya Dahlen
- “Make life count.”  
-Shana Heuer
- “Give me more fortune cookies.”  
-Matthew Molstad



Left Trusting her senses... Junior Marissa Moltingqvist feels through a bowl of pudding and gummy worms while junior Joshua Ockert gets ready to eat during the fall pep rally. (Photos by Abby Paul) Above The camera is rolling... Junior Ashley Walek looks over photosynthesis models as her AP Biology class is taped by channels 11 and 4 for a story on weighted grading. (Photos by Abby Paul)

# Top 10 places to shop

(Entire junior class polled)

West Acres

99

Mall of America

47

Scheels

28

Target

12

Department Stores

11

Strip Malls

9

Thrift Stores

7

Downtown

6

Albertville

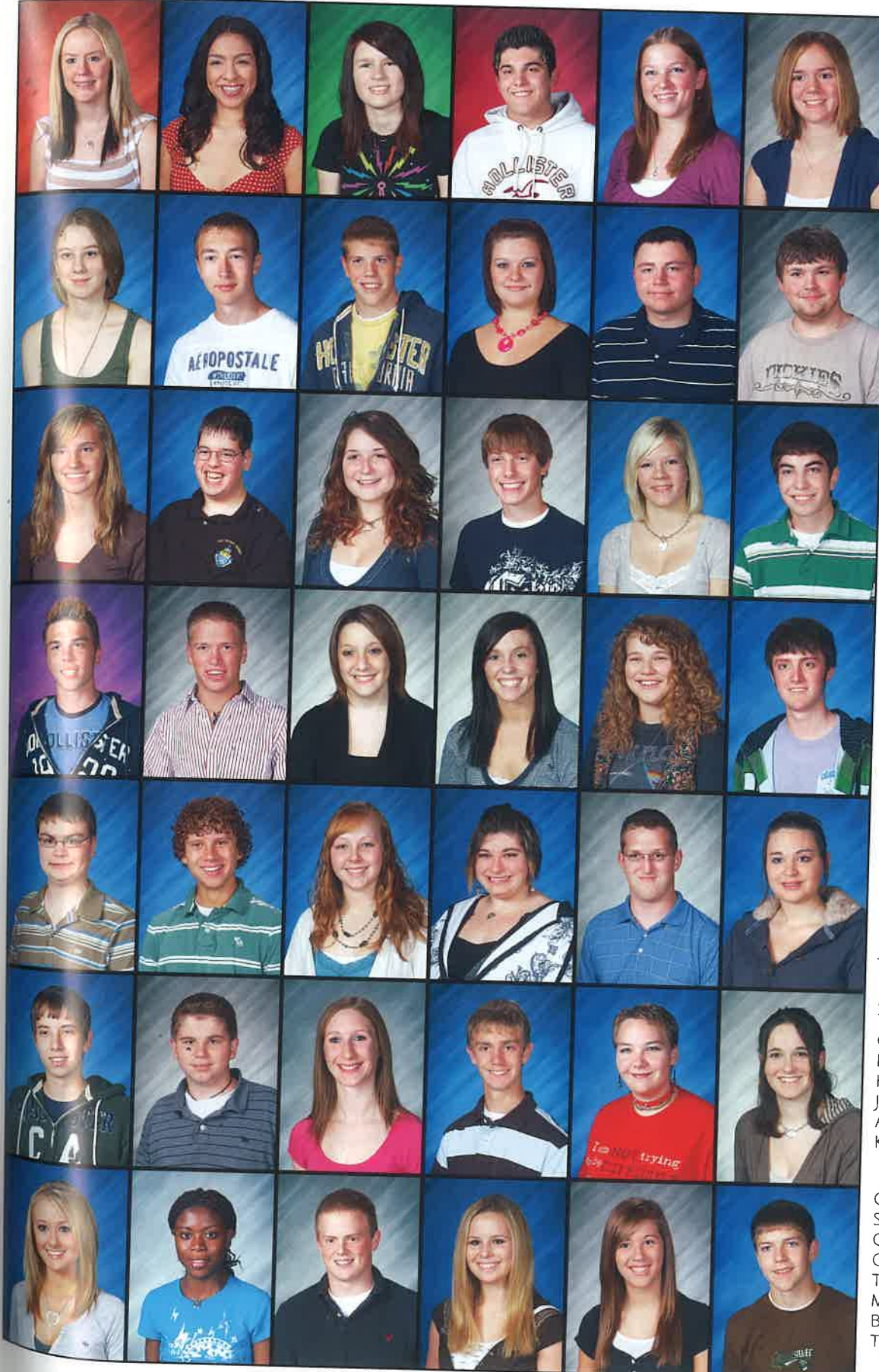
5

Boutiques

1



Dressed manly... Junior Taylor Trauger pauses to pose for a camera before beginning her English monologue dressed as the main character from the story she read.  
(Photo by Robb Pate)



Saraya Dahlen  
Anyu Dai  
Amber Danzeisen  
Brittany Davila  
Amy De Forge  
Ajdin Dedic  
Emma DeJong  
Sarah Denne

Gesma Dier  
Jesse Dietz  
Angela Dockter  
Brandon Dockter  
Eric Driscoll  
Elizabeth Dvorak  
Ryan Eckelberg  
Lee Eggen

Hillary Ehlen  
Katherine Eidschink  
Alysa Eidschink  
Steven Eltz  
Molly English  
Erik Erdmann  
Courtney Evanson  
Tyler Evin

Mariesa Feland  
Jessica Fercho  
Brandon Fitterer  
Derek Flaten  
Amanda Foell  
Shelby Foltz  
Kayleigh Fontaine  
Samuel Forsey

Kalyn Fraser  
Michael Freeman  
Aaron Freitag  
Thomas French  
Katie Fretheim  
Brandi Fry  
Travis Gahner  
Jerica Games-Conway

Anthony Geary  
Tyler Geffre  
Gregory Gengel  
Robert Gertz  
Kiah Gianakas  
Jay Gjestvang  
Amanda Goebel  
Kali Colay

Chase Golliet  
Sara Gooding  
Christan Gorden  
Catherine Gowah  
Tatum Grandstrand  
Makayla Gratz  
BreAnne Gregory  
Tyler Gronbeck

Jessica Gust  
Breanna Gustafson  
Candace Hager  
Nathan Halda  
Eric Halvorson  
Abby Hammes  
Ashley Hamner  
Darryk Hanenberg



Andrew Hanes  
Matthew Hanson  
Emily Harris  
Amina Hassan  
Hassan Hassan  
Zachary Heinen  
Alyssa Henderson  
Peter Hettwer



Justin Heuer  
Beatrice Hill  
Derek Hiltwein  
Cierra Holm  
Marissa Holmquist  
Kelsey Holmvik  
Kelsey Hoovestol  
Megan Hought



Samantha Hughes  
Nicholas Hulm  
Alyssa Hummel  
Kaysha Hvidsten  
Samantha Ireland  
Akmed Israfil  
Chad Jaberg  
Reuben Jacobson



Jesika Jaeger  
Todd Jansen  
Lucas Jensen  
Tyler Jenson  
Adam Johnson  
Andrea Johnson  
Jami Johnson  
Jennifer Johnson



Aryelle Jones  
Kaitlyn Jorgenson  
Jacob Kaiser  
Karly Kalstad  
Zinnah Kawah  
Heather Kelsey  
Yusuf Kemokai  
Ashley Kerbaugh



Umi Khaadi  
Daniel Kiehl  
Jorddan Kleindl  
Ashley Klevgaard  
Brendan Klocke  
Austyn Kloehn  
Travis Knapp  
Danielle Knodle



# OVER Budget

How much money do you spend on yourself?



Andrea Johnson  
(above)



Cierra Holm  
(below)

- Hair (cut and color): \$50  
Color: Every two-and-a-half weeks  
Cut: Every month
- Hair Products: \$100 a month
- Nails: \$25 or I do my own!
- Makeup: \$60, Merle Norman
- Clothing: \$90 on jeans  
\$50 on shirts
- Shoes: \$145 or more already this year
- Tanning: \$55, but I don't go every month

- Hair (cut and color): \$50  
Color: Twice a year  
Cut: Every three months
- Hair Products: \$50 a month
- Nails: \$0
- Makeup: \$30, MaryKay
- Clothing: \$70 on jeans  
\$40 on shirts
- Shoes: \$30 this year
- Tanning: \$0

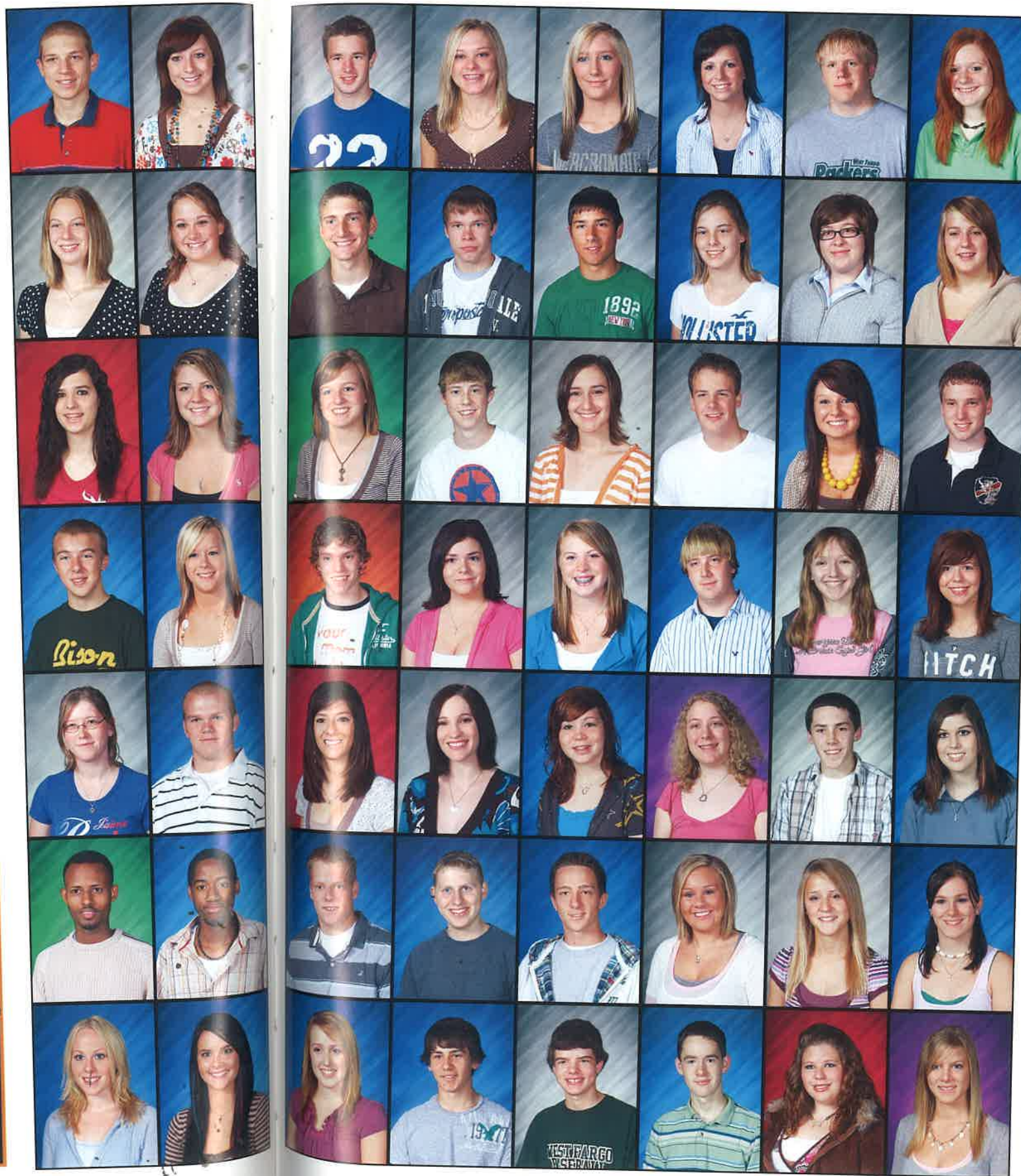


# Who has the *biggest* influence on you?

- “Every person I meet because I always get something from them.”  
-Jay Gjestvang
- “My 7th grade Life Science teacher Mr. Fahrman because he believed in me more than I believe in myself.”  
-Halimo Abdulkarim
- “My parents because they taught me how to work hard for what I want in life.”  
-Peter Hettwer
- “My sister because she is bright, outgoing, and everyone she meets treats her with respect.”  
-Beatrice Hill



Above Here we go... Junior Detrek Zachowski waits in line for JROTC to start moving through the West Fest parade. (Photo courtesy of Lisa Lee) Right Here we go juniors, here we go... Juniors Erin Sista, Kayla Videen and Alyxia Stanczyk cheer with spirit for their class at the fall pep rally. (Photo by Nils Ford)



Samuel Knutson  
Nicolette Koehmstedt  
Damir Kolakovic  
Jenna Kolb  
Amanda Kommer  
Sierra Kommer  
Channing Kopp  
Ashley Koskela

Kayla Krabbenhoft  
Jessica Krick  
William Kuehn  
Brandon Kunze  
Anthony Lacavera  
Erica Laddusaw  
Charlee Lakoduk  
Chelsey Lang

Kasey Lang  
Mercedes Larson  
Stephanie Larson  
Garrett Laubach  
Andrea Lee  
Gentry Lee  
Brittany Legler  
Kelby Lemar

Dustin Lemke  
Jessica Leno  
Andrew Lenzmeier  
Crystal LeTexier  
Lindsey Levin  
Brandon Lewis  
Breannolyn Lies  
Blake Loyland

Amber Lund  
Nels Lund  
Shayla Lund  
Tasha Lund  
Kelsey Lundquist  
Lindsay Lundstrom  
Michael Lynch  
Katie Lyon

Bule Mahad  
Eric Major  
Cody Mammenga  
Joseph Manning  
Cole Mapes  
Miranda Mars  
Cassandra Martin  
Samantha Martinson

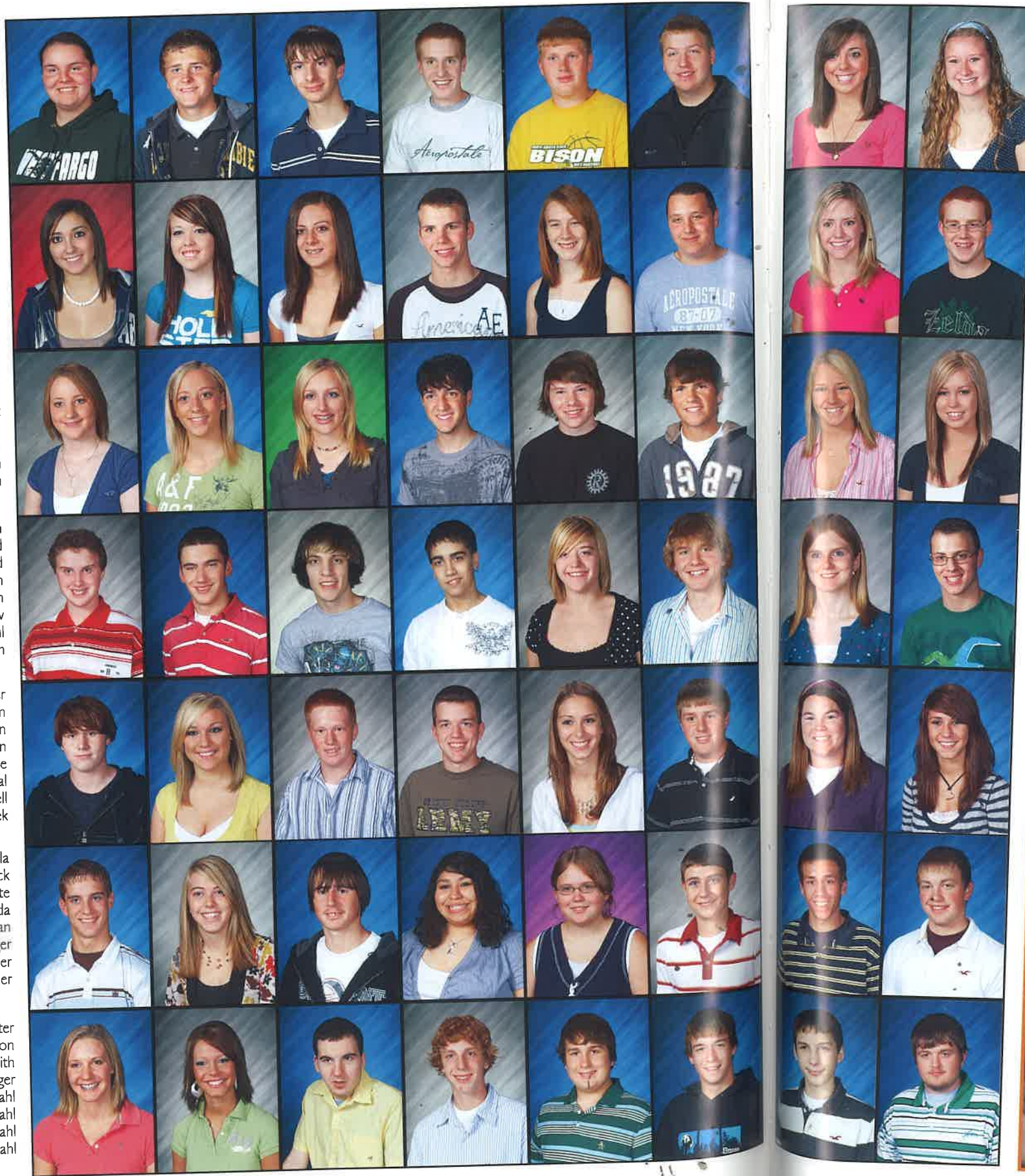
Kathrine Mattson  
Allyson McCracken  
Meagan McDougall  
Joshua Mears  
Scott Mehus  
Andrew Merkel  
Alexis Metz  
Meghan Meyer

# Top 10 activities to do in your *Free Time*

10. Building things
9. Shopping
8. Scrapbooking
7. Skateboarding
6. Writing
5. Videogames
4. Hunting
3. Friends
2. Music
1. Sports



**Above** Move to the music... While taking part in the dance-off competition during lunch, junior Christian Gorden dances his best. **Below** Ashley Ann Paul. **Left** So where's the funny bone... During a lab practical in a science class, junior Beatrix Hill works on identifying the different parts of a cat. (Photos: Senior Staff)



Sara Misialek  
Jason Moch  
Devin Moerke  
Tyler Mogard  
Michael Mohn  
Matthew Molstad  
Claire Moltzan  
Heidi Morman

Melissa Morse  
Lindsay Morton  
Brooke Myogeto  
Alan Neer II  
Jessica Nefzger  
Nicholas Neisen  
Megan Nelson  
Nicholas Nelson

Carin Nielson  
Jayme Noel  
Kally Nygren  
Joshua Ockert  
Mason Odegard  
Brian Olson  
Jenna Olson  
Kelsey Olson

Steven Olson  
Jordan Olstad  
Jesse Ostlund  
Jordan Pacion  
Katie Palloch  
James Parrow  
Abby Paul  
Beau Paulsen

Dillon Peltier  
Chelsea Peterson  
Cole Peterson  
James Peterson  
Jessica Pierce  
Trevor Plehal  
Ashli Powell  
Kelcee Prashek

Alex Pribula  
Abbey Prudlick  
Troy Quenette  
Desirae Quesada  
Stephanie Ragan  
Aaron Ranzenberger  
Jared Reber  
Braeden Regner

Ashley Reiter  
Krisanne Reyerson  
Jacob Rhinesmith  
Lucas Riedlinger  
Alexander Ringdahl  
Kellen Ringdahl  
Nicholas Ringdahl  
Blaine Rosendahl

# Which would you choose **OVER** the other?

Taco Bell **79** vs. Taco Johns **106**

Pita Pit **103** vs. Extreme Pita **65**

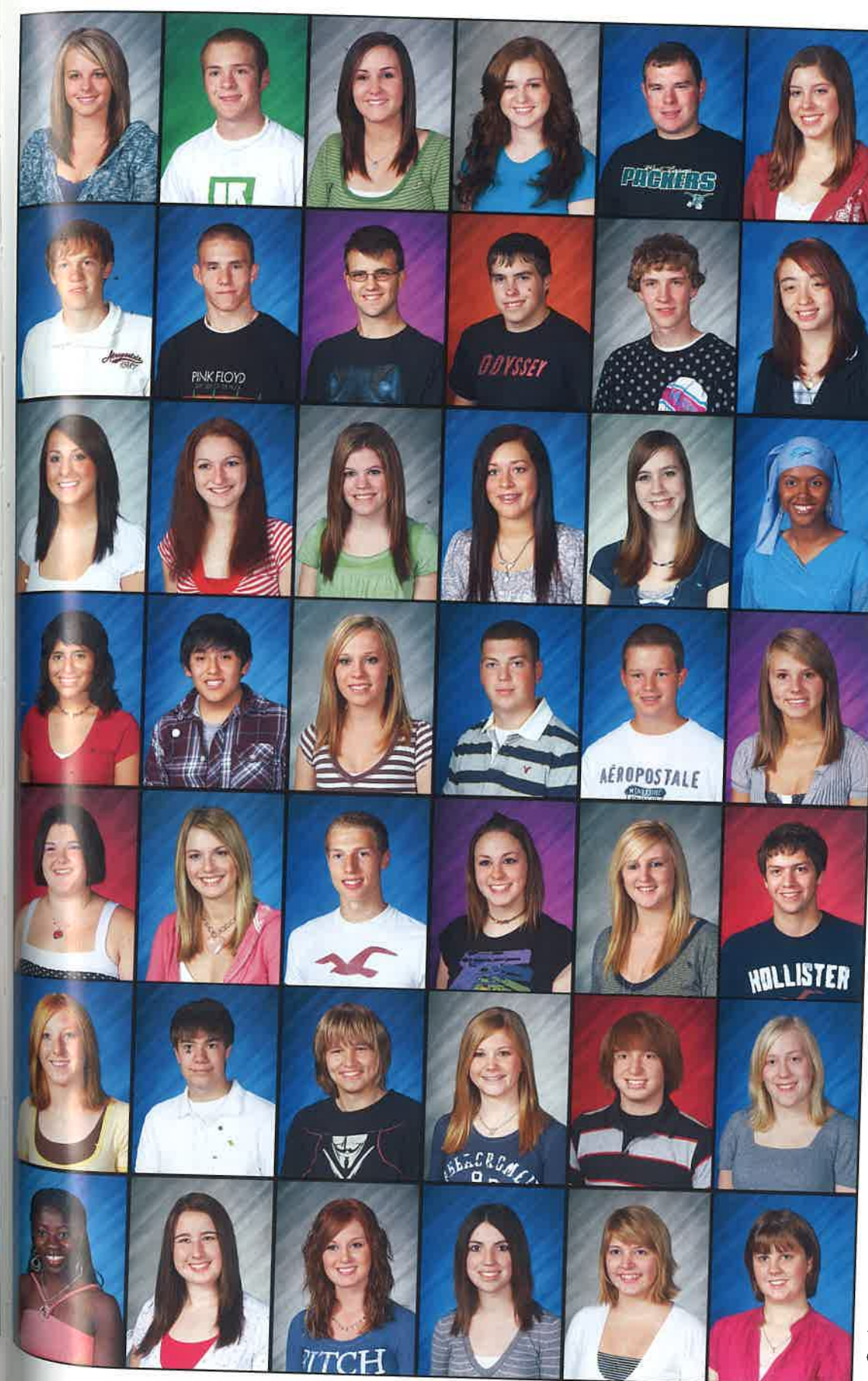
Caribou **41** vs. Starbucks **130**

McDonald's **75** vs. Burger King **104**

Subway **161** vs. Erbert and Gerberts **22**



Bite out of life... Junior Nicholas Ringdahl enjoys lunch at the Sheyenne High Grade Center while he tries out a day with the block schedule system. (Photo by Amy Paul)



- Lance Rosenkranz
- Randall Rothhouse
- Stacy Rott
- Cody Rubertus
- Samantha Rusness
- Anna Rutten
- Brian Ruud
- Ashley Ryan
  
- Briana Sahr
- Abby Salquist
- Adam Salter
- Nicholas Sanders
- Travis Sather
- David Sauvageau
- Ryan Sauvageau
- Samantha-jo Saye
  
- David Schmidt
- Hali Scholl
- Mackenzie Schommer
- Monica Schroeder
- Melissa Schulz
- Blake Selisker
- Ashley Severson
- Deka Sharif Hassan
  
- Nadifa Sharif Hassan
- Joel Sheehan
- Claire Shive
- Jordan Shive
- Jacala Short
- Adam Siegert
- Shaun Sinner
- Erin Sistad
  
- Andrea Sluke
- Zachary Smith
- Natasha Smykowski
- Christina Soland
- Luke Solum
- Stephanie Sorenson
- Christina Sorum
- Jacob Springer
  
- Alysha Stanczyk
- Jordan Steckler
- Stephani Steffen
- Alexander Stremick
- Steven Strom
- Haylee Swanson
- Christopher Taxdahl
- Amber Tendeland
  
- Cynthia Teran
- Zacory Thiessen
- Patience Thomas
- Hope Thompson
- Alyssa Thorson
- Emma Torrance
- Taylor Trauger
- Carly Trowbridge

Colton Turner  
Samuel Vaagen  
David Van Dorpe  
Kaitlyn Varberg  
Tyler Vareberg  
Kayla Videen  
Amelia Vigen



Andrea Volk  
Emily Vrem  
Ashley Walen  
Kirsten Walker  
Dakota Walz  
Trace Waterworth  
Adam Watts



Shelia Weagba  
Krista Weiszhaar  
Robert Wendlick II  
Nichole Wendt  
Matthew Werlinger  
Shawna Wienckowski  
Alex Wilhelmi



Nathan Wilke  
Maggie Wilken  
Alexandra Williams  
Genia Wilson  
Justin Wilson  
Kostas Wilson  
Clint Wohler



Taylor Wolf  
Richard Wulu  
Eric Ybarra  
Kristina Yerisov  
Derrek Zaczkowski



# Top 10 new items in the Packer Connection

(Entire junior class polled)

10. Nutrition Snacks
9. Water Bottles/ Mugs
8. Promotions
7. Mr. De Vries
6. Energy Snacks/ Drinks
5. Apparel
4. Trollie Snacks
3. Ice cream
2. Hot Beverages
1. Swirls



**Above** Junior class is really great... Juniors Ashley Reiter, Megan Nelson and Courtney Evanson cheer with spirit during their class cheer at the fall pep rally (Photo by Abby Paul)



**Right** Jump and dodge... During the annual dodgeball tournament, junior Ryan Tyo jumps in the air in order to avoid being hit by a ball. (Photo by Abby Paul)

## Not Pictured

- |                    |                 |                   |
|--------------------|-----------------|-------------------|
| Dillon Asleson     | Brandon Halberg | Carley Pendleton  |
| Justin Baumgartner | Fadhiya Hassan  | Travis Poitra     |
| Nicholas Borkowski | Shana Heuer     | Mitchell Quast    |
| Dylan Breyer       | Zachary Hofmann | Steven Ramsden    |
| Chandi Buchholz    | Brian Keller    | Erik Schmalz      |
| Travis Charging    | Jared Koehnen   | Jessica Thomas    |
| Jayden Duursma     | Ty Kramlich     | Ryan Tyo          |
| Justin Erickson    | Kailey Krause   | Akuo Ujwok        |
| Kayla Evanson      | Oscar Leyland   | Stephanie Walters |
| Brice Gamboa       | Fatuma Mahad    | Michael Walz      |
| Ariel Gauslow      | Anthony McFall  | Dustin Westerman  |
| Shadric Gaylah     | Adam Miller     |                   |
| Suah Gilman        | Ali Mohamed     |                   |
| Benjamin Gould     | Jason Monnin    |                   |
| Audrey Grady       | Kaylynn Moss    |                   |
| Brittney Hager     | Michael Olson   |                   |



**Above** So many choices... In a deep conversation about what kind of coffees that are offered in the Packer Connection, junior Melissa Shu suggests her favorite kind to junior Jesika Jeager. (Photo by Samantha Gehring)

**Left** Swirls make me smile... Junior Anyu Dai waits in anticipation for the Swirl machine to fill her cup at the Packer Connection. (Photo by Abby Paul)

# Under privileged

## Class lacks freedom of open campus

Story by Amanda Montgomery

The sophomore class has overcome the tough obstacles and curiosity of being freshmen and underclassmen. Being underclassmen is not always easy for sophomores because not only do they get picked on for being the youngest, which is the first time this year with the new Sheyenne 9<sup>th</sup> Grade Center, but they do not receive as many privileges as upperclassmen, such as open campus.

Seniors have all periods of the day open, and juniors have fourth and seventh period open only, while sophomores are left to sit in study hall every day.

Having fewer privileges is not a big deal to many underclassmen because they do not know any different.

"Not having open campus doesn't bother me that much because I've never had it before, so I don't know what it is like to have it," sophomore David Johnson said.

Getting homework done is what students prefer over being able to leave during study hall.

"I like to get my homework done in study hall, because I have activities after school," sophomore Casandra Shorma said.

Shorma has her own reasons why her class may not have privileges and admits they are not completely ready yet. "They probably don't think we're mature enough," Shorma said.

Students are not completely sure why they do not have the open campus privilege but they have some ideas.

"We don't have enough high school experience," sophomore Alyssa Lind said.

After overcoming the tough obstacles of being underclassmen, students' curiosity is solved and they go on with the years they have left of high school. Being an underclassman is a fact of life everyone has to go through it.

# Sophomores

Getting

# OVER the hump



Photo 1 Hangin' out... Sophomores Ashley Gonzalez, Aubrey Berg, Junior Kalyn Fraser and senior Oscar Leyland take a break from studying to enjoy seniors Andrew Hanson and Paul Johnson's singing at Starbucks. "It was a lot of fun to see a classmate singing out of school," Fraser said. (Photo by Jayme Noel) Photo 2 Which one should I pick... Sophomores Emily Holland and Heather Anderson look at the DECA dates while they deliberate over which person they want to bid on to be taken out for Valentine's Day. (Photo by Jayme Noel)

Photo 3 Open wide... Sophomores Levi Bachmeier and Dustin Jonasson throw food at each other while making gingerbread houses in German class. (Photo by Tony Graves) Photo 4 Hands up high... Cheering at the fall pep rally, sophomores April Andersson and Beth Beyer wave their pom-poms in the air. (Photo by Abby Paul)

# Top 10 funniest *Fads*

(Entire sophomore class polled)

10. Side pony-tails
9. Heelies
8. Bright colored makeup
7. Tight pants
6. Leggings
5. Dog collars
4. Skirts with pants
3. Hair extensions
2. Crocs
1. Skinny jeans



Left Getting it done... Sophomore Alyssa Weisbeck hurries to finish her homework in the library during her study hall. (Photo by Megan Wilson) Above Paste away... Sophomore Cassandra Baumgartner carefully pieces the sides of a gingerbread house together during German class. (Photo by Tony Green)



Justin Aalgaard  
Abdikadir Abdulle  
Caitlin Ackley  
Abdirashid Aden  
Gatlyn Affield  
Omar Al-Abbse  
Cody Albert  
Kirsten Andersen

Brittany Anderson  
Elizabeth Anderson  
Heather Anderson  
Madison Anderson  
Shelbie Anderson  
April Andersson  
Dylan Archigo  
Devin Asleson

Katelyn Aswege  
Heather Bach  
Levi Bachmeier  
Tyler Baem  
Brady Bahls  
Kayla Barkie  
Germaine Barnes  
Taylor Bates

Jennifer Baumeister  
Cassandra Baumgartner  
Brittany Barking  
Jillian Bechtold  
Hailee Beck  
Alexander Beckius  
Alyssa Beckius  
Aubrey Berg

Meghan Berg  
Anthony Bergan  
Brianna Berry  
Tyler Bertsch  
Beth Beyer  
Sarah Beyer  
Jenna Beyers  
Ryan Binde

Gavin Bintz  
Blake Birrenkott  
Christopher Birrenkott  
Briana Bitterman  
Brian Bjerk  
Christina Bohn  
Matthew Bond  
Nathan Borchardt

Lucas Borgerson  
Brandon Borseth  
Michael Braaten  
Derrick Brandt  
Caleb Braun  
Matthew Bregier  
Bridgit Breker  
Tara Brekke

# OVER tired

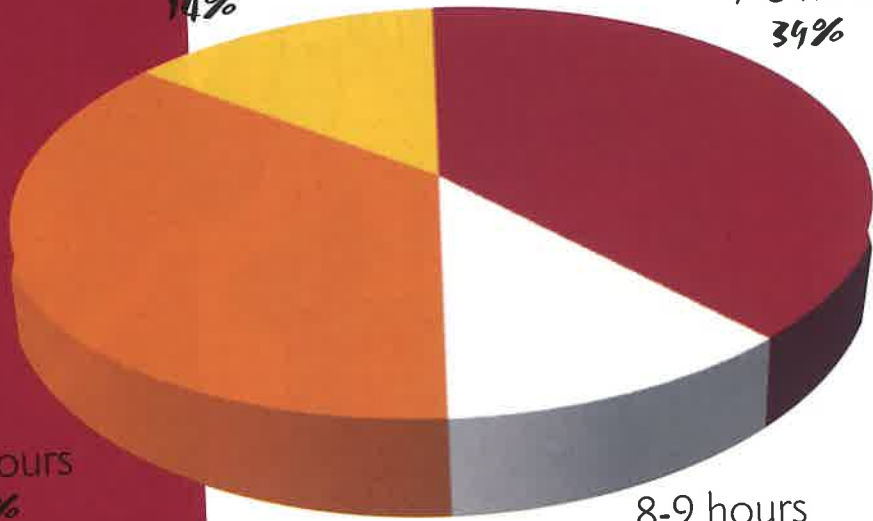
How much do you sleep each night?  
(Entire sophomore class polled)

4-5 hours  
14%

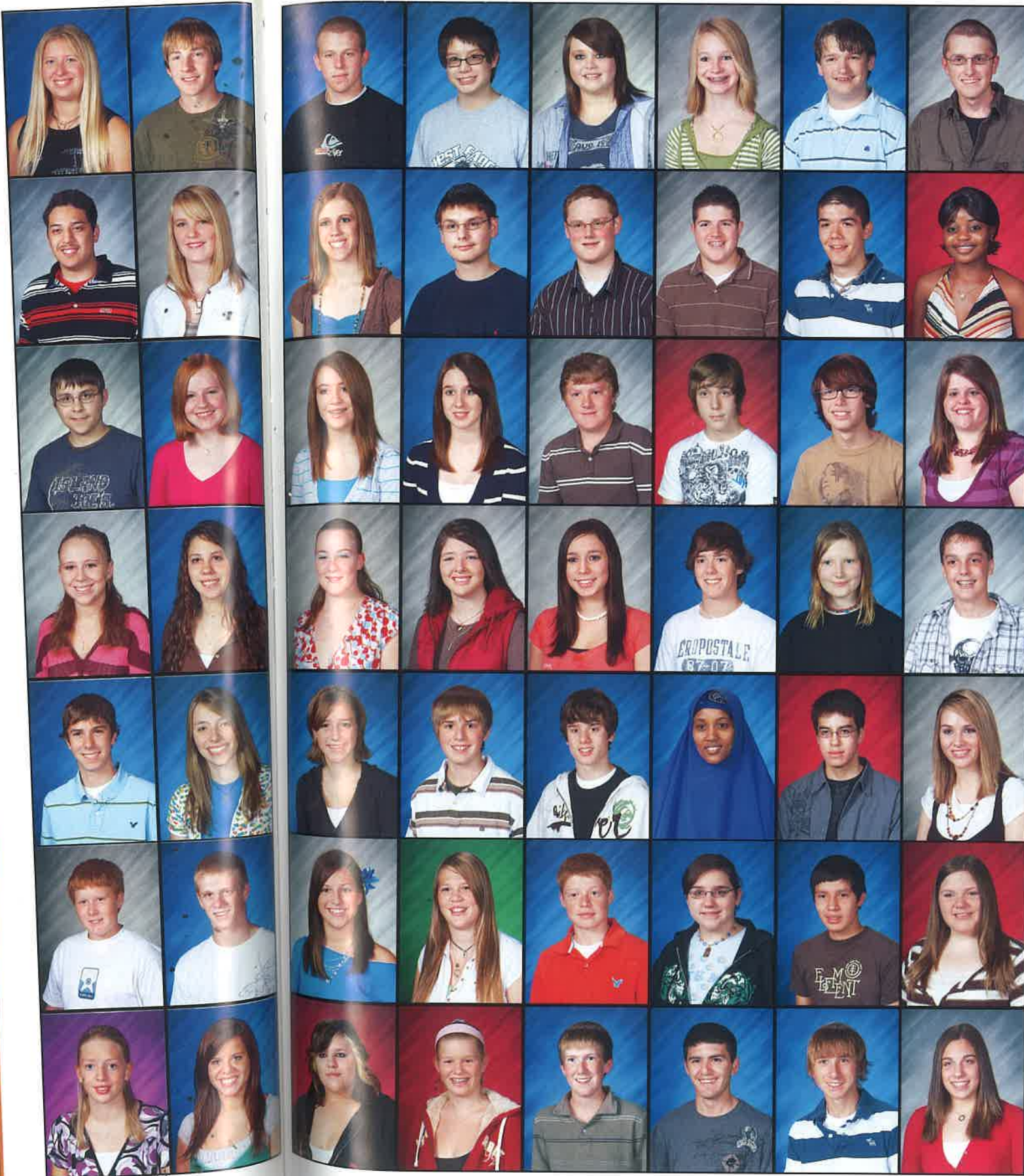
7-8 hours  
34%

6-7 hours  
36%

8-9 hours  
11%



Above: Peppy Packathnas... Sophomores Meranda Harris, Dre Helle and Sasha Steithen cheer at the fall pep rally. (Photo by Amy Paul) Right: Strike a pose... In the production of "Anything Goes," Rena's Angela, or sophomores Savieq Swanson, Caitlin Leek, Jordyn Byzewski and Holly Johnson, pose for photographer characters in the play. (Photo by Amy Paul)



Maria Brekkestran  
Trevor Brossart  
Jacob Bucholz  
Christopher Burck  
Shelby Bursch  
Jordyn Byzewski  
Lucas Byzewski  
Taylor Cable

Joseph Cajobe  
Leah Camery  
Rebecca Capouch  
Sebastian Carcoana  
Terry Carlblom  
Andres Casarez Jr  
William Case  
Deah Collins

Tyler Conklin  
Megan Cooper  
Aren Cossette  
Stephanie Cossette  
Jared Cowden  
Benjamin Dalbol  
Oscar DeLeon  
Tori Desotel

LaCher Dolan  
Amy Doll  
Ashley Doll  
Jennifer DuShane  
Alicia Ebertowski  
Brady Eidenschink  
Marylea Engstrom  
Jackson Erbstoesser

Alexander Erickson  
Emily Erickson  
Johanna Erickson  
Adam Faeth  
Alexander Falk  
Abdiya Farah  
Sean Fawbush  
Chelsey Fenske

Tyler Fietzek  
Mickey Finnell  
Brenna Fisher  
Tiffany Fitterer  
Spencer Flaten  
Kayla Fountain  
Patrick Fox  
Laura Freitag

Jolee French  
Victoria French  
Makayla Fry  
Sheree Gange  
Brett Garske  
Fazli Gashi  
Jamison Gehrig  
Chelsea Gentzkow

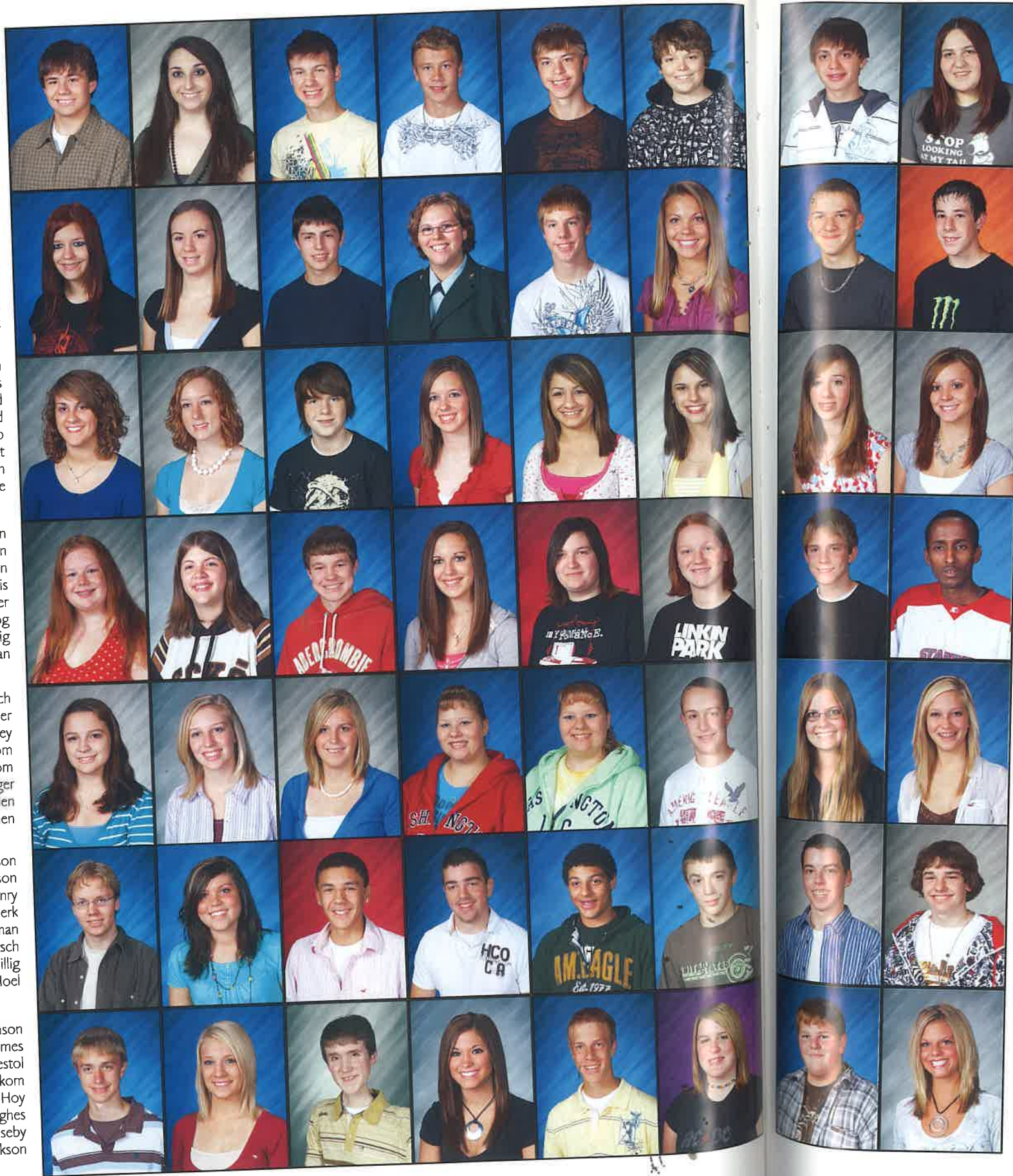
# Top 10 most **OVER** used phrases

(Entire sophomore class polled)

10. Hey Girl Hey!
9. Napoleon Dynamite Quotes
8. LOL
7. IDK
6. Not gonna lie...
5. I know, right?
4. That's what she said.
3. OMG
2. Like
1. Your mom



Left: Frosted... Sophomore Natasha Seibelm spreads frosting on a graham cracker to add to her gingerbread house that they are making during Carnival. (Photo by Abby Paul) Above: Squinting in the light... While measuring the levels of floors of the school in Construction Tech class, sophomore Cory Irwin squints and peers through the builder's level. (Photo by Abby Paul)



- Jared Gibbon
- Hayley Gibbons
- Justin Gibson
- Dustin Gilberts
- Rob Glarum
- Joshua Gooding
- Corbin Gray
- Trista Gray
  
- Breanna Green
- Jenna Green
- Shawn Greenman
- Katie Gregor
- Jarred Grindahl
- Ellie Grooters
- Tanner Grosche
- Cody Grosz
  
- Katelyn Gunderson
- Molly Gusaas
- Dustin Haaland
- Jennifer Haaland
- Ghanba Habib
- Victoria Hackett
- Diane Hahn
- Dre Halle
  
- Brandi Hansen
- Corrine Hansen
- Ryan Hansen
- Meranda Harris
- Carsen Harrison-Bower
- Briana Hartog
- Kasey Hartwig
- Mohamed Hassan
  
- Brandi Hatch
- Madison Hausauer
- Kayla Hawley
- Carleigh Hedstrom
- Chelsea Hedstrom
- Dylan Heger
- Brittany Heiden
- Allison Heinen
  
- Justin Henderson
- Samantha Henderson
- Swayze Henry
- Taylor Herk
- Mason Herman
- Matthew Hersch
- Thane Hillig
- Joshua Hoel
  
- Robert Hogenson
- Erikka Holmes
- Gustin Hoovestol
- Sheena Houkom
- Daniel Hoy
- Cassandra Hughes
- Jordan Huseby
- Lexi Jackson

# What is your favorite school event?

(Entire sophomore class polled)

117

Football

53 Basketball

30 Hockey

The Musical 27

Dance Shows 16

Volleyball 15

Wrestling 9

Cheer Competitions 8



Kick off... Getting on their feet, students pump up the football players during the opening kick off of a home game. (Photo by Abby Paul)



Robert Jacobs  
McKenzie Jaeger  
Kelsey Jenson  
Dylan Jerger  
Skyler Jeske  
Hussein Jilani  
Brenna Johnson  
Brittney Johnson

David Johnson  
Holly Johnson  
Mara Johnson  
Dustin Jonasson  
Bryce Jorgenson  
Michael Joyce  
Tessa Juhl  
Dylan Just

Dillon Juve  
Kristin Kautz  
Austin Keller  
Kaylance Keyes  
Marisha Khunger  
Jacob Kiefer  
Kayla Kinslow  
Skye Kinzler

Kelsey Kloos  
Allison Klug  
Dillon Knight  
Landon Knoll  
Russell Koetz  
Nicholas Koskey  
Ashley Kranda  
Alayna Krantz

Carly Kratcha  
Massah Kromah  
Victoria Krynski  
Andrew Kuhn  
Myla Kulink  
Ahmed Lafia  
Jackson Lahren  
Christina Lammers

Kayla Lancor  
Gregory Larson  
Mitchell Lattimore  
Karlee Laubach  
Tanner Lauth  
Jordan Laybourn  
Eva Lee  
Katie Lee

Trina LeGrand  
Christopher Lehfeldt  
Caitlin Leick  
Arriel LeMier  
Alyssa Lind  
Lance Littke  
Tanner Logan  
Sheila Loomis

Tia Lopez  
Peter Lund  
Charlie Luong  
Robert Lytle  
Jordan Machart  
Shandi Mack  
Adin Mackovic  
Amanda Maddux

Philip Maenza III  
Saidali Mahad  
Paris Malaterre  
Cristina Martinez  
Delphine Martinez  
Michael Mathison  
Todd Mattson  
Austen McFarren

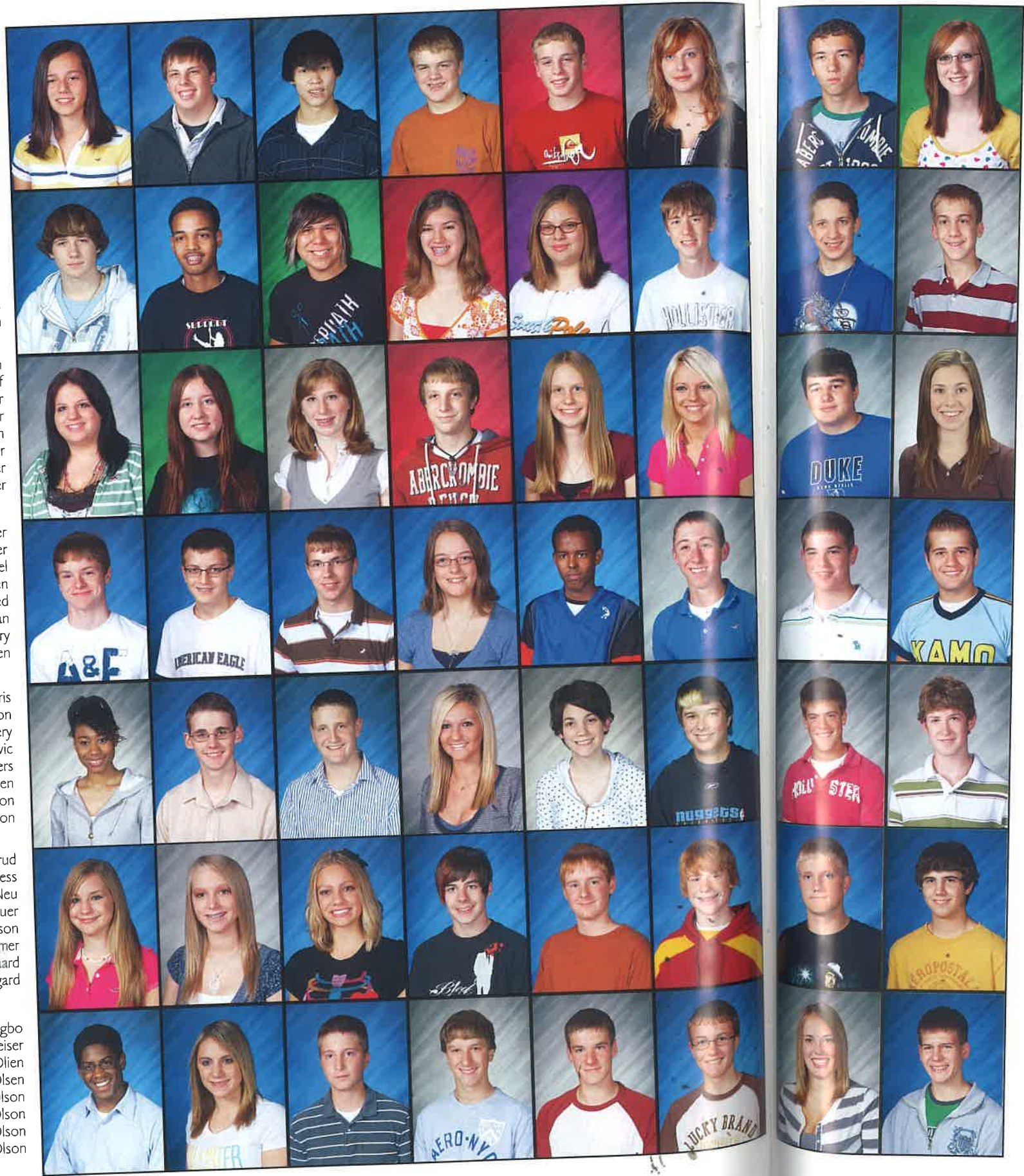
Cierra Meisch  
Megan Metcalf  
Danielle Meyer  
Isaac Meyer  
Laura Mikkelsen  
Ciara Miller  
Ian Miller  
Kayla Miller

Kenneth Miller  
Logan Miller  
Lucas Mitzel  
Shelby Moen  
Abdi Mohamed  
Philip Moltzan  
Ross Montgomery  
Jonathan Morken

Ashley Morris  
Keith Morrison  
Tristan Mowery  
Emira Muminovic  
Katie Myers  
Scott Nelsen  
Austin Nelson  
Jordan Nelson

Tiffany Nerud  
Chelsea Ness  
Austin Neu  
Karl Neugebauer  
Sam Nicholson  
Mitchell Nyhammer  
Ethan Odegaard  
Robert Odegard

Kene Okigbo  
Hillary Olheiser  
Ryan Olien  
Ryan Olsen  
Caley Olson  
Jared Olson  
Kayla Olson  
Michael Olson



# What is *your* ideal vacation?

(Entire sophomore class polled)

Camping	Tropical getaway
<b>33</b>	<b>118</b>
Theme parking	Historical site-seeing
<b>28</b>	<b>5</b>
Big city adventure	Skiing in the mountains
<b>8</b>	<b>16</b>
Traveling overseas	Down-home farming
<b>22</b>	<b>8</b>



**Left** Oh, I get it... While asking the teacher a question, sophomore Majara Sastur piques through her English teacher in her ELL class. (Photo by Carson Jensen/Staff) **Above** Tell me about it... Sophomore Kayla Kimlow sits and talks to junior Megan Brennan during a weekend at the Canyon de la Langua Village. (Photo by Anna Jones)

# Top 10 hot beverages in winter

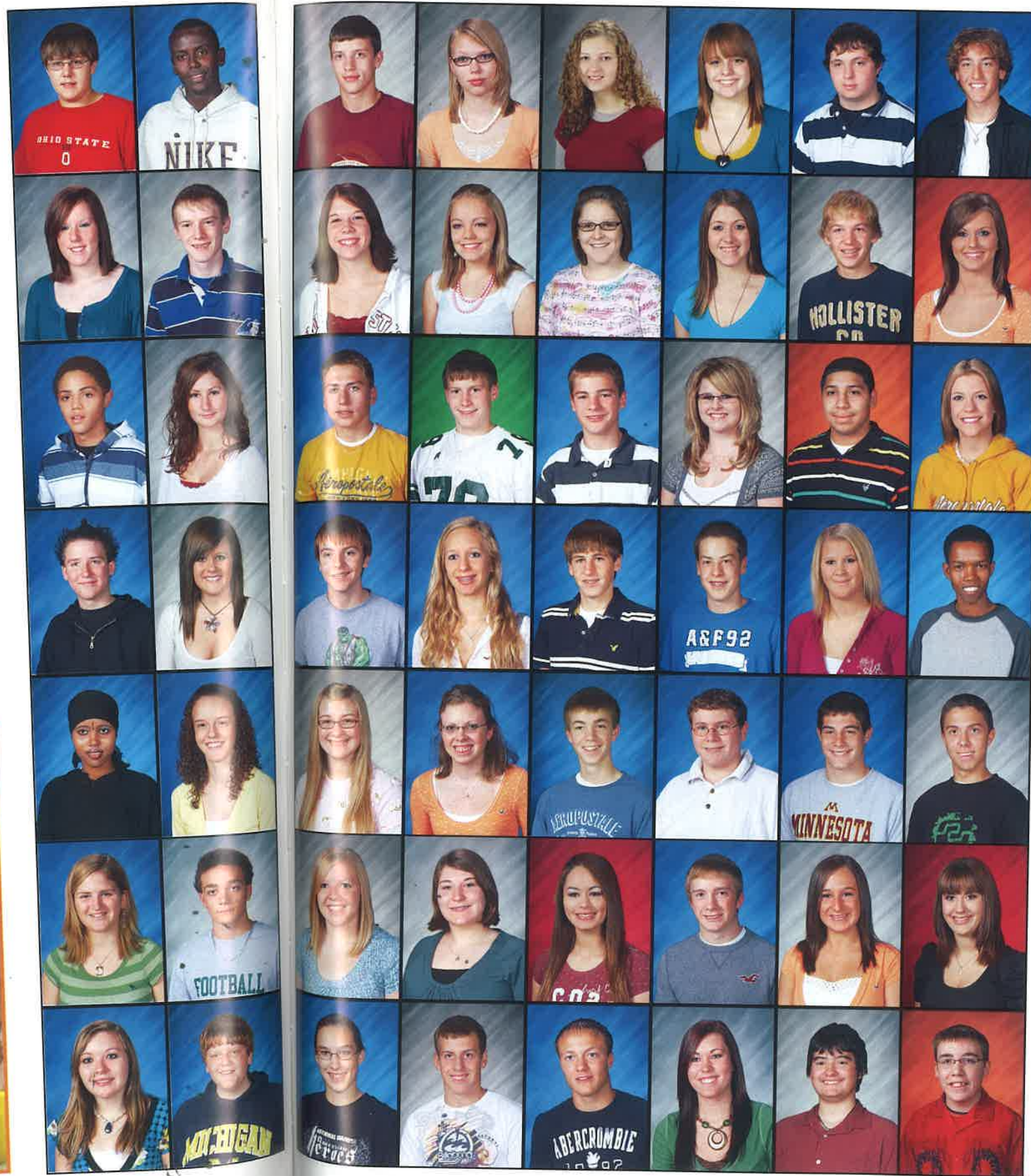
(Entire sophomore class polled)



10. Macchiato
9. Mocha
8. Flavored Coffee
7. Chai Tea
6. Latte
5. Tea
4. Hot Apple Cider
3. Cappuccino
2. Coffee
1. Hot Chocolate



Above: Gather around... Sophomores Sarah Beyer, Ashley Ridder, Kelsey Thoreson and Beth Beyer flip through the yearbook at distribution night. (Photo by Abby Paul) Right: A match full... Sophomores James Sweene and Alyssa Wesbeck laugh as English teacher Aaron Knodle goes for the whole bowl of pudding after winning the gummy worm competition at the fall pep rally. (Photo by Abby Paul)



Duane O'Marro Jr  
Yusuf Osman  
Jeffrey Ostlund  
Jessica Otto  
Alice Paulson  
Elizabeth Pelton  
Alexander Perala  
Darac Peters

Katelyn Peterson  
Paul Pilch  
Cassandra Pillen  
Brittany Prentice  
Samantha Pyle  
Kara Ramsey  
Nicholas Randall  
Sara Raugutt

Raymond Reeves  
Zenala Reidhammer  
Taran Reiersen  
Luke Rheau  
Patrick Richard  
Ashley Ridder  
Adrian Rodriguez  
Dakotah Rohrich

Kyle Rolie  
Krysta Ronning  
Anthony Ross  
Katherine Roth  
Scott Salter  
Derek Sand  
Jordan Sanders  
Abdikadir Santur

Malyun Santur  
Megan Sather  
Andrea Sattler  
Taylor Sauvageau  
Ryne Schaeffer  
Cody Schill  
Scott Schiller  
Kolby Schmidt

Nicole Schmidt  
Demonic Schmit  
Meghan Schreier  
Laurel Schuessler  
MaTaylie Schweitzer  
Ryan Seamands  
Natasha Sellheim  
Stephanie Shagena

Angela Sharp  
Erik Sheehan  
Ashley Shipley  
Gage Shoman  
Kyle Shoman  
Casandra Shorma  
Blaze Sigmund  
Cody Sinclair

Sayla Siraj  
Garret Sjue  
Justine Skaug  
Peter Slabik  
Cody Smith  
Paige Smith  
Jonathan Snead  
Jennifer Snyder



Ethan Sorenson  
Jessica Soucy  
Matthew Spadafore  
Brittany Spletstaszer  
David Staples  
Stacy Stavedahl  
Sasha Steichen  
Jared Steinberger



Danielle Strahm  
Matthew Strahm  
Whitney Streifel  
Nicholas Strom  
Jack Stromberg  
Zachary Stromsodt  
Patrick Stuber  
Eric Sturdivant



Courtney Summers  
John Sund  
Solveig Swanson  
James Sweere  
Jared Sykora  
Elvis Tahirovic  
Jeremy Thompson  
Kelsey Thoreson



Zachary Thornton  
Alec Tibbals  
Vanessa Torvik  
Joseph Trelstad  
Guadalupe Trevino III  
Nathan Trosen  
Laura Tuinstra  
Brandon Tveito



Hope Twitero  
Spencer Uetz  
Tiffany Utke  
Meagan Vaagen  
Melissa Vancleve  
Peyton Vane  
Andrew Vedquam  
David Vetter

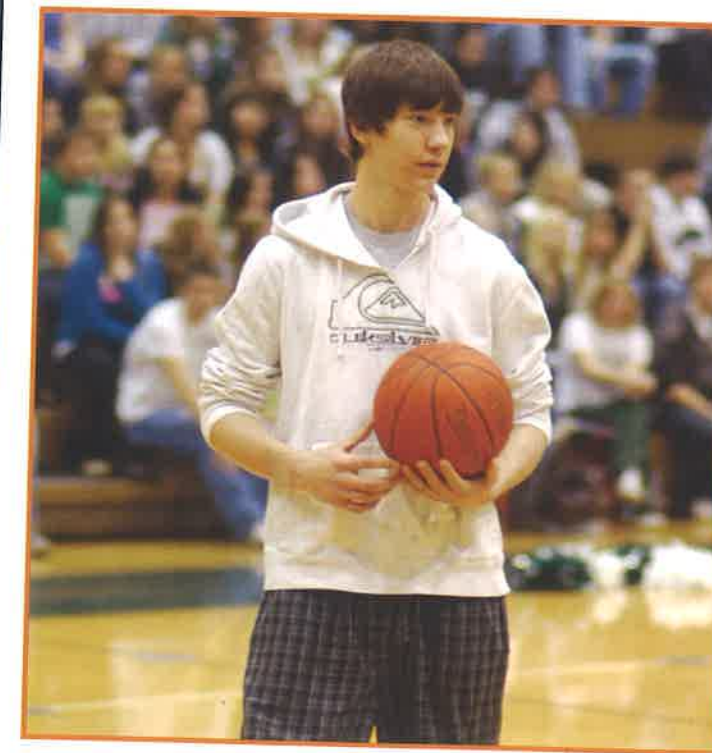
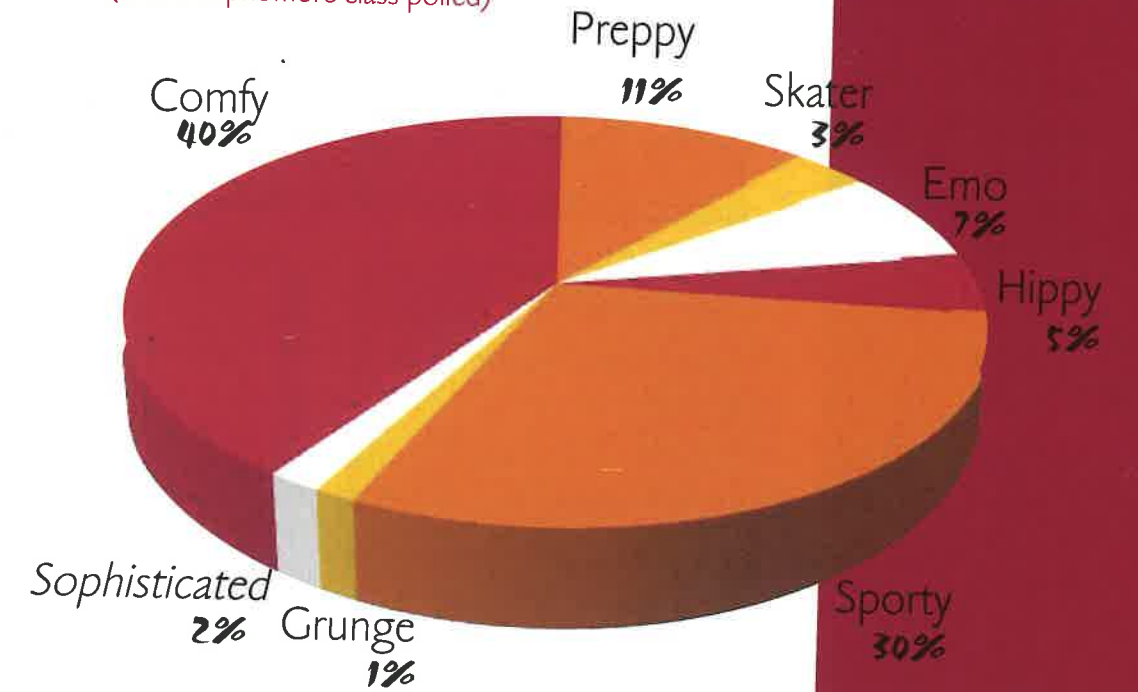


Justin Videen  
Christopher Vigen  
Sarah Vigstol  
Courtney Voeller  
Kaleigh Von Bank  
Katerina Voronova  
Tayla Wagenman  
Dylan Walton



# What is your clothing style?

(Entire sophomore class polled)



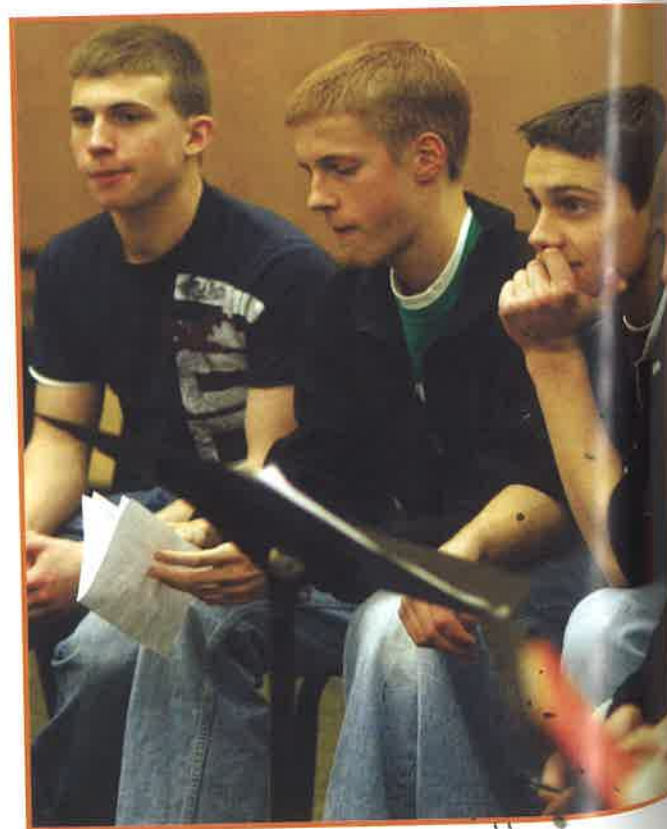
**Above** Day of painting... Sophomore Tiffany Nord paints her mask for Day of the Dead in Spanish class. (Photo by Genna Hernandez) **Left** Slam dunk... Sophomore Nathan Borchardt gets ready to shoot a basket for the free throw competition at the winter pep rally. (Photo by Whitney Adams)

# What do *you* think about block scheduling?

- "It scares me. I don't think my attention span will last that long!"  
-Chelsey Fenske
- "Go listen to 'It's all over now, Baby Blue,' by Bob Dylan for my opinion."  
-Oscar DeLeon
- "I do not want block scheduling. I wouldn't be able to take some of my favorite classes for an entire semester."  
-Thane Hillig
- "I would like to have it because it would help people like me catch up on credits."  
-Katie Myers



**Right** I hope this works... Sophomores Levi Bachmeier, Daniel Hoy and Jacob Kiefer listen to others' comments during a Student Council meeting as they discuss their trial day of the block schedule at the Sheyenne 9th Grade Center. (Photo by Abby Paul)



Anna Wang  
Aaron Watne  
Timothy Weber  
Jacob Weible  
Alyssa Weisbeck  
Katie Wendt  
Sean Wenger

Alexia Werner  
John Westrick  
Tody Wilson  
Jesse Woeller  
Tiffanie Wold  
Shannon Wright  
Brooke Yochim

## Not Pictured

- |                      |                      |                      |
|----------------------|----------------------|----------------------|
| Ty Adams             | Brandon Gibson       | Jacob Melville       |
| Jordan Austermilller | Trevor Gilleshammer  | Devon Murray         |
| Eli Baana            | Ashley Gonzalez      | Kayla Nefzger        |
| John Baumgartner     | Tiana Goulet         | Ashton Nelson        |
| Jared Bergeron       | Kenneth Griesbach II | Duane O' Marro Jr    |
| Andrew Braaten       | Nathan Gross         | Viet Phung           |
| Austin Canode        | Hayley Haberer       | Robin Roush          |
| Kevin Chruscielski   | Elizabeth Heim       | Danielle Schiefert   |
| Saidu Conteh         | Tanner Hoffart       | Cassandra Schmitcke  |
| Shanae Cote          | Emily Holland        | Samantha Schulz      |
| Grant Cummings       | Coty Irwin           | Garret Sjue          |
| Ryan Dahl            | Christopher Jones    | Adam Storbakken      |
| Tyler Delorme        | Aaron Krueger        | Jessica Thomas       |
| Jordan Denis         | Justyn Larson        | Ty Tollefson         |
| Amy Doll             | Jasper Leotta        | Kaitlyn Watkins      |
| Nicholas Fradet      | Zackary Martens      | Christopher Williams |
| Jason Gapp           | Jacob Mathias        |                      |
| Vanita Gentry        | Ricky McGrady        |                      |



**Left** We need more intensity... Playing in a charity basketball game for Dorinda Anderson's surgery, senior Rodolfo Astran and sophomore Corbin Gray, listen to their coach, senior Tyler Lund, as he gives them the game plan. (Photo by Nathan Kuik) **Above** Too hot or too cold... During a Foods For Today candy lab, sophomore Courtney Summers checks the temperature of her groups mixture. (Photo by Abby Paul)

# Across town

## Students at Sheyenne Center feel separated

Story by Abby Paul

A group of freshmen laugh as they sit in the back of the bus excited to start their first day of high school. The students see the high school out the windows, but instead of stopping, the bus continues 13 more minutes to the Sheyenne Ninth Grade Center.

The freshman class is called "guinea pigs" once again; they are the first class to experience a new school all to themselves. They were also the first class to experience sixth grade in Cheney Middle School three years ago and one of the first to try out block scheduling.

Some students enjoy the new school and do not mind the separation. They see the school as a better learning environment.

"You learn more with not having arguments," freshman Dejlana Hodzic said. "It seems there is more learning and opportunities because it is not so crowded and packed."

Besides attending a building far away from the high school with only their class, students are not included in most high school events such as pep rallies and dances. Ninth graders do not enjoy missing these events.

"We don't get to do anything here," freshman Keerie Anne Bruce said. "The best thing we got was the dodgeball tournament, and that was lame."

Also, many clubs and sports teams still include freshmen, but students miss out on opportunities they would have received if they were not far away. Student Council allows students to meet together occasionally with high school members during opportunity hour at the Sheyenne Center, but ninth grade members do not receive as many benefits as those at the high school.

"[Student Council being separated] is okay, but since we didn't get the budget because we are not at the high school, it is hard to do things," student council member freshman Kyle Roberts said.

Most students enjoy the Sheyenne Ninth Grade Center, but wish they were not excluded from the high school.

"I wouldn't change anything," Roberts said. "It's running really well, just not be separated."

Watching the Sheyenne Center fade into the distance out the bus window, students are filled with mixed feelings about attending a new school away from the high school.

# Freshmen

## Starting

# OVER

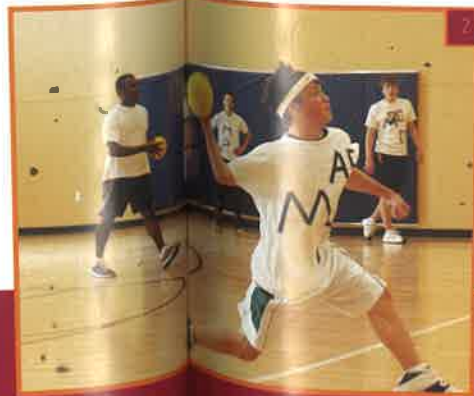
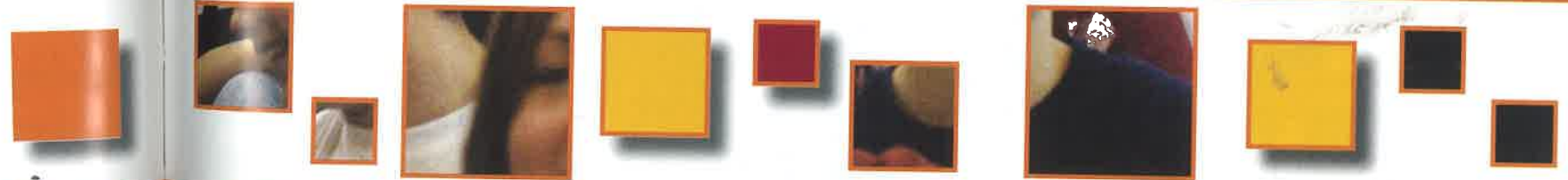
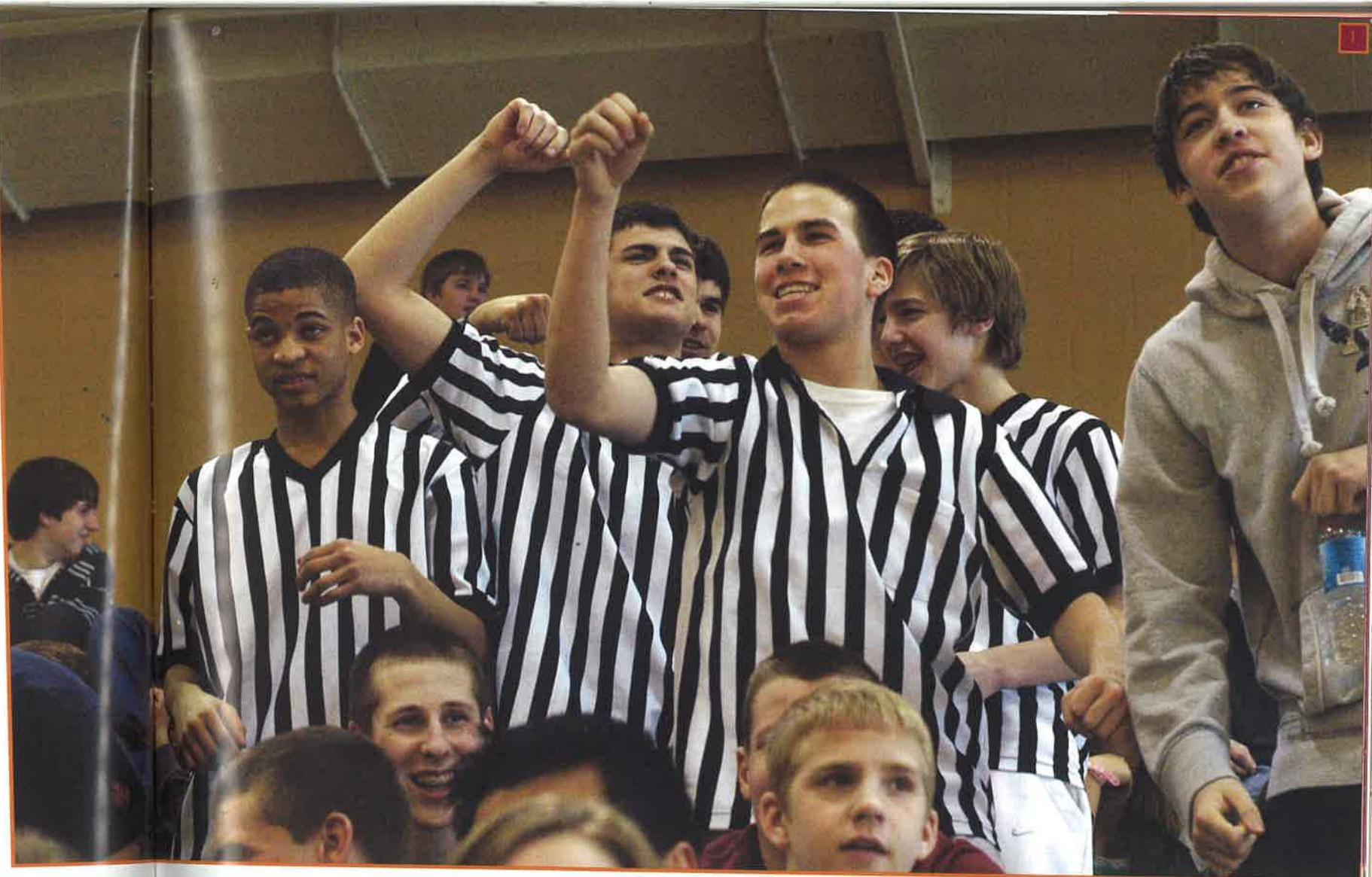


Photo 1 Lean to the left... Team Zolton (Michael Ford, Cory Koskey, Brady Schwartz, and Tanner Dahl) and Jacob Hanson cheer during the semi-final game in the Dodgeball Tournament in February. "It was really fun. It was good to see people work together as a team. It was a good experience," Ford said. (Photo by Abby Paul) Photo 2 Heads up... Austin Horsager, a member of the "Mixed Delight," reels back to launch a ball during the Dodgeball tournament at Sheyenne in February. (Photo by Abby Paul)

Photo 3 Don't we look cute... Freshman Dylan Honeyman and Donald Halverson take a picture all geared up in front of one of the many machines. (Photo by Alyssa Jones) Photo 4 Entertaining the crowd... At the fall "Fill The Dome" food drive pep rally, freshmen Emma Grant and Connor Elleguard get fed by blindfolded freshmen Michaela Pytlík and Cory Koskey. (Photo by Samantha Gehrig)

Senad Abaza  
Abdirahman Abdullahi  
Zane Abshire  
Courtney Adams  
Mona Ahmed  
David Albrecht  
Jonathan Alm  
Julian Andersen



Katherine Anderson  
Samantha Anderson  
Sarah Annett  
Sarah Arnold  
Katie Arrieta  
Talia Baglo  
Kyle Bailey  
Benjamin Ballweber



Jacob Bauer  
Benjamin Becher  
Carissa Becher  
Christopher Beck  
Nicole Benson  
Miranda Bercier  
Alixandria Berg  
Andy Best



Kaytlyn Beyer  
Jamie Beyers  
Katie Birrenkott  
Taylor Birrenkott  
Vincent Bjorem  
Joseph Bjornson  
Chandler Boehm  
Samantha Bogardus



Sara Bogardus  
Cora Bollinger  
Bethany Booth  
Brittany Boyer  
Brianna Brager  
Jordan Brahmmer-Cardiel  
Lucas Brand  
Dacotah Brandt



Heather Brasel  
Zachary Brokmeier  
Megan Broton  
Heather Brown  
Jesse Brown  
KeerieAnne Bruce  
Samantha Briesch  
Nicole Bruse



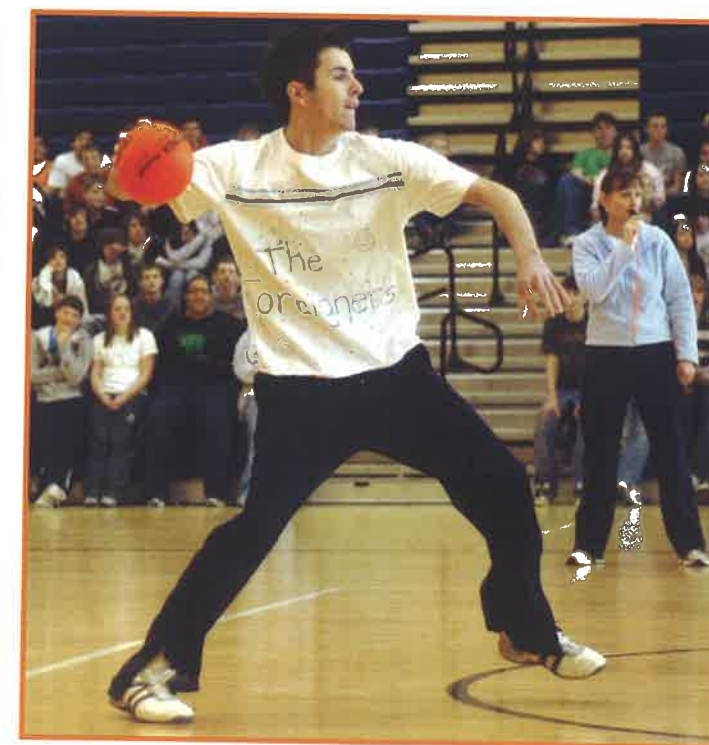
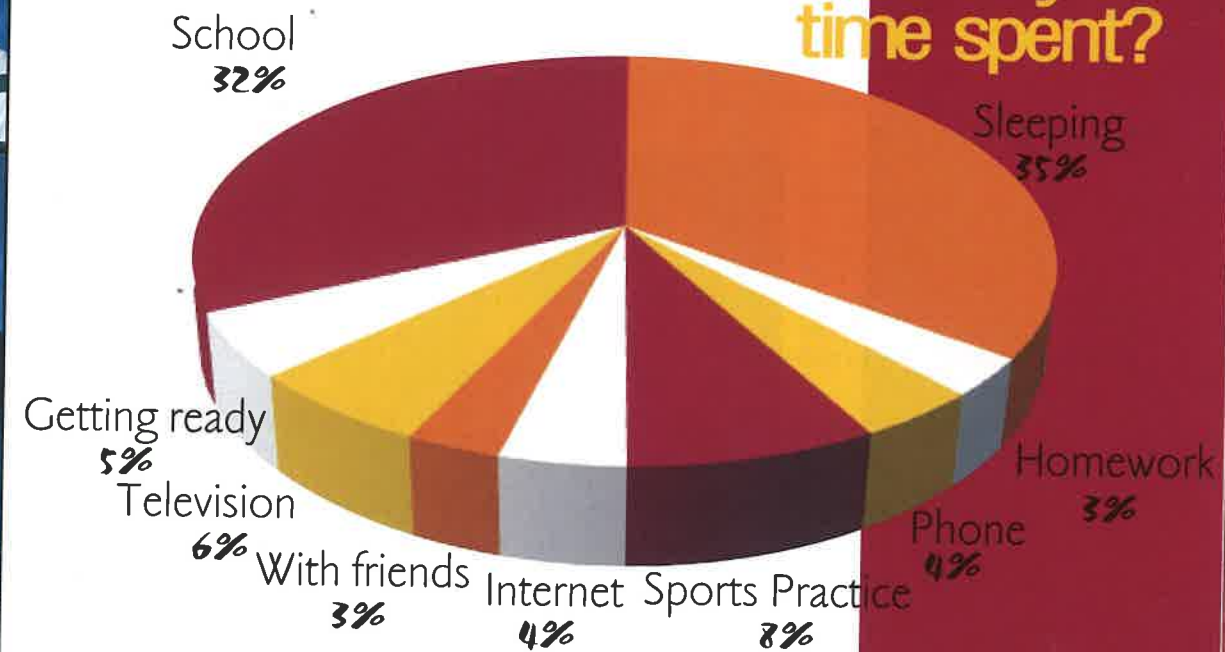
Sarah Bruun  
Britny Bucholz  
Amina Budalica  
Steven Burdick  
Eric Burmeister  
Tyler Busche  
Chelsey Buth  
Devin Bykonen



# OVER Occupied

(Entire freshman class polled)

How is your time spent?



Above: Walk it out... Freshmen Alicia Schroeder and Alyssa Scott walk around the halls dressed as old ladies for one of the school's dress-up days. (Photo by Abby Paul) Left: Watch out... Freshman Fioni Lusha throws the dodgeball during the tournament at the Steyenne Ninth Grade Center. (Photo by Samantha Gilling)

# What kind of music would your **dream** band play?

(Entire freshman class polled)

163 Rock

48 Rap

14 Country

Classical 11

Metal 9

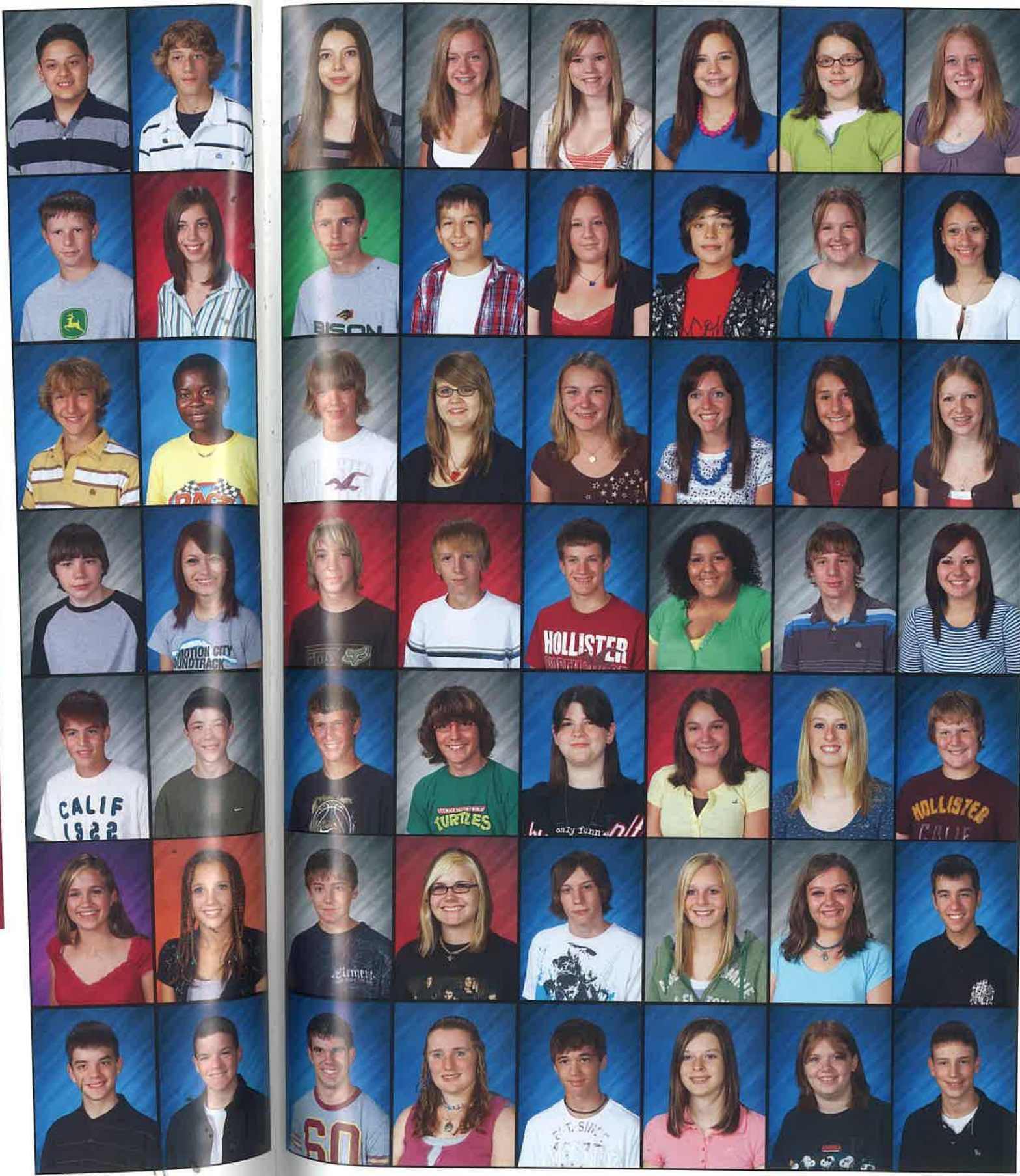
Pop 7

Hard Rock 6

Hip Hop 5



Above: Freshman Signe Swanson, dressed up for Wacky Wednesday, waits for the teachers to begin the lecture. (Photo by Whitney Adams)



Nicholas Cajobe  
Wyatt Cameron  
Alexandra Carthew  
Devon Cavic  
Carly Cheney  
Megan Christensen  
Alicia Clark  
Amy Clark

Matthew Clark  
Ashlee Cline  
Justin Conrad  
Joaquin Contreras  
Caitlin Correa  
Michael Cota  
Erica Cox  
DeAwna Cross

Curtis Crowe  
Bizimanayudita Cubwapascal  
Tanner Dahl  
Taylor Dahl  
Alissa Dahlin  
Kelsey Daul  
Katelynn Dauwen  
Mary DeJong

Matthew Delaney  
Ashley DeLeon  
Adam Dobler  
Brady Dohman  
Bret Dolan  
Kelsey Drayton  
Cody Drees  
Kelli DuBord

Dakota Duncan  
Jonathon DuShane  
Jason Dvorak  
Matthew Eckelberg  
Michelle Edwards  
Samantha Eidenschink  
Nicole Eisenzimmer  
Connor Ellegard

Courtney Ellenson  
Natasha Engebretson  
Nathan Engen  
Francie Erdmann  
Justin Erickson  
Morgan Erickson  
Sadie Falk  
Luke Faltersack

Sawyer Faltersack  
Taylor Faltersack  
Chase Farkas  
Emily Feist  
Jacob Ferguson  
Torey Fisher  
Brianna Fitzpatrick  
Tyler Flaagan

Nicholas Fladland  
Grace Folden  
Alex Fontaine  
Tanner Fontaine  
Elaina Fontes  
Michael Ford  
Jackson Forsey  
Cole Forthun



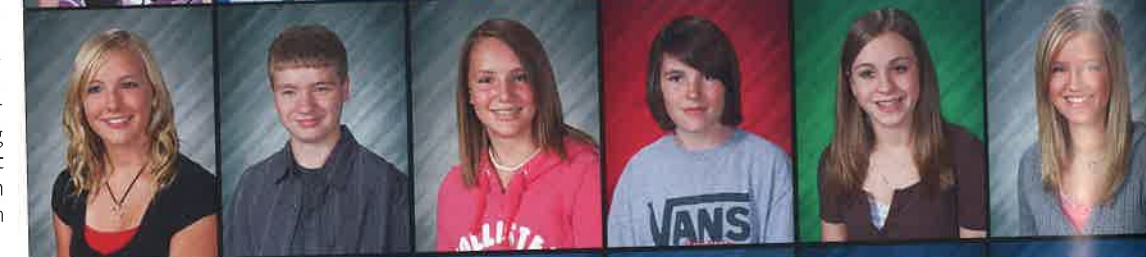
Samantha Foss  
Taylor Foss  
Forrest Fretheim  
Christopher Fuka  
Linda Fuller  
Tarley Gaye  
Michael Gibbons  
Kyle Gietzen



Susan Glanzer  
Jordan Gleason  
Sarah Goldstein  
Sasha Golliet  
Shannan Gorden  
Melvin Gowah  
Emma Grant  
Alexis Greer



Elizabeth Grefsrud  
Isaac Gregoire  
Callie Grotjohn  
Cory Gummeringer  
Samantha Gunning  
Mary Gust  
Jill Gustafson  
Samantha Hagensen



Melissa Halda  
Donald Halverson  
Richard Hamner  
Justin Hanenberg  
Meghan Hanna  
Eric Hannestad  
Jacob Hanson  
Joshua Hanson



Skylar Hanson  
Brittany Harms  
Kalen Harsch  
Marcy Harsch  
Jessica Hasse  
Anna Haugen  
Michael Hawley  
Cody Hayes



Kyera Heit Coghill  
Tanner Hennen  
Chelsea Hermanson  
Jacob Hermanson  
Ethan Hettwer  
Robert Hicks II  
Darian Hiemer  
Shane Hillen



# Which TV show would you star in?

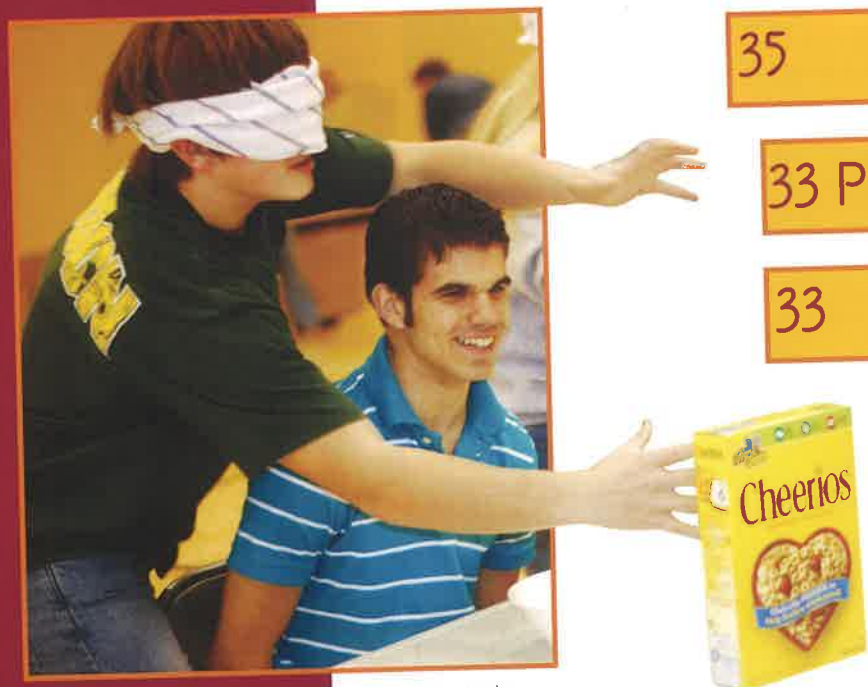
- “‘Deal or No Deal’ because I want to do the pound it with Howie Mandel.”  
-Katelynn Dauwen
- “‘Spongebob’ because you can breathe underwater and talk with the animals.”  
-Chelsey Buth
- “‘WWE RAW’ because I want to get beat up by wrestlers.”  
-Kristopher Young
- “‘Cops’ because I want to be a criminal.”  
-Nick Meske



Left Gather around... Freshmen Amy Tran, Megan Rud and Wenzhu Sun sign up for the Key Club meeting. (Photo by Alyssa Jones) Above Easy now... Freshman Ethan Hettwer asks directions on how to use the machine at the career expo at the Fargodome. (Photo by Alyssa Jones)

# What was your favorite recess game?

(Entire freshman class polled)



Ready, set, eat... During a freshmen pep rally, freshman Jordan Rasmussen digs into the Cheerios as freshman Chase Farkas watches in anticipation. (Photo by Abby Jones)



Paige Hillig  
Samantha Hintz  
Dejlana Hodzic  
Fahrudin Hodzic  
Andrew Hoeger  
Samantha Hofmann  
Cameron Holland  
Katelyn Holland

Dylan Honeyman  
Austin Horsager  
Krista Horton-Mammenga  
Allison Houkom  
Brandon Huelsbeck  
Hillary Hugelen  
Nicole Hunsicker  
Ashley Hval

Abbey Immer  
Marty Ista  
Kaitlyn Jacobsen  
Nathan Jahnke  
Colin James  
Avery Jensen  
Brady Johnson  
Jade Johnson

Jeremy Johnson  
Kacie Johnson  
Lukas Johnson  
Malaysia Johnson  
Natasha Johnson  
Koda Jordet  
Kelsey Kalstad  
Drew Kanarr

Danielle Kartes  
Betsy Kastet  
Briana Keller  
Latasha Keller  
Tyler Kennedy  
Skylar Kern  
Anthony Kesler  
Deqa Khalif

Elizabeth Kimble  
Jacob Kinsella  
Kevin Klaers  
Michael Knutson  
Riley Koehnen  
Michael Koenig  
Jessica Kolb  
Elizabeth Kossan

Friday Kpeenu  
Christopher Krick  
Heather Krsnak  
Alex Kuchta  
Thomas Kuehn  
Shelby Ladwig  
Adis Lalic  
Brodie Larson

Casey Larson  
Nicholas Larson  
Justine Laughlin  
Danielle Lee  
Brandon Leier  
Drew Lemke  
Nicholas Leopold  
Levi Lepird

Shelby Lewis  
Victoria Lietz  
Labinot Lika  
Amanda Lindblad  
Tanner Lindsay  
Heather Link  
Thomas Lipp  
Renae Lisk

John Paul Litzinger  
Kaylee Lothspeich  
Faith Lucia  
Ruoy Lulut  
Fitim Luzha  
Kasey Lynn  
Barbara-Ann Lytle  
Dhurim Mani

Derrick Manock  
Heather Manske  
Brienne Marthe  
Brittany Masset  
Amy Matzke  
Levi Mayo  
Donavin McKinney  
Gage McQuade

Jared Mears  
Kayla Meehan  
Nicholas Meske  
Jacob Metcalf  
Kelly Mews  
Taylor Michels  
Jacob Mitzel  
Tanner Moerke

Christian Mohan  
Steven Moroz  
Monica Morris  
Kalvin Morrison  
Joseline Muhoza  
Alexandra Mullen  
Andrea Muller  
Dustin Munyer

Adam Murray  
Dana Murray  
Nermina Music  
Zachary Neer  
Connor Nefzger  
Kathryn Nekola  
Brooke Nelson  
Danielle Nelson



# What is your favorite school lunch?

(Entire freshman class polled)

Chicken Nuggets  
**69**

Ham & Cheese  
**11**

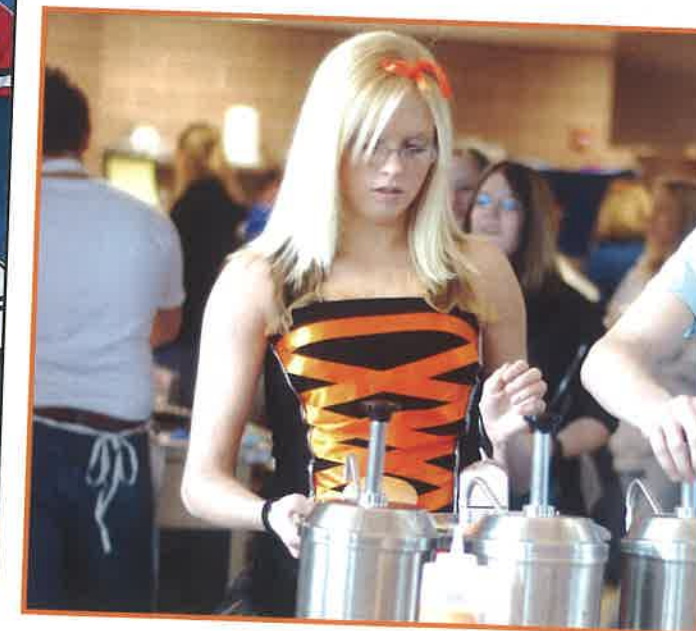
Pizza Corner Pizza  
**69**

Chicken Chilli Crisпитos  
**60**

Roast Beef & Swiss  
**3**

BBQ Pulled Pork  
**11**

Tacos  
**40**



Left: Witchy woman... Freshman Brooks Pedersen, dressed up for spirit week, puts ketchup on her tray during lunch. (Photo by Victoria Meehan) Above: Playing hard... Freshmen Francisco Valenzuela, Joshua Dauner, Nicholas Cajon and Eddie White play their trumpets during band practice. (Photo by Abby Paul)

# What do *you* think of student led conferences?

- “I don’t like them because your parents don’t get the real opinion of the child from the teacher.”  
-Michaela Pytlík
- “They’re good. They give you more opportunity to be one on one with your teacher.”  
-Jennifer Parsons
- “I don’t like it. It’s pressure I don’t need.”  
-Kyle Soholt
- “They are really good. You get a chance to explain to parents why you are doing good or bad.”  
-Zane Abshire



Above: We win... Rejoicing their win, freshmen Tom Kochm, Jacob Krolla and Kyle Roberts raise their arms in happiness. (Photo by Samantha Kelling) Right: Wow! This is amazing... Freshman Elaina Fontes shows her excitement when she gets to use the machinery at the career expo. (Photo by Maria Jozak)



Sarah Nelson  
Shannon Nelson  
Taylor Nerby  
Mark Neugebauer  
Courtney Neuleib  
Chelsea Nielson  
Brandee Nordhagen  
Marissa Norheim

Allan Ntaate  
Caitlyn Obregon  
Hunter Odenbach  
Skylar Okke  
Kristian Olsen  
Reed Olson  
Delyce Oney  
Shalyce Oney

Sebastian Opgrand  
Javier Ortiz Jr  
Troy Osmanski  
Sabina Osmic  
Samantha Owens  
Logan Palmer  
Jacob Panek  
Samantha Parker

Tanner Parr  
Jacob Parrow  
Jennifer Parsons  
Elizabeth Paul  
Wayne Paulson  
Brittany Paulus  
Hope Pearson  
Courtney Pederson

Seth Pegg  
Kathryn Petersen  
Nicole Petersen  
Nathaniel Peterson  
John Pfeifer  
Jonathan Pistorius  
Matthew Pitzer  
Katherine Potter

Katelynn Power  
Alyssa Pribula  
Michaela Pytlík  
Dylan Quern  
Taylor Quinn  
Stephanie Raguse  
Jordan Rasmussen  
Channon Rauggt

Cherae Reeves  
Michael Reiner  
Dylan Reis  
Amanda Reiter  
Jordan Reznecheck  
Grant Ringdahl  
Kevin Roberts  
Kyle Roberts

# Top 10 Dress Up Days

(Entire freshman class polled)

10. Sport Day
9. Wacky Hair Day
8. Sweatpants Day
7. Pajama Day
6. Tie Dye
5. Halloween
4. Senior Citizen Day
3. Wacky Wednesday
2. Hat Day
1. Packer Pride



Above Reading with passion... Freshman Renee Link reads her new book while dressed up for school spirit week. (Photo by Samantha Gomez) Left Armed with a cane... Freshman Connor Wright pulls out his cane after school on Senior Citizen Day, scaring freshman Caitlin Correll. (Photo by Abby Hall)



Laykin Rohrich  
Alicia Rokusek  
Jesse Rolle  
Ellen Rossow  
Megan Rotert  
Megan Rud  
Matthew Ruff  
Cheyenne Rust

Brody Rustad  
Taylor Saari  
Cydney Sabin  
Bishar Salah  
Kyle Sample  
Danielle Schaefer  
Kelsey Schaefer  
Jasmine Schafer

Brianna Schell  
Nathaniel Schendel  
Tyler Schlenvogt  
Tailer Schlichting  
Braden Schmid  
Justin Schock  
Michelle Schoenack  
Alicia Schroeder

Michaela Schuler  
Colton Schulz  
Jennifer Schulz  
Brady Schwartz  
Alyssa Scott  
Erica Semmens  
Sierra Senger  
Jessica Sharp

Chemiat Simiyu  
Emmanuel Sinzinkajo  
Victor Sjoblom  
Alex Sjothun  
Paige Slater  
Branden Smith  
Cassandra Smith  
Kaitlin Snead

Jordan Soberg  
Timothy Sola  
Adam Solum  
Melanie Sopp  
Cassandra Sorlien  
Cody Sorlien  
Victor Soro  
Jacob Sorum

Paul Sorvik  
Stephan Speck  
Michael Spieker  
Riley Spiker  
Jaime Springer  
Katlyn Springer  
Miranda Sprung  
Nathan Stanczyk

# What do *you* think of the **weight** room?

- “It’s too small and there isn’t enough room to do things you want.”  
-Danielle Kartes
- “I think it helps people stay in shape and helps condition the people in sports.”  
-Cora Bollinger
- “I think it needs a better variety of stuff to do.”  
-Shelby Ladwig
- “I think there is a lot of good equipment in there, and it’s a place I would go work out.”  
-Alyssa Pribula



Above: Push it... Freshman Troy Osman struggles to lift the weight while performing the bench press in gym class. (Photo by Whitney Adams)



Right: Almost there... Freshman Kevin Klars exhibits the strain involved with lifting during gym class. (Photo by Adam Paul)


## Not Pictured

- |                     |                   |                      |
|---------------------|-------------------|----------------------|
| Abdiqani Abdulkarim | Jason Dickerson   | Lam Nguyen           |
| Zhyar Abdulla       | Dillon Dullea     | Jobert Olgiermes Jr. |
| Anisa Abdulle       | Mathew Emerson    | Jatara Parks         |
| Joshua Beaulieu     | Timothy Erickson  | Brandon Pederson     |
| Lydia Belcourt      | Lesley Gonzalez   | Tyler Pederson       |
| Brandi Bishop       | Chaz Hansen       | Brooke Pederson      |
| Tyler Bostwick      | Alexander Herzog  | Nicholas Pelber      |
| Tori Cargo          | Jade Hudson       | Ryan Remmien         |
| Shelby Cichy        | Jason KleinGusaas | Joseph Trautmann     |
| Amber Colombo       | Cory Koskey       | David Troxel         |
| Mandy Cote          | Dylan Lahren      | Shaniqua Tubbs       |
| Heidi Crist         | Karen Leyva       | Nicholas Walvatric   |
| Bo Dahl             | Nadir Mehmedovic  | Amanda Warnecke      |
| Joshua Dauner       | Alexandra Mullen  |                      |



Camera consultation... Newspaper photographers junior Molly English and senior Sara Kram critique one another's photos at the fall pep rally. (Photo by Emily Hartley)



# Organizations

# Striving to OVERACHIEVE



Photo 1 Fa la la la... Senior Deni Vegesaa, juniors Travis Bregier and Emma DeJong, senior Jacob Bechtold and freshman Robert Jacobs sing Christmas carols in the entryway to help put students in the Christmas spirit. "My favorite part about caroling with the Madrigals is the outfits we wore," DeJong said. (Photo by Abby Paul) Photo 2 Editors at work... Senior yearbook co-head editors Maggi Nicholls and Emily Hartley lend a hand to a customer while doing concessions at a basketball game. (Photo by Nathan Kuik)



Photo 3 Hold still... At the Storybook Breakfast, sophomore Jillian Bechtold concentrates while she paints a picture on one of the boys' face. (Photo by Tony Graves) Photo 4 Wrapping it up... Finishing off a bag of leaves, senior Jamie Green and Career Resource Specialist Diane Hahn near the end of their work during the Day of Caring. (Photo by Emily Hartley)





Front row: Adviser Lori Anderson, Sadie Kraft, Merema Ahmed, Abby Kiefer, adviser Karen Olson Second row: Mackenzie Schommer, Chelsea Peterson, Ellie Grooters, Madison Anderson, Ashley Reiter Third row: Alex Windjue, Daniel Hoy, Levi Bachmeier, Austin Keller Fourth row: Scott Schiller, Kyler Eid, Steven Hay Back row: Kirby Keller, Jacob Kiefer, Lex Lunde, Jason Moch

## Changing school atmosphere

### Student Council's improvements make school more exciting

Story by Miranda Mars

It's Wednesday morning, the bell rings for advisor and principal Gary Clark comes on the intercom introducing the three guys who brighten many students' days. Wonder Wednesday is something seniors Kyler Eid, Kirby Keller and Lex Lunde started last year, but it has become very popular this year. All three boys are active members of Student Council and have been all four years of high school.

Eid, Keller and Lunde find new quotes every week. After reading the inspirational quotes they give the meaning of them.

"We usually find quotes on the internet and then give our explanation of them," Lunde said. "But sometimes we hear good quotes throughout the week and use those instead."

Hearing a quote from a teacher is another way they find them.

"Lex was saying how something was impossible, I told him 'Just because it hasn't been done before doesn't mean it can't be.'" English teacher Aaron Knodel said. "He liked the quote and decided to use it the following week."

This is just one of the many encouraging quotes the

boys share with the student body on a weekly basis. "It adds a little motivation to every week, but I think most of the students just like a good laugh," Lunde said.

For many students hearing a humorous and motivational quote in the morning is just the encouragement they need to get through the week. "Getting up on Wednesday is hard," sophomore Alyssa Lind said. "You still have a half a week of school left. But hearing something funny and encouraging makes the week go by a little bit faster."

Wonder Wednesday is not the only improvement that the Student Council has made this year. They have also started music in the hallways and high-five Fridays.

"Walking through the halls on Fridays with the music makes the day go by a lot faster," junior Maggie Wilken said. "It makes school a little more bearable."

If it's the encouraging quotes, the music in the halls or high five Friday, Student Council is doing everything they can to make the school day as enjoyable as possible.

Photo 1 What a wonderful Wednesday... Seniors Kyler Eid, Kirby Keller and Lex Lunde discuss which quote they are going to share with the student body on Wonder Wednesday. "It feels great knowing most of the school is listening to us talk and taking in whatever motivational quote we give," Lunde said. (Photo by Jayme Neal) Photo 2 Building with boxes... Senior Alex Windjue spontaneously builds a tower out of boxes used by trick-or-treaters to collect items for the Fill the Dome project on Halloween. (Photo by Abby Paul) Photo 3 Enjoy the show... At the doors of the theater, juniors Haylee Swanson and Shayla Lund take money and give out programs for the talent show. (Photo by Abby Paul) Photo 4 A little break from school... Senior Alina Tyulyandina looks over some Anatomy notes while taking some time from school to donate blood, sponsored by Student Council. (Photo by Nathan Kuik)





**Photo 1** Be careful... Juniors Maggie Wilken and David Schmidt work together to cut a piece of plastic for Prom Committee. (Photo by Whitney Adams) **Photo 2** This is heavy... Junior Blake Selisker holds up a part of the fountain while the Prom Committee decorates the gym for Prom. (Photo by Jayme Noel) **Photo 3** Looks good from here... Junior Braeden Regner looks over his fellow Prom Committee members while they finish the work on the fountain. "We were worried about pleasing the seniors, but I felt good about the outcome," Regner said. (Photo by Whitney Adams)



**Front row:** Adviser Jessica Raile, Chelsea Peterson, Mackenzie Schommer, Lindsey Bishop, Melissa Schulz, Tina Soland, Desire Quesada **Second row:** Ashley Cole, Abby Hammes, Amber Tendeland, Meagan McDougall, Alexis Metz, Meghan Meyer, Krista Weiszhaar, Kailey Krause, Ashli Powell, Lindsay Morton, Hillary Ehlen **Third row:** Aryelle Jones, Kristina Yerisov, Shayla Lund, Haylee Swanson, Shawna Wienckowski **Fourth row:** Sarah Denne, Saraya Dahlen, Jessica Gust, Jay Cjestvang, Joshua Ockert, Kelsey Hoovestol **Fifth row:** Blake Selisker, Miranda Mars, Jessica Pierce, Alan Neer, David Schmidt **Back row:** Alyssa Hummel, Braeden Raegner, Jason Moch, Eric Driscoll



**Front Row:** Garrett Anderson, Travis Bregier, Zach Brokmeier, Taylor Birrenkott, Amy Walen, Leah Jensen, Brittany Haaland **Second Row:** Jackson Forsey, Emily Vrem, Robert Jacobs, Solveig Swanson, Abbey Immer, Connor Wright **Back Row:** Samuel Forsey, Adam Watts, Kimberly Braesch, Laurel Schussler, Lauren Ugelstad, Kyle Wohlman



**Photo 1** Almost there... Junior Emily Vrem tries to get sophomore Robert Jacobs' tongue to touch his elbow during the Cabaret and Improv show. "It's weird performing in front of all those people because there is no script to go off of, but we have fun and work off each other," Jacobs said. (Photo by Jayme Noel) **Photo 2** Ahhhhh... Junior Jorddan Kleindl, sophomore Solveig Swanson and sophomore Laura Freitag perform around a fake campfire during the Cabaret show. (Photo by Jayme Noel) **Photo 3** Just picture it... Junior Jorddan Kleindl plays the role of an abusive mother to senior Brittany Haaland during the Cabaret and Improv show. (Photo by Jayme Noel)





Front row: Garrett Anderson, Emily Schreier, Merema Ahmed, Alex Windjue, Emily Hartley, Emily Dahley, Kimberly Braesch, Carly Trowbridge, Abby Kiefer, Jessica Ballou, Amber Batsch, Amber Lund. Second row: Steven Strom, Peter Weber, Jason Walker, Philip Jahnke, Eric Falde, Andrew Merkel, Taylor Traugott, Ashli Powell, Makayla Gratz, Abby Paul. Third row: Megan McDougall, Hillary Ehlen, Tyler Celfire, Emma DeJong, Peter Hettwer, BreAnne Gregory, Joshua Mikkelsen, Lindsey Levin, Abbey Prudlick, Joshua Ockert, Brienne Anderson, Jay Gjestvan, Amanda Paulson, Tony Graves, Leah Miller, Sadie Kraft, Nicholas Becher, Shawnee Wangler. Fourth row: Andrea Crary, Ashley Cole, Kelsey Lundquist, Ashley Ryan, Megan Nelson, Megan Brennan, Heidi Morman, Ashley Reiter, Danielle Knodle, Deni Vigessa, Emily Vrem, Ashley Pokrzywinski, Abby Hammes, Hall Scholl, Samuel Forsay, Regina Doll, Eric Berzon, Jaden Fedora. Fifth row: Nels Lund, Claire Molzan, Cierra Holm, Emily Harris, Saraya Dahlen, Aiyelle Jones, Genia Wilson, Anyu Dai, Katherine Elderschink, Stevi Kinsella, Hannah Potter, Melissa Pyrik, Taylor Blskeway, Andrea Johnson, Eric Halverson, Beatrice Hill. Sixth row: Sam Cheney, Zachary Corrican, Nichole Wendt, Nicholas Nelson, Jessica Gust, Jill Utter, Jamie Green, Alina Tyulyandina, Andrew Morison, Justin Schumacher, Lane Nelson, Armand Foudjet Petzku. Seventh row: Andrea Johnson, Cody Mammengo, Damir Kolakovic, William Kuehn, Sadie Doggett, Erin Behrmann, Tyler Lund. Back row: Steven Hay, Justin Cronin, Kirby Keller, Amy Waler.



# Fill the Dome successful

## Largest food drive in Fargo's history

Story by Tania Peters

**R**ise and shine, it is 6 a.m. and the Fargodome is filled with more than 100 students waving at a "Good Morning America" camera. These students participated in the Fill the Dome project, a canned food drive where local schools tried to collect enough food to cover the floor of the Fargodome. Fill the Dome could be considered the largest food drive in Fargo's history.

"[It was a] huge success," senior Alex Windjue said. "It was amazing to see 48 schools in the Fargo-Moorhead area come together for one giant community service project."

West Fargo had more than 80 students from Student Council, National Honor Society and Junior Reserve Officers Training Corps volunteer at the event.

"We emptied boxes of food and put them in the schools' squares," senior Sadie Kraft said.

Each school had a specific area where they placed all the collected food. Oak Grove had the most food per capita and collected 10,000 pounds of food. However, West Fargo's area had a significant amount of food as well. West Fargo collected about 6,000 pounds of food.

"There was a lot of Ramen Noodles from West Fargo," senior Haylee Preabt said.

The event received national media attention as well. The morning show "Good Morning America" broadcasted live from the Fargodome, showing all the volunteers and canned foods collected. Rep. Earl Pomeroy made an appearance. Pomeroy spoke during a press conference about youth service and thanked the community for its involvement.

Teachers in the school even participated. Government teacher Paul Tefft offered extra credit to the class that brought the most food. Math teacher Donald Burnham agreed to shave his beard if the students could fill 75 boxes with food, and the kitchen staff offered a free cookie coupon in exchange for three cans of food.

Overall, the students enjoyed volunteering at the drive.

"I felt like I was contributing to a worthy cause by helping the hungry," senior Nicholas Becher said.

By 1p.m., the event was over and students left the Fargodome with the satisfaction of knowing they helped make a difference in the community.



Photo 1 Santa's little helpers... Juniors Heidi Morman and Megan Brennan help students at South Elementary wrap gifts for their families. (Photo by Abby Paul) Photo 2 This one next... Senior NHS member Justin Schumacher excitedly helps students unfill the Dome by putting all the food collected back into the boxes. "It felt great that I could be a part of something this big that was put together to help so many people in the area," Schumacher said. (Photo by Tony Graves) Photo 3 Pretty painting... As she helps with crafts at the park's Winter Days, senior Tory Graves watches a student as she dabs her brush into the paint. (Photo by Abby Paul) Photo 4 Can someone give me a bag... During the National Honor Society's Rake 'n' Run, junior Garrett Anderson makes the pile of leaves bigger while raking up a yard. (Photo by Tony Graves)



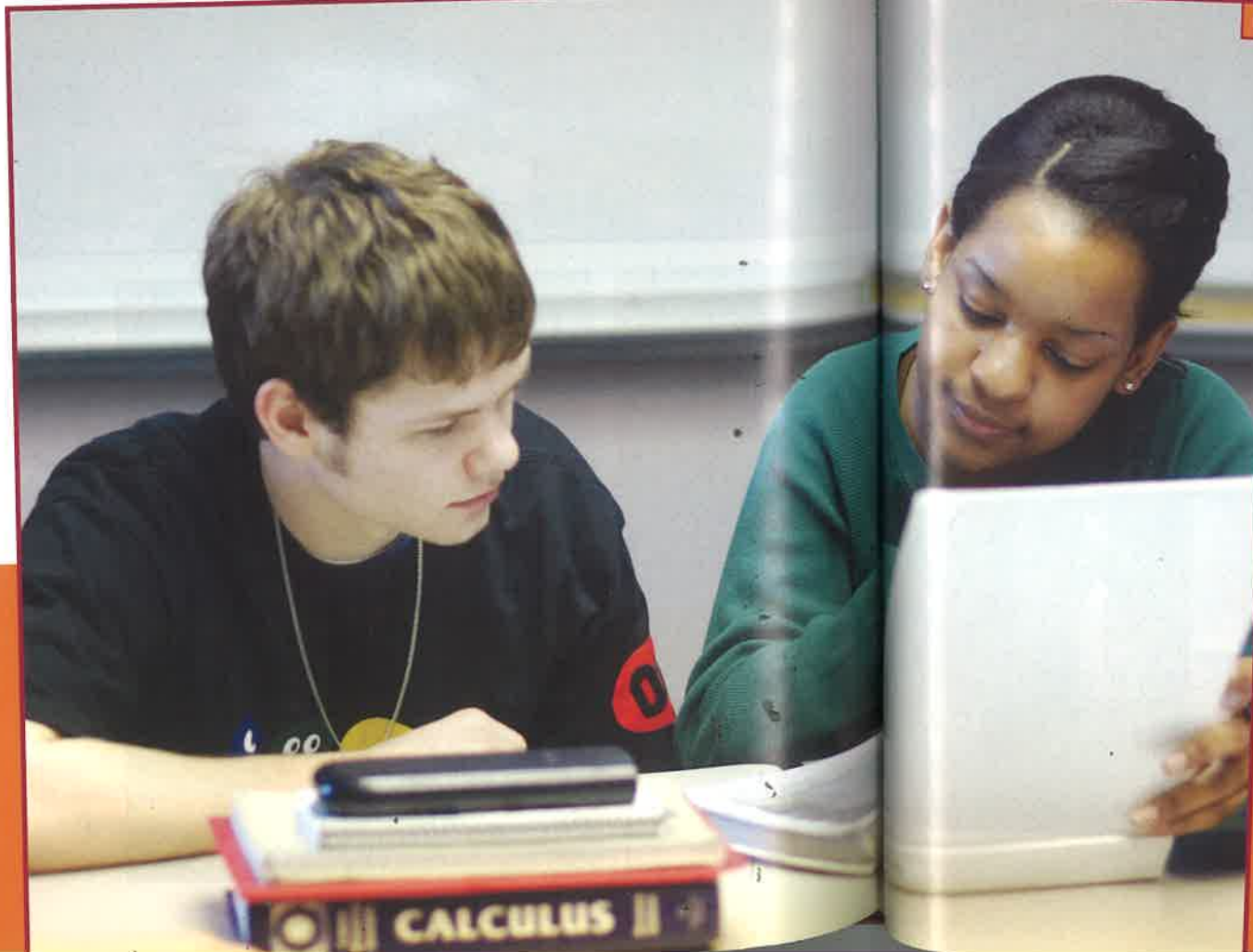
**Photo 1** Behind the desk... Junior Lindsey Levin listens intently to news reporter Alison Kluck as she explains which camera to look at while on the air during their job shadow at WDAY. (Photo by Jayme Noel) **Photo 2** Add some color... Junior Gladys Asa adds some colorful quotes to decorate the personal mission statement they made while at Youth Leadership. (Photo by Jayme Noel) **Photo 3** How does this work... News anchor reporter Alison Kluck explains to junior Ashley Reiter how the cameras work on her job shadow at WDAY. "Job shadowing was a neat experience and it opened my eyes to other jobs in the area," Reiter said. (Photo by Jayme Noel)



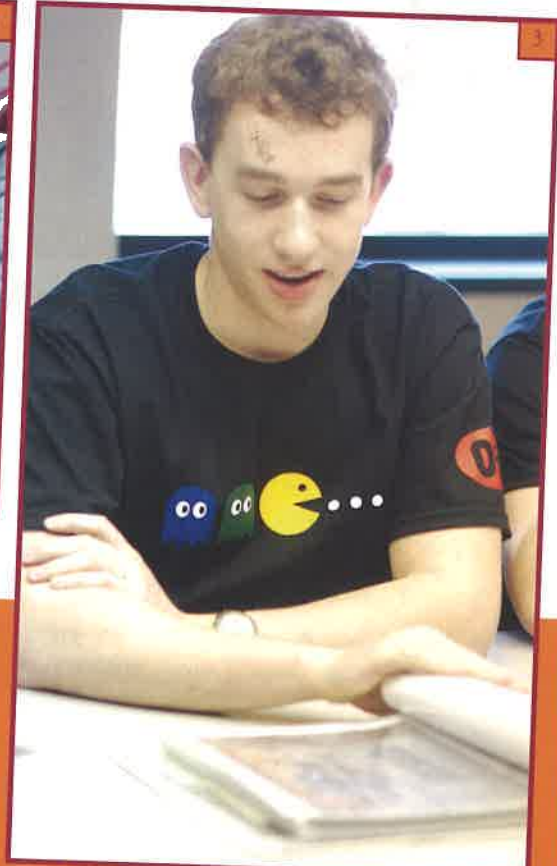
**Front Row:** Austin McFarren, Danielle Meyer, Katelyn Gunderson, Madison Anderson, Jillian Bechtold **Second Row:** Makayla Gratz, Cristina Martinez, Allison Klug, Diane Hahn **Back Row:** Lindsey Levin, Ashley Reiter, Gladys Asa, Spencer Uetz, Justin Schumacher



**Front Row:** Adviser Gary Clark, Merema Ahmed, Erin Behrmann, Tania Peters, adviser Kathy Scott **Second Row:** Ryan Mischel, Emily Hartley, Katie Kapel, Emily Dahley, Kyler Eid **Back Row:** Adam Lester, Alex Windjue, Steven Hay, Kirby Keller, Samuel Jacobs

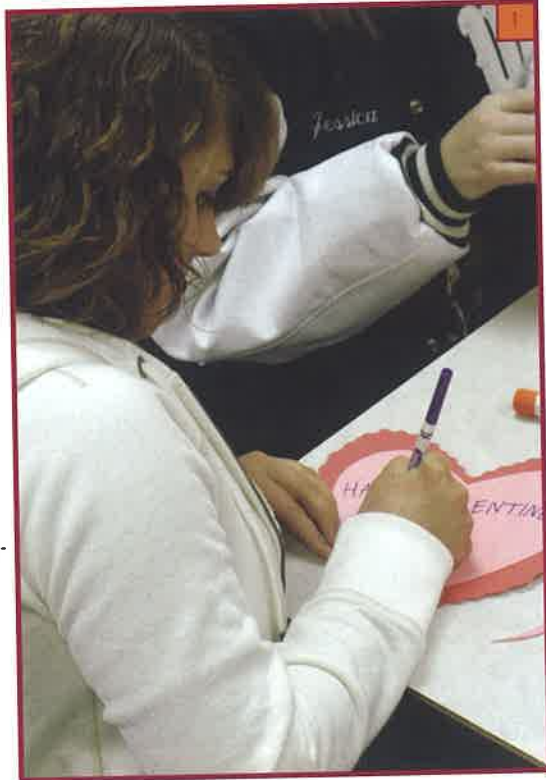


**Photo 1** Page through the possibilities... During a PAC meeting, seniors Ryan Mischel and Merema Ahmed look through a book full of ideas for mural possibilities. "I'd have to agree with our shirts that say we are the best leaders of the school," Ahmed said. (Photo by Abby Paul) **Photo 2** Scattered ideas... Seniors Katie Kapel and Emily Hartley lay pages with mural ideas across the table and debate with members over the options at a PAC meeting. (Photo by Abby Paul) **Photo 3** Just picture it... Senior Samuel Jacobs discusses ideas with members for a rock in front of the school as he pages through a binder. (Photo by Abby Paul)





Front row: Erinia DeJong, Merema Ahmed, Lindsey Levin, Abby Paul, Anyu Dai, Abby Hammes. Second row: Carly Trowbridge, Jaden Fedora, Justine Laughlin, Megan McDougall, Alexandra Williams, Shandi Mack. Third row: Kyleen Ulmer, BreAnne Gregory, Gladys Asa, Katelyn Gunderson, Jessica Sousa. Fourth row: Alissa Dahlin, Allison Beckius, Elizabeth Paul, Sondra Booth, Leah Camery, Kirsten Gaulrapp. Fifth row: Katherine Roth, Karen Flesburg, Melissa Brown, Cora Bollinger, Amy Tran. Sixth row: Emily Schreier, Taylor Nerby, Jay Gjesvang, Lane Nelson, Naddifa Sharif-Hassan, Beatrice Hill, Katherine Eidenshink, Wendy Sun. Final row: Megan Ruud, adviser Christina Walker, Deka Sharif-Hassan, Connor Wright, Katelynn Power



# Day of Caring

Story by Tania Peters

## Key Club students help community

Senior Alina Tyulyandina stands outside raking leaves in the mud on a cold October day. Her hands are freezing as she rakes the crunchy leaves; however, the thought of helping the community warms her spirit and takes her mind off her numb fingers. Tyulyandina participated in the United Way's Day of Caring.

Around 45 students took part in the Day of Caring service project. Since there were so many involved, the students were split into two groups. One helped at the Dorothy Day House raking leaves, and the other went to Churches United to help sort donated clothes.

"I thought it was great," she said. "We didn't expect that many people to be involved, which was fun to see the community get together and help out areas. Plus, it was a lot of fun too."

Tyulyandina and junior Zach Cormican were in the group who raked leaves at the Dorothy Day House. The Dorothy Day House is an older house, built in the 1800's. This house serves as a homeless shelter and takes in around 10 men a night. The Dorothy Day House also tries to assist the men by helping them find jobs and getting them the help they may need.

Cormican shares the enjoyment with Tyulyandina and had a fun time as well.

"I felt good helping out people and I got to get out of school," Cormican said.

While Cormican and Tyulyandina raked leaves, senior Emily Schreier sat inside sorting through clothes. The clothes were given to people who needed them. Schreier put the clothes into categories at Churches United. The categories included slacks, jeans, business clothes, t-shirts, socks and even underwear. Schreier had mixed feelings about the underwear.

"[Sorting through underwear] was awkward," Schreier said. "I didn't normally touch it; I picked it up with something else."

Overall the service project was a positive experience for Tyulyandina, and she said would participate again.

"It was fun," she said. "If I had to do yard work at my house it wouldn't be as fun. I would definitely do it again."

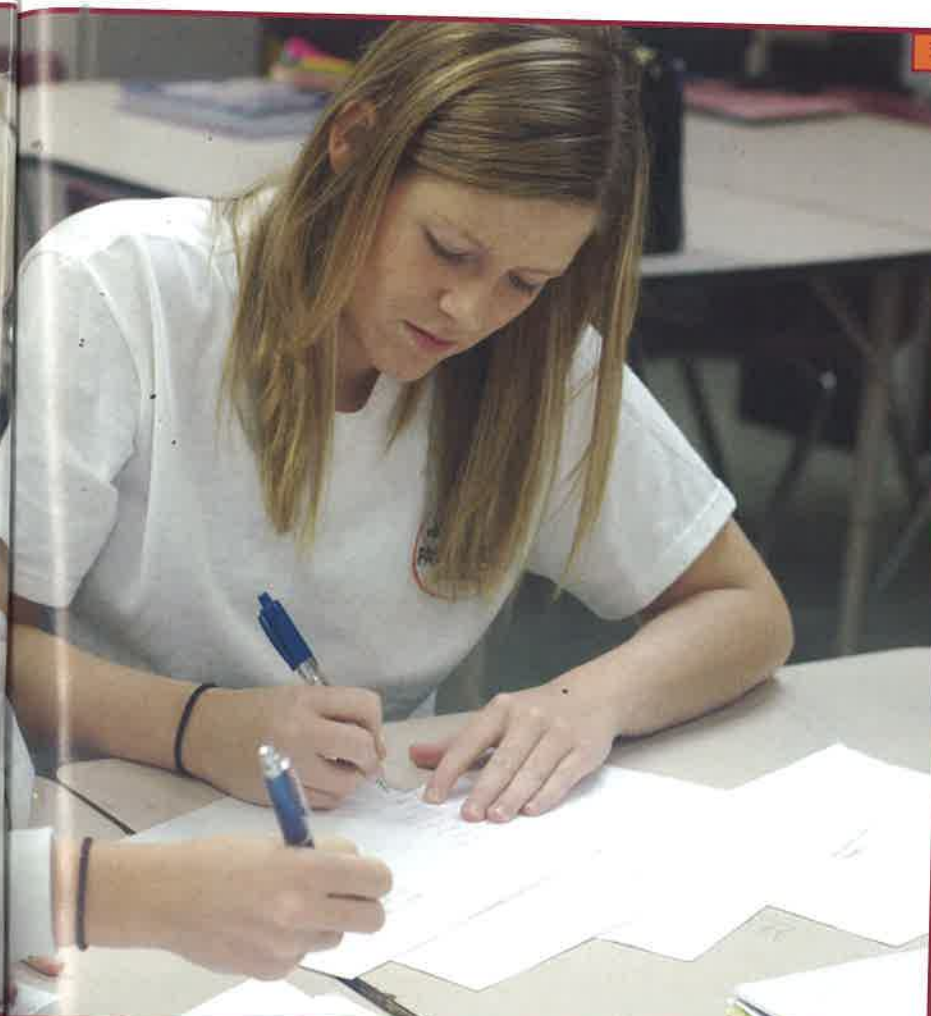
After sorting through clothes and raking leaves, Tyulyandina and Schreier ended the day with the satisfaction that they helped the community.



**Photo 1** Yours truly... Sophomore Katelyn Gunderson works hard after school at a Key Club meeting making cards to give to special needs students on Valentines Day. "I enjoyed making Valentines cards for the special needs kids because it shows that someone is there for them and cares about them," Gunderson said. (Photo by Jayme Noel) **Photo 2** Oboe Shanotentotten... Freshman Justine Laughlin slaps junior Carly Trowbridge's hand as she plays games with other members during a pizza party after trick or treating for Unicef. (Photo by Abby Paul) **Photo 3** A sweet arrangement... Senior Merema Ahmed places the bars in their places at the Halloween bakesale, raising over \$200 for Michelle Highman. (Photo by Abby Paul) **Photo 4** Jingle bells, jingle bells... Freshmen Kyleen Ulmer, Kate Woodbury and Elizabeth Paul sing carols with Kiwanis member Jim Nipen while ringing bells for the Salvation Army. (Photo by Abby Paul)



**Photo 1** I'll tape that for you... Juniors Kelcee Prashek and Shelby Foltz wrap candy bars to help fundraise for the trips the yearbook and newspaper staffs go on throughout the year. (Photo by Jayme Noel) **Photo 2** We did it... Seniors Emily Hartley and Maggi Nicholls smile after gathering trophies for the 2007 yearbook which won first place for "best overall" at the NIPA awards ceremony. (Photo by Abby Paul) **Photo 3** Add 'em up... Senior yearbook students Chelsea Holmquist and Amanda Montgomery add up tally marks during class for the senior picks. "The best part about yearbook is working together as one team," Holmquist said. (Photo by Whitney Adams)



**Front Row:** Anthony Owens, Amanda Montgomery, Jamie Green, Jill Utter, Whitney Adams, Jaclyn Rankin, Samantha Gehrig, Lindsay Kloos **Second Row:** Carsen Harrison-Bower, Abby Paul, Nathan Kuik, Chelsea Holmquist, Miranda Mars, Kelcee Prashek **Third Row:** Victoria Hackett, Alyssa Jones, Allyson McCracken, Erika Holmes, Jenna Olson, Shelby Foltz **Back Row:** Tania Peters, Haylee Preabt, Jayme Noel, Emily Hartley, Maggi Nicholls, adviser Jeremy Murphy



**Front row:** Abby Hammes, Megan McDougall, Emily Vrem, Marissa Cline, Jessica Ballou, Amber Batsch **Second row:** Alexander Ringdahl, Deni Vigasaa, BreAnne Gregory, Brittany Davilla, assistant adviser Tony Nelson, Matthew Harsch, Molly English **Third row:** Brittany Haaland, Adele Young, Emma DeJong, Taylor Blakeway, Jaden Fedora **Back row:** Glendon Cengel, Sara Kram, Katie Kapel, Kelsey Bergeron, Michael Schnepf, adviser Jeremy Murphy

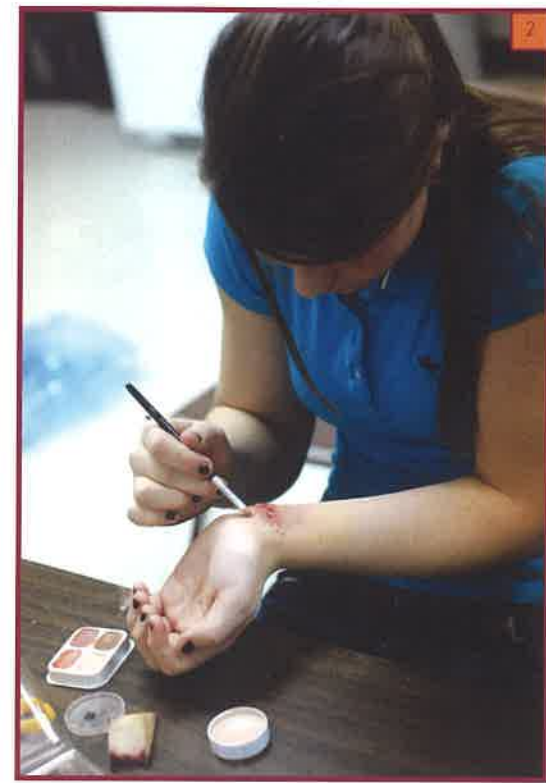


**Photo 1** Thank you sir... Working concessions for newspaper, senior Katie Kapel and junior BreAnne Gregory make change for a customer. "I like newspaper for the freedom and being able to say whatever I want," Kapel said. (Photo by Emily Hartley) **Photo 2** Selling some sweets... Junior Halimo Abdulkarim and senior Jaden Fedora count change as they sell baked goods in the commons on Oct. 30. (Photo by Abby Paul) **Photo 3** I can't do this anymore... Trying to figure out what to write, junior Molly English jots down some ideas during a newspaper layout night. (Photo by Samantha Gehrig)





**Photo 1** And then... Senior Amy Walen reads a few books to all of the little girls that gather around her during the Storybook Breakfast. "It's a great way to work on characterization for everybody in drama, and it's fun to connect with the little kids," Walen said. (Photo by Tory Graves) **Photo 2** Is that real... Junior Jorddan Kliendl places some finishing touches on her very life-like cut on the wrist, made with make-up in theatre practice. (Photo by Carsten Harrison-Bower) **Photo 3** Dip her low... Senior Brandon Millar looks into the eyes of senior Erin Behrmann as they play Billy Crocker and Reno Sweeny in the production of "Anything Goes." (Photo by Abby Paul) **Photo 4** Strike a pose... In the production of "Anything Goes," Reno's Angels, or sophomores All Beckius and Caitlin Leick, place their hands on the shoulders of the S. S. American Crew, sophomore Nathan Jahnke, junior Andrew Lenzmeier and sophomore Zach Brokmeier. (Photo by Abby Paul)



**Front Row** Jackson Forsey, Kyle Wohlman, Lauren Ugelstad, Heather Manske, Connor Wright, Abbey Immer, Chandler Boehm, Ellen Rossow, Nathan Jahnke **Second Row** Laurel Schuessler, Kimberly Braesch, Caitlin Leick, Patrick Richard, Katelyn Aswege, Holly Johnson, Samantha Pyle, Brittany Splettsaszer **Third Row** Sarah Arnold, Cydney Crowe, Solveig Swanson, Abby Hammes, Taylor Trauger, Jillian Bechtold **Fourth Row** Jessica Ballou, Brittany Davila, Jordan Byzewski, Chelsea Peterson, Monica Schroeder, Leah Jenson, Jesse Ostlund **Fifth Row** Robert Jacobs, Emily Vrem, Rebecca Pegg, Erin Behrmann, Matthew Bregier, Adam Watts, Nicole Brokmeier **Sixth Row** Katherine Eidenshink, Andrew Lenzmeier, Travis Bregier, Brandon Millar, Samuel Forsey, Jordan Shive, Brittany Haaland **Seventh Row** Amanda Paulson, Joshua Ockert, Amy Walen, Kevin Ackley, Glendon Gengel **Eighth Row** Christopher Hulm, Eric Halvorson, Garrett Anderson, Gentry Lee, Paul Rumsey, Gregory Gengel **Back Row** Directors Adam Pankow and Sarah Tron

## Drama encounters new director

### Tron brings enthusiasm

Story by Tana Peters

**D**rama students wait anxiously to see their new director. As students wait, they start wondering what he or she will have planned for the coming year. English teacher Sarah Tron enters and a new burst of energy and enthusiasm fills the room. Tron was new to the West Fargo district this year, and had directed two years at Williston. Tron is pleased with her first year at West Fargo. "I think they [the shows] all went well," Tron said. "The kids had a lot of enthusiasm." The students were just as pleased with Tron. "I think Ms. Tron is amazing because of the energy and joy she has brought back to the theater department," senior Megan Chiodini said. "I am really impressed with the efforts she has taken to expand the theater department and increase the interest of other students." One way Tron expands the drama department is by involving more students in the Thespian Society. In the Thespian Society, students receive recognition for

involvement in theater programs. Tron encourages more students to be involved in this society. "She has brought more life to the drama department," senior Brittany Haaland said. Tron informs students about scholarships and involves the students with NDSU Drama Days, and she also organized a trip to New York for the students to see three Broadway shows. One of her most known accomplishments was co-directing "Anything Goes" musical along with director Adam Pankow. Not only has Tron involved the students, but she has impacted them as well. She directed a play the students will always remember. "I am really glad we did 'Anything Goes' because I thought it was a perfect way to end my senior year," senior Erin Behrmann said. Chiodini agrees with Behrmann and is equally pleased with the performance. "We had an amazing cast and amazing directors," Chiodini said. "Everything went smoothly and by the end of the show, there were no regrets."



**Photo 1** Pay attention... Junior Samantha-jo Saye plays her violin at the orchestra dessert concert. (Photo by Carsen Harrison-Bower) **Photo 2** Time to warm-up... Before her performance at orchestra's dessert concert, junior Breannadlyn Lies practices on her cello one last time to nail her piece. (Photo by Carsen Harrison-Bower) **Photo 3** Season's greetings... The upperclassmen orchestra plays some holiday songs, in which sophomore Shelby Anderson directed them. "I loved directing, but it was really nerve-wracking," Anderson said. (Photo by Carsen Harrison-Bower)



**Front Row** Russell Koetz, Michael Misialek, Andrew Lenzmier, Breannadlyn Lies, Claire Shive, Cody Schill, Adam Trapp **Second Row** Breeanna Green, Samantha Magnus, Simona Sjoblum, Samantha-jo Saye, Charlie Luong, Merema Ahmed **Third Row** Stephanie Cossette, Hope Twitero, Zenella Reidhammer, Jaden Fedora, Alisa Rector **Fourth Row** Megan Cooper, Laurel Schuessler, Lindsey Levin, Hillary Ehlen, Leah Camery, Eric Halvorson **Fifth Row** Sean Fawbush, John Jasken, Ashley Kranda, Jay Gjestvang, Amy Walen **Back Row** Lane Nelson, Travis Stadum, Brian Keller, Zachary Fischer



**Front row** Nichole Miller, Sondra Booth, Andrea Johnson, Amanda Paulson, Kaitlyn Varberg, Briana Hartog **Second row** Diane Hahn, Kayla Videen, Angela Dockter, Beatrice Hill, Anyu Dai, Travis Bregier **Third row** Thane Hillig, Ken Miller, Thomas French, Clint Wohler, Andrew Merkel, Caroline Spacek, Justin Burck, Andrea Salter, Joe Cajobe, Ethan Sorenson, Darac Peters, Michael Olson **Fourth row** Peter Hettwer, Joshua Mickelson, Shauntel Barnes, Austin Jensen, Alex Pribula, Cody Mammenga, Gregory Gengel, Andrew Rhealt, Shana Heuer, Kate Eidenschink, Brandon Fitterer, Ryan Olien, Dalton Alfstad, David Morow **Fifth row** Kelsey Hoovestol, Anna Rutten, Adam Salter, Jordan Shive, Samuel Barentsen

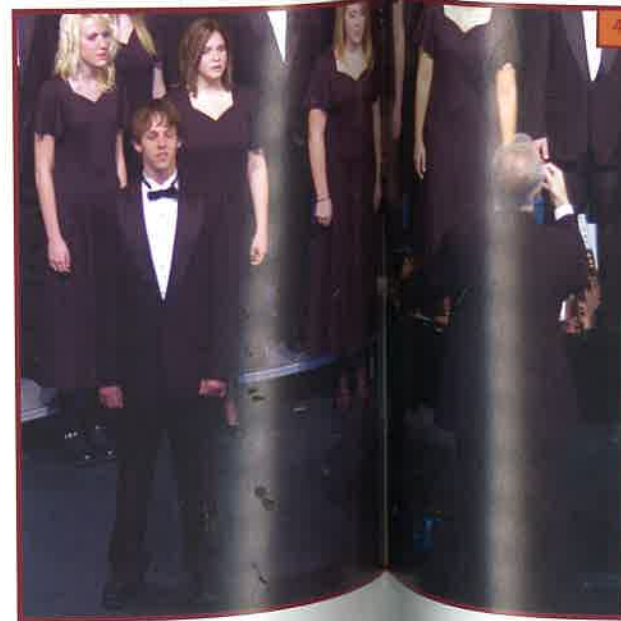
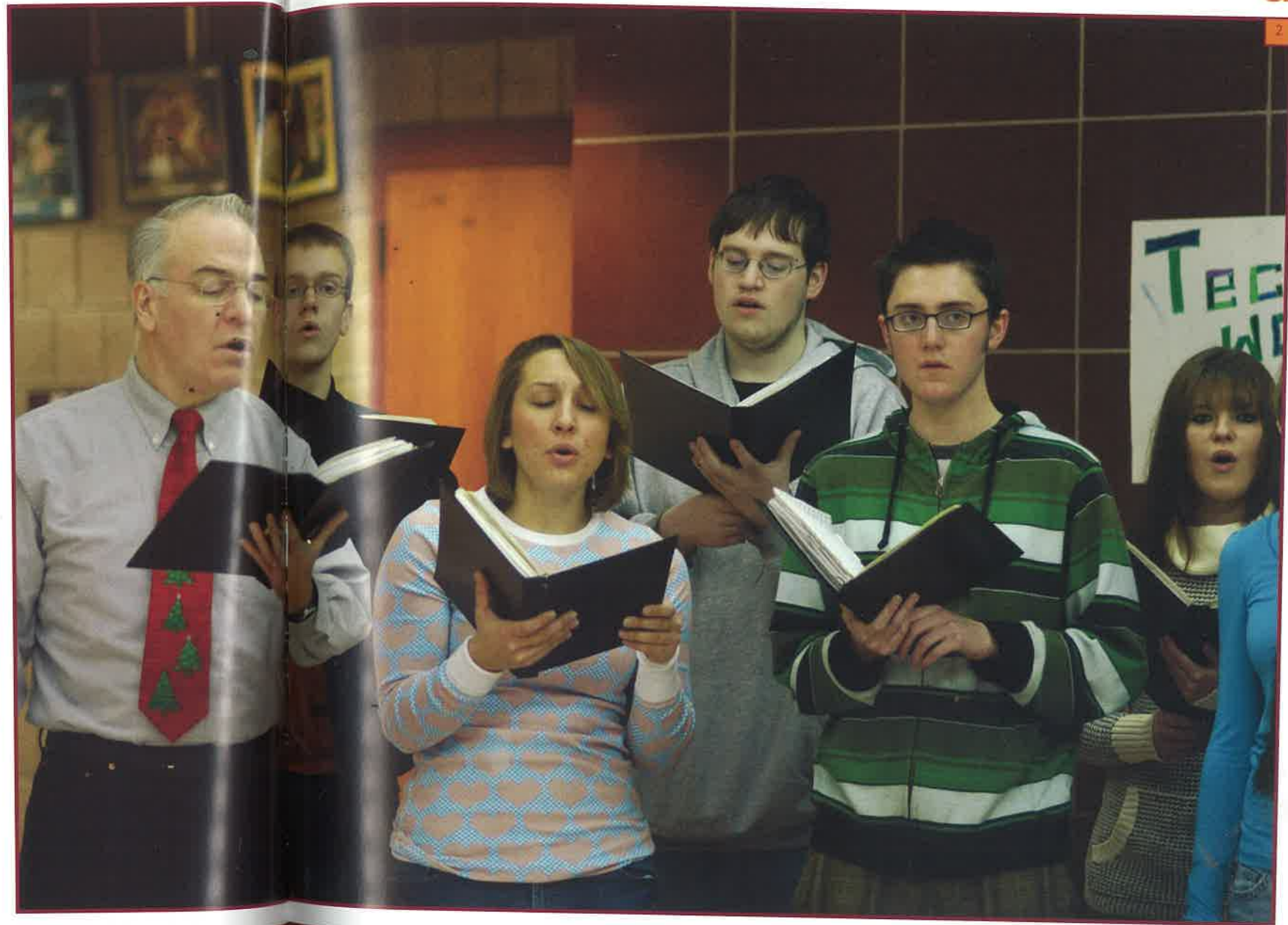


**Photo 1** Pep 'em up..... Juniors Emily Beets, Alyssa Brown and Kaitlyn Varberg and sophomore Briana Hartog play their clarinets during a boys basketball game for pep band. "It's fun when everyone's there and the crowd's excited," Brown said. "If the crowds aren't like 'whoa,' it's kind of lame." (Photo by Emily Hartley) **Photo 2** Play that funky music... Sophomore Diane Hahn and junior Kayla Videen play flute with the pep band at a football game in order to enhance school spirit. (Photo by Abby Paul) **Photo 3** Play it loud... Sophomore Darac Peters plays his trombone with the pep band at a home football game. (Photo by Abby Paul)





**Front row:** Crystal LaTaxier, Taylor Trauger, Megan Skarsten, Abby Hammes, Kimberly Braesch, Laurel Schussler, Director Jeffery Mueller  
**Second row:** Ashley Kerbaugh, Deni Vigessa, Megan McDougal, Cydney Crowe, Lindsey Lenn, Hannah Potter, Sadie Kraft  
**Third row:** Emma Dejong, Erin Behrmann, Chantae Brown, Caroline Spacek, Chelsey Desotel, Stephanie Larson  
**Fourth row:** Emily Baasch, Brittany Davilla, Samantha Netterville, Leah Jenson, Krissanne Reyerson, Emily Vrem  
**Fifth row:** Robert Jacobs, Adam Watts, Elizabeth Dvorak, Jordan Shive, Anthony Bergan  
**Sixth row:** Travis Bregier, Samuel Forsey, C.J. Hoffart, Matthew Bregier, Melissa Pytlk, Jacob Bechtold  
**Seventh row:** Katherine Eidschink, Ryan Olien, Michael Olson, Brian Nelson, Dylan Arechigo  
**Eight row:** Matthew Harsch, Paul Johnson, Andrew Monson, Brandon Millar, Jonathan Novacek, Amy Walen  
**Back row:** Garrett Anderson, Eric Driscoll, Lucas Solum, Gentry Lee, Jay Gjestvang



**Photo 1** All together now... A few select choir members, junior Travis Bregier and senior Jonathan Novacek, stand up to sing a piece of a song during class for the rest of the choir to hear and comment on. (Photo by Carsen Harrison-Bower)  
**Photo 2** Ding dong, ding dong... Choir director Jeffery Mueller sings Christmas carols in the entryway with senior Rebecca Pegg and junior Sam Forsey. "I like singing carols because we get to sing great songs in a bunch of different places," Pegg said. (Photo by Abby Paul)  
**Photo 3** Sing it together... During a concert in March, the choir sings one of their selections in unison. (Photo by Carsen Harrison-Bower)  
**Photo 4** Hallelujah... Senior Brandon Millar sings lead vocals for a gospel song at a choir concert in October. (Photo by Carsen Harrison-Bower)

# Singing along

Choir takes time inside and outside of school

Story by Tania Peters

Choir is not just another class. While many think students just go for 50 minutes, like other classes and then it's done for the day it is not like that at all.

There are outside requirements for the class. Most students have an individual lesson once or twice a week. Also, once a semester, they have a concert, which takes more preparation. "The concert is always really fun because what we have been working on finally all comes together," says junior Eric Driscoll.

At the beginning of every year students can try out for a select choir called Madrigals. Students must sing a solo for your tryouts, which are very hard for some students.

"I was really nervous when I tried out last year, but I was glad once it was over," says junior Krisanne Reyerson.

This also takes up more outside time than just

regular choir. They meet every Wednesday morning to practice for about an hour. They also perform more than the regular choir class.

Choir also can really help build confidence. While most students do not plan on trying out for American Idol, it can help their voices in many other ways. It helps students who are auditioning for the musical, talent show or prom song each year. Choir is also useful if you are just going to be singing along at church.

"I don't plan to sing outside of high school, but I always feel a little better than the person standing next to me in church," says junior Luke Solum.

While there are outside school requirements for choir students have fun in class too.

"Choir is a class that I enjoy going to because I can learn in a different way and always have fun," says Reyerson.



**Photo 1** Looking for a laugh... Senior Rebecca Pegg presents her speech to entertain to the judges in the finals at West Fargo's Speech and Debate tournament. (Photo by Jayme Noel) **Photo 2** Working hard... Junior Beatrice Hill works intently to get ready for her next speech at West Fargo's Speech and Debate tournament. (Photo by Jayme Noel) **Photo 3** Words of wisdom... Debate coach Brandon Donahue gives junior Samantha-jo Saye some last minute words of advice before she begins her debate. "I've learned a lot from being in Speech and Debate," Saye said. "You get to meet a lot of great people and also learn from them too." (Photo by Jayme Noel)



**Front Row:** Andrea Crary, Alicia Schroeder, Tayla Wagenman, Katelyn Aswege, Abby Immer, Samantha Pyle **Second Row:** Nicholas Strom, Sarah Arnold, Christina Bohn, Jillian Bechtold, Emily Erickson, Beatrice Hill **Third Row:** Eric Halvorson, Ellen Rossow, Marylea Engstrom, Amanda Paulson, Connor Wright, Michael Olson **Back Row:** Glendon Gengel, Andrea Johnson, Samuel Forsey, Steven Strom, Andrew Lenzmeier, Diane Hahn



**Front Row:** Marisha Khunger, Tayla Wagenman, Jaden Fedora, Andrea Crary, Beatrice Hill, Meagan McDougall, Abby Hammes **Second Row:** Kimberly Stulken, Christina Bohn, Amanda Paulson, Emma DeJong, Brandon Clark, Megan Cowden, Kristin Kautz **Third Row:** Adam Watts, Alex Ringdahl, Vanessa Torvik, Taylor Blakeway, Eric Halvorson, Glendon Gengel, Travis Bregier **Back Row:** Maggie Wilken, Jessica Pierce, Kayla Hawley, Leah Camery, Rebecca Pegg, Melissa Pytlik, adviser Aaron Knodel

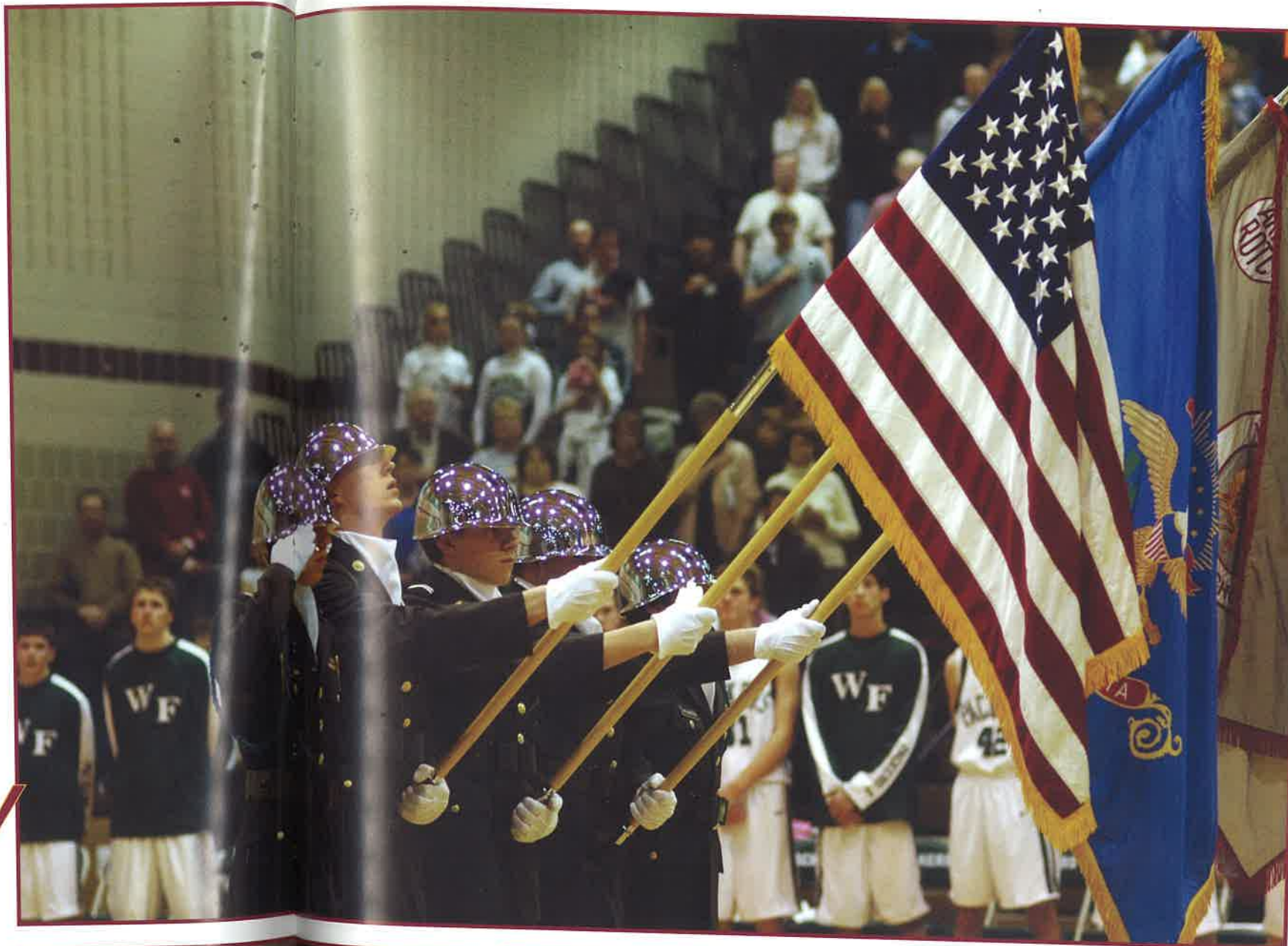


**Photo 1** Tough competition... Junior Abby Hammes discusses competition strategies with her fellow teammates at the state Student Congress tournament. "The most challenging part about it is researching your topic and really knowing what you're talking about," Hammes said. (Photo by Kimberly Stulken) **Photo 2** Thinking hard... Senior Melissa Pytlik composes her speech using information at the state Student Congress meet in Bismarck. (Photo by Kimberly Stulken) **Photo 3** Think, think, think... Junior Samuel Forsey writes a speech during the state Student Congress meet in the North Dakota capital building. (Photo by Kimberly Stulken)





**Front row:** Nicholas Nelson, Erica Cox, Shelby Lewis, Tavga Weled, Meghan Berg, Jenny DuShane, Tasha Lund, Katie Myers, James Peterson, Kasey Lynn  
**Second row:** Tyler Pedersen, Skylar Hanson, Taylor Quinn, Christopher Hulm, Tyler Bertsch, Thane Hillig, Destlary Thomas, Amber Danzeisen, Shelby Moen, Delphine Martinez, Kayla Lancor  
**Third row:** Brandon Kummeth, William Krumwiede, Joshua Fry, Tanner Lindsay, Darryk Hananberg, Travis Sather, Jeff Ostlund, Ethan Odegaard, Matthew Hersch, Scott Belcourt, Ian Crawford, Nick Hulm, Justin Heuer, Donald Halverson  
**Fourth row:** Dylan Just, Michael Lynch, Jesse Dietz, Nathan Engen  
**Fifth row:** Matthew Emerson, Tanner Grosche, Brian Keller, William Case, Erik Erdmann, Austin Berogan, Dustin Westerman, Allen Belcourt, Michael Braaten, Adam Cooper, Derrek Zaczkowski, Brandon Gibson, Stephan Speck  
**Sixth row:** Derrick Brandt, Jason Dvorak, Nathan Wilke, Nicholas Sanders, Jon DuShane, Brandon Halberg, Coty Irwin, Jake Danielson, Samuel Knutson, Taylor Cable, Jacob Clemens, Anthony Bergan, Viet Phung



# Dancing the night away

JROTC's Military Ball tops off the year

Story by Tania Peters

**M**usic thumps all around the dance floor while people dance the night away. This is one way to remember all of the good times shared throughout the year. JROTC has ended the year with a military ball for the last two years.

"We started having the ball because other companies had one and it seemed like a good idea," junior Zac Thiessen said. "It was so much fun last year, that we had one again this year."

The ball took place at the Loeden Center on March 8th and about 125 people attended.

"The food and dancing were the best," junior Scott Belcourt said. "It's good to be able to talk to everyone and then dance and have a good time."

JROTC is about more than dances and fun. Putting time, practice and training for completion is a very serious part of JROTC.

"It's fun to see the results of all our hard work at competition," Thiessen said.

JROTC has been successful in competition this year, placing mostly first or second. In Sioux Falls they placed first in Expectation and Regulation Unarmed and second in Regulation Armed. Thiessen said after being so successful throughout the year, it helps to have the ball just to have some fun.

With the year coming to an end there will be some returning members, some new members and also some members leaving.

"We're kind of one big family," sophomore Shelby Moen said. "It's hard to say goodbye to everyone, especially all the seniors who are going into the military."

Senior Christopher Hulm plans to go on to do more with the military. He is currently in the National Guard and plans on going to college and a tour in Kosovo for the guard.

"I'm looking forward to all the new things next year, but it will be hard to leave all of the Cadets behind," says Hulm.



**Photo 1** Ready to go... Freshman Taylor Quinn prepares himself for the national anthem on the sideline at a boys basketball game. (Photo by Emily Hartley) **Photo 2** Pride and patriotism... JROTC members present the flag during the singing of "The Star Spangled Banner" at a basketball game. "The best part of JROTC is watching people develop and learn drills," Tyler Bertsch said. (Photo by Emily Hartley) **Photo 3** Shake your tail-feather... Senior Tavga Weled and Red River senior Paul Ericson laugh as they dance the chicken dance at the military ball. (Photo by Abby Paul) **Photo 4** Down the line... Waiting their turn, junior Austin Berogan, senior Adam Cooper and sophomore Jason Dvorak watch others dance with their partners. (Photo by Abby Paul)



**Photo 1** Well, this seems easy... While participating in the world record-breaking game of Twister, senior Alex Windjue chats with other DECA members between moves. "It was definitely the most memorable game of Twister I have ever played," Windjue said. (Photo by Alyssa Jones) **Photo 2** A little more... Junior Chris Taxdahl rips some duct tape for people so they can place it on Assistant Principal Karen Olson to make sure she stays up on the wall for DECA week during lunch. (Photo by Carsen Harrison-Bower) **Photo 3** Here's the system... At the grand opening of the Packer Connection, DECA adviser Matthew De Vries instructs senior Emily Schreier on how to ring up certain items. (Photo by Abby Paul) **Photo 4** Kiss the cow... Senior Artan Vllahiu checks out how much money students are putting in social studies teacher Paul Tefft's container to kiss the cow. "Kiss the Cow" was sponsored by DECA to raise money for their organization. (Photo by Jayme Noel)



**First Row** Sadie Kraft, Emily Schreier, Austin Keller, Emily Harris, Melissa Schulz, Samantha Hewes **Second Row** Blake Selisker, Karen Flesberg, Tasha Breker, Landry Boehm, Jesse Woeller **Third Row** Adviser Matthew De Vries, Chelsea Peterson, Abby Salquist, Gretta Haagenson **Fourth Row** Marissa Holmquist, Chelsea Holmquist, Machaella Thompson, Kasey Pulkrabek, Festim Luzha, Alex Windjue, Lauren Adams **Fifth Row** Alex Henderson, Kelsey Bergeron, Jaclyn Rankin, Natasha Smykowski, Sam Jacobs **Sixth Row** Hawken Erickson, Rodolfo Astran, Anyu Dai, Ashley Walen, Artan Vllahiu **Seventh Row** Taylor Olstad, Jace Holm, Lucas Steckler, Michael Potter, Jordan Ulven, Chantae Brown, Joshua Mears, Nathan Wilke

# Packeropoly gains popularity

Story by Tania Peters

## DECA students create new spin on classic game

**R**acecars, thimbles, top hats, boats, dogs and irons are all pieces found in the popular game Monopoly. The West Fargo DECA students, along with the help of adviser Matthew De Vries, created a local spinoff of the game and called it Packeropoly.

Packeropoly is a completely student-driven project. De Vries pitched the idea to the students, but after that it was up to the students to make the project a success. The tasks involved everything from designing the board to calculating a fair selling price.

"[Packeropoly is a] board game designed to promote entrepreneurship in West Fargo," senior Luke Steckler said.

The project needed student involvement outside of the classroom and into the community. A challenge for the students was going to businesses and trying to sell spots on the board game. Persuading the businesses that the \$300 squares

were a good investment was challenging.

One method of persuasion involved informing the businesses by purchasing the square they were helping out with DECA Club and giving to the KIVA organization.

KIVA is a non-profit organization that helps start businesses in other countries.

The game is a great success. About 500 games were sold by January because of the demand during the Christmas season. Numerous adults and students thought the game would be a fun gift.

"We get a variety of customers," senior Jace Holm said.

Packeropoly is more than a game. Not only does it bring enjoyment to people, but it unifies the community.

"It brings the community together, and is a showcase of the link between the businesses and Packer Pride," senior Alex Windjue said.



Reach for the stars... Stretching to her tallest, junior Aryelle Jones fights with Grand Forks Red River junior Holly Asche for a rebound. (Photo by Emily Hartley)



# Sports

Putting in

# OVERTIME



Photo 2 Give it your all... Senior Jacob Danielson takes a split second to catch a breath while swimming in the EDC swim meet. (Photo by Nathan Kuik)



Photo 3 Go for it... Running through the mob, senior Tanner Farkas gains yards at a home game against Grand Forks Red River. (Photo by Abby Paul)



Photo 4 Feel the wind in your hair... Sophomore Zachary Stromsodt and junior Jay Gjestvang leap over hurdles during the EDC indoor track meet at NDSU. (Photo by Nathan Kuik)

# OVERworked yet under-rated

Defense gets less recognition

Story by Jill Utter

The crowd goes wild with cheers as senior Steven Hay chases after his opponent a few yards ahead of him. He quickly catches up and dives into the air, aggressively tackling Fargo South star Josh Horner.

The crowd roars with cheers as he stops the player from scoring and ultimately helps the Packers win the game. As Hay jogs to the sideline, his teammates and coaches pat him on the back for a job well done, but the next day he hears nothing more of his game-saving tackle. In fact, it is forgotten for the rest of the season.

In almost every sport the offense is usually praised more than the defense, but it is almost more prevalent in football. The media, students and other fans focus largely on offense, but not on defense. "Defense players deserve to be recognized for the big plays and stops they make," senior Tanner Farkas said. "Those are vital to the outcome of the game."

Despite the fact the defensive football players do not receive recognition as much as the offense, they claim it does not affect how they

"It doesn't bother me because I play for my team and myself," Hay said.

There are many reasons why the offense usually gets recognized more than the defense.

"I think a lot of people see the offense putting points on the board, but they don't see how the defense holds the other team from scoring more points," senior Kirby Keller said. "By holding the other team back is how our team can really win."

The offense does rack up points on the scoreboard, and the defense makes major tackles, but all in all it is still a team sport. Defensive players know this, but they still have a strong belief about the saying 'defense wins games'.

"Offense may win games, but defense wins championships," Keller said.

When the game starts to wind down and the seconds tick away on the clock, Hay still knows even though he may not be in the paper the next day, he played a spectacular game.



Back row (l-r): Cayla Dallmann, Megan Skansten, Ashley Polrzywinski, Whitney Hoovestol, Erin Birde. Middle row: Gentry Lee, Alan Neer, Oscar Loyland, Adam Siegen, Nathan Kuik, Ryan Berglund, Alex Grinnell, Brandon Kunze, Alex Pribluc, Zach Heinen, Josh Mears, Luke Solum, Damiir Kolakovic. Front row: Braeden Regner, Brian Raud, Dalton Beyer, Robert Delorme, Kellen Ringdahl, Jacob Kaiser, Jo Johnson, Channing Copp, Travis Sather, Tatum Grandstrand, David Schmidt, Zac Hofmann, Tony Lacavera. Coaches: Andrew Harrison, Ryan Eckelberg, Brock Drayton, Joel Sheehan, Matt Molstad, Tyler Lund, Tyler Hewson, Tyler Eid, Jon Retzcheck, Justin Cronin, Jon Morker, Nils Lund, Tyler Jensen, Cody Mannenga. Assistant coaches: John Sandvig, Nicholas Becher, Jared Martinson, Mason Thorpe, Kyle Benjamin, Tanner Farkas, Nicholas Boll, Sean Emerick, Brian Maas, Seth Dye, Chris Parsons, Kyle Rheauze, Kirby Keller.

Photo 1 Grab him... Junior David Schmidt hangs on to a Grand Forks Red River opponent to stop him from making a touchdown. (Photo by Abby Paul) Photo 2 Let go of me... Pulling away from the Mandan defense, senior Tyler Hewson runs with the ball at a home game Aug. 24. (Photo by Abby Paul)



Photo 3 You can't catch me... During the Aug. 24 home game against Mandan, senior Kyler Eid zigzags through the Mandan defense. "I look for other people blocking for me so I can run in for the touchdown," Eid said. (Photo by Abby Paul) Photo 4 Here it comes... At a home game against Mandan Aug. 24, senior Tanner Farkas prepares to make a pass. (Photo by Abby Paul)



**Brandon Kunze**  
**Q:** What was your highlight of the season?  
**A:** My highlight of the season was not dropping a pass all year.



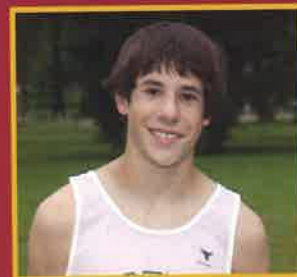
**Mason Herman**  
**Q:** What is the biggest difference from being on the sophomore to JV team?  
**A:** The intensity is about the same. Both JV and sophomore go to win and have fun.



Madison Anderson

**Q:** How did the season go for you personally?

**A:** It went well, but I only got to run one meet. I wasn't able to run due to my compartment syndrome.



Cody Grosz

**Q:** How do you stay in shape for upcoming seasons?

**A:** I run a lot and eat healthy.



# Cross Country goes the distance

Photo 1 Slip 'N' Slide... Despite the muddy corner, senior Travis Stadum pushes through. (Photo by Victoria Hackett) Photo 2 Pushing along... Taking big strides to finish the race, senior Cydney Crowe approaches the finish line with her heart pounding hard. (Photo by Victoria Hackett)



Back row (L-R): Head coach Joe Bailey, Nate Peterson, Billy Kuehn, Travis Stadum, Kade Thornton, Lane Nelson, Spencer Uetz, Jasen Walker, Nolan Clark, Paul Lancot, assistant coach Kate Bryant. Third row: Nathan Gillis, Cody Grosz, Jamison Gehrig, Kasye Lynn, Jake Kruke, Connor Jonhansen, Kyle Bailey, Darin Baltezore, Ryan Mischel, Thomas Kuehn, Andrew Hoeger, Lukas Johnson. Second row: Brittney Bucholz, Cassandra Baumgartner, Jennifer Parsons, Emma Grant, Ellie Grooters, Jordan Kliendel, Cassie Smith, Madison Anderson, Kaitlyn Stoppler, Alysa Eidershink, Cydney Crowe. First row: Brooke Grooters, Leah Hermanson, Alicia Schroeder, Courtney Evanson, Alissa Mears, Taylor Perry, Christina Baltezore, Sloveig Swanson, Hillary Olheiser, Kayla Evanson, Nichole Schmidt, Erin Sistas.



Photo 3 Leading the pack... Senior Lane Nelson has a strong lead at the beginning of the race at the South Fargo invite. "There is a lot of pressure being in the lead," Nelson said. "It's very exhilarating." (Photo by Victoria Hackett)

Photo 4 Eyeing the prize... Competing in the rainy weather can be tough, but sophomore Cody Grosz makes his way through the muddy course thinking about winning the entire time. (Photo by Victoria Hackett) Photo 5 Eye on the finish line... Junior Erin Sistas, sprints toward the finish line with her opponents right behind her at an intense meet. (Photo by Victoria Hackett) Photo 6 Run like the wind... In a competitive race against Moorhead, sophomore Ellie Grooters sprints her way to the finish line. (Photo by Victoria Hackett)

JV



Austin Neu

**Q:** What was the best part about playing volleyball this year?

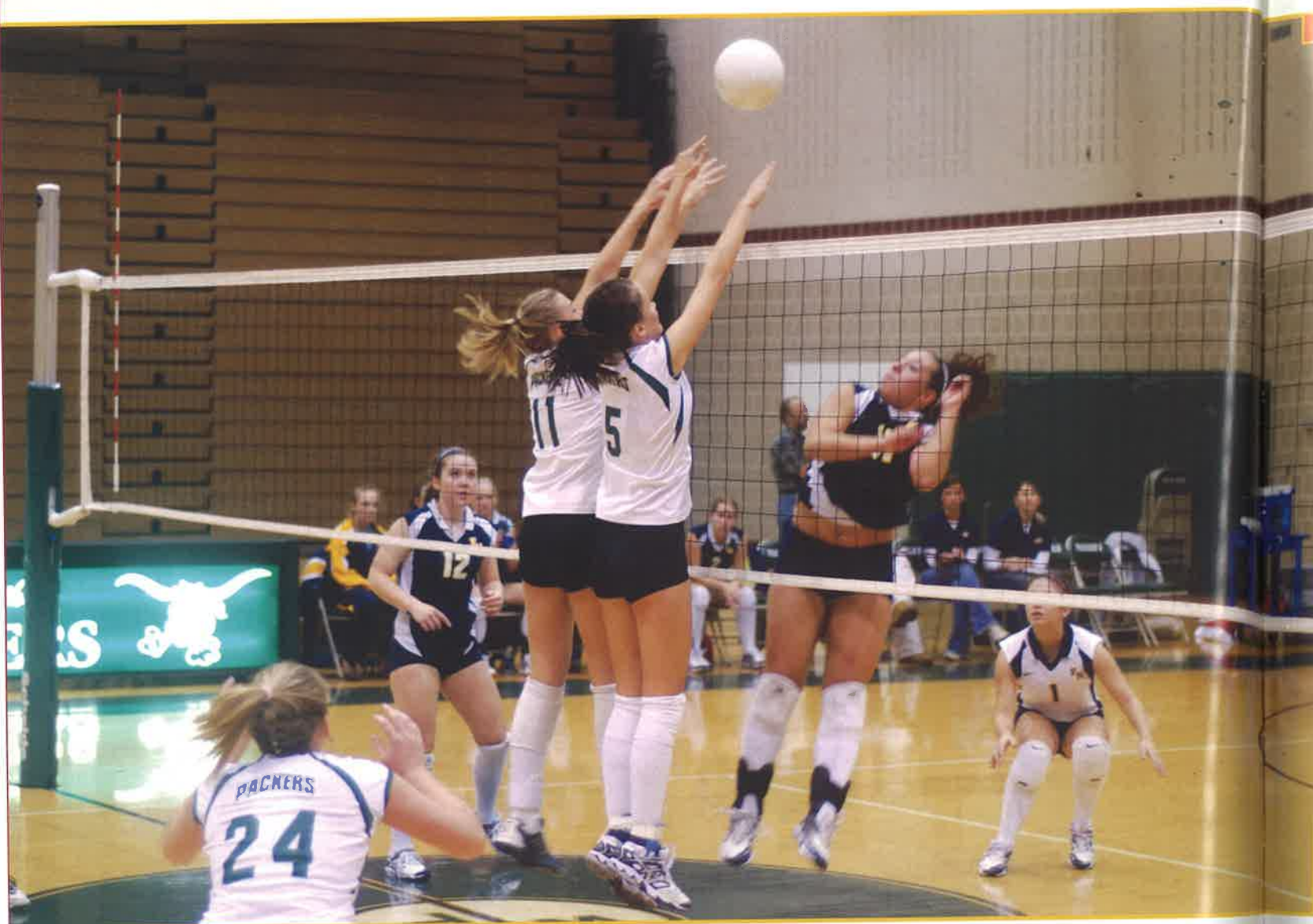
**A:** The best part was bonding as a team and learning to work together.



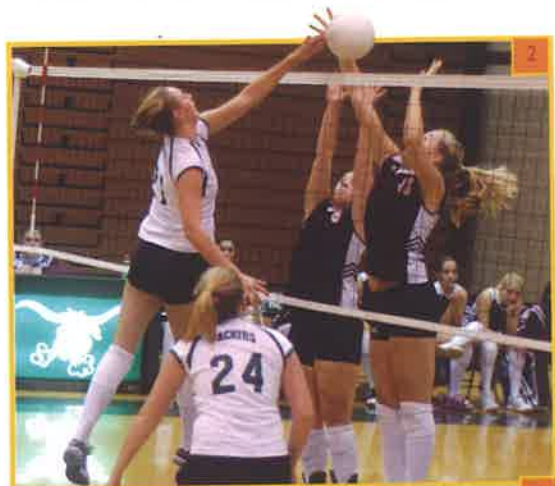
Jenna Green

**Q:** What was the biggest difference from last year's season to this year?

**A:** I think we had a lot more teamwork and a lot of fun. We really focused each day on what we need to improve on.



**Photo 1** Use your teammates... Working together to block the ball, juniors Jenna Kolb and Jessica Gust jump into the air at the same time to prevent Fargo North from scoring. "The person I block with has to be in sync with me and we have to be able to close the block," Kolb said. (Photo by Jill Utter) **Photo 2** Sneaky tip... Sneaking in a tip while the other team tries to block, senior Jamie Green accomplishes her goal anyway and scores one for the team. (Photo by Jill Utter) **Photo 3** Time to celebrate... After making a big play to win the match, juniors Aryelle Jones, Blake Selisker, Sarah Denne and Jessica Gust celebrate with seniors Sadie Doggett and Whitney Adams and realize they are going to the state championship game. (Photo by Jill Utter) **Photo 4** Run, jump, serve... During a home game, junior Jessica Gust runs and does a jump serve hoping she will get an ace. (Photo by Jill Utter)



# OVER the top

EDC Champions, State Runner-Up



**Back row (L-R):** Head coach Paula Pierson, Blake Selisker, Jessica Gust, Alyssa Hummel, assistant coach Angie Welle, Aryelle Jones, Sarah Denne, Jenna Kolb, Cassandra Shorma, assistant coach Twila Benson. **Second row:** Jill Gustafson, Katelyn Holland, Emily Erickson, Melissa Schulz, Kiah Gianakos, Courtney Voeller, Jenna Green. **Front row:** Manager Tasha Breker, Whitney Adams, Sadie Doggett, Emily Hartley, Amanda Montgomery, Jamie Green.

**Photo 5** Wind it up... Winding up to hit the ball, junior Jenna Kolb gets ready to hit the ball right into the defenders face at a home volleyball game. (Photo by Jill Utter) **Photo 6** Dig it up... In an intense match during the state volleyball games, senior Whitney Adams digs up the ball and passes it to her teammates. (Photo by Jill Utter)



# Predominately Seeking Dominance

Story by Jamie Green

## Swim team loses close race at EDC

**A**s the final relay of the EDC meet goes on, the Packers are leading by 20 points, and are currently leading the relay. As the last leg approaches, junior Ashley Reiter already knows something has gone wrong.

Reiter finishes the race in first place, and the swimmers are ecstatic, thinking they won the meet, but as the awards for the 400-free-style relay are being handed out, the Packers are not called for first place.

The team discovers its relay team has been disqualified from the race, and Fargo North receives first place in that event.

Because North took first in that relay they earned enough points to bump them ahead of the West Fargo swimmers, who received no points for the race, appointing North the EDC Champions.

The close loss at the EDC tournament was not going to affect the team in any way as they prepared for the state tournament.

"In a way, I would say it positively affected our team because we made a pact with ourselves that 'we are not done yet,' and we ended up having the best state meet we have had since I started swimming in eighth

grade," Reiter said.

Even though the Packers did not win the title of EDC Champs, they are happy with what they accomplished there.

"I am still proud of what we did," sophomore Chelsea Gentzkow said. "We all know that we would have won so we are just getting ready for next year."

The Packers had a strong season this year and will be looking forward to a great one next year as well, considering they are only losing two seniors.

"I think the team is going to be really strong next year," senior Gina Doll said. "A lot of the other teams lost a lot of seniors this year, and with only losing Emily Baasch and I, they will have a good team."

The Packers went on to take third at State following North, who took second, and Minot captured first.

"At first it seems like the end of the world, but when you take a step back and look at the season overall, you realize how good we really are," Reiter said.



Megan Brennan

**Q:** What is your favorite thing about swimming?

**A:** I really like the teammates; they are some of my best friends. I also love the sense of accomplishment after a good race or hard practice.



Samantha-jo Saye

**Q:** What do you look forward to next year?

**A:** Winning EDC and becoming one to make our team grow stronger.



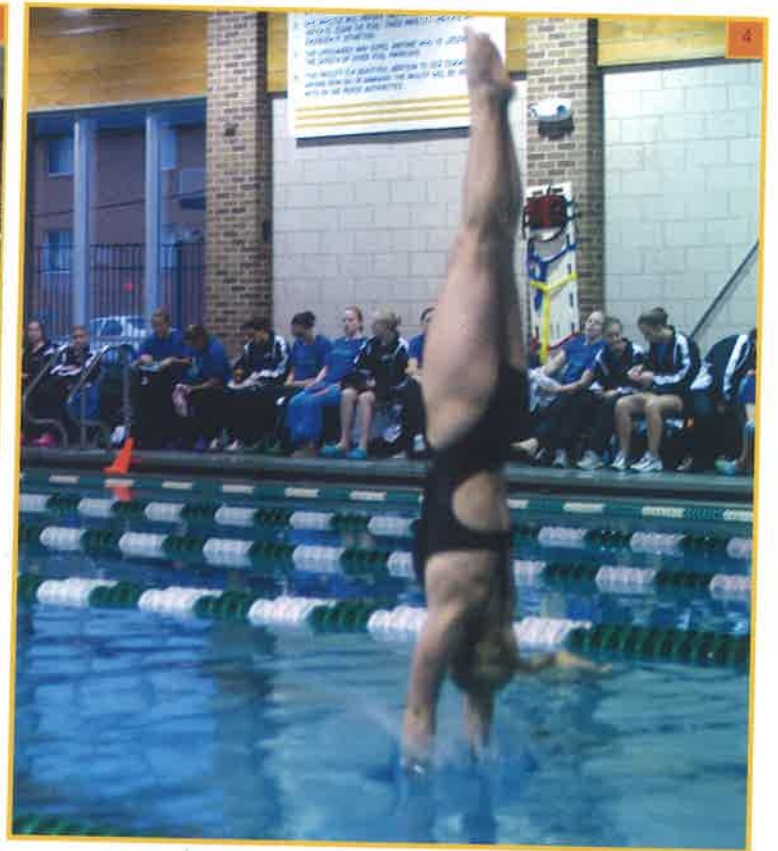
**Photo 1** Working until the end... Sophomore Amy Doll eyes the finish line while taking a breather during her race against Moorhead. "I concentrate on my time and how well I'm doing," Doll said. "The person next to me always makes me push myself so I can beat them." (Photo by Chelsea Holmquist) **Photo 2** Like a fish in the water... While competing with Fargo North, Hannah James treads through the water with an effortless stroke. (Photo by Spencer Davis)



EDC Runner-Up



**Back row (L-R)** Head coach Marsha Dahl, Samantha Hofmann, Meghan Schreier, Megan Brennan, Rachel Kranda, Adele Young, Chelsea Gentzkow, Ashley Kranda, Jill Bechtold, assistant coach Jeff Steele. **Second row** Katie Fretheim, Ashely Reiter, Hall Scholl, Regina Doll, Megan Nelson, Amanda Rowe, Emily Baasch, Amber Tendeland, Hannah James, diving coach Bridget Thomas. **First row** Libby Verberg, Samantha Gunning, Brianna Rortvedt, Alyssa Olson, Samantha-jo Saye, Amy Doll, Krista Windjue, Shelby Ladwig, Paige Weisz.



**Photo 3** That felt great... Junior Ashley Reiter finishes in first place and looks at her fast time at the West Fargo swim meet. (Photo by Chelsea Holmquist) **Photo 4** Walk on water...upside down! Senior Emily Baasch enters the water on a dive against Fargo North. (Photo by Spencer Davis)

# OVERlapping

Story by Jamie Green

## Kuik contributes to both soccer and football

**A**fter a Packer touchdown, the kicking team makes its way onto the field along with senior Nathan Kuik, who gets ready to kick for the extra point. He hears the people cheering at the top of their lungs and listens as the noise of their feet hitting the bleachers echoes in the air. He sets up for the kick and it's good!

This is a typical Friday night for Kuik, who comes to the games right from soccer practice. He is not only the kicker for the Packer football team, but is also the goalie for the soccer team.

Kuik thinks both sports are fun, but they are also nerve-racking. "I am nervous," Kuik said. "I feel a lot of pressure in every sport I play."

One would think the pressure would be different, but that is not the case.

"The pressure is similar in both sports because I do not always have the ball when I play goalie for soccer and kicker for football," he added.

Senior Kyler Eid, who plays on the football team, likes the idea of Kuik getting involved in both sports.

"I think it is cool that he is dedicating his time to both teams and that he is using all of his talents in both sports," Eid said.

Joining two sports at once makes it hard to equally contribute to both teams; the soccer team, however, is not affected by Kuik playing football at the same time.

"It does not affect us much because he is there for the majority of our practices," senior Matthew Harsch said. "If anything, it brings our team closer together because after practice we all go and support him at the football games as a team."

Kuik puts in much of his time contributing to both teams during the same season.

"It is chaotic because I have to go from one practice to the other and sometimes even from practice to a game, but it is a lot of fun," Kuik said.

After kicking the extra point, Kuik walks off the field listening to the people cheer for him to get right back on the field. He sets up the tee and gets ready for kickoff.



**Back row (l-r):** Assistant coach Kyle Millar, assistant coach Jon Melendez, head coach Doug Millar, assistant coach James Moe. **Fourth row:** Jay Cjestrang, Jake Danielson, Michael Schnepf, Jason Moch, Austin Jensen, Joe Glarum, Artan Villahiu. **Fifth row:** Sam Aja, Brandon Millar, Bill Murray, Brandon Fitterer, Adam Salter, Ahmed Abdulle. **Second row:** Kevin Cernik, Justin Erickson, Akhmed Israfil, Matt Harsch, Festim Luzha, AJ Kloehn. **First row:** Trainer Tiffany Fitterer, Richard Wulu, Nathan Kuik, Philip Jahnke, Thomas Mrozla, trainer Abbey Prudlick.

**Photo 1** Don't forget the ball... Senior Thomas Mrozla focuses on keeping the ball in front of him while he advances downfield. (Photo by Spencer Davis) **Photo 2** Just sit back and see how it's done... Senior Michael Schnepf gets ready to make a move while two defenders watch. (Photo by Spencer Davis)



**Photo 3** Juke, scoot and boot it... Junior Jason Moch shakes the defender with his dribbling skills on his way to the opponent's goal. "I listen to my iPod and drink Gatorade before the games," Moch said. (Photo by Spencer Davis) **Photo 4** Let's kick it... After the opposing team kicked the ball out of bounds, senior goaltender Nathan Kuik blasts the ball away with his kick. (Photo by Spencer Davis)



Eric Driscoll

**Q:** What was your highlight of the season?

**A:** The highlight of my season was getting a yellow card against Detroit Lakes. It was my first yellow card and hopefully not my last.



Garrett Anderson

**Q:** What was your biggest accomplishment during the season?

**A:** Switching to midfield before, and the cool thing is that I did better at midfield than I did at forward.



Thomas French

**Q:** What was the hardest part about the season?

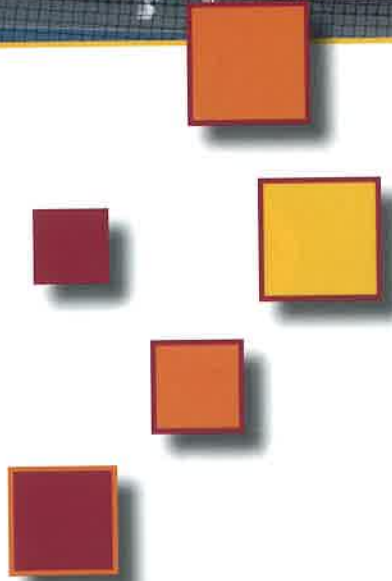
**A:** Learning how to serve and learning the tennis lingo. For example "let", I don't know if that is good or bad.



Brandon Spitzer

**Q:** How would you describe your last tennis season?

**A:** I think it went really well. We didn't exactly get better, everyone else just got worse.



# Tennis season swings away

**Photo 1** Ready, set, serve... In an intense tennis match, senior Brandon Spitzer serves the ball to his opponent. (Photo by Jill Utter) **Photo 2** Reach for the ball... Stretching to reach the tennis ball, junior Shaun Sinner tries to thud it back to his opponent. (Photo by Jill Utter)



**Back row (L-R):** Assistant coach Sean Bourke, Kevin Roberts, Brandon Spitzer, Riley Koehnen, Shaun Sinner, Zach Smith, Jared Koehnen, Kyle Roberts, head coach Chad Anderson. **Front row:** Tom Meyer, Brandon Smith, Thomas French, Brian Olson, Michael Mohn, Brett Garske, Jordan Degerness, Logan Reed, Blake Nelson.



**Photo 3** Run, run, run... Sprinting to catch up to the ball, junior Brian Olson runs to return it while doubles teammate Brandon Spitzer waits along side of him. "I like playing singles better because I don't have to rely on another person to help me win," Olson said. (Photo by Jill Utter)

**Photo 4** Hit the ball... Wacking at the ball, junior Michael Mohn attempts to hit the ball across to his opponent at the West Fargo High School tennis courts. (Photo by Jill Utter) **Photo 5** Catch the ball... Reaching to try and get the tennis ball before it goes out of bounds, freshman Ben Ballweber reaches to save the point. (Photo by Jill Utter) **Photo 6** Get ready... Getting ready to hit the ball, freshman Kevin Roberts runs toward the ball to score a point in his intense match. (Photo by Jill Utter)



# Pressure builds on boys

Packers do not perform at state

Story by Jamie Green

**W**alking into the Bismarck Civic Center, the sounds of referees' whistles whistling, cheerleaders chanting for their teams, fans rooting for players and basketball shoes squeaking on the hardwood floor fill the arena at the State Class A Basketball

Tournament.

After winning their first game at the tournament versus Williston 57-46, the Packer boys were one step closer to their goal of becoming state champions, but soon their dreams were crushed when they lost a tough game to Fargo South in the second round of the tournament, 53-67.

Having taken the title of EDC Champions just the weekend before, the boys had plenty of confidence going into the tournament, but along with confidence came pressure.

"I think we put some pressure on ourselves because in the back of our minds, we knew we had beaten South five times in the last two seasons, and they were due for a win sometime," senior Nathan Kuik

said.

Head coach Greg Limke, however, did not think pressure was the deciding factor at state.

"The pressure is always different at tournament time," Limke said. "All teams deal with the pressure; it's just a matter of how they handle it."

Junior Jason Moch agreed with Limke and did not think the pressure was the reason the team was not as successful as they hoped.

"We were confident going into the tournament after winning EDC and thought we were going to do better," Moch said. "We just didn't play as a team."

Now that all the games have ended and the noises have stopped, the boys only have memories left from the tournament. Even though the season did not end the way they wanted it to with a state title, they still had great success along the way.

"We didn't accomplish our one main goal, but we still achieved most of them," Limke said. "We had a great season."



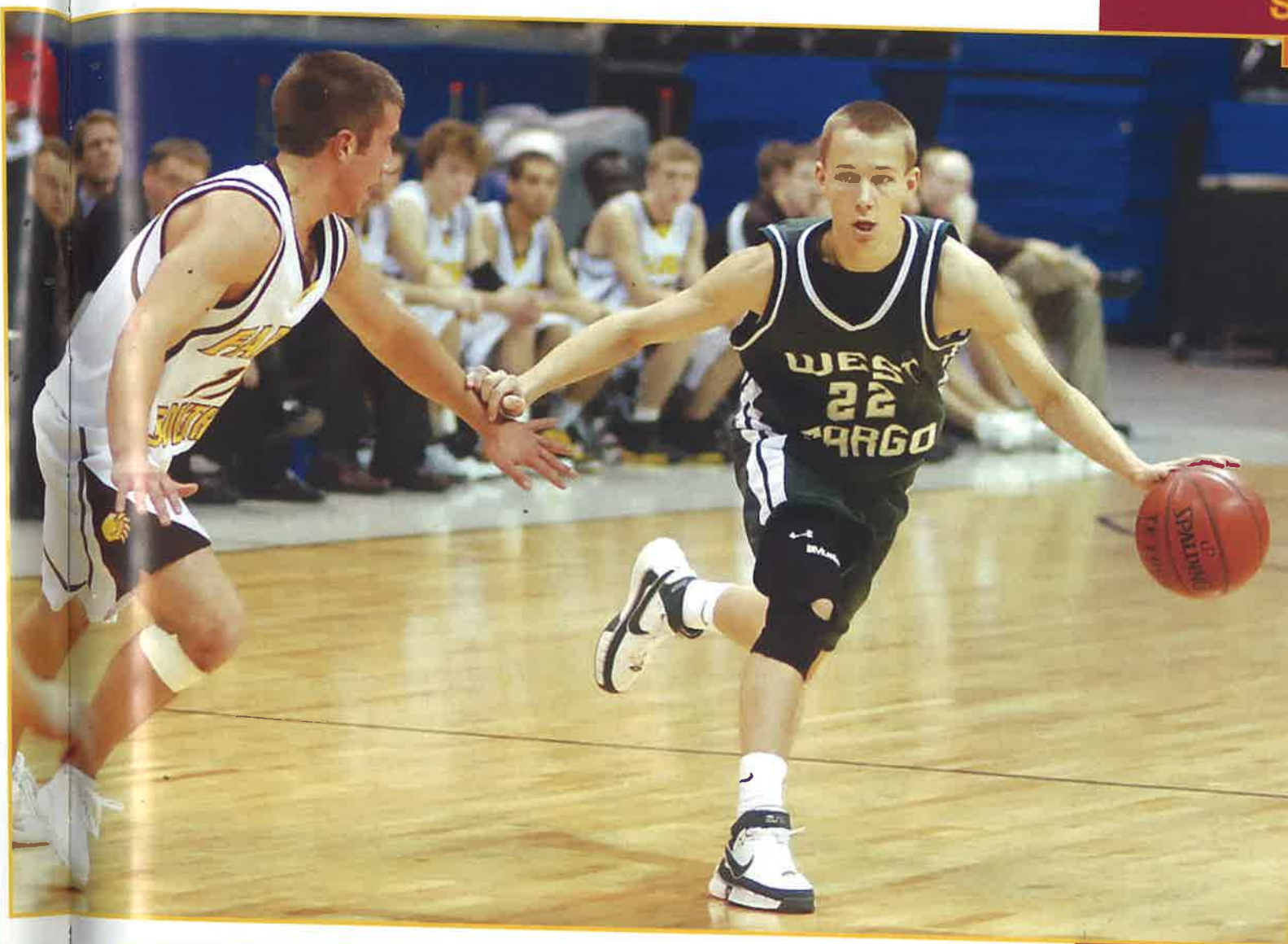
**Photo 1** Getting creative... Finding a way to get off a shot in mid fall, senior Tanner Farkas charges to the basket against Grand Forks Red River. (Photo by Emily Hartley) **Photo 2** You ready for this... Senior Tyler Lund starts his drive to the baseline in the first round of the state basketball tournament. (Photo by Emily Hartley)



EDC Champions



**Back row (L-R)** Assistant coach Rick Anderson, assistant coach Jim Jonas, Michael Schnepf, Jason Moch, Ryan Berglund, Seth Dye, Josh Ferguson, Michael Benson, Jon Reznecheck, assistant coach Brock Storrusten, Greg Limke. **Front row:** Cole Mapes, Brandon Kunze, Alan Neer, David Johnson, Tanner Farkas, Nathan Kuik, Eric Driscoll, Tyler Lund, Tyler Cronbeck.



**Photo 3** Fake left, fake right... Senior Michael Schnepf surveys the court looking for an open teammate while he keeps his dribble alive. "It is good to use your dribble to get into better passing position or to get a teammate even more open by drawing his defender over," Schnepf said. (Photo by Spencer Davis) **Photo 4** Here I come... Senior Seth Dye keeps his eye on the basket in order to score against Dickinson during a state tournament game. (Photo by Whitney Adams)



Jordan Denis

**Q:** What was the best part of the season?

**A:** Getting to practice with the upperclassmen that I was watching when I was younger and wanting to be able to play with them.



Cody Albert

**Q:** What do you look forward to next year?

**A:** I look forward to playing South.

Jv



Carissa Becher

**Q:** What was the best part about playing basketball this year?

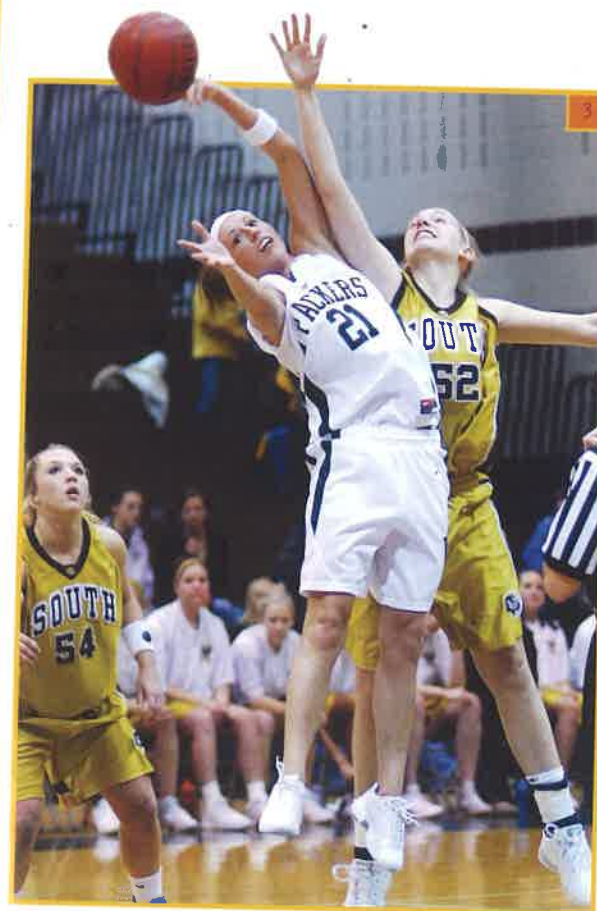
**A:** To have a chance to play with the older girls and playing up.



Danielle Nelson

**Q:** What do you look forward to during next year's season with a new coach?

**A:** I look forward to being very aggressive on the court and working with coach Barbara Metcalf.



# OVÉR jukes

Basketball

## Sixth in EDC

**Photo 1** Take it to the hole... Senior Sadie Doggett works her way through Grand Forks Red River defenders for a layup. "Layups are the easiest shot to make until there is pressure or a game is on the line," Doggett said. "They become much more difficult then." (Photo by Emily Hartley) **Photo 2** It's mine... Junior Jessica Gust battles for the ball with an opposing Devils Lake player. (Photo by Nathan Kuik)



Back row (L-R): Sadie Doggett Fourth row: Amanda Montgomery, Jill Utter. Third row: Miranda Mars, Jamie Green, Whitney Adams, Alyssa Hummel. Second row: Assistant coach Chad Anderson, Blake Selisker, Jessica Gust, Aryelle Jones, head coach Lynette Mund. First row: Statistician James Sweere, student manager Elizabeth Anderson.



**Photo 3** Let the game begin... Senior Jamie Green battles with a Fargo South opponent and wins the tip to start the game. (Photo by Nathan Kuik) **Photo 4** Comin' up the court... Dribbling past a Grand Forks Red River defender, senior Amanda Montgomery charges up the court. (Photo by Emily Hartley) **Photo 5** Fast freeze... While playing against Moorhead, senior Jill Utter makes a quick move to fake out her opponent. (Photo by Emily Hartley)

# OVERcoming obstacles

Story by Jamie Green

## Wrestlers succeed without full line-up

Walking into the high school gym, fans see the Packer wrestlers preparing for the dual. What they don't realize until they open the program is the team will have to forfeit two weight classes because they cannot fill the spots. The Packers have struggled to fill the two missing weight classes all season long, but have learned to overcome it.

With the lack of wrestlers, many would think it would be hard for the team to find success, but they proved them wrong by coming away with an Eastern Dakota Conference championship.

"Our coach talked about how successful we could be a lot," senior Anthony Owens, 160-pounder, said. "We knew as a dual team we were ok, but tournament time was where we could win points. I think we surprised a lot of people."

The confidence of winning EDC carried on as the wrestlers went into the state tournament.

"We were pumped and way more confident," senior Lex Lunde, 145-pounder, said. "It helps when you have all that momentum going into the tourna-

ment."

Even though the team took the EDC title, senior 135-pounder Anthony Charbonneau tried not to think too much about it while he prepared for state.

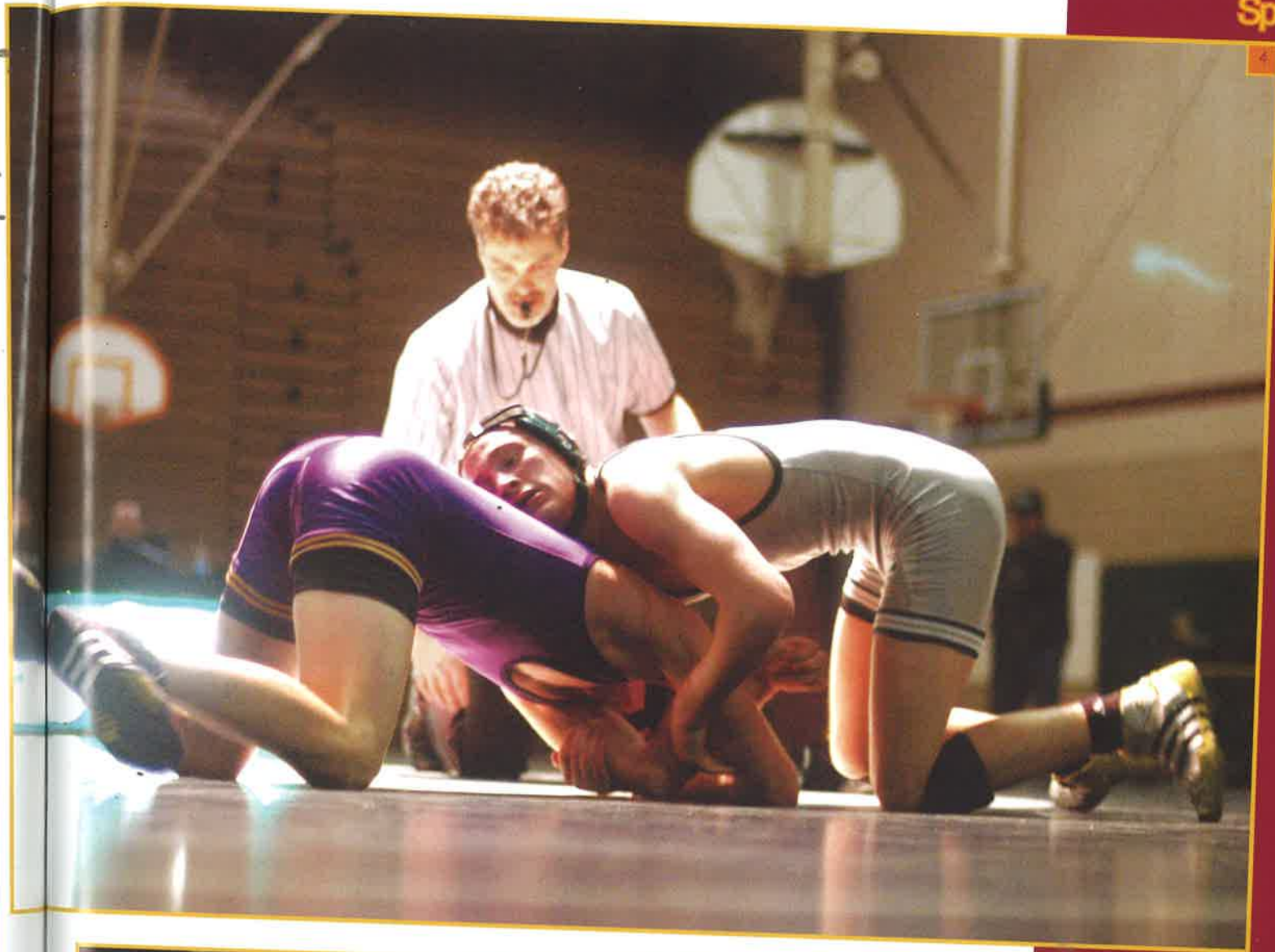
"To be honest, I treated it like any other win," Charbonneau said. "After EDC the slate gets wiped clean in my mind. My record going into the state tournament is 0-0."

Throughout the season the Packers have overcome the fact that they were trying to defeat teams despite the lack of wrestlers in the roster, but this has not stopped them from finishing out the year on a good note.

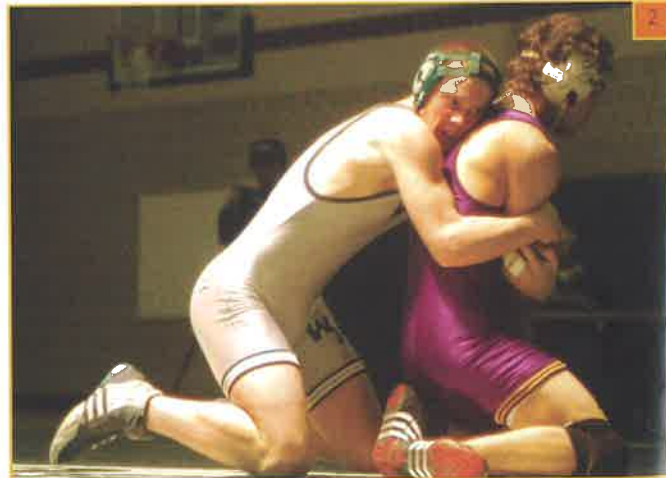
Along with becoming EDC champions, the team was runner-up at the State Tournament behind a Bismarck High team that has potential to be nationally ranked.

The wrestlers have overcome the obstacles they faced, and it is a bit-sweet ending for them.

"It was fun to end the season with a solid performance, but hard when it's my senior year," Lunde said.



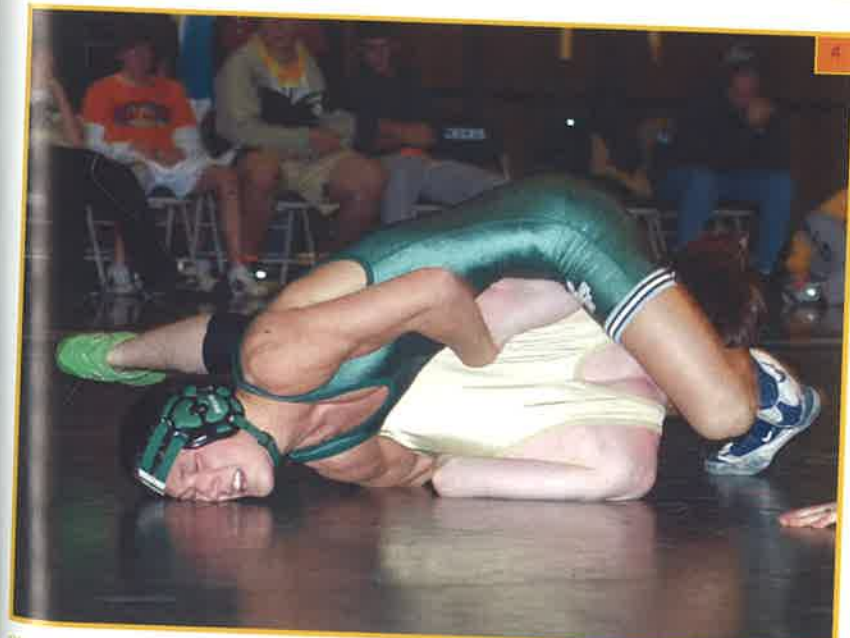
**Photo 1** Missed me... During practice, senior 135-pounder Anthony Charbonneau jumps just in time before senior 140-pounder Dusty Holmes can trip him. (Photo by Victoria Hackett) **Photo 2** Take him down... Freshman 152-pounder Reed Olson tries to keep down his opponent during a dual against Wahpeton. (Photo by Whitney Adams)



**EDC Champions, State Runner-Up**



**Photo 3** Head coach Kayle Dangenud, Dustin Holmes, Curtis Crowe, Jacob Mitzel, Mark Roe, Austin Casserza, Tim Sola, Jordan Johnston, assistant coach Nick Ibach, assistant coach Jeremy Murphy. **Photo 4** Statistician Cristina Martinez, John Jasken, Lex Lunde, Zach T. Vetter, Scott Schiller, Tony Owens, Tyler Kennedy, David Vetter, statistician Johanna Erickson. **Photo 5** Statistician Steve Kinsolls, Ben Gould, William Krumwiede, Reed Olson, Zach Neer, Jo Johnson, Anthony Charbonneau, trainer Britta Stralvin, assistant coach Ben Imdieke. **Photo 6** Statistician Nicole Schmidt, Jordan Pasion, Zach G. Vetter, Seth Pegg, Cameron Ramberg, Tom Kuehn, statistician Emily Baasch.



**Photo 3** Butcher him... Junior 125-pounder Austin Cassezza goes for the pin with a butcher move on his opponent during the dual against Wahpeton. "You can't decide on a move," Cassezza said. "You just kind of take what your opponent lets you take." (Photo by Whitney Adams) **Photo 4** Back to the mat... Working his Fargo South opponent's shoulders to the mat, senior 130-pounder Cameron Ramberg attempts to pin him at the home dual. (Photo by Spencer Davis)



**Tim Sola**

**Q:** What was your highlight of the season?

**A:** Seeing all of my hard work pay off at EDC and watching Mr. Murphy get hit in the face with a dodgeball.



**Jacob Mitzel**

**Q:** What was the most difficult part of the season?

**A:** The intensity of the workouts and the heat in the wrestling room.



# Team loses spirit during season

Story by Tony Owens Boys hockey looking for leadership

**T**eam unity is a factor found in all good teams. When playing as a team one can win as a team. This factor was in the boys hockey turnout this season. Lack of leadership could be an aspect that led to the poor turnout for the boys hockey team this year. The team obtained a record not many players were satisfied with. Senior Garrett Smith was not happy with the season. "We were a good team but it never showed on the scoreboard," Smith said. The season, however, was not a complete failure with four wins coming in the last few games. Members of the team believe the season could have turned out different. "[It] could have been a lot better," junior Nathan Halda said. He added more leadership and less inexperience would help the team have a better season.

The team ended the season with a 4-15-1 record. In years past, they were never known for their dominance on the ice, but they had more leadership than this year.

Lack of team unity was another thing leading to the downfall of the team this season.

Team activities and fun get-togethers were ideas the seniors and coaches tried to help encourage them to work together as a team, but in the end it just came down to more punishment.

"[We ended up using] discipline more than leadership," Eid said.

Nothing new in the way they were playing changed towards the end of the season, but the schedule did change for the better.

"We played our easy part of the schedule," Halda said.

According to Halda, recruiting is needed for a better season next year. With the possibility of returning five juniors from this year, recruiting could be useful.



**Photo 1** Outskating the defense... Using his offensive skills, junior Jared Koehn takes the puck toward the goal. "It's easier to progress towards the goal with the team because you have more people to get your goal," Koehn said. (Photo by Victoria Hackett) **Photo 2** Always protect the puck... Senior Bryant Sanderson wedges his body in between the boards and a Grafton player in an attempt to keep possession of the puck. (Photo by Nathan Kuik)



**Back row (L-R)** Assistant coach Tim Capouch, Derek Sand, Tyler Vareberg, Jared Koehn, Nathan Halad, Jace Holm, Dustin Jonasson, Jordan Olstad, Nathan Borchardt, Brandon Tendeland, Eric Heiden, assistant coach Dustin Moser. **Second row:** Kirby Keller, Jacob Springer, Aaron Sanderson, Garrett Smith, head coach Ross Richards, Tyler Eid, Adam Lester, assistant coach Troy Miller, Bryant Sanderson, Levi Kouba, Kyle Shoman, Cole Peterson. **Front row:** Student assistant Ashley Pokrzywinski, student assistant Cayla Dallmann.



**Photo 3** Time to battle... Junior Nathan Halda battles for position with a Grafton player, while senior Garrett Smith looks on. (Photo by Nathan Kuik) **Photo 4** Not in my house... As a Grafton player attempts to score, sophomore Landon Knoll does his best to block the shot. (Photo by Nathan Kuik)



Jordan Steckler

**Q:** What was your most memorable moment this year?

**A:** The practice that Ross kicked everyone off the ice and cursed everyone out.



Tyler Vareberg

**Q:** What do you look forward to next year?

**A:** Playing in varsity games and being the hardest working player of the season.

# Girls hockey dominates

Story by Jill Utter

## Successful first year for high school team

A hockey player skates down the ice while maintaining the puck within reach of the stick. While weaving in and out of the aggressive defenders, the skater fakes the goalie out and scores. Everyone in the crowd cheers excitedly. The skater gets congratulated by her teammates as she skates towards the bench. She then takes off her helmet as her hair flows in the cool arena; this is not boys hockey anymore. Girls hockey has taken over in the high school arena.

After years of waiting, West Fargo finally has a girls hockey team competing at the high school level rather than co-oping with the Fargo North team.

"Before this year there were not enough girls to try out to have a complete high school team," sophomore Kelsey Kloos said. "But the numbers are finally high enough to make a complete team."

Despite the fact this team is young, they finished the season second in the EDC and second at state, where the young players truly stepped up their performance.

"It was different playing with these girls instead of being on the North team just because at North there weren't a lot of younger players," senior Cassie Beckerleg said. "After a while though the younger girls started to learn and play with more confidence."

The team continually improved with each game they played throughout the season.

"There was pressure to keep winning and playing well, but we just pretended that the other team was ahead of us the entire game," Kloos said. "We just continued to battle it out one step at a time for the entire game."

The young team has been extremely successful in its first year at the high school level, and hopefully the victories will continue in years to come.

"I think we will get better as we increase in age, strength and experience," freshman Kacie Johnson said.

The girls hockey program left a mark for its first year at the high school level and is giving the boys hockey team some prime competition.



Photo 1 Score... West Fargo hockey girls celebrate after scoring a goal against Williston. (Photo by Victoria Hackett) Photo 2 Not in my net... Using her defensive skills, senior Amanda Rudlang clears the puck away from her own net. (Photo by Victoria Hackett)



State Runners-Up



Back row (L-R) Head coach Pat Johnson, Katlyn Springer, Paige Swanson, Briana Keller, Melanie Sopp, Tia Lopez, Victoria Krynski, assistant coach Darin Bardal. Second row Student manager Nicole Eisenzimmer, Kacie Johnson, Alison Klug, Missy Halda, Alyssa Lind, Katelyn Peterson, Courtney Ellenson, student manager Brooke Yochim. Front row Alison Sund, Jamie Springer, Kaylee Lothspeich, Cassandra Beckerleg, Amanda Olson, Kelsey Kloos, Amanda Rudlang.



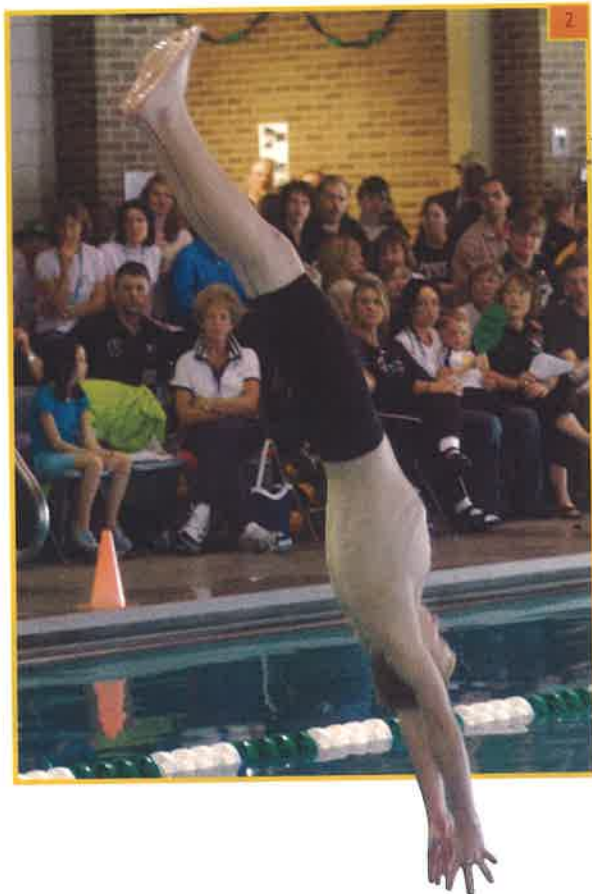
Photo 3 Face off... Sophomore Kelsey Kloos attempts to keep the puck away from her opponent. "There isn't a lot of pressure during a face off," Kloos said. "Offensive you want to win, defense you want to get it out." (Photo by Victoria Hackett) Photo 4 That's my puck... Freshman Kacie Johnson glides after the hockey puck to try to make a goal. (Photo by Victoria Hackett)



**Melanie Sopp**  
Q: What was the most exciting moment of the season?  
A: Being able to play in our first state championship game against a rivalry team. Also, being about to play on our first varsity hockey team.



**Allison Klug**  
Q: What was the most nerve-wracking game? Why?  
A: Our home game against North. I had a bad injury and it was the first game I skated in a month. And, I wanted to beat them badly.



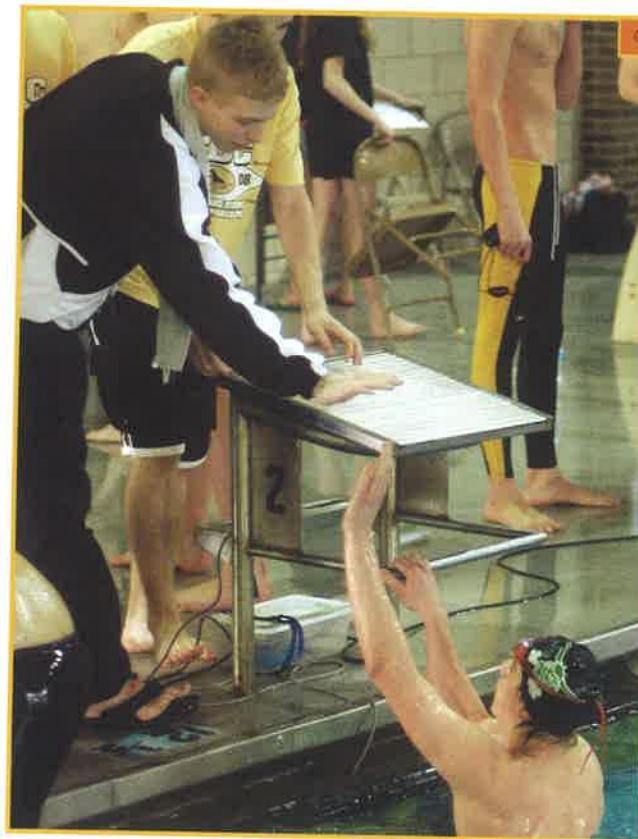
# Boys Swimming finishes strong

## EDC Champions, State Runners-Up



**Back row (L-R):** Assistant coach John Loberg, Alex Windjue, Daniel Hulbert, Sam Jacobs, Jared Grindahl, Jacob Weible, Adam Smestad, Jacob Danielson, head coach Marsha Dahl. **Third row:** Christopher Burck, Nate Peterson, Kevin Roberts, Eric Benson, Travis Stadum, Riley Spiker, Zach Cormican, Tyler Laufenberg, Kyle Roberts, Jared Sykora. **Second row:** Thomas French, Alan Repak, Nick Reitan, Ethan Doll, Austin Keller, Cody Smith, Nicholas Leopold, Justin Gibson, Ian Crawford. **First row:** Cameron Dutt, Lam Nguygen, Branden Smith, Ethan Odegaard, Kevin Roberts, Victor Sjoblom, Nick Huesby, Garret Sjue, Ryder Neva.

**Photo 1** On your mark, get set, go... Sophomore Austin Keller readies himself for a race during the EDC championship swim meet at West Fargo. (Photo by Nathan Kuik) **Photo 2** Smooth as butter... Freshman Kevin Roberts attempts to get his body ready to slice into the water. (Photo by Nathan Kuik)



**Photo 3** Don't forget to breathe... Senior Alex Windjue powers himself through the water with the breaststroke during the EDC swimming championship. "At EDC our team came together and worked as one to become EDC champs," Windjue said. (Photo by Nathan Kuik) **Photo 4** Give it your all... Senior Jacob Danielson takes a split second to catch a breath while swimming in the EDC swim meet. (Photo by Nathan Kuik) **Photo 5** Flying out of the water... Freshman Nicholas Leopold swims the butterfly during the Moorhead swim meet. (Photo by Victoria Hackett) **Photo 6** Good race... After a race at the EDC championship swim meet, freshman Nathaniel Peterson reaches out of the water to give freshman Kevin Roberts a high-five. (Photo by Nathan Kuik)



Jacob Weible

**Q:** What was the hardest part about the season?

**A:** The hardest part would be getting into shape because I know I can race fast, but my body is not ready to go as fast as I want to.



Zach Cormican

**Q:** How would you describe your season?

**A:** I did really well this season. At both EDC and State, I placed top five in all my events with one relay winning at EDC and another one at State.

# Dance team OVERcomes adversity

Story by Jamie Green

## "Cult" comments have no effect on Packatahnas

**B**rown hair, bangs and Mystic Tans are all part of the similar look of the West Fargo Packatahnas. Many people make fun of the dancers by calling them names for looking so similar. The fact that they think of the team as a "cult" and the loss of many dancers are not affecting the dance team. Working hard is their main objective and has paid off this season.

As far as being referred to by some people as a "cult" for looking similar, they try not to let it bother them much.

"I think it is kind of funny," senior co-captain Tania Peters said. "We just like to do it because it makes us look more as one and it just looks better."

Even though many of the dancers have quit, the members of the team do not think having to look similar is a factor in losing them.

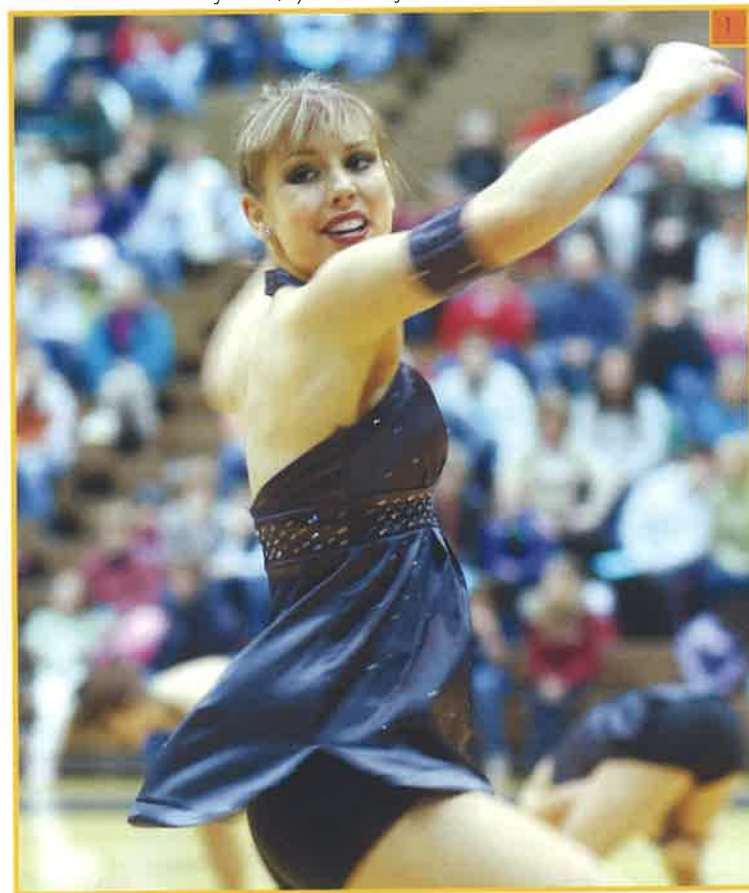
"I think it is just too time consuming, and some people are not interested in it as much anymore," junior Shayla Lund said.

Former dancer, senior Katie Kapel, agreed with Lund and admitted she just wanted more free time to prepare for college and to spend with friends.

"We accomplished everything we could when I was on the team, so I decided to take my senior year off for other things," Kapel said. "It was a great three years while I was a part of the team."

The Packatahnas have overcome the loss of dancers and the false remarks about being a "cult." Despite the people who criticize them, the Packatahnas have once again proven successful at Nationals in Florida. They took 11th place in the Pom Division and received third place in the High Kick Division.

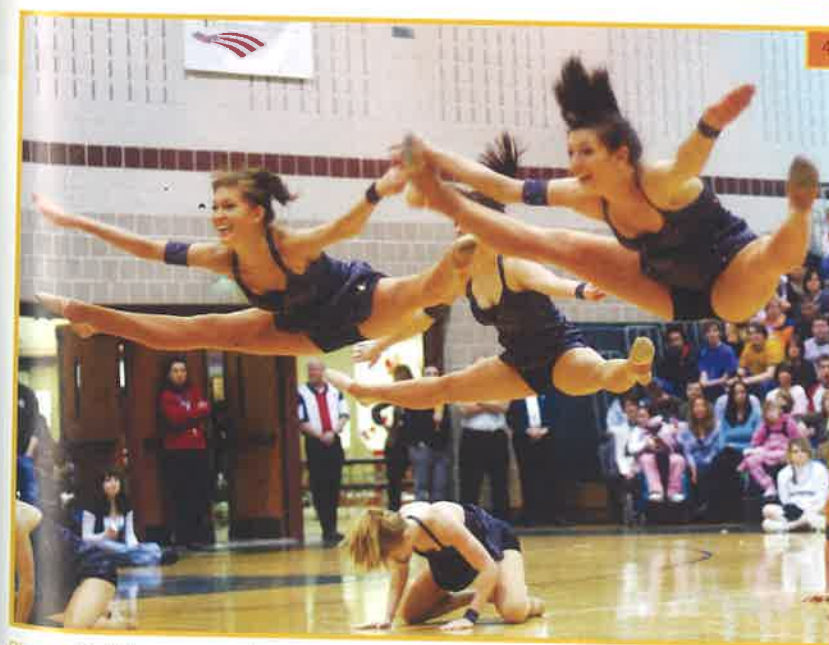
"We were happy with our performance," Peters said. "After we perform the scores are out of our control."



**Photo 1** It looks easier than it is... Senior Packatahna Emily Dahley dances effortlessly with poise and emotion as she moves across the floor. (Photo by Spencer Davis) **Photo 2** I can't see... With hoods up and legs in the air, juniors Claire Moltzan, left, and Hillary Ehlen perform their hip-hop routine in front of classmates at the winter pep rally. (Photo by Abby Paul)



**Back row (L-R)** Assistant coach Jordan Jost, head coach Gretchen Stafslie, assistant coach Sonja Butenhoff. **Third row** Dre Halle, Erikka Holmes, Nicolette Koehmstedt, Allison Heinen, Meranda Harris, Elizabeth Kossan. **Second row** Sasha Steichen, Tania Peters, Hillary Ehlen, Kristina Yerisov, Haylee Swanson, Emily Dahley, Maryjo Nelson. **First row** Haylee Preabt, Krysta Ronning, Shawna Wienkowsky, Shayla Lund, Jordan Rezneck, Claire Moltzan.



**Photo 3** It's all about team work... While dancing her butt off for a competition, senior Tania Peters leads the way for the Packatahnas during their pom routine. "As captains, Shayla and I help pump up the team and lead warm up and stretches," Peters said. (Photo by Spencer Davis) **Photo 4** Flying high... Sophomore Allison Heinen and junior Shayla Lund leap with legs spread in the air as they perform for the crowd at the winter pep rally. (Photo by Abby Paul)



Shannon Wright

**Q:** What was the best part about dancing this year?

**A:** Dance this year was really fun. The best part I would say would be winning state.



Kathrine Roth

**Q:** What was your biggest accomplishment this year?

**A:** My biggest accomplishment this year would be having the privilege to dance on the team.

Jv



Melissa VanCleve

**Q:** What was the hardest part about the season?

**A:** The hardest part was getting the competition routine together and getting it all to flow.



Ashley Ridder

**Q:** What do you look forward to next year?

**A:** I made varsity for next year, so I'm excited to cheer at varsity games. Also, I will get to compete in more competitions.



# Cheerleaders loud and proud

**Photo 1** Spreading the spirit... Junior Taylor Blake-way and sophomore Beth Beyer cheer with pom-poms at a football game. (Photo by Abby Pau) **Photo 2** Ready, and up... Performing at the fall pep rally, sophomore Sarah Beyer is lifted up by teammates to do a cheer. (Photo by Emily Hartley)



**Back row (L-R):** Head coach Jenni McLean, Jessica Leno, Chelsea Hermanson, Taylor Blake-way, assistant coach Megan Emerson. **Fourth row:** Alayna Krantz, Jennifer Haaland, Brenna Johnson. **Third row:** Leah Camery, Sarah Beyer, Beth Beyer, Andrea Johnson. **Second row:** Kelsey Thoreson, April Andersson. **First row:** Jessica Hasse.



**Photo 3** Packer team is number one... Junior Taylor Blake-way and sophomore Brenna Johnson use their sharp moves to cheer at a girls basketball game. "It is especially important to be precise when we are stunting because if we aren't, the three other people in our stunt group get off count, and the stunt won't go up," Blake-way said. (Photo by Emily Hartley) **Photo 4** Jump for joy... Freshman Chelsea Hermanson cheers while leaping into the air at the winter pep rally. (Photo by Abby Pau) **Photo 5** Beat the Coyotes... Junior mascot Taylor Blake-way, sophomore Alayna Krantz and junior Andrea Johnson cheer with the student section in the first round of the state basketball tournament. (Photo by Emily Hartley) **Photo 6** Shake it baby, shake it... Cheering at state basketball, freshman Jessica Hasse shows her spirit. (Photo by Emily Hartley)

# Baseball starts season late

## Weather holds boys back Story by Jamie Green

**E**ver since baseball tryouts started, the boys are itching to get out onto the field; however, there is one major set-back, the weather. The team postponed their first two games because of fluke snow storms, which got them off to a slow start. The snow and bad weather kept the boys practicing inside for almost a month, which is unusual for this time of year.

"This year has definitely been the worst year as far as weather has been," head coach Brett Peterson said.

"We only had two practices outside before our first game and one was on a softball field," senior Luke Steckler said. "It sucks, but we kind of expected to be inside for a while."

Practicing inside is different than being out on the field, because the team can only do so much. It is hard for the boys to get into a rhythm because they are not getting consistent repetitions in their hitting and fielding.

"It gets monotonous," senior Bryant Sanderson said. "It is sort of a disadvantage to us, because it affects our fielding and other aspects of the

game. It will take time to get used to practicing outside."

They were upset that they were inside so long and were excited to get back outside.

"It sucks because we didn't get to play games when the weather was bad," senior Rodolfo Astran said. "Practicing inside gets too crowded, and you always have to make sure everyone has something to do."

As the season progressed, it became more difficult to fit in all the cancelled games due to the weather.

"The hardest part about it all is that we have 14 games left to be played this season and only nine days to play them in," Peterson said.

Now the snow melted and the team has a few games under its belt. They are ready for the rest of the year, but know it will take a while to get back into the swing of things.

"It will take some time to adjust to being outside," senior Joshua Ferguson said. "We just need to get more repetitions in out on the field and practice more to get used to everything."



**Photo 1** You're out... During a game against Devils Lake, senior Lucas Steckler tags out a runner at second base. (Photo by Nathan Kuik) **Photo 2** Not my pitch... Staring down the pitch, senior Jonathan Schroeder decides if he should swing or not. (Photo by Nathan Kuik)



**Back row (L-R)** Assistant coach Brock Storrusten, head coach Brett Peterson, assistant coach Shannon Miller. **Fourth row** Lance Rosencranz, Jared Reber, Joshua Ferguson, Trevor Plehal, Bryant Sanderson, student trainer Tiffany Fitterer. **Third row** Lucas Steckler, Tyler Gronbeck, Jonathan Schroeder, Aaron Sanderson, Alex Pribula. **Second row** Peter Weber, Eric Benson, Jordan Johnson, Cole Mapes. **First row** Rodolfo Astran, Philip Jahrike, Anthony Charbonneau.



**Photo 3** Won't get past this... Keeping his eye on the runner, senior Jonathan Schroeder positions himself to tag a Fargo North opponent at the plate. "It is the best feeling in the world knowing you are going to get someone out at the plate," Schroeder said. "I especially like when there is a collision and the umpire has to wait for the dust to clear to make the call." (Photo by Nathan Kuik) **Photo 4** Bring the heat... Looking towards home, senior Rodolfo Astran tries to strike out a Devils Lake batter. (Photo by Nathan Kuik)



**David Johnson**

**Q:** What is your favorite part about baseball?

**A:** My favorite part was chewing a lot of gum in the dugout.



**Matthew Strahm**

**Q:** What makes you interested in baseball?

**A:** I have had a bat and a glove in my hands as long as I can remember.



# Season **OVER** for Sluke

Injuries infest softball team

Story by Jamie Green

**S**ickness, shin splints and collarbone injuries are taking over the softball team this season. Many different players sat out for various injuries, which forced the team and some younger players to step up throughout the year. Most of the talk, however, was about the Packers starting pitcher, junior Andrea Sluke, who sat out the last half of the season with a dislocated collarbone. Many of the injuries were dealt with and healed throughout the season, but Sluke's case was not as fortunate. "When I first heard about it I just thought she would be out for a while," junior Aryelle Jones said. "She had a similar problem last year, so I didn't think it was that big of a deal." Since Sluke's injury occurred, many girls made a big contribution. "They [junior Allyson McCracken and freshman Kacie Johnson] have done a good job stepping up pitching for us," senior Maggi Nicholls said. "I think the team as a whole has done a good job of that also because we know we need to pick up the slack."

Jones agrees with Nicholls and thinks they need to focus more on the important aspects of the game and teamwork.

"We need to focus more on defense and be less dependent on the pitcher," Jones said.

When batting is the only thing Sluke can do every day at practice, it easily gets old and annoying. It is also frustrating for Sluke because a dislocated collarbone is unusual in this area, so it is difficult to get answers. Waiting for an answer is the only option now.

"Right now I have an appointment with a doctor in Minneapolis, which is close compared to my other options in Alabama or California," Sluke said. "We are pretty sure surgery will be my only option."

The team faced many setbacks due to all the injuries and sickness this season, but the Packers feel they can overcome them in the end.

"I think this all has affected our team in a good way," Nicholls said. "It just shows how much of a team we are and how good we can perform even with some major setbacks."



**Photo 1** Just got it... Bending down to reach the ball, junior Aryelle Jones snags a grounder during the Fargo North game supporting breast cancer. The Packers went on to capture their 11th consecutive state title. "There was pressure going into the championship game, but we didn't care if we won or lost," Jones said. "We just didn't want any regrets." (Photo by Nathan Kuik) **Photo 2** Let it fly... Looking towards home plate, junior Andrea Sluke finishes her warm-up pitches during the home game against Bemidji. (Photo by Nathan Kuik)



**11-time State Champions**



**Back row (L-R)** Head coach Patrick Johnson, Andrea Sluke, Aryelle Jones, Danielle Nelson, assistant coach Matthew Johnson. **Second row** Lindsey Levin, Kacie Johnson, Allyson McCracken, Brooke Yochim, Madison Anderson, BreAnne Gregory. **Front row:** Stevi Kinsella, Rebecca Pegg, Maggi Nicholls, Katie Fretheim, Victoria Krynski.



**Photo 3** Always protect home... With a look of determination, senior Rebecca Pegg blocks home plate and tags out the Fargo North runner. (Photo by Nathan Kuik) **Photo 4** Come up throwing... After grounding the ball, junior Lindsey Levin looks towards home plate while throwing the ball. (Photo by Nathan Kuik)



Tara Brekke

**Q:** What was your most memorable moment this year?

**A:** I was at first and I had a really big lead off, so the catcher threw it to first and I ran to second. They had no idea what hit them.



Kelsey Daul

**Q:** How do you prepare for a game?

**A:** I get myself in game mode (the bubble) and think about plays that we've worked on and get fired up. I also sing "Do You know? (Ping Pong Song)."

# Girls soccer faces more pressure

## Season record important to state Story by Jamie Green

Usually with only a few weeks left in a sports season, the team starts to prepare for the EDC Tournament, but not West Fargo's girls soccer team. In soccer there is no EDC Tournament; the team's season record is what can make or break them in making it to the State Tournament.

Trying to make it to state is nerve-wracking enough when there is an EDC Tournament, so not having an extra opportunity puts more pressure on the soccer teams.

"It's kind of unfair because sometimes you just have a bad game, and if you lose it's a big deal because it counts against your record," senior Lindsay Kloos said.

If the season does not go as planned the team would not be able to go to state, increasing the pressure to do well. For example, the team lost to Red River and Shanley by one goal this year, which is a major setback that adds pressure to the team.

"I think there is definitely more pressure because you don't have EDC to fall back on for one last chance if the season doesn't go so well," sophomore Courtney Voeller said.

Co-head coach Laura Preston thinks the pressure might be something to make the girls work harder.

"I think it may be more of an incentive for the girls to do well because they constantly know their place," Preston said.

When the end of the season rolls around, the girls know their season record is what they need to worry about. They ended up losing to Red River in a state qualifying match 3-2. Even with the loss at the end of the season the coach does not mind the qualifying requirements for the regular season.

"It doesn't bother me for the fact that you can keep track of your own points. You get one point for a win and tie and no points for a loss," Preston said. "That way you always know where you stand and what you need to do to achieve your goal."



**Photo 1** Standing her ground... Shielding the ball from a Fargo North player, sophomore Courtney Voeller decides what to do with the ball. (Photo by Nathan Kuik) **Photo 2** First to the ball... Beating one defender, freshman Katlyn Springer looks what to do next with the ball. (Photo by Nathan Kuik)

**Back row (L-R)** Student assistant Brandon Fitterer, student assistant Jacob Danielson, co-head coach Jon Melender, co-head coach Laura Preston, JV coach James Moe, student manager Brian Keller. **Front row** Student manager Matthew Harsch, Andrea Muller, Cassandra Beckerleg, Emily Hartley, Courtney Voeller, student manager Thomas Mrozla. **Second row** Abby Prudlick, Allison Muller, Emily Holland, Kelsey Kloos, Christina Lammers. **Third row** Hillary Hugelien, Kayla Miller, Regina Doll, Tia Lopez, Paige Swanson, Kaylee Lothspeich. **Fourth row** Lindsay Kloos, Amy Doll, Mara Johnson, Hillary Olheiser, Katlyn Springer. **Fifth row** Alyssa Lind, Megan Rotert, Natasha Sellheim, Nicole Brokmeier.



**Photo 3** That didn't feel good... Concentrating on the ball, senior Lindsay Kloos tries to gain the upper hand on an opposing Devils Lake player. The Packers beat Devils Lake 10-0. "The first half we had a hard time scoring, but the second half was better," Kloos said. (Photo by Nathan Kuik) **Photo 4** Can't catch me... Freshman Kaylee Lothspeich does her best to dribble away from an opposing Fargo North player. (Photo by Nathan Kuik)



**Lexi Jackson**  
**Q:** How have you improved your game this year?  
**A:** By practicing and learning new things has got me to improve a lot more this year than last. We communicate better on the field and that helps with passing, scoring and working just as a team in order to win.



**Natasha Sellheim**  
**Q:** How has pulling a muscle affected you this year?  
**A:** It affected me because I couldn't do anything during tryouts and I couldn't make varsity. I also couldn't play for a while and I was behind the other girls.

# Sophomore sprinter runs **OVER** records

Story by Jamie Green

## Grooters strides through five track times

**R**unning, high jumping and breaking records, sophomore Ellie Grooters does it all. The young Grooters has been running on the varsity track team for four years and is starting to make a name for herself.

Grooters has set five records throughout the season in running events including the 100-meter dash, 200-, 400-, 100-meter hurdles and 300-meter hurdles; however, the pressure to run well every race is not as great as one would think.

"I don't feel any pressure to run," Grooters said. "It's more pressure coming from the competition to keep performing well."

As young as Grooters is, she is already becoming a leader on the track team. Typically, this is seen from an older athlete, but with her four years of varsity experience, Grooters is becoming comfortable in this position.

"I think the runners, especially the young ones, look up to her

because she leads by example," junior Sarah Denne said. "She works hard every day and is a good role model for them."

Sprinter coach Randy Holzmann enjoys having a young athlete with so much talent on the team.

"It definitely makes things interesting because it seems like you can put her in almost any event and she can qualify for state and even break school records," Holzmann said.

Grooters likes many different aspects about track, and one of her favorite parts about it is pushing herself to achieve her goals.

"I like how you always have opportunities to set new goals for yourself and how you can always work at getting your time down," she said

After all the events in which Grooters has succeeded, the name she is making for herself on and off the track is growing.



**Photo 1** The face of determination... Sophomore Brandon Gibson and senior Kyle Eid push themselves to the limit while running the 100 meter dash during a meet at West Fargo. (Photo by Nathan Kuik) **Photo 2** Go for it all... Sophomore Rebecca Capouch leaps into the sand pit hoping to get a long jump during an indoor track meet at NDSU. (Photo by Nathan Kuik)



**Photo 3** All alone in front... During a track meet at West Fargo, sophomore Ellie Grooters jumps over her last hurdle en route to winning the heat. (Photo by Nathan Kuik) **Photo 4** This is nothing... Junior Adam Salter clears the bar in the high jump during a meet hosted by West Fargo. "I was really excited and nervous for state, but it was fun because we did really well as a team," Salter said. (Photo by Nathan Kuik)



**Photo 5** Anthony Ross, Brock Drayton, Kene Okigbo, Luke Solum, Austin Nelson, Lane Nelson, Aaron Watne, Spencer Uetz, Cody Mammenga, Gentry Lee, Ryan Berglund, Trevor Brossart, Jordan Ulven, Jason Walker, Ross Montgomery, Jay Giestvang, Tatum Grandstrand, Matthias Price, Zachary Stromsodt, Braeden Regner, Travis Stadium, Nicholas Nelson, William Kuehn, Adam Salter, Damiir Kolakovic, Kirby Keller, Steven Hay, Tyler Hewson, Tyler Lund, Kyle Eid, Kevin Cemik, Nicholas Williams, Shane Hillen, Dillon Dulles, Alexander Ringdahl, Jamison Gehrig, Andrew Braaten, Justin Gibson, Scott Salter, Jacob Kroke, Brandon Gibson, Nels Lund, Zachary Hofmann, Erik Schmalz, Levi Bachmeier, Adam Solum, Thomas French, Ryan Mischel, Kevin Klaers, Kyle Bailey, Nicholas Larson, Joshua Hanson, Jordan Gleason, Branden Smith, Joshua Fry, Colton Schulz, Whitney Walsh, Sarah Denne, Christine Baltezero, Allison Barta, Maria Brekkestran, Alys Eidenshink, Meghan Meyer, Emma Grant, Meranda Harris, Jennifer Parsons, Malaya Johnson, Ellie Grooters, Ashley Walters, Jill Gustafson, Alyssa Hummel, Jordan Sanders, Sadie Waite, Alicia Schroeder, Kaitlin Sneed, Hayley Haberer, Ashley Reiter, Megan Nelson, Alissa Mears, Sondra Booth, Cassandra Saylor, Jolee French, Cherae Reeves, Rebecca Capouch, Kaitlyn Stoppler, Brooke Grooters, Megan Turner, Leah Hermanson, Victoria French, Anna Ruten, Hillary Ehlen, Megan Sather, Erin Sistaad, Brooke Lisburg, Chenelle Parr, Britny Bucholz.



Ellie Grooters

**Q:** How do you feel your personal success will affect you next year?

**A:** My success from this year will help because it will give me more confidence but also push me to keep doing better.



Spencer Uetz

**Q:** How will your relay be affected by the loss of the seniors next year?

**A:** Our 4x8 team had a great season, but we are really going to miss Lane [Nelson] and Travis [Stadium] next year. We have lots of young talent coming up, but nobody is going to be able to replace the leadership and friendship of those two.

# OVER achieving greatness

Story by Jill Utter

## Athlete's talent shines on and off the court

**T**he volleyball launches over the net, and she receives an ace for the team. She steps behind the three point line and shoots the basketball as it swishes through the net. She chases after the tennis ball and smashes it on to her opponent's side. Senior Sadie Doggett puts a large amount of dedication and hard work into the sports she plays and yet still manages her time with her academics to maintain a 3.95 grade point average.

Such a committed athlete and determined student could have a successful sports and academic career in college, but Sadie Doggett does not want to pursue sports in college.

"I have thought about [playing sports] in college, but decided I want to try different things and focus more on my career path," Doggett said. "I'm sure I will probably do intramurals though."

She may not want to compete at a high level, but many people still believe she has what it takes to play in college. Her long-time tennis coach believes in Doggett and her tennis abilities.

"I think Sadie has a good possibility to compete at the

college level for tennis," head coach Chad Anderson said. "But since she is going to the (University of Minnesota) it may be harder since they are a Division I school."

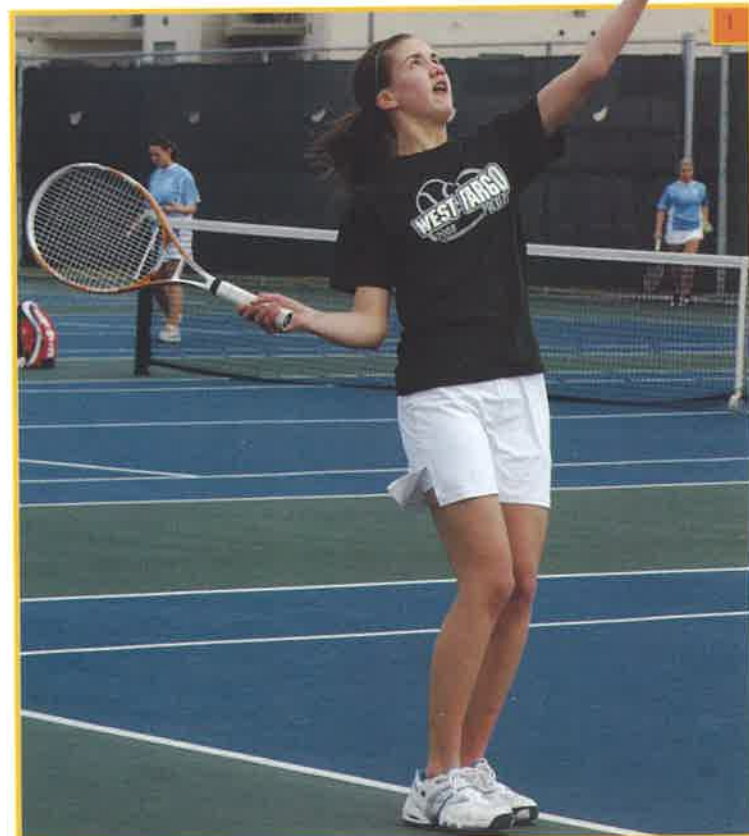
Doggett has proven she is a dedicated athlete, and many of her teammates agree.

"I look up to Sadie on how she balances everything that she's in because I am in many AP classes like she is as well," junior Jessica Gust said. "She is also very focused and driven on anything that she does."

Coaches also agree that Doggett possesses leadership skills.

"Sadie has become a very dependable person on and off the court," Anderson said. "Coaches don't need to tell her twice. She always does what is asked of her and sets an example for the younger athletes."

Every time she swishes the ball through the hoop or when she spikes the tennis ball across the court Doggett can be proud of her accomplishments. Even though she will not be competing in college, she has left her mark at West Fargo.



**Photo 1** Tossing up an ace... Watching the ball after she tosses it, freshman Cassandra Smith prepares to serve the ball. (Photo by Jill Utter) **Photo 2** Here it comes... Looking at the ball, junior Anyu Dai positions herself to make a return shot. (Photo by Jill Utter)



**Back row (L-R)** Merema Ahmed, head coach Chad Anderson, Cassandra Smith. **Second row** Betsy Kastet, Megan Broton, Jillian Bechtold, Anyu Dai. **Front row** Elizabeth Anderson, Serina Olson, Sadie Doggett.



**Photo 3** Time for a winner... Senior Sadie Doggett winds up to smack the tennis ball to her opponent's side. "I was feeling confident going into state because we were playing well at EDC and wanted to carry that into the state tournament," Doggett said. (Photo by Jill Utter) **Photo 4** Got it... Sophomore Elizabeth Anderson returns the serve while playing doubles with senior Sadie Doggett against Grand Forks Central. (Photo by Whitney Adams)



Vanessa Torvik

**Q:** What was your highlight of the season?

**A:** That Mr. Bourke was our coach because he is amazing!



Chelsey Fenske

**Q:** What are your goals for next season?

**A:** Next year I hope we do more team building because teamwork is key. It's important to stay positive and always give it your all.



**Photo 1** Playing in the sand box... After hitting the golf ball into the sand, sophomore Samantha Pyle attempts to make it to the green. (Photo by Victoria Hackett) **Photo 2** Just missed... Sophomore Mara Johnson misses the hole by inches. (Photo by Victoria Hackett) **Photo 3** Here it goes... Junior Ashli Powell takes a back swing getting ready to drive the golf ball down the course. "I concentrate on keeping my head down and my eye on the ball," Powell said. (Photo by Victoria Hackett)



**Back row (L-R)**: Assistant coach Steve Anderson, Mara Johnson, Chelsey Buth, Kaitlyn Jacobsen, Katherine Eidenschink, Krista Weiszhaar, Jena McIntyre, Katelynn Dauwen, head coach Dan Wolf. **Second row**: Samantha Pyle, Tayla Wagenman, Erin Fontaine, Claire Eidenschink, Alysha Stanczyk, Holly Johnson, Ashli Powell, Emily Hartwig. **First row**: Brooke Martin, Katelyn Aswege, Cassandra Martin, Samantha Hughes, Jessica Krick, Alexis Lennon, Janet Bechtold, Lauren Johnson.



**Back row (L-R)**: Head coach Chuck Gad, Forrest Fretheim, Derek Sand, Casey Stavenger, Tyler Evin, head coach Steve Anderson. **Second row**: Alexander Erickson, Ryan Olien, Luke Olson, Matthew Pitzer, Adam Lester, John Sund, Jared Cowden. **First row**: Jeremy Johnson, Logan Palmer, Steven Moroz, Nick Evin, Connor Holland, Payton Johnson.



**Photo 1** Little tap... Watching as his putter hits the ball, senior Adam Lester puts during the Metro Classic at Village Green. "Golf was a time for me to get away from everything to have fun and relax," Lester said. (Photo by Jill Utter) **Photo 2** Straight follow through... After putting the ball, junior Tyler Evin watches as his ball spins toward the hole. (Photo by Amanda Montgomery) **Photo 3** Eye on the ball... Taking his club way back, sophomore Derek Sand watches the ball he intends to hit. (Photo by Amanda Montgomery)



# Changes **OVER**whelming

## Growth evident in school

By Emily Hartley and Maggi Nicholls, Editors-in-Chief

**A**s this experimental year came to a close, its message of growth had spread all over the school at an alarming rate. The immense changes brought by the Ninth Grade Center were felt in every aspect of our lives, but somehow, we all learned to adjust, and the separation has begun to feel almost normal. Looking past the obvious growth we've experienced in adapting to this separation, however, we've also grown in ways most of us would never have guessed.

In sports, the brand new girls hockey team surpassed all expectations by advancing to the state championship in its first year of existence, and despite widely expressed doubt, the softball team rose to the occasion and captured its eleventh straight title. Sixty-two of our overachieving classmates were named to all-conference sports teams, the most in our school's history. Once inactive organizations also stepped up and changed the school's atmosphere. Through the hard work of new adviser Matthew De Vries and the DECA members, the Packer Connection surpassed last year's total sales in the first quarter, and the swirls and "Wake Up Wednesday" will not soon be forgotten. Thanks to a revamped Student Council, students will forever enjoy the uplifting feelings

aroused by music in the hallways on Fridays and the school spirit and unity brought by the Talent Show. "Fun Fact Fridays" and "Wonder Wednesdays" got us excited for the start of a day at school, and some of us eventually came to realize that school is not the overly dreadful place we may have once believed.

This year, we pushed ourselves in everything we did and found out just how far we could go. It was truly a year of excess, with emotions and spirit spilling over into our everyday lives and breaking up the former monotony. Life at West Fargo High School surpassed all expectations, and as we look to the future, hopefully we will do the same. The seniors have officially outgrown high school, and with the end of the graduation ceremony, they began their lifelong journey of growth and expanded horizons. Horizons will be expanded for the those returning to the school next year, too, as we anxiously await the beginning of block scheduling. From the beginning of the year to the end, and continuing through our lives, growth is everywhere. It was especially present in this school year, and with all the change, it's hard to believe it's over.



**Photo 1** We all scream for ice cream... At the "Do you agree with Matt and Mike?" presentation, seniors Matthew Harsch and Nathan Kuik chow down on some ice cream intended for the rally-goers to enjoy. (Photo by Molly English) **Photo 2** Back at you... After having her picture taken by sophomore Carsen Harrison-Bower at Prom, junior Alyssa Brown decides to turn the camera around and snap one of the photographer. (Photo by Abby Paul) **Photo 3** Ready when you are... Before entering grand march, senior Megan Skarsten chats with her date from a different school. (Photo by Abby Paul) **Photo 4** Go class of '08... Seniors Jared Summers and Michael Potter run as fast as they can, streaking through the fall pep rally with no shirts to support the senior class. "I knew it would be something I'd never forget, and I'd do it over again if I had the chance," Summers said. "I don't regret it one bit." (Photo by Abby Paul)

**Photo 5** Doggy in disguise... Supporting the English department's pun theme on teacher theme day, English teacher Marti Simmons tries her mask on her dog, the "teacher's pet," as she pretends to be a "blessing in disguise." (Photo by Abby Paul) **Photo 6** Running on excitement... Senior Emily Hartley laughs as she finishes racing through the Games-To-Go obstacle course at post-graduation. (Photo by Abby Paul)

## Emily Hartley



May you always feel our love and support as you start your journey choosing your life's path... you have and always will make us proud to be your parents! We love you!  
Mom & Dad

## Jaden Fedora



Congratulations Jaden! I am always PROUD of you. I hope that your future is as BRIGHT as you are.  
Love you always,  
Momma Linda

## Kevin Harris



Way to go! We are VERY PROUD OF YOU!  
Love,  
Mom, Dad  
& Emily

## Sadie Doggett



Luv U Lots  
Love,  
Mom & Dad

## Erin Lynette Binde



For the tiny daughter who took our breathe away...  
For the little girl who stole our hearts...  
For the young woman who adds so much to our lives...  
We are so blessed.

For the unforgettable smiles...  
For the infectious laughter...  
For the countless memories...  
We are so thankful.

For everything you've been...  
For everything you are...  
For everything you will be...  
We are so proud.

Love,  
Mom & Dad



## Whitney Adams

From boxes to motorcycles, you will always be our peanut.

Love,  
Mom, Dad,  
Jon & Ty



## Emily Baasch

We are so proud of you! You deserve a life filled with everything that brings you happiness.

Love, Dad, Mom,  
& Katie



## Emily Dahley

We love you and are so proud.

Love,  
Mom, Dad  
& Kara



## Dalton Allstad



My baby is growing up! We are so proud of you and your accomplishments. Keep following your dreams.

We love you,  
Mom & Scott

## Spencer Davis



Way to go Spencer "We're Not Going to Take It" Davis!

We love you!  
All of your family

## Brady Elverud

You made it Little Bro!  
Congratulations! Way to go  
Uncle Brady!  
Love,  
Jeremy, Jacelyn  
& Caleb



## Brady Elverud

Proud of you son for a job well  
done!  
Love, Dad



## Matthew Black

We were proud of you then and we are proud of  
you now. Here you stand at the starting line of the  
rest of your life and we know this is a race you will  
have no trouble winning. We are very proud of your  
accomplishments and love you so very much.

Love,  
Dad & Mom



## Abby Kiefer

Congratulations!  
We love you!

Love,  
Mom, Anna  
& Jacob



## Stevi Kinsella

We are so proud of you!  
Your future is as bright  
as your smile.

Love,  
Mom & Dad



## Brady Elverud

Sweet baby boy to outstanding  
young man-- you always make me  
incredibly proud!  
Love, Mom



## Brady Elverud

Congratulations Brady!  
Your aunts and uncle are  
proud of you!

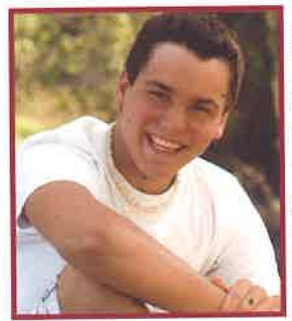
Love and Best Wishes,  
Bonnie Kay, Terri,  
Sherri & Randy



## Taylor Jackson

You did it! We are so proud of  
you and your accomplishments.  
Dream big. You can be and  
do anything that you set your  
mind to. Great job and good  
luck in college.

Love,  
Mom, Travis and Jill, Seth and Steph,  
Josh and Lexi and Larry Strande, who  
helped you get through it all



## Erin Behrmann

We have been so blessed to be  
part of your journey. Oh, the places  
you will go.  
Bawahaha!!

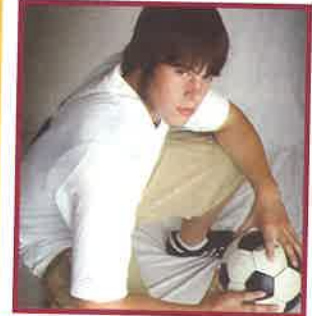
Love,  
Mom & Dad



## Bill Murray

We're proud to have  
you for our son. "GREAT  
JOB!"

Love,  
Mom & Dad



## Maggi Nicholls

Keep making good  
choices.

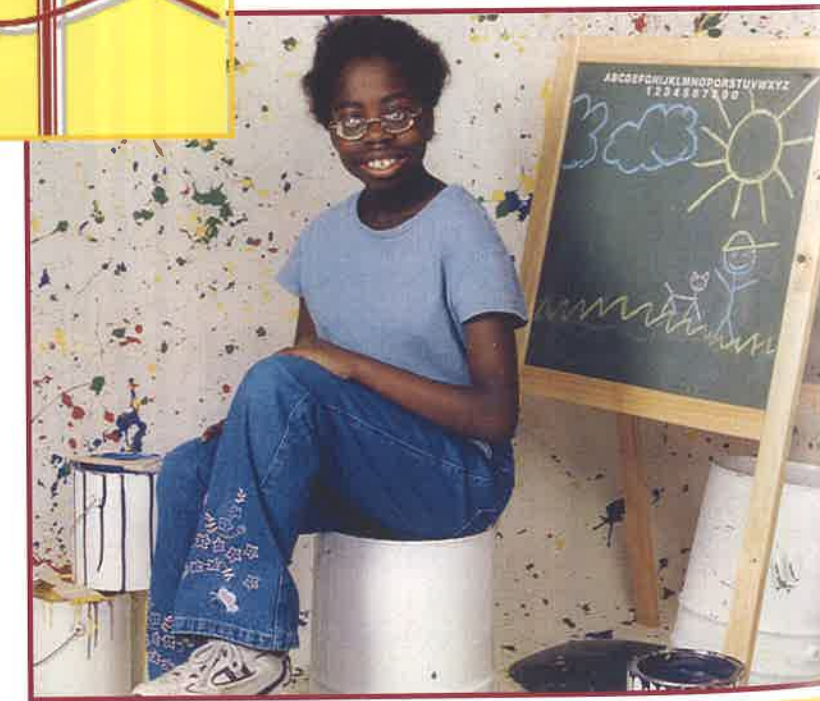
Love you Maggi,  
Mom, Dad, Madison  
& Milly XO



# Matilda Obembe

Congratulations, you did it Gift (Matilda)!  
 You are such a blessing. We are proud  
 of you. God bless you.

Love, Mom, Chris, Dad, Stepmom,  
 Aurora, Obi, Palmer & Olivia



# Angel Retzlaff



Congratulations on a job  
 well done!! We are so very  
 proud of you!! Good luck  
 to you and your future and  
 wherever it may take you.

Love,  
 Mom & Dad

# Breanna Seibel



Way to go, girl! We are  
 so proud of you and  
 can't wait to see what  
 your future holds, keep  
 up the good work!

Love,  
 Dad & MOM.

# Tyler Matthys

Where did all the time go? You grew  
 up too fast. We are so proud of you!

Love,  
 Mom, Dad  
 & Austin



# Jonathan Novacek

What an incredible blessing you are to this family!  
 We are so proud of all your accomplishments and the  
 amazing person you have grown up to be. We wish  
 you the best in everything. Do great things, Jonny!

Love Always and  
 Forever,  
 Mom, Dad, Madi  
 & Jackson



# Brandon Millar

I want you to know of the joy and happiness you  
 have brought to me through all of your accomplish-  
 ments during your school years. I wish you much  
 success and happiness in your future plans.

Love and Blessings  
 from your #1 fan,  
 Grandma Judy



# Alyssa Jones

Congratulations!

Love,  
Mom & Marisol



# Kaylee Bond

We support you in your goals and we know you can achieve whatever you choose to do.

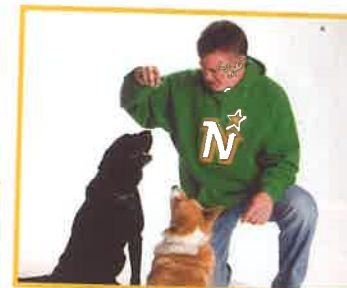
Love you,  
Mom & Dad



# Adam Lester

You set and achieved your goals. You always gave your very best and most importantly, you did it your way. Thank you for all the wonderful memories. Congratulations!

We love you,  
Mom, Dad, Alyssa,  
Bailey & Dobby



# Tania Peters



"Life isn't about how to survive the storm, but how to dance in the rain!" We hope you dance. We are proud of you!

Love,  
Mom, Dad & Tara

# Casey Stavenger



We're proud of you Casey. Looking forward to the next chapter.

Love,  
Mom & Dad

# Britta Strahm



May all your dreams come true! And keep smiling.

We Love You!  
Mom, Dad,  
Matt & Ben

# Jill Utter



We are so proud of you! Congratulations.

Mom, Dad  
& Miranda

# Newspaper Seniors

Thank you for all of your hard work and dedication. You will be missed.

Best wishes,  
"The Packer" staff



# Yearbook Seniors

It has been fun working with you all during the last few years. Best of luck in the future.

Sincerely,  
"The Yearling" staff



# Alina Tyulyandina



We are so proud of you and all that you have accomplished. We will always stand behind you and love you. God bless!

Mom, Dad, Oksana,  
Brie & Anthony

# Cece Weick



Congratulations! We are so proud!

Love,  
Mom & Dad

# Godfried S. Asa-Attuah



Congratulations. Good job.  
We are proud of you.

Love,  
Your family

## Colophon

Volume 61 of the West Fargo Yearbook was published by Friesens Yearbooks of Altona, Manitoba, Canada. Eight hundred fifty were published at \$55 each.

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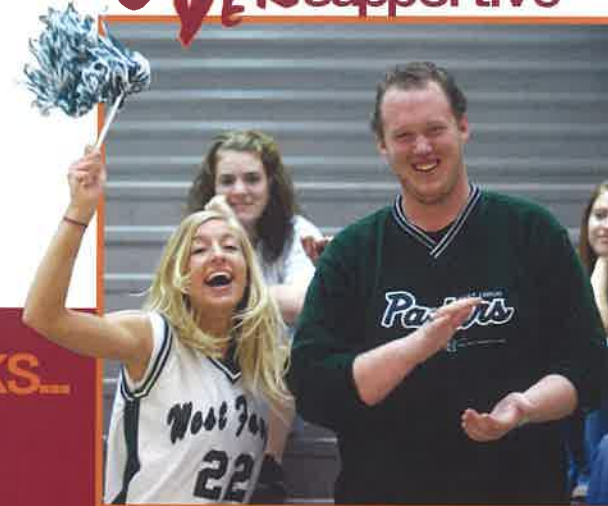
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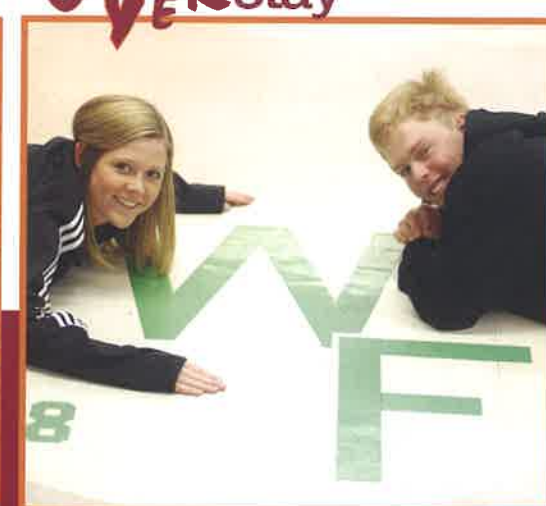
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## OVERsupportive



Most spirited fan:  
Jill Utter  
Brady Elverud

## OVERstay



Most likely to live in West Fargo forever:  
Amanda Montgomery  
Phillip Jahnke

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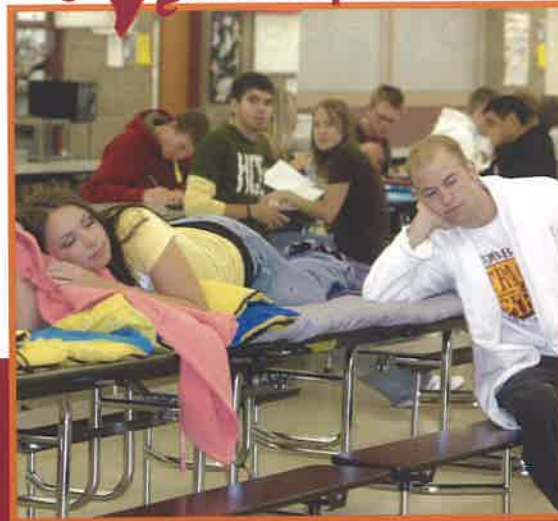
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## OVERconfident



Most cocky:  
Tavga Weled  
Tyler Hewson

## OVERsleep



Most likely to be late for school:  
Katie Kapel  
Steven Hay

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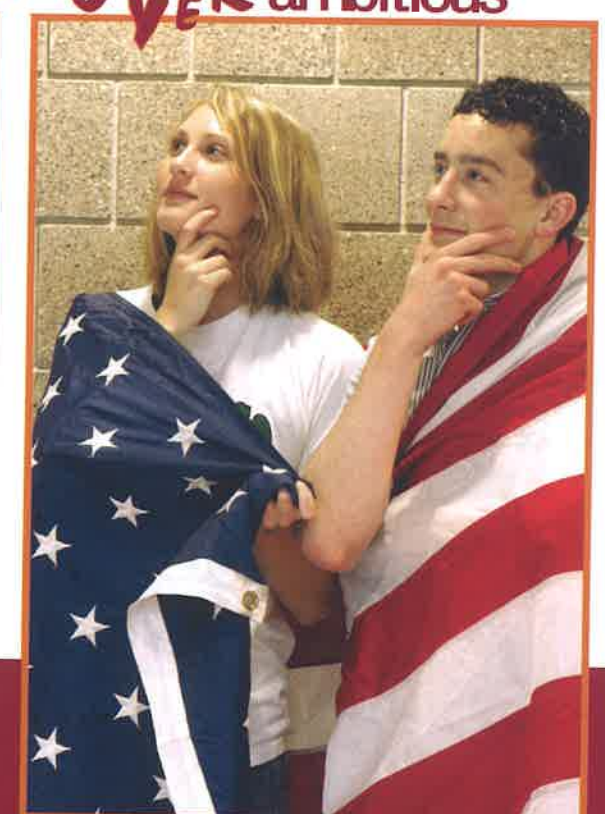
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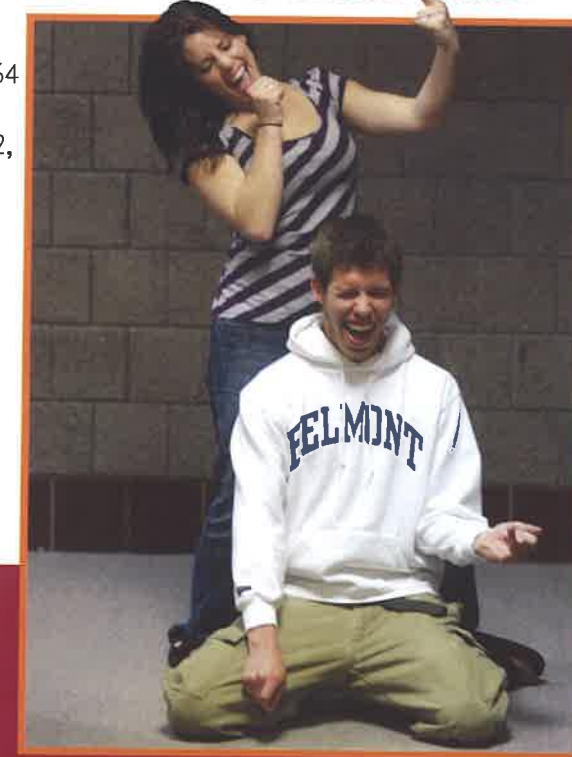
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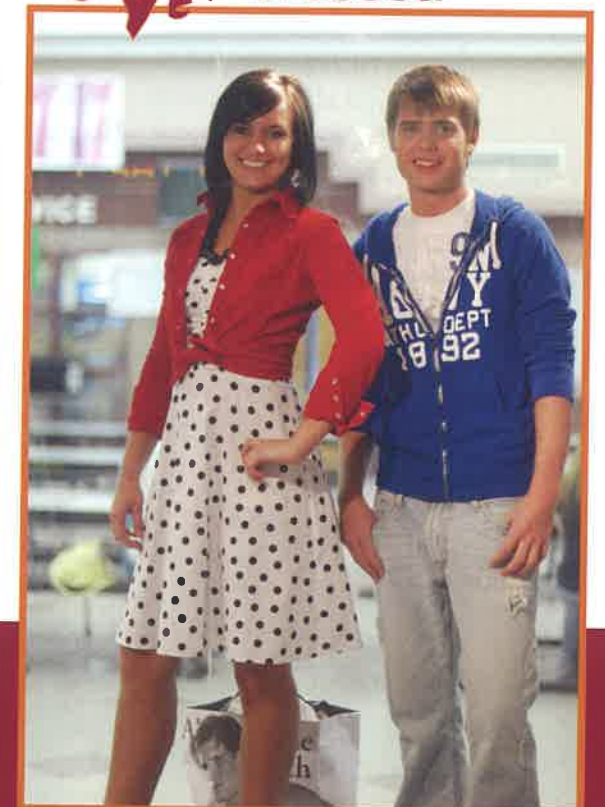
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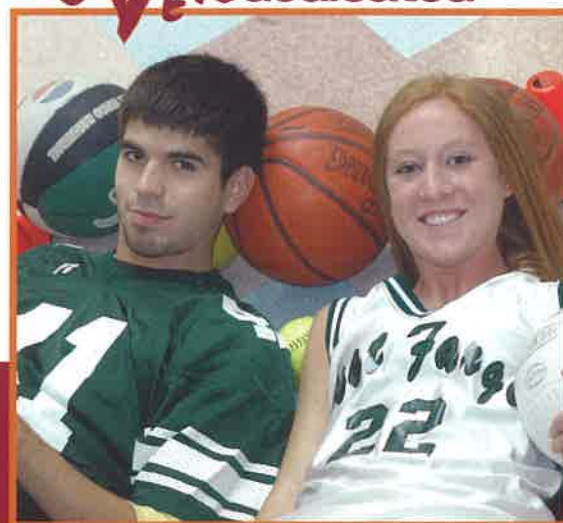
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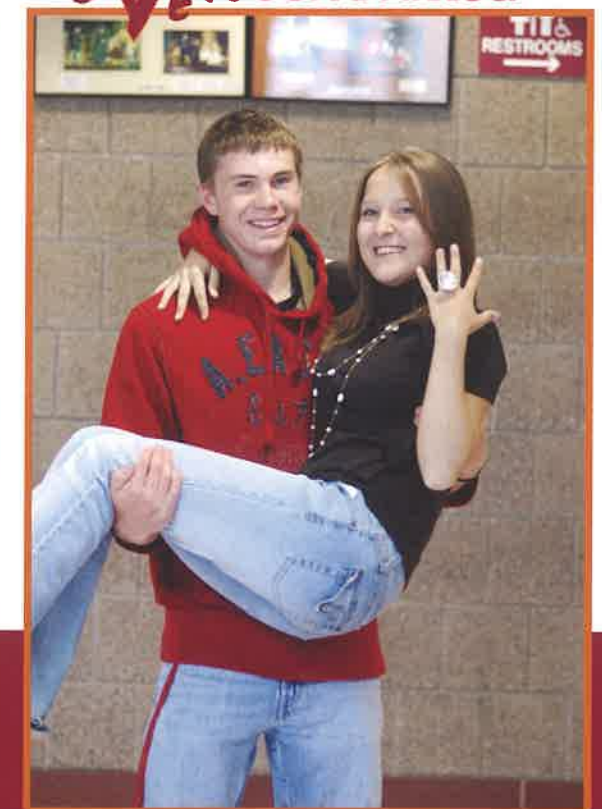
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 Landry Boehm

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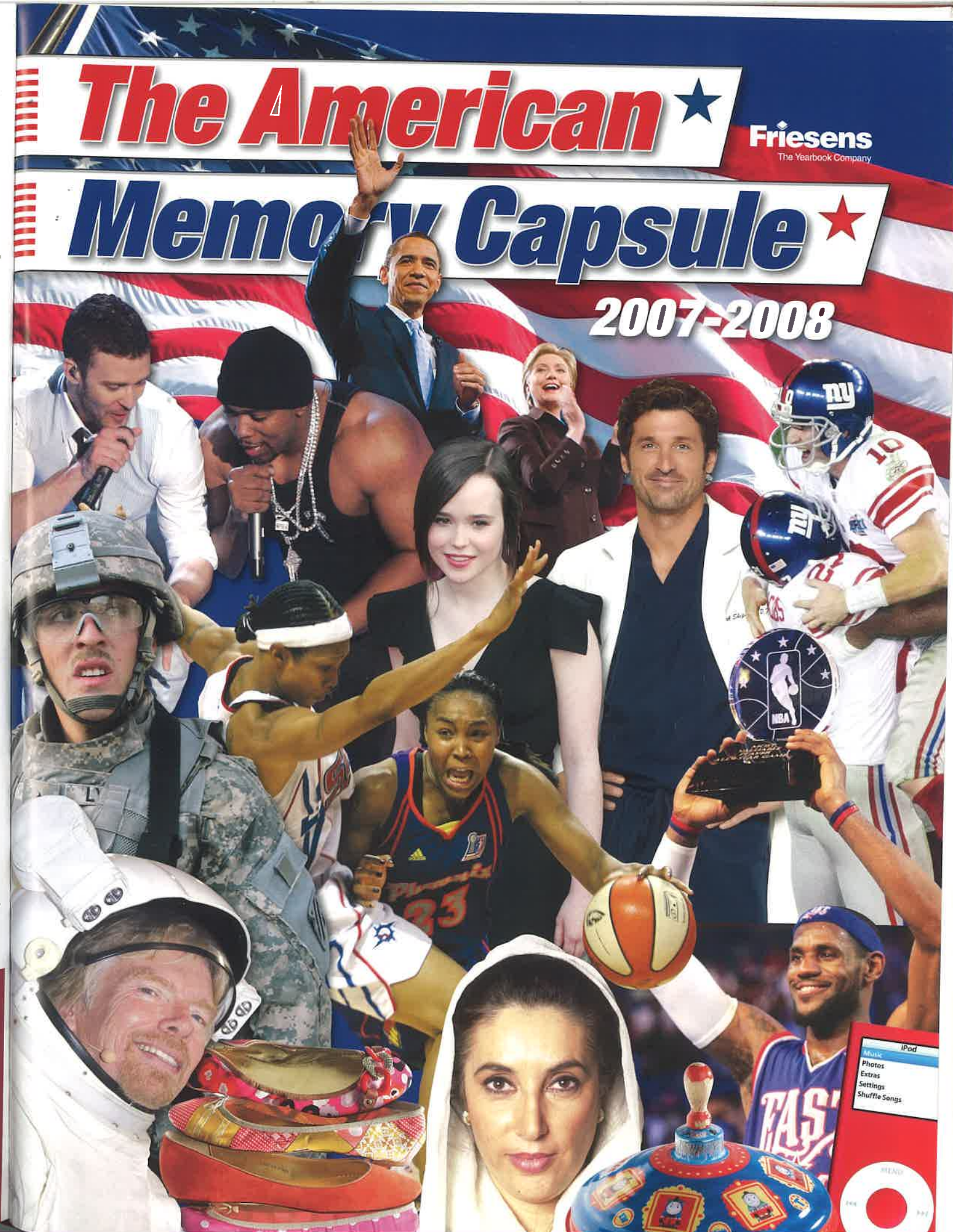
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 Zaczkowski, Ty 147  
 Zahradka, Kathryn 147  
 Zaun, Ethan 93  
 Zent, Lauren 147  
 Zietz, Jacob 147  
 Zimbelman, Devin 93  
 Zuri, Masood 93  
 Zum, Matthew 93



# World



▲ **IT TAKES A WORLD.** UNICEF, the international children's agency, announced that global childhood deaths hit a record low in 2006. Though 9.7 million children died before their fifth birthday, that statistic is down from nearly 13 million in 1990. While the worst rates came from nations plagued by war and violence, some Third World nations have used simple affordable measures to great success. The African country of Mozambique used inexpensive health tips on hydration and nutrition combined with mosquito nets that prevent malaria to drop its child mortality rate by 41 per cent. (Shashank Bengali/MCT)

► **TURNING A CORNER?** After four years of continuous bad news, life in Iraq started to get better last year following the deployment of an additional 30,000 U.S. troops. That effort, combined with deals that turned disaffected former insurgents into paid security forces, resulted in a plunge in the number of bombings and killings. While analysts debate whether Iraqi politicians can maintain the fragile new reality, particularly when the U.S. starts reducing its forces, civilians seized the drop in violence as an opportunity to start rebuilding their shattered country.

(Kumi Takahashi/Chicago Tribune/MCT)



▲ **BRAVERY IN BURMA.** Dressed in vivid orange and red robes, thousands of Buddhist monks marched barefoot through the streets of Rangoon last September. They were joined by thousands of civilians, shouting "Democracy!" Burma has been ruled by a harsh military regime since 1962, which the massive street protests could not defeat. Within days, soldiers and police responded with a brutal crackdown. The government shut off all access to the outside world, including Internet service, and thus the fate of the protestors may never be known. (AP)



▲ **MUSEUM LOOT.** When Italy asked the Metropolitan Museum of Art in New York City to return a number of objects it claims were illegally lifted from ancient sites, it opened a huge debate in museums around the world: who really owns pieces looted in the past? The debate centered on one object in particular: the Euphrosios krater, a Greek vase from the 6th century B.C., that was sold to the Met for \$1 million in 1972. Italy wanted it returned, and after 30 years of wrangling, a deal was reached. In a splashy homecoming celebration, the vase went on display in Rome in January. (Georgia Matthews/AP)



◀ **THIRD TIME'S THE CHARM?** He won the French presidency last May on a platform of sweeping economic reforms but since then attention has been focused on Nicolas Sarkozy's personal life. Last November, weeks after suddenly divorcing his second wife Cécilia, the diminutive Sarkozy was photographed with Carla Bruni (both left) a French-Italian supermodel/folk singer whose dark hair and tall slim build were strikingly similar to Cécilia's. After a series of highly publicized holidays, Sarkozy and Bruni married in February. The political honeymoon was soon over however as the French public grew increasingly irritated by their "President Bling-Bling"—a jibe at his large expensive jewelry and aviator sunglasses. Sarkozy didn't help matters when he was caught checking his BlackBerry during an audience with Pope Benedict XVI. (Remy de la Mauviniere/AP)



◀ **CHINA SYNDROME.** From clothing and electronics to foodstuffs and toys, China is now the world's source for cheap imports. But in recent months, reports of contaminated products point to the downside of our growing dependence on Chinese suppliers. First there was the dog and cat food that killed family pets, next came toothpaste containing anti-freeze. And then came word that thousands of toys sold across North America were coated in lead-based paint. But China's most dangerous export could be its pollution. Can we tie our desire for cheap goods to demands for environmentally responsible factories? The planet's future may hang in the balance. (Bill Hogan/Chicago Tribune/MCT)



◀ **AN OFFICER AND A PRINCE.** It was Prince Harry's grandma, Queen Elizabeth II, who told the 23-year-old army officer that he was off for a tour of duty in dangerous southern Afghanistan. While Harry, his recognizable red hair safely obscured by a helmet, called in air strikes and went on foot patrols, dozens of media outlets kept his location a secret for 10 weeks. This protected the self-described "bullet magnet" and his fellow soldiers from Taliban attacks. But after a U.S. website broke the news, Harry was forced to return home. He was met by his dad, Prince Charles and his elder brother William, who, because he's a future king of England, will never get to see action. (REX FEATURES)



▲ **HOPING AND PRAYING.** Pictures of Madeleine McCann's chubby face, big round eyes and blond hair are plastered throughout Europe. The British toddler went missing from a Portuguese holiday resort just before her fourth birthday last May. When a huge hunt by police and volunteers combined with massive media coverage failed to turn up any clues, her parents launched a website looking for information. Though Kate and Gerry McCann vowed never to leave Portugal without Madeleine, they finally boarded a British-bound aircraft four months later, with their two younger children in their arms. Though police continue to investigate, Madeleine is still missing. (Alastair Grant/AP)



◀ **PAKISTAN UNDER PRESSURE.** Reeling from crisis to crisis, Pakistan teetered on the brink of chaos. While al-Qaeda and other terrorists encroached from Afghanistan next door, homegrown militant Islamists at mosques in the capital, Islamabad, fought gun battles with security forces. Meanwhile former political leaders lined up to challenge President Pervez Musharraf, a general who had seized power in a 1999 coup. The main challenger was former prime minister Benazir Bhutto, whose triumphant homecoming after eight years in exile was cut short when she was assassinated in late December during the national election campaign. After voters rejected Musharraf's party in February, the big question remained whether anyone could lead Pakistan into calmer waters. (Balkis Press-Abaca Press/MCT)

# USA



◀ They're off and running. What started out as a wide-open race to the White House, has narrowed down to a few leading contenders. Arizona Senator John McCain (inset), a Vietnam War hero who supports the Iraq war, is poised to win the Republican nomination. But it's the Democratic race that's making history. Former First Lady and New York Senator Hillary Rodham Clinton vs. the charismatic newcomer Barack Obama (both left). The Illinois senator, who at age 46 is the youngest in the race, has made a strong pitch with his claim that he is an agent of change. Stay tuned to the party conventions later this summer.



▲ Sign of the times. With housing prices in freefall, many homeowners have discovered that they owe more on their mortgage loan than their home is now worth. And many people can't afford to make their monthly payments, so they're losing their homes to the banks that financed the loans in the first place. The banks then try to sell the homes as quickly as possible, often at bargain prices. The result: turmoil in the real estate market. And when you're worried about the roof over your head, you're not likely to go on a spending spree at the mall, so retail sales are down as well. Bad news for the economy. (Jack Orton/Milwaukee Journal Sentinel/MCT)



▲ Bone dry. California was hammered by wildfires in the spring of 2007 and again last October, as fierce winds swept across a land parched by drought. Last year was the driest on record in Los Angeles and across much of the Southwest. Meanwhile, in the Atlanta area, two years of light rainfall strained the levels of water reservoirs and resulted in shortages across Georgia, Florida and Alabama. It was a wake-up call: conserve water or face a thirsty future. (Bryan Patrick/Sacramento Bee/MCT)

◀ Treasure in the trash heap. It took four years, but Elizabeth Gibson finally solved the mystery behind the large, colorful abstract painting she rescued from the garbage one morning in New York City. After making numerous inquiries, she discovered her painting, called "Three People," was by Mexican artist Rufino Tamayo, and had been stolen two decades earlier in Houston, Texas. It was now valued by Sotheby's auction house at \$1 million. Although she no longer has the painting, Gibson did receive \$15,000 as a reward from the rightful owners. (Seth Weng/AP)



◀ A bridge too flawed. Investigators believe bad design and not poor maintenance led to the collapse of the Interstate 35W bridge in Minneapolis last August. The bridge, which spans the Mississippi River, gave way during evening rush hour. Thirteen people died in the tragedy and 100 more were injured.

(Jeffrey Phelps/Milwaukee Journal Sentinel/MCT)

▶ CAMPUS HERO AMID THE HORROR.

On the morning of the Virginia Tech massacre last April, engineering professor and Holocaust survivor Liviu Librescu, 76, was presenting a slideshow to his class. When shots were heard in the corridor, Librescu pressed himself against the classroom door, blocking the gunman long enough for many of his students to jump to safety through second-floor windows. Librescu was killed that day by Cho Sueng-Hui, who shot 31 other students and professors and then himself in the worst school shooting in U.S. history. Librescu's students remember him as a hero.

(Ted Richardson/Raleigh News & Observer/MCT)



◀ Seeing green over pump prices. When oil hit \$100 a barrel, gasoline prices skyrocketed and have offered little relief since. But car companies are coming to the rescue. Enter the tiny, two-seat Smart car that went on sale earlier this year. Not only does it get great gas mileage, but parking the little critter is a dream.

(Jack Orton/Milwaukee Journal Sentinel/MCT)

# Music

(Click Clark Productions/Landow/MCT)



▼ **IDOLS NOT IDLE.** Former *American Idol* finalists Chris Daughtry (below) and Carrie Underwood (left) continue to ride the wave, with top-selling albums and singles. Underwood, named the No. 1 country artist for 2007 by *Billboard* magazine, was also honored this spring when she was inducted into the Grand Ole Opry, country music's mecca.



(Francis Septhorn/Landow/MCT)

► **AMY SINGS THE BLUES.** With her heavy, winged eyeliner and her mile-high beehive hairdo, bluesy British singer Amy Winehouse has a retro look that matches her Motown musical style. She growls and purrs and swaggers through the numbers on her hit CD *Back to Black*, for which she won five Grammy Awards.

(Golf/INPhoto.com)



▲ **THEY ROCK THE HOUSE.** With their old-time rock 'n' roll style and its hard-driving beat, raucous choruses, dopey lyrics and pure enthusiasm, the Foo Fighters have numerous hummable hits. Their sixth studio album, *Echoes, Silence, Patience & Grace* earned two Grammy Awards, for best rock album and best hard rock performance for the hit song *The Pretender*.

(Kevork Djanszian/AP)



▲ **LET'S DO A RAIN DANCE.** Rihanna, the green-eyed pop songstress from Barbados, had perhaps the catchiest hit of the year with *Umbrella*. Close your eyes and you can hear the robotic chant "ella, ella, ella, ay, ay, ay." Will weather protection ever be the same?

(Lionel Hahn-Abaca Press/MCT)

► **A MIXED YEAR FOR KANYE.** The rapper hitmaker (pictured right, with fiancée Alexis Phifer) had a bittersweet year. Releasing his third album, *Graduation*, on the same day—Sept. 11, 2007—as 50 Cent, Kanye West eclipsed his rival in sales, and scooped up four awards at the Grammys. But his trademark brash bravado took a serious blow with the death of his mom last November, bringing a new poignancy to his hit singles *Stronger* and *Hey Mama*.

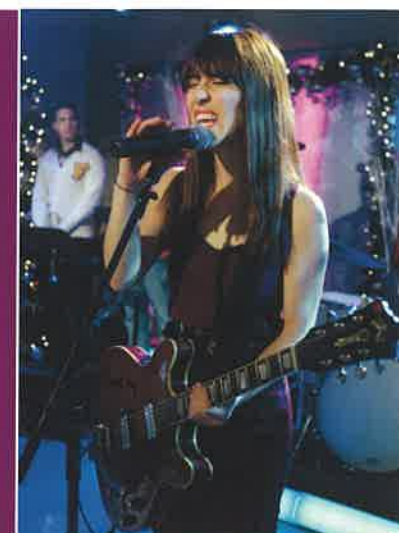
(Lionel Hahn-Abaca Press/MCT)

▼ **POP MUSIC'S CROONER.** Michael Bublé has a great voice and a smooth, easy style. The 32-year-old can sing like Frank Sinatra without making it feel dated. His big-band, breezy, big-voice sound is in full form on the love song *Everything* from his *Call Me Irresponsible* CD. It's music to swoon over.

(Steve Russell/The Canadian Press/Toronto Star)



► **COUNT US IN.** Canadian indie pop darling Leslie Feist was nominated for four Grammy Awards, including best new artist and best female pop vocal, for her breakthrough single *1234*. The adorable hit was featured on a commercial for Apple's iPod Nano and soon exploded onto iTunes's Top Songs chart. Feist performed the hit song onstage at the Grammys, but alas, at the end of the night she'd been shut out of the hardware. (Richard Drew/AP)



## Top 10 Albums • 07

1.	SOUNDTRACK	HIGH SCHOOL MUSICAL 2
2.	DAUGHTRY	DAUGHTRY
3.	MINUTES TO MIDNIGHT	LINKIN PARK
4.	HANNAH MONTANA 2 (soundtrack)	MILEY CYRUS
5.	THE DUTCHESS	FERGIE
6.	LONG ROAD OUT OF EDEN	EAGLES
7.	GRADUATION	KANYE WEST
8.	ALL THE RIGHT REASONS	NICKELBACK
9.	KONVICTED	AKON
10.	NOËL	JOSH GROBAN

► **HIT MEN.** Gifted songwriters and legendary music producers Timbaland (far right) and Nate "Danja" Hills have helped create many of the career-defining songs of such artists as Justin Timberlake (right), Nelly Furtado, Ludacris, Jay-Z and Britney Spears. Most recently Madonna turned to Timbaland, Danja and Timberlake for help on a number of tracks for her new album, *Hard Candy*. (Mark J. Terrill/AP)



► **FERGIE RULES.** Named as a "breakthrough artist" of 2007 by *Entertainment Weekly*, Fergie (a.k.a. Stacy Ferguson) earned the honor with her first solo album, appropriately named *The Dutchess*. The CD had three No. 1 singles last year, including *Big Girls Don't Cry*, which took the No. 4 position on *Billboard*'s Hot 100 year-end chart.

(Jeff Zvelevsky/Landow/MCT)



▼ **RADIOHEAD'S BOLD MOVE.** When Radiohead decided to self-release a new album online and let fans set their own price for it, the record industry was shocked, fans cheered and fellow artists looked on with interest at the experiment. *In Rainbows* became a hot commodity without ever passing through a retail store. Actually, the band was just boldly acknowledging a growing trend. In 2007, Apple iTunes digital media store outsold both Best Buy and Target to become the second-largest U.S. music seller, behind Wal-Mart. Legal downloads now account for 10 per cent of the music market. Meanwhile, CD sales have slumped as a result.

(Apple Computer/MCT)



# Lifestyle

► **MAD ABOUT PLAID.** Remarkably, it isn't just golfers sporting this fashion trend. Plaid shorts are everywhere, often topped by layered polo shirts in vivid colors. As guys throw off their drab duds, girls: don't forget your shades. (Chris Walker/MCT)



◀ **CHOPPED AND CROPPED.** After tending their long tresses for years, some fashion-forward trendsetters have made a clean break and opted for blunt bob cuts or bangs. The shorter dos showed more attitude, especially the asymmetrical cuts worn by Rihanna (left) and Spice Girl Victoria Beckham.

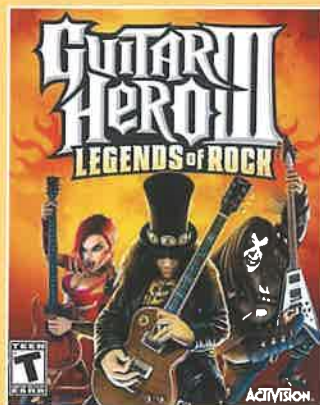
(Lionel Hahn/Abaca Press/MCT)

► **Wii LIKE IT.** With its innovative, motion-sensitive controller, Nintendo's Wii video system dominates the market, turning couch potatoes into active participants. Priced below the competition, the Wii system flew off store shelves, outselling the Xbox in 2007 and forcing many buyers to purchase units on eBay at premium prices.

(Tsao Inouye/AP)

▼ **HEY, BABY DOLL.** Ballet flats can turn the sassiest 16-year-old into a sweet angel. Add empire waists, puff sleeves and ruffles, and you've nailed the hottest fashion look of the year with style and comfort.

(J.Crew/MCT)



◀ **GAMERS ROCK.** The Nickelback song *Rockstar* says it best: "we all just wanna be big rockstars." And to help wannabes live that dream, video games such as *Rock Band* and *Guitar Hero III: Legends of Rock* let us lay down awesome tunes without actually having to learn to play an instrument. The co-operative spirit of *Rock Band*'s multi-player mode makes it a huge hit at parties. But for hardcore gamers craving action, nothing beats *Halo 3*, the combat simulator that stocks an arsenal of weapons to wage complex battles amid gorgeous graphics. Pure gaming bliss. (MCT)

## Top 10 GOOGLE SEARCHES '07

1. IPHONE
2. WEBKINZ
3. TMZ
4. TRANSFORMERS
5. YOUTUBE
6. CLUB PENGUIN
7. MYSPACE
8. HEROES
9. FACEBOOK
10. ANNA NICOLE SMITH



▲ **IN CYBERSPACE, EVERYONE CAN HEAR YOU.** When a Washington, D.C.-area student phoned a school official's home to ask why he hadn't closed schools after a recent snowfall, the response set off an online storm. Student Devraj "Dave" Kori left his name and number, so the official's wife returned the call, but she apparently wasn't pleased. "How dare you call us at home!" she snapped in her message. She also used the phrase "snotty-nosed little brats," and said "Get over it kid, and go to school." Kori taped the voice-mail reply and posted an audio link to his Facebook page. The message was also uploaded to YouTube. Within days it had drawn more than 20,000 hits: a clear case of technology byting back.

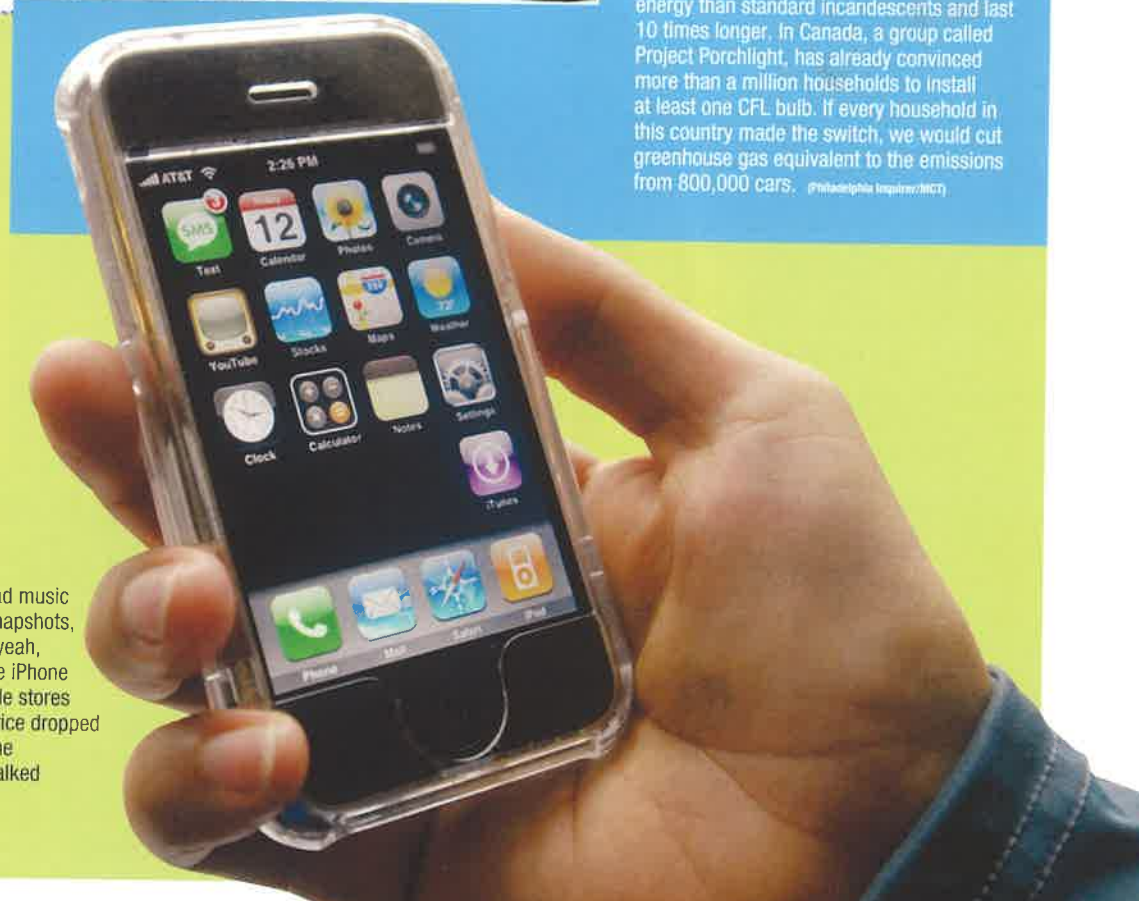
► **ALL EYES ON THE IPHONE.** This sleek gadget can surf the Net, download music wirelessly, read a digital newspaper, take snapshots, resize photos, send text messages and, oh yeah, even make phone calls. Last June, when the iPhone went on sale, long lines formed outside Apple stores despite the \$499 price tag. And when the price dropped by \$200 in September, the gizmo became the "It Gift" for holiday shoppers. It's the most talked about cellphone in history. (Sherry Lavars/MCT)



◀ **IT'S IN THE BAG.** Eco-friendly became a fashion statement when British handbag designer Anya Hindmarch introduced her unbleached cotton tote, stamped with "I am not a plastic bag." While Ireland, Thailand, China, South Africa, and a number of states in India have curbed the use of plastic bags by imposing extra taxes or outright bans, North America lags far behind. But shoppers don't need legislation to go green. They can just BYOB (bring your own bag). (Adrian Brooks/REX FEATURES)



▲ **ONE BRIGHT IDEA.** A simple flick of a switch can make a huge difference, at least when it comes to saving energy. Compact fluorescent light bulbs use 75 per cent less energy than standard incandescents and last 10 times longer. In Canada, a group called Project Porchlight, has already convinced more than a million households to install at least one CFL bulb. If every household in this country made the switch, we would cut greenhouse gas equivalent to the emissions from 800,000 cars. (P/Washington Inspector/MCT)



# Entertainment



▲ **QBs LOVE BLONDS.** The path of true love is not always smooth, especially when hunky quarterbacks hook up with tall blond beauties. First fans accused singer/celebrity Jessica Simpson of jinxing the Dallas Cowboys every time she watched quarterback/boyfriend Tony Romo play. Never mind that she wasn't in the stadium to watch Romo and the Cowboys lose their last game of the season. Then, when the undefeated New England Patriots lost the Super Bowl, "blond curse" suspicions soon focused on QB Tom Brady's Brazilian supermodel girlfriend Gisele Bündchen (above with Brady), who'd watched from a skybox. But the handsome couple shrugged off the criticism and kept dating. (Thornton/Green/WFphoto.com Ref.: Infusivity-06/31/CP Photos)

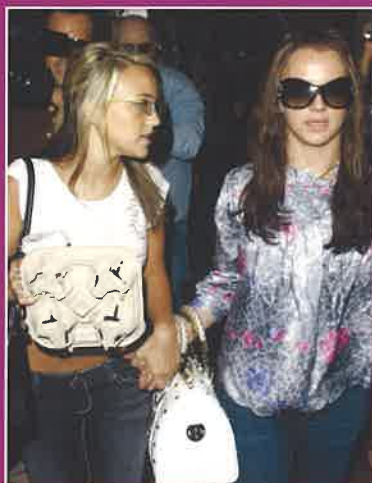
► **LIFE IMITATING ART.** They met on the set of *High School Musical* and their on-set chemistry has spilled over into real life. Zac Efron, 20, and Vanessa Hudgens, 19, are the cutest young couple in Hollywood. The two were on the cover of virtually every entertainment magazine as they discovered that singing and dancing on the small screen is a lot easier than dating in the full glare of the cameras. (Bob D'Amico/Disney Channel/MCT)



► **MUG SHOTS 'R US.** The trio of actress Lindsay Lohan and celebs Paris Hilton (right) and Nicole Ritchie found their hard-partying ways interrupted by visits to police stations or jail. After months in rehab, Lohan found that her promising movie career had stalled, at least temporarily. While Paris Hilton quickly returned to her role as the princess of the paparazzi after serving 22 days in jail, it was Hilton's *Simple Life* co-star Nicole Ritchie who snagged the "most improved" prize. She quietly settled down with her partner, musician Joel Madden. In January, she gave birth to a girl named Harlow, whom Hilton has already promised to spoil. (Lionel Hahn/Abaca Press/MCT)



▲ **BYE-BYE HOGWARTS.** Last July was a magical month for Muggles. In a span of 10 days, millions of non-wizarding folk watched the fifth movie in the Harry Potter series and then lined up in stores around the world to buy the seventh and final book in J.K. Rowling's epic tale, *Harry Potter and the Deathly Hallows*. In the first day on sale, a staggering 12 million copies flew off shelves in the United States, Britain and Canada. (Wong Maye-E/AP)



◀ **OOPS THEY DID IT AGAIN.** Shaving her head, performing a lackadaisical dance on MTV, losing custody of her two young sons, checking into a psychiatric ward by ambulance—it seemed that every second of singer Britney Spears' life was recorded by the media. Then in December, attention swivelled to her squeaky-clean sister, 16-year-old Jamie Lynn (far left), the star of the immensely popular *Zoey 101*, who announced she was pregnant. Needless to say, their mother's book of parenting advice has been put on hold indefinitely. (©Most Wanted Pictures (2009) All rights reserved.)



▲ **CAUGHT IN THE WEB.** Celebrities and ordinary people learned the power of the Internet as gossip sites such as *PerezHilton.com* and *TMZ.com* instantly spread "news" and videos around the world with the click of a button. Secrets, rumours, snarky rants—nothing was too trivial. It was all useless information that we find strangely compelling. But *YouTube.com* was still the go-to site for the best of what's cool on this planet, as viewers trolled through everything from mash-up videos to university lectures and even police pleas to locate wanted criminals.



◀ **PICKETS STOP PLOTS.** When the Writers Guild of America went out on strike on Nov. 5, few thought the dispute, centered over payments for Internet viewings, would last. As TV shows ran out of new episodes and talk show hosts were forced to ad lib, strange phenomena were reported: networks observed skyrocketing ratings for

political debates while some parents discovered their kids' school marks were improving. But all those oddities were forgotten once a deal was reached in February and people realized the Oscars would go on as planned. (Goff/WFphoto.com)

► **HANNAH MONTANA RIDES THE WAVE.** The tour name "Best of Both Worlds" fits the life of actress/singer Miley Cyrus to perfection. The 15-year-old actress stars in *Hannah Montana* playing a girl living a dual role: ordinary student Miley Stewart by day and pop star Hannah Montana at night. When not filming the series, Cyrus herself has been on a sold-out concert tour throughout North America. Oh, and a 3-D movie of her concert took in \$31 million on its first weekend. (Bob D'Amico/Disney Channel)



◀ **LOST IN RIDDLES.** What hasn't Ben done? Why can't outsiders find the island? Did Kate and Jack really make it back to Los Angeles? Millions of *Lost* viewers, hooked on the mystery of doomed Oceanic flight 815, spend hours trying to solve puzzles contained in the show, which follows survivors (including bad boy Sawyer, left) of a plane disaster trapped on a weird uncharted island. Since the creators signed a deal to wrap up the show in 2010, fans know there will be a proper conclusion to the series, though maybe not answers to every question. (Holtz & Taylor/ABC)



▼ **THEY'RE SOARING...** Given the runaway success of *High School Musical* a sequel to the TV movie was inevitable and sure enough, last summer, the original cast, including hunky Zac Efron and sweetie-pie Vanessa Hudgens, returned with more song-and-dance productions. *H.S.M. 2* became the highest rated basic-cable broadcast in U.S. history. Now the focus is turning to the third installment of *H.S.M.*, due to hit theaters this fall.



► **CUBICLE LIFE 101.** Michael Scott is the egotistic and socially awkward regional manager for the Dunder Mifflin Paper Co. who struggles to keep himself as the center of attention among the misfits in *The Office*. The show's mock-documentary style reveals the sad truth about life at work—Incompetent and bullying people like Scott (brilliantly played by comedian Steve Carell) do rise to power; some employees fall in love (like Jim and Pam, above) some turn into pathetic suck ups, while others rebel in spectacular fashion. *The Office* is a grimly hilarious look at how many people will spend four decades of their lives. (Justin Luban/WBC)



# Television

► **CAUTION: IT'S INFECTIOUS.** In real life, Patrick Dempsey is dad to three young children but for fans of *Grey's Anatomy*, he's simply McDreamy. The handsome surgeon's angst-filled relationship with Meredith Grey is the core of the blockbuster medical drama, but recently the off-screen adventures of the show's actors vied for interest. Isaiah Washington (Preston Burke) was fired after making derogatory comments about gay co-star T.R. Knight (George). Then actress Katherine Heigl (Izzy) was crowned queen of the box office for her hit film *Knocked Up*. By winter, McDreamy grabbed the crown for himself when he struck movie gold with *Enchanted*. (Bob D'Amico/ABC)



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◀▶▶ TRIPLE PLAY. Last summer was the season of the action-adventure three-peat as the third instalments of *Shrek*, *Spider-Man* and *Pirates of the Caribbean* kept fans enthralled with their dazzling special effects. Though the three weren't darlings of the critics, fans flocked to see how Jack Sparrow (Johnny Depp in *Pirates*) defeated Davy Jones, how Peter Parker (*Spider-Man*'s Tobey Maguire) dealt with the dark side, and how Shrek (Mike Myers) found a new king and fathered, wait for it, triplets.



# Movies

▼ THE OSCAR SLAYER. Before *No Country for Old Men* hit the big screen and got the Best Picture Oscar, sexy Spaniard Javier Bardem was known more for his relationship with Penélope Cruz, than his acting skills. But his portrayal of a ruthless hit man with a caveman haircut got him kudos from the critics and earned him a fancy gold statue for Best Supporting Actor.

(K17/CP)



▶ SEXY, STRONG AND SUCCESSFUL. Jason Bourne is a hero for modern times—conflicted yet deadly, kind yet ruthless, and efficient yet romantic. In his third film incarnation, *The Bourne Ultimatum*, actor Matt Damon proved that allowing viewers a peak inside Bourne's humanity didn't destroy him as an action figure and box-office gold. For Damon, the huge summer flick was the start of a few good months as his beloved Boston Red Sox captured the World Series while he energetically promoted his Third World charities. The happily-married-with-children star even landed *People* magazine's Sexiest Man Alive award.



▲ STIRRING THE POT. Pixar, the makers of *Toy Story* and *The Incredibles*, wowed critics and fans with another computer-animated masterpiece. *Ratatouille* focused on a French rat who abandons his garbage traditions for gastronomic fame in a Paris restaurant kitchen. What follows is culinary bliss mixed with cinematic bravado tossed liberally with humor.



▲ REWRITING HISTORY. When the original Nicolas Cage history thriller earned nearly \$350 million around the world, a sequel was inevitable. This time the plot of *National Treasure: Book of Secrets* centered on Ben Gates' efforts to prove his great-great grandfather wasn't the mastermind of the Abraham Lincoln assassination plot. In the first movie, Gates stole the Declaration of Independence, so this time he upped the ante by kidnapping the President. The mixture of history and action worked once again, as the sequel topped the Christmas box office.



▲ HEROIC HUNKS OF METAL. The *Transformers* plot might have left all but the most stalwart fans bewildered, but the fight sequences between the two races of alien robots, the good Autobots and the villainous Decepticons, were the special-effects highlight of last summer. No wonder a sequel is planned for 2009.



◀ THE HEROES OF HARRY POTTER. For the actors at the heart of the Harry Potter series, the fifth movie, *The Order of the Phoenix*, was the film when they became full-blown teen pin ups. Producers have been shooting the series as fast as possible to keep a now-muscular Daniel Radcliffe (Harry, far left) and his fellow thespians close to their characters' ages, so stay tuned: film six is set for a November release.

▶ A STAR IS BORN. Before *Juno*, most moviegoers only had a vague recollection that Ellen Page had played Kitty Pryde in the third *X-Men* film. But after *Juno*, a small witty independent film about a teen dealing with pregnancy, adoption and high school, everyone knew the 21-year-old actress. It seemed that she was on every magazine cover while directors scrambled to cast her in their movies. And through it all the petite actress dressed like the girl next door, smiled politely for the cameras and looked as though she wasn't letting the fuss get to her. (CP/Picture Perfect)



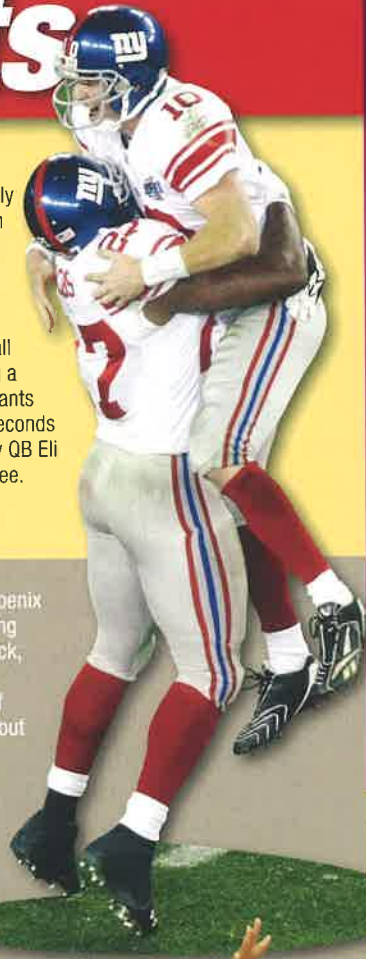
## Top Movies '07

1. SPIDER-MAN 3	\$337 MILLION
2. SHREK THE THIRD	\$323 MILLION
3. TRANSFORMERS	\$319 MILLION
4. PIRATES OF THE CARIBBEAN: AT WORLD'S END	\$309 MILLION
5. HARRY POTTER AND THE ORDER OF THE PHOENIX	\$292 MILLION
6. I AM LEGEND	\$255 MILLION
7. THE BOURNE ULTIMATUM	\$227 MILLION
8. NATIONAL TREASURE: BOOK OF SECRETS	\$216 MILLION
9. ALVIN AND THE CHIPMUNKS	\$213 MILLION
10. 300	\$211 MILLION

# Sports

► **SHATTERING PERFECTION.** Fans of the New England Patriots were supremely confident heading into the Super Bowl in Phoenix, Ariz. The Patriots had won the Super Bowl three times since 2001, had finished the season with a perfect undefeated record of 18-0, and were facing an opposing wildcard team. But all that certainty collided with reality during a thrilling Super Bowl, as the New York Giants nipped past the Patriots in the closing seconds of the game with a spectacular throw by QB Eli Manning (far right) to receiver David Tyree. No wonder Manning was named MVP.

(Jim Prisching/MCT)



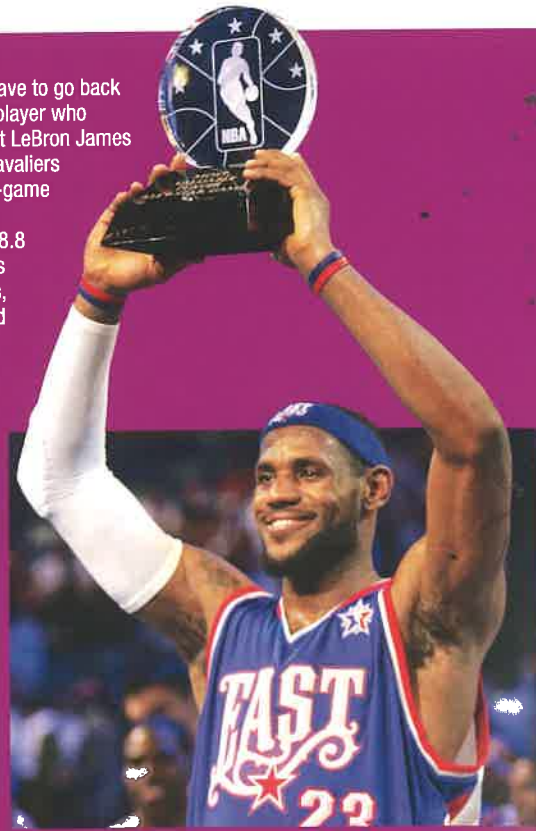
▼ **HOOP, HOOP, HURRAY.** With her Phoenix Mercury on the edge of elimination during the WNBA finals against the Detroit Shock, Cappie Pondexter (below, with the ball) turned on the talent—in the second half of the game she scored 20 points as about 80 per cent of the team's possessions went through her hands—and ensured her team would survive until the next and deciding game, when she shook the Shock to clinch the championship. No wonder the five-foot-nine guard is called "The Closer."



(Glenney V. Mitchell/Chicago Tribune/PhotoDisc)

► **ON FIRE.** You have to go back 40 years to find a player who accomplished what LeBron James of the Cleveland Cavaliers pulled off in a four-game streak in February. James averaged 28.8 points, 10.1 assists and 12.3 rebounds, something that had last been done by the legendary Wilt Chamberlain back in 1968. James, considered a small forward at a measly six foot eight, can't stop breaking records. At just 23, he became the youngest player to reach 10,000 points in his career. What's he going to do for an encore?

(Phil Masturzo/Akron Beacon Journal/MCT)



▲ **ROAR OF THE TIGERS.** Though the No. 2 Louisiana State University Tigers went into the title game of the Bowl Championship Series, they were the overwhelming favorites against No. 1 ranked Ohio State Buckeyes according to the final Associated Press poll. And sure enough, under the leadership of QB Matt Flynn (above in white), LSU beat the hapless Buckeyes 38-24 and won their second BCS trophy in five seasons. (Phil Masturzo/Akron Beacon Journal/MCT)

► **BAD NEWS FOR BASEBALL.**

For 20 months, former U.S. senator George Mitchell worked on his independent investigation into illegal performance-enhancing drug use in baseball. When the report was released in December, he named 89 former and current players alleged to have taken drugs. On that list was pitcher Roger Clemens (right) and his good friend and former teammate Andy Pettitte. While Pettitte admitted the charges were true, Clemens, a seven-time Cy Young Award winner, vigorously denied the charges, and even marched up to Capitol Hill to say so in sworn testimony.

(Chuck Kennedy/MCT)



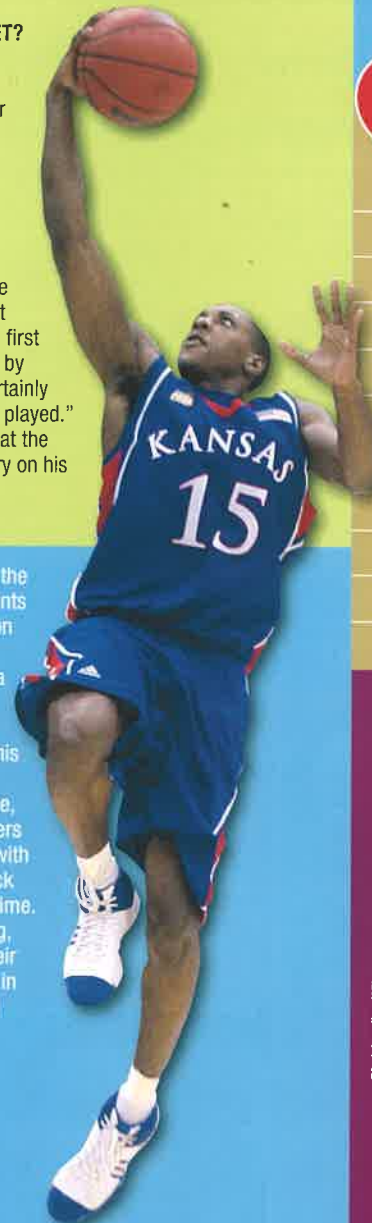
(Curtis Compton/Atlanta Journal-Constitution/MCT)

▲ **HOW GOOD CAN HE GET?**

Any hopeful thoughts by fellow golfers that fatherhood would hurt Tiger Woods' game were quickly dashed. Shortly after the birth of his daughter Sam, Woods won his 13th major, the PGA Championship, last summer. And, at the start of the 2008 season, he unnerved his opponents not only by handily winning the first three tournaments but also by announcing "I think this certainly is the best stretch I've ever played." Then, after placing second at the Masters, Woods had surgery on his troubled left knee in April.

► **SUPER MARIO.** Trailing the Memphis Tigers by nine points with only two minutes left on the clock, the Kansas Jayhawks refused to play like a team on the edge of losing the NCAA basketball championship. After Memphis missed a free throw that would have sealed the game, Kansas guard Mario Chalmers nailed a three-point swish with two seconds left on the clock to send the game into overtime. With the momentum flowing, the Jayhawks cruised to their first national championship in 20 years, winning by a final score of 75-68.

(Roe Jinkins/Fox 1 World Star-Telegram/MCT)



◀ **LET HER RIP.** After a silver-medal performance at the 2006 Turin Olympics, snowboarder Lindsey Jacobellis has been digging hard for gold. Concentrating on snowboard cross this season, she won the SBX opener in Chile last September and continued to shred her way onto the podium all season.

(Kerstin Joossan/AP)



◀ **QUEEN OF THE COURTS.** Smaller than many towering opponents on the tennis circuit, Belgium's Justine Henin still delivers a serve topping 125 mph. It is her strength, finesse and a deadly accurate single-handed backhand that made her the No. 1 tennis player. She's won more

than \$19 million in prizes, and last year she won both the French and U.S. Opens without losing a set. Tennis legend John McEnroe calls her game "Federertennis," a reference to the No. 1 male player Roger Federer. Both players so dominated tennis that they won the Laureus awards as the top male and female athletes of the world. (Louis Lanzetta/Landow/MCT)

## 2007-08 Champions

SUPER BOWL XLII	NEW YORK GIANTS OVER NEW ENGLAND PATRIOTS	17-14
WORLD SERIES	BOSTON RED SOX OVER COLORADO ROCKIES	4-0 SERIES
NBA	SAN ANTONIO SPURS OVER CLEVELAND CAVALIERS	4-0 SERIES
NCAA FOOTBALL	LSU TIGERS OVER OHIO STATE BUCKEYES	38-24
NCAA MEN'S B-BALL	KANSAS JAYHAWKS OVER MEMPHIS TIGERS	75-68
NCAA WOMEN'S B-BALL	TENNESSEE LADY VOLS OVER STANFORD CARDINAL	64-48
PGA	TIGER WOODS	\$10.9 MILLION
LPGA	LORENA OCHOA	\$4.4 MILLION
WOMEN'S TENNIS	JUSTINE HENIN	\$5.4 MILLION
MEN'S TENNIS	ROGER FEDERER	\$10.1 MILLION
STANLEY CUP	ANAHEIM DUCKS OVER OTTAWA SENATORS	4-1 SERIES



(Mark Lennihan/AP)

◀ **BALL PARKS BITE THE DUST.** New Yorkers have a special fondness for their baseball, but 2008 will be the final season for the city's two baseball shrines: fabled Yankee Stadium and the less loved Shea Stadium, home of the New York Mets. Yankee Stadium opened in 1923 when fans filled the 58,000 seats to watch the legendary Babe Ruth. The ball park was known as "the house that Ruth built," although many greats of the game called it home, including Lou Gehrig, Joe DiMaggio and Mickey Mantle. Shea Stadium (left) lacks the charm of its cousin across town, and is best described as "gimly functional." But it, too, has a star-studded history, including a packed-to-the-rafters Beatles concert in 1965. Two new stadiums are now under construction and are scheduled to welcome fans for opening day 2009. The new parks will have almost every comfort that modern fans could wish for, but what they won't have is the history of the buildings they replace.

► **A TARNISHED RECORD.** For baseball fans, statistics are pieces of gold to be collected, molded and endlessly analyzed. But when Barry Bonds closed in on the all-time home-run record held by Hank Aaron, enthusiasm was muted to the extreme, because the slugger was under investigation for illegal steroid use. Baseball commish Bud Selig was absent when Bonds smashed his 756th home run on Aug. 7, 2007 and many fans labelled the Bonds record tainted. Weeks later, the San Francisco Giants cut Bonds loose and in November he was indicted for lying under oath about his alleged use of steroids.

(Al Diaz/Miami Herald/MCT)





◀ **SPACE RACE.** British tycoon Richard Branson already owns an airline, a mobile phone company and a music store chain, but his latest venture is truly out of this world. Virgin Galactic is the planet's first commercial space tourism company. In January, Branson unveiled a model of the spaceship that could take paying passengers into space as soon as next year. More than 200 tickets have already been sold at \$200,000 each for a two-hour flight.

(Charles Sykes/REX FEATURES)



(Christopher Lange/MCT)

▲ **FORECAST: CHANGEABLE.** From raging wildfires in tinder-dry California and Greece, to heavy rains that submerged parts of Bangladesh, England, India and the U.S. Midwest, weird weather stalks the planet. Predicting Mother Nature's path has never been easy, but many scientists suspect that as global temperatures increase, more destructive weather is headed our way.



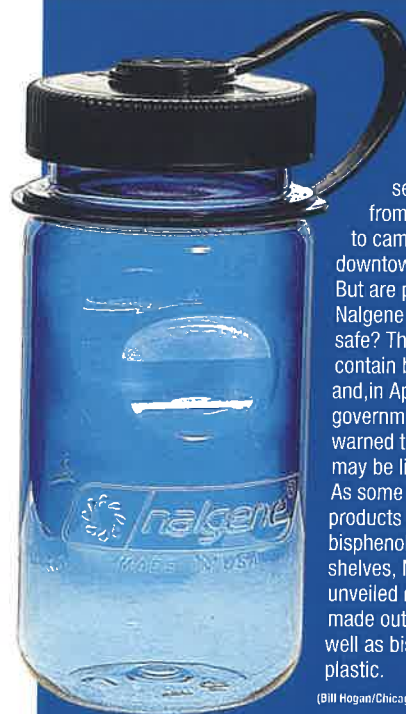
◀ **THE ENVIRONMENT TAKES CENTER STAGE.** Former vice president Al Gore (far left) made headlines throughout 2007 as he alerted the world to global warming. First his documentary *An Inconvenient Truth* won an Oscar. Then he promoted the Live Earth concerts that drew 27 million viewers around the world. And last fall he was summoned to Sweden to receive a Nobel Peace Prize. All of Gore's work may have finally convinced

the rest of us that the environment needs our full attention. It's time businesses and governments began looking for green solutions. (Heiko Junge/Scampix/CP)



(Chuck Liddy/MCT)

# Science



◀ **WATER WORRIES.** They're bright and colorful and seen everywhere from campsites to campuses, to downtown offices. But are polycarbonate Nalgene water bottles safe? The plastic bottles contain bisphenol A, and, in April, a U.S. government report warned that the chemical may be linked to cancer. As some retailers pulled products containing bisphenol A from their shelves, Nalgene unveiled new bottles made out of steel as well as bisphenol A-free plastic.

(Bill Hogan/Chicago Tribune/MCT)



◀ **HELPING HAND.** In an emergency the CPRGlove could save lives. Using sensors and an LCD screen, this neoprene device guides you through the steps of cardio-pulmonary resuscitation (CPR), monitoring how hard and fast you're pumping and providing feedback to improve your technique. Made by two students at McMaster University, in Canada, the gadget was named one of *Popular Science* magazine's Top 10 inventions of 2007. (Cory Centon)

▶ **SIZZLING SKATES.** Wayne Gretzky was so impressed when he tested Thermablades, that he invested in the company. The battery-powered hockey skate blades contain microprocessors to maintain a temperature of 41°F. The warm blade creates a tiny layer of water on the ice that inventor Tony Weber says will reduce friction and help skaters move faster. It will "revolutionize the game of hockey," the Great One claims. Of course, that's assuming players are willing to pay \$399 for the heated blades, skates not included. (Frank Gunn/CP)

