Pleasant Hill School District Local School Wellness Policy Triennial Assessment Report

During School Year *2025-26, Pleasant Hill School District* conducted a triennial assessment of the local school wellness policy.

The assessment included the following:

Evaluation of the LSWP and how it compares to model policies

The extent to which school(s) in our district are in compliance with the LSWP; and

Evaluation of the progress towards goals listed in the policy

Below is a summary of the results of the assessment.

We met these goals

- Physical Activity Goal
- Nutrition Education
- Water Access
- Food/Beverage Marketing

We are still working on these goals

- Nutrition Promotion
- Employee Wellness
- Foods Offered but Not Sold

Model Policy Comparison

Areas of Strength:

- Physical Education
- Water Access

Opportunities for Improvement:

- Expand Nutrition Promotion
- Establish clear standards for goods provided during celebrations/rewards
- Develop a comprehensive Employee Wellness Program

Overall school compliance

Overall results indicate strong compliance in physical activity and hydration supports, with opportunities to expand nutrition promotion, employee wellness programming, and guidance for classroom food practices.