



Massachusetts Local Wellness Policy Strength Checklist Report for Monomoy Regional School Dist

Report showing responses your team has made on your district's massachusetts local wellness policy strength checklist.

Last updated 12/11/2025 by Charlotte Stephenson

Implementation & Communication

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPS-IC-1 ♦	Creation of a wellness committee	Yes	-	12/11/2025	Charlotte S.
MA-LWPS-IC-2 ♦	Wellness committee meeting frequency and public notice	Partially	To work on	12/11/2025	Charlotte S.
MA-LWPS-IC-3 ♦	Responsible district-level official	Yes	-	12/11/2025	Charlotte S.
MA-LWPS-IC-4	Responsible school-level official	Yes	-	12/11/2025	Charlotte S.
MA-LWPS-IC-5 ♦	Triennial Assessment	Partially	To work on	12/11/2025	Charlotte S.
MA-LWPS-IC-6 ♦	Updating and communicating goals	Yes	To work on	12/11/2025	Charlotte S.

School Meal Programming

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPS-SM-1 ♦	Compliance with USDA nutrition	Partially	To work on	12/11/2025	Charlotte S.

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
	standards for school meals				
MA-LWPS-SM-2 ♦	Student privacy	☐ No	To work on	12/11/2025	Charlotte S.
MA-LWPS-SM-3 ♦	Access to potable water	☐ No	To work on	12/11/2025	Charlotte S.
MA-LWPS-SM-4	Monitoring water quality	☐ No	-	12/11/2025	Charlotte S.
MA-LWPS-SM-5 ♦	Professional learning for school nutrition professionals	☐ No	To work on	12/11/2025	Charlotte S.
MA-LWPS-SM-6	Incorporating student and family/caregiver voice	☒ Yes	-	12/11/2025	Charlotte S.
MA-LWPS-SM-7	Seat time	☐ No	To work on	12/11/2025	Charlotte S.
MA-LWPS-SM-8	Local, culturally relevant, and minimally processed meal options	☒ Yes	-	12/11/2025	Charlotte S.
MA-LWPS-SM-9	Implementing Farm-to-School programming	☐ No	To work on	12/11/2025	Charlotte S.

Competitive Foods & Beverage Standards

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPS-CF-1 ♦	Food and beverages sold to students	 Partially	To work on	12/11/2025	Charlotte S.
MA-LWPS-CF-2 ♦	Foods and beverages provided for school and classroom events	 Yes	To work on	12/11/2025	Charlotte S.
MA-LWPS-CF-3 ♦	Smart Snacks standards for marketed food and beverages	 Yes	-	12/11/2025	Charlotte S.
MA-LWPS-CF-4 ♦	Smart Snacks standards for fundraising activities	 Partially	To work on	12/11/2025	Charlotte S.
MA-LWPS-CF-5	Prohibition on using food as a reward	 No	-	12/11/2025	Charlotte S.

Nutrition & Food System Education

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPS-FL-1 ♦	Nutrition education standards	 No	To work on	12/11/2025	Charlotte S.
MA-LWPS-FL-2	Integrated food system education	 No	-	12/11/2025	Charlotte S.
MA-LWPS-FL-3	Hands-on learning opportunities	 No	-	12/11/2025	Charlotte S.

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPS-FL-4	Programs promoting food systems education	☐ No	-	12/11/2025	Charlotte S.
MA-LWPS-FL-5	Accessing local foods	☐ No	-	12/11/2025	Charlotte S.

Physical Activity & Education

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPS-PA-1 ♦	Goals related to physical activity	☒ Yes	-	12/11/2025	Charlotte S.
MA-LWPS-PA-2	Goals related to physical education	☒ Yes	-	12/11/2025	Charlotte S.
MA-LWPS-PA-3	Recess before lunch	☐ No	-	12/11/2025	Charlotte S.

Staff Wellness

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPS-SW-1	Physical and mental wellness opportunities for staff	☐ No	-	12/11/2025	Charlotte S.
MA-LWPS-SW-2	Healthy staff meeting and celebration standards	☐ No	-	12/11/2025	Charlotte S.

Social-Emotional Climate and Caregiver Engagement

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPS-SE-1	Communication about community-based support	☐ No	-	12/11/2025	Charlotte S.
MA-LWPS-SE-2	Implementation of social-emotional learning curriculum	☐ No	-	12/11/2025	Charlotte S.
MA-LWPS-SE-3	Collaboration to support social-emotional health	☐ No	-	12/11/2025	Charlotte S.

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