# Wellness Council Meeting Minutes

December 8, 2025

## Members:

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| Kai Byrd (Superintendent) | Caitlin Bruni (Nurse) |
| Jackie Nathman (Assistant Principal) | Peter Ferrara (Chartwells Director of Dining Services) |
| Brandy Spargo (HR, BOE Executive Assistant) | Andrea Hubbard (Curriculum Coach) |
| Donna Ricciardi (Business Manager) | Nicole Doonan (Parent) |
| Teri Brunelli (BOE Office Assistant) | |

**Attending:** Kai Byrd, Brandy Spargo, Donna Ricciardi, Teri Brunelli, Jackie Nathman, Caitlin Bruni, Nicole Doonan

**Absent:** Peter Ferrara, Andrea Hubbard

**Visitors:** None

## Call to Order

- Mrs. Brunelli called the meeting to order at 7:46am. via Zoom.

## Approval of Minutes

1. **Motion** by Byrd, second by Spargo to approve the June 11, 2025 meeting minutes as presented. *The motion carries 7 yes, 0 abstain*

## Agenda

1. Update on Staff and Student Wellness
    a. Triennial Assessment
        - ➔ Mrs. Brunelli stated Assessment is complete
        - ➔ Mrs. Brunelli spoke about the positives of the assessment and also opportunities for improvement in our policies
        - ➔ Ms. Nathman and Mrs. Bruni had many ideas for parent/student engagement activities

2. Mrs. Spargo gave update on new health insurance company and wellness dollars
    a. Mrs. Spargo stated that only employees enrolled with Blue Cross Blue Shield can

APPROVED

earn wellness dollars

## Future agenda items

- Approval of December 8, 2025 Meeting Minutes
- 2025-2026 Student Wellness
- Parent/Student activities
- Staff Wellness

## Adjournment

- Meeting adjourned at 7:52am

**Next meeting: February 9, 2026**

APPROVED