Memorandum

To: Wellness Council

From: Kai Byrd, Superintendent

Date: February 12, 2026

Re: Wellness Council Agenda

The Wellness Council meeting is scheduled for Thursday, February 12, 2026, at 7:45am via Google Meet:

Video call link: https://meet.google.com/sdb-rwiv-mgg

Or dial: (US) +1 252-486-4243 PIN: 272 181 500#

Please let me know if you are unable to attend.

Meeting Agenda

1. Introductions
2. Approval of December 8, 2025 Meeting Minutes
3. Update on parent/student engagement activities
4. Update on staff wellness activities
5. Future Meeting Agenda Items
    a. Approval of the February 12, 2026 Meeting Minutes
6. Adjourn