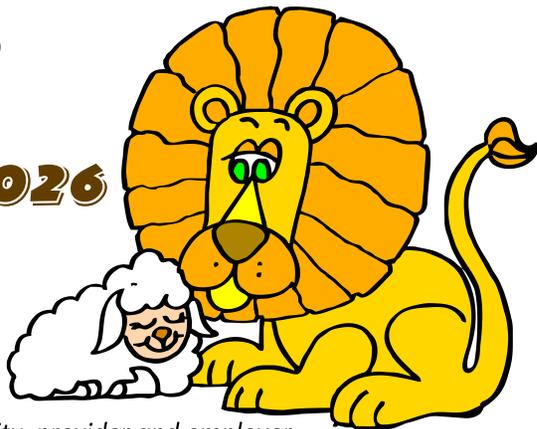


*"March comes in like a lion and goes out like a lamb!"*

**HENRY H. WELLS  
BREAKFAST AND  
LUNCH MENU**

**MARCH 2026**

Menu subject to  
change



BCSD is an equal opportunity provider and employer.



Monday, March 2	Tuesday, March 3	Wednesday, March 4	Thursday, March 5	Friday, March 6
<p><b>Breakfast</b> *Homemade Muffin</p> <p><b>Lunch</b> Perdue Dino Nuggets Choice of Dipping Sauces OR Grilled Chicken on a Bun Brown Rice, Garden Peas Assorted Canned &amp; Fresh Fruit Milk Variety</p>	<p><b>Breakfast</b> <b>NEW</b> *Breakfast Bowl Sausage/Egg/Potato/Cheese</p> <p><b>Lunch</b> Mozzarella Stuffed Breadsticks *Tomato Sauce for Dipping Green Beans Assorted Canned &amp; Fresh Fruit Milk Variety</p>	<p><b>Breakfast</b> *Homemade Muffin</p> <p><b>Lunch</b> BBQ Pork Rib Sandwich Smiley Fries Cole Slaw Assorted Canned/Fresh Fruit Milk Variety</p>	<p><b>Breakfast</b> *Bacon, Egg, Cheese on a Roll</p> <p><b>Lunch</b> <b>New York Thursday</b> *Wacky Mac Plain or *New York Meatballs NY Bite Size Broccoli WW French Bread Assorted Canned/Fresh Fruit Milk Variety</p>	<p><b>Breakfast</b> Cinnamon Bun</p> <p><b>Lunch</b> Pizza with Cheese or Pasta Topping Tossed Salad with Italian Dressing Fruit Juice Milk Variety</p>

**SALAD BAR FEATURING Grab & Go Chef Salad Plate**

Monday, March 9	Tuesday, March 10	Wednesday, March 11	Thursday, March 12	Friday, March 13
<p><b>Breakfast</b> *Homemade Muffin</p> <p><b>Lunch</b> Breaded Chicken Tenders Choice of Dipping Sauces OR Grilled Chicken on a Bun Brown Rice, Baby Carrots Assorted Canned &amp; Fresh Fruit Milk Variety</p>	<p><b>Breakfast</b> *Bacon, Egg, Cheese on a Roll</p> <p><b>Lunch</b> French Toast Bites, Syrup Sausage or String Cheese Hash Browns Carrot &amp; Celery Sticks Assorted Canned/Fresh Fruit Milk Variety</p>	<p><b>Breakfast</b> *Homemade Muffin</p> <p><b>Lunch</b> *Rotini Pasta Plain or *Tomato or Meat Sauce Bite Size Broccoli WW French Bread Assorted Canned/Fresh Fruit Milk Variety</p>	<p><b>Breakfast</b> *Bacon, Egg, Cheese on a Roll</p> <p><b>Lunch</b> <b>New York Thursday</b> *New York Beef Hamburger or Cheeseburger on a Bun Lettuce, Tomato, Pickles Oven Baked French Fries Assorted Canned/Fresh Fruit Milk Variety</p>	<p><b>Breakfast</b> Cinnamon Bun</p> <p><b>Lunch</b> Pizza with Cheese or Pepperoni Topping Tossed Salad with Italian Dressing Fruit Juice Milk Variety</p>

**SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate**



**Available Daily**

**Breakfast**  
Nutrigrain Bar, Cereal Bar,  
Whole Grain Muffin,  
Whole Grain Roll, Bagel or Cereal,  
Fresh Fruit or Fruit Juice  
& 1 Cup Serving Milk Variety

**Alternate Lunch**  
**Monday: Salami & Cheese Sandwich**  
**Tuesday: Ham & Cheese Sandwich or Baked Potato Meal**  
**Wednesday: Bagel Lunch: Bagel, Cheese Stick & Yogurt**  
**Thursday: Turkey Sandwich or Baked Potato Meal**  
**Friday: Italian Combo**

**Offered Daily**  
Grab & Go Salad Plate  
Sunflower Butter & Jelly Sandwich

**Offered Daily With All Meals:**  
Assorted Vegetables: Garbanzo Beans, Broccoli, Carrots, Tomatoes, Cucumbers, Tossed Green Salad, Corn & Whole Grain Dinner Roll  
& Assorted Fruit:  
Fresh, Canned and Fruit Juice & Milk Variety  
*\*Made From Scratch*

## Vegetable of the Month



*Cabbage*

**Monday, March 16**

### Breakfast

\*Homemade Muffin

### Lunch

Copy Cat KFC Bowl  
Crunchy Popcorn Chicken  
Mashed Potatoes  
Sweet Corn, Gravy  
Assorted Canned/Fresh Fruit  
Milk Variety

**Tuesday, March 17**

### Breakfast

\*Bacon, Egg, Cheese on a Roll

### Lunch

\*Taco Tuesday  
Hard or Soft Shell  
Seasoned Beef/Lettuce  
Tomato/Shredded Cheese/  
Salsa/Spanish Rice  
Assorted Canned/Fresh Fruit  
Milk Variety

**Wednesday, March 18**

### Breakfast

\*Homemade Muffin

### Lunch

Oven Grilled  
Cheese Sandwich  
Oven Baked Fries  
Assorted Canned/Fresh Fruit  
Milk Variety

**Thursday, March 19**

### Superintendent's Conference Day

### School Closed

**Friday, March 20**

### Breakfast

Cinnamon Bun

### Lunch

Pizza with Cheese or  
Buffalo Chicken Topping  
Tossed Salad with  
Italian Dressing  
Fruit Juice  
Milk Variety

## **SALAD BAR FEATURING Grab & Go Chef Salad Plate**

**Monday, March 23**

### Breakfast

\*Homemade Muffin

### Lunch

White Muscle White Meat  
Chicken Nuggets  
Choice of Dipping Sauces  
Brown Rice, Baby Carrots  
Assorted Canned & Fresh Fruit  
Milk Variety

**Tuesday, March 24**

### Breakfast

\*Bacon, Egg, Cheese on a Roll

### Lunch

\*Nacho Platter  
Seasoned Beef/Cheese Sauce  
Lettuce/Tomato/Salsa/  
Sour Cream over Nacho Chips  
Assorted Canned/Fresh Fruit  
Milk Variety

**Wednesday, March 25**

### Breakfast

\*Homemade Muffin

### Lunch

Beef Sliders  
Special Sauce  
Tater Tots, Cole Slaw  
Assorted Canned/Fresh Fruit  
Milk Variety

**Thursday, March 26**

### Breakfast

\*Bacon, Egg, Cheese on a Roll

### Lunch

BBQ or Buffalo  
Chicken Wings  
Blue Cheese or Ranch Dip  
Side of Mac & Cheese  
Carrot & Celery Sticks  
Assorted Canned/Fresh Fruit  
Milk Variety

**Friday, March 27**

### Breakfast

Cinnamon Bun

### Lunch

Pizza with Cheese or  
Pepperoni Topping  
Tossed Salad with  
Italian Dressing  
Fruit Juice  
Milk Variety

## **SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate**

**Monday, March 30**

### SPRING BREAK

### School Closed

**Tuesday, March 31**

### SPRING BREAK

### School Closed

## START FRESH WITH FRUIT!

Everyone, young and old, should begin their morning with fresh fruit. It's the head start you can hold in your hand!



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
WELLNESS IS A WAY OF LIFE!**

**Free School Meals Are  
Here For Brewster!!!**

**Free & Reduced  
Applications Are No  
Longer Needed.**

**ALL Brewster Students are  
eligible for school breakfast  
& lunch each day at no cost  
to families!**

**A La Carte & Snacks Will Still Be  
Available at Regular Prices.**

**Any Questions Contact:  
dpalmiero@brewsterschools.org  
Or call 845-279-3702 ext. 2125**